

CURRICULUM VITAE

University of Idaho

NAME: Helen F. Brown, RDN, MPH

DATE: January 26, 2019

RANK OR TITLE: Associate Clinical Professor

DEPARTMENT: Movement Sciences

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DATE OF FIRST EMPLOYMENT AT UI: August 2006

DATE OF TENURE: Untenured

DATE OF PRESENT RANK OR TITLE: August 2017

EDUCATION BEYOND HIGH SCHOOL:

Degrees:

Master of Public Health, Nutrition, University of North Carolina, Chapel Hill, NC, 1983, Emphasis: Maternal Child Health and International Nutrition

Bachelor of Science, Community Nutrition, University of California, Davis, CA; 1980, Emphasis: Community Health and Development

Semester at Sea, University of Colorado, Boulder, CO, 1977

Certificates and Licenses:

Registered Dietitian, American Dietetic Association Registration, 1984-Present

EXPERIENCE:

Teaching, Extension and Research Appointments:

Associate Clinical Professor, Department of Movement Sciences, University of Idaho, Moscow, ID, August 2017-present

Assistant Clinical Professor, Department of Movement Sciences, University of Idaho, Moscow, ID, August 2012-2017

Temporary Instructor, Department of Health, Physical Education, Recreation and Dance, University of Idaho, Moscow, ID, August 2006- July 2012

Instructor, Exercise Metabolism and Nutrition, Washington State University, Pullman, WA, August 2008-December 2009

Clinical Instructor, School of Nursing, San Francisco University, San Francisco, CA, January 1988-May 1993

Non-Academic Employment including Armed Forces:

Healthy Community Coordinator/Director, Hinsdale County Public Health and Community Services, Lake City, CO. Created and directed a public health and human services agency, supervised staff, developed and funded programs and served on regional and state health boards. Received over \$800,000 in external funding for facilities, staff and program funding. 1999-2005

Public Health Perinatal Nutrition Consultant Specialist III, California Department of Health Services, Maternal Child and Adolescent Health, Sacramento, CA. Responsible for statewide Comprehensive Perinatal Services Program (CPSP) nutrition standards, guidelines and practices. Planned surveillance and analysis systems for program monitoring, evaluation and continuous program improvement
Responsible for development and editing of *Steps to Take*, statewide guidelines for CPSP. 1993-1998

Program Director, Women, Infants and Children Supplemental Nutrition Program (WIC), Native American Health Centers, Inc., San Francisco, CA, Oakland, CA. Directed a WIC program (1,200 caseload), supervised five staff, developed nutrition education, program plans and annual budgets, 1987-1989

Tribal Nutritionist, Oneida Tribe Community Health Center, Oneida, WI. Directed WIC program, supervised staff, provided medical nutrition therapy, developed and implemented community nutrition and health programming for tribal community. Oneida Nation strategic planning team. 1983-1987

Graduate Student Research Assistant, Dr. Barry Popkin, Carolina Population Center, Chapel Hill, NC. Lead maternal and child health research literature abstract system, 1982-1983

Consulting:

Research Associate, Arrowleaf Consulting. Conduct food system analysis and evaluation. 2018-present

Council of Protestant Churches of Nicaragua (CEPAD), Managua, Nicaragua. Monitoring and Evaluation Consultant. Development of diet diversity and food security instruments to measure intervention impacts and train on monitoring and evaluation to 20 CEPAD staff to develop a systematic evaluation strategy. January 2016-present.

Advanced Management Strategies, Coeur d'Alene, ID. Provided technical assistance to identify, implement, analyze a youth risk and protective factor survey for The Coeur d'Alene Tribe, Department of Education, January 2015 to October 2016.

California State University Sacramento Continuing Education Services, Sacramento, CA, Perinatal Nutrition Training Consultant. Developed and provided training for 500 perinatal health workers annually, wrote and edited comprehensive perinatal nutrition services guidelines (*Steps to Take*) 1999-2014

Benewah Medical Center, Coeur d'Alene Tribe, Plummer, ID. Contracted to develop and complete a community health needs and strengths assessment. May-August 2013.

Idaho Department of Education, Boise, ID. Conducted a statewide evaluation of twelve Idaho Coordinated School Health Programs and created a comprehensive report of findings. 2011.

City of Moscow, Moscow, ID. Developed Eat Local Eat Well marketing campaign for the City of Moscow Farmers Market program. May-August 2010.

Walden House, Inc., San Francisco, CA, Nutrition Consultant, Provided nutrition assessment and medical nutrition therapy for individuals undergoing substance dependency treatment and developed cycle menus and dietary modifications for residents, 1988-1993

Kaiser Permanente, Oakland, CA, San Francisco, CA, Health Educator, Implemented a teen weight loss program SHAPEDOWN™ for overweight adolescents. 1989-1991

Balboa Publishing, San Anselmo, CA, Marketing Consultant, Provided marketing and technical program support for the SHAPEDOWN™ adolescent weight loss program, edited program handbook, 1990-1991

TEACHING ACCOMPLISHMENTS: (Academic and Extension teaching)

Areas of Specialization: Public/community health, health promotion, monitoring and evaluation, nutrition

Courses Taught:*University of Idaho*

PEP 502: Directed Study-Tobacco Cessation in the Military, 2019
 HS 404/504- Comparative Health Systems, 2019
 HS 502: Directed Study-Health Program Implementation and Evaluation, 2019
 HS 328 Community Health -Theory, Systems and Practice, 2018
 PEP 502 HS 502- Directed Study -Mental and Emotional Health in K-12 Schools
 HS 502-Directed Study-Health Planning and Evaluation
 SOIL 210 Food Systems and Health Lifestyles 2017
 PEP 499 Health Promotion Intervention and Evaluation 2017
 PEP 204 Health Promotion Policies and Practices 2017
 PEP 598 Internship Safe Routes to School 2017
 PEP 502: Critical Health Issues, Summer 2014
 PEP 499: Health Promotion Policies in Practice, Spring 2014
 HS 404: Peer Health Education 2013
 HS 404: Global Health and Community Development, Summer 2013-2016
 PEP 499: Health Programming, Planning and Evaluation in Practice, Summer 2013
 Rec 599: Introduction to Qualitative Research, Fall 2012
 PEP 498: Summer Internships for ESH students, 2010-2016
 MVSC 486: Programming and Marketing for Healthy Active Lifestyles, 2010-present
 MVSC 429: Leadership and Pedagogy for Physical Activity and Health, 2009-2016
 HS 423/523: Health Educations Method, 2009-2010
 HS 490: Health Promotion, 2009-present
 HPRD 201: Physical Activity, Wellness, and Behavior Change, 2008-2010
 PEP 350: Health and Physical Education Methods, 2008-2011
 HS 450: Critical Health Issues, 2008-2012, 2014-present
 HS 289: Drugs and Society, 2006, Summer 2007 & 2008
 FCS 205: Concepts in Nutrition, Fall 2006, Spring 2007

Washington State University

FSHN 120: Food Science and Preparation, Fall 2008, Spring and Fall, 2009

San Francisco University

Nutr 201: Nutrition in Growth, Maintenance and Disease, Spring and Fall 1988- Spring 1993

Students Advised:

Undergraduate Students Advised:

University of Idaho: 2012- 22; 2013-33; 2014-43; 2015-44; 2016- 45; 2017-40; 2018-30

Supervisor for undergraduate Movement Science 40-hour practicum students (MVSC 495):

2018- Colon Cancer Screening Health Promotin in Tribal Communities in Idaho.
 2018- Safe Routes to School- Bike Education in a Summer Food Program. Internship
 2017- School Site Safety Assessment-Distracted Driving, Moscow School District, Moscow, ID.
 2017- Safe Routes to School- Walking School Buses, Moscow School District, Moscow, ID.
 2017- Modeling Obesity Indicators, Center for Modeling Complex Interactions, University of Idaho
 2016- Integrating Safe Routes to School in the University of Idaho TRIO program & Migrant and Seasonal Health Start obesity prevention
 2015-Sexual health education in rural Nicaragua & Nutrition Environmental Measures for vending on the Coeur d'Alene Reservation
 2014- Infant stimulation in rural Nicaragua & Nutrition Environmental Measures on the Coeur d'Alene Reservation
 2013- Safe Routes to School site assessment & School Nutrition Assessment on the Coeur d'Alene

Reservation

2012- Community health assessment and group evaluation (CHANGE) & Active travel and Greenway Assessment, Moscow, ID

2011- Safe Routes to School mapping, University of Idaho, Moscow, ID

Graduate Students:

2017 Simoneaux, M. Partnership for community-based bicycle-internship.

Member of Thesis Committee

2017, ██████████ M.S. Family and Consumer Sciences: *Assessing Changes in Knowledge of the Female Athlete Triad among Female High School Athletes Following a Brief Nutrition Education Intervention.*

2015, ██████████ M.S. Family and Consumer Sciences: *Ghanaian Nurses' Nutrition and Young Child Feeding Education: Identification of a Need for Further Education.*

2014, ██████████ M.S. Family and Consumer Sciences. *Young adults' fruit and vegetable liking, and intake is dependent on age, gender, BMI, year in school, and childhood feeding practices*

2014, ██████████ M.S. Bio-Regional Planning and Community Design. *A place-based assessment of food insecurity in the North Central Health District of Idaho.*

Supervisor for non-thesis graduate internship

2017, ██████████ PEP 599, *Partnership for community-based bicycle education*

2012, ██████████ REC 599, *Community health assessment and group evaluation (CHANGE)*

2012, ██████████ REC 599, *Community health assessment and group evaluation (CHANGE)*

Materials Developed:

Health Care and Public Health Systems Education Abroad - <https://helenbstudyabroad.weebly.com/>

Nicaragua Partnership website-2018- present <https://www.nicaraguapartnership.com/>

The Nicaragua Partnership crowdfunding site <https://uandigive.uidaho.edu/project/12933>

Global Health and Community Development website- 2013-2016 - <http://helenbsite.wordpress.com/>

Nicaragua Study Abroad blog-2014-2016- <https://nicaragua2016web.wordpress.com/>

Nicaragua Study Abroad Facebook site-2015, 2016, 2018

Safe Routes to School website-2011 to present- <http://sr2smoscow.com/>

Courses Developed:*University of Idaho*

HS 289: Drugs and Society (online), 2008

HS 450: Critical Health Issues, 2008

PEP 350: Health and Physical Education Methods, 2008

HPRD 201: Physical Activity, Wellness, and Behavior Change, 2008

HS 490: Health Promotion, 2009

HS 423/523: Health Educations Method, 2009

MVSC 429: Leadership and Pedagogy for Physical Activity and Health, 2009

MVSC 486: Programming and Marketing for Healthy Active Lifestyles, 2010

PEP 499: Health Programming, Planning and Evaluation in Practice, 2013

HS 404: Global Health and Community Development, 2013

HS 404: Peer Health Education, 2013

PEP 499: Health Promotion Policies in Practice, 2014

PEP 502: Critical Health Issues (online), 2014

SOILS 210: Food Systems and Healthy Lifestyles (Co-developed), 2017

HS 328: Community Health: Theory, Systems and Practices, 2018

HS 404/504: Comparative Health Systems, 2019

Washington State University

Food Science and Preparation, FSHN 120, Fall 2008, Spring and Fall, 2009

Non-credit Classes, Workshops, Seminars, Invited Lectures

- Brown, H., *Health Disparities*, WWAMI, University of Idaho. October 2018.
 Brown, H., *Global Health*, Panelist, WWAMI, University of Idaho. October 2018.
 Brown, H., *Social Determinants of Health*, Guest Lecture, WWAMI, University of Idaho. March 2018.
 Brown, H., *Health Promotion, Protection and Prevention- That's Public Health*. Lecture, Introduction to the Health Professions, Biology, University of Idaho. Moscow, Idaho. October 2017, 2018
 Brown, H., Goc Karp, G., & Bacon, Erin, *Safe Routes to School- Expanding to Rural Idaho*. TRIO. Moscow, Idaho (June 2017).
 Goc Karp, G. and Brown, H. *A Systems and Integration Approach to Healthy Active Lifestyles*. Invited speaker, Food for Thought Lunch. University of Idaho Honors Program, March 2017.
 Brown, H., Comfort Food. Palouse Clearwater Food Coalition. Food Summit 2017. January 2017.
 Brown, H., Goc Karp, G. & Krier, E., Safe Routes to School – Assessment in rural Idaho TRIO communities. TRIO Safe Routes to School Training, May and June 2016.
 Brown, H. The food industry and your health. Central American Youth Ambassadors Exchange, University of Idaho. March 201 and 2016.
 Brown, H., Tobacco media literacy and environmental assessment. EDCI 302. April 2015.
 Brown, H., Sustainable food systems and policy implications Soils 417. March 2015.
 Brown, H., Nutrition Education in Public Health Practice. FCS 492. 2015
 Brown, H. Nutrition environmental measures on the Coeur d'Alene reservation. Professional Meeting. Family and Consumer Science Association. Moscow, ID. May 2014
 Brown, H. Intersection of Academia and Faith. Campus Christian Center. Lecture, April 2014
 Brown, H. Youth tobacco use on the Coeur d'Alene reservation. Professional Meeting. Community Transformation Leadership Team. Plummer, ID. Moscow, ID. April 2014
 Brown, H., Idaho Obesity indicators, regional Healthy Eating and Active Living (HEAL) Network. Workshops. April 2013 Lewiston, ID, May 2013, Post Falls, ID and Boise, ID, 2013
 Brown, H. The intersection of healthy active lifestyles and sustainability. Malcolm M. Renfrew Interdisciplinary Colloquium. May 2011
 Brown, H. Farm to campus, sustainable food systems. Seminar: University of Idaho Sustainability Center. Moscow, ID. March 2010.
 Brown, H. Food intake and adaptations to generational poverty. Understanding poverty and approaches to becoming allies. Workshop: University of Idaho, Academic Certificate in Diversity and Stratification. Moscow, ID. April 2010.
 Brown, H. Interplay of food poverty, choice and decision-making. Idaho Hunger Relief Task Force Meeting. Lewiston, ID. May 2010
 Brown, H. Telling your story –Tools for funding development. Grant writing workshop: City of Moscow. Moscow, ID. April 2009.

SCHOLARSHIP ACCOMPLISHMENTS:

Publications, Exhibitions, Performances, Recitals:

Books/Book Section:

Measuring What Matters, Idaho Obesity Indicators. Blue Cross of Idaho. (2014)
<http://highfiveidaho.org/news/detail/measuring-what-matters-idaho-obesity-indicators>

Book Chapter accepted

Goc Karp, G, Brown, H. Kwon, J.K., & Kulinna, P. Preparing Pre-Service Physical Education Teachers for Comprehensive School Physical Activity Promotion. (Ch. 21). In Webster, C., & Carson, R., (Eds.), *Comprehensive School Physical Activity Programs: Handbook of Research and Practice*. Human Kinetics (in press to be published Spring 2019).

Peer Reviewed/Evaluated:

- Goc Karp, G., Brown, H., & Egan, C. (2018-19). Integrating CSPAP into PETE Training. *Shape Idaho Journal*, Winter-Spring 2019. <https://view.joomag.com/winter-2018-19-idaho-johperd-2018-journal-final/0931480001543865232?short>
- Brown, H. (2017) Exploring perceptions of faculty governance from an organizational culture lens. *Work Place*, 29, 3-16.
- Davis, J., Brown, H., and Ramsey, S. (2017) Gaps in international nutrition and child feeding guidelines: a look at the nutrition and your child feeding education of Ghanaian nurses. *Public Health Nutrition*. 20(12). 2215-2224.
- Goc Karp, G., Brown, H., Scruggs, P.W., Berei, C. P. (2017). Cultivating leadership, pedagogy, programming and marketing for CSPAP and Healthy Active Lifestyles at the University of Idaho. *Journal of Physical Education, Recreation and Dance*, 88(1), 29-35.
- Goc Karp, G., Houge MacKenzie, S., Stafford Son, J., Brown, H., & Kern, A.L. (2016) Facilitating collaborative interdisciplinary research: Exploring process and implications for leisure scholars. *Leisure/Loisur*, 40(2), 201-223
- Goc Karp, G. Scruggs, P.W., Brown, H., & Kelder, S. (2014). Implications for comprehensive school physical activity program implementation. *Journal of Teaching in Physical Education*, 33, 440-448.
- Kelder, S., Goc Karp, G., Scruggs, P.W., & Brown, H. (2014). Setting the stage: Coordinated approaches to school health and physical education. *Journal of Teaching in Physical Education*, 33, 611-623.
- Paul, D.R., Scruggs, P.W., Goc Karp, G., Ransdell, L.B., Robinson, C., Lester, M.J., Gao, Y., Jones-Petranek, L., Brown, H.B., and Shimon, J. (2014). Developing a statewide childhood body mass index surveillance program. *Journal of School Health*, 84 (10), 661-667.
- Buckley, A., Lowry, M., Brown, H., and Barton, B. Evaluating Safe Routes to School Events that Designate Days for Walking and Bicycling. *Transport Policy*, Volume 30. November 2013.

Manuscripts Submitted/In Preparation

- Goc Karp, G, Brown, H. Kwon, J.K., & Kulinna, P. Preparing Pre-Service Physical Education Teachers Comprehensive School Physical Activity Promotion. (Ch. 10). In Webster, C., & Carson, R., (Eds.), *Comprehensive School Physical Activity Programs: Handbook of Research and Practice*. Human Kinetics. (2016-18). Accepted in preparation.

Research Abstracts/Proceedings

- Goc Karp, G., Brown, H., & Scruggs, P. (2015). *Perception of pedometers for engagement and assessment of physical activity*. Annual meeting for Society of Health and Physical Educators, Seattle, WA. *Research Quarterly for Exercise & Sport*, 86(2), A-51.
- Scruggs, P.W., Paul, D.R., Goc Karp, G., Brown, H.B., Vella, C.A., Davis, C.A., and Jensen, K.D. (2014). *Surveillance of Physical Education Physical Activity in Idaho*. *Medicine and Science in Sports and Exercise*, 46, (5S).

Goc Karp, G., Scruggs, P.W., Paul, D.R., Brown, H.F, Browder, K.D, Shimon, J., et al. (2011). Idaho Physical Education Quality & Quantity: Relation to Teacher & Community Profiles. *Research Quarterly for Exercise & Sport*, 82, A-40.

Scruggs, P.W., Goc Karp, G., Brown, H., *Davis, C.A., Shimon, J., Robinson, C., Lester, M.J., Paul D. R., Gibson, T.A., Ransdell, L.B., Vella, C.A., Browder, K.D., & Fitzpatrick, J.M. (2014). Idaho Physical Education: Quality and Quantity Surveillance Data, 2009-2011. *Research Quarterly for Exercise & Sport*. *Graduate Student

Technical Reports

Brown, H., Culley, A., Wiest, M. and Vega, N. (November 2018). *Identification of Obesity Risk Behaviors, Practices, and Environmental Factors*. Prepared for Community Council of Idaho, Migrant and Seasonal Health Start, Caldwell, Idaho.

Brown, H., Freeman, L., Wiest, M., Lee, L., Petersen, K., and Vollmer, D. (October 2018). *Idaho Rx Awareness Campaign and Project Filter Evaluation*. Prepared for The Idaho Drug Overdose Prevention Program, Idaho Tobacco Prevention and Control Program, Idaho Department of Health and Welfare.

Brown, H., Hart, L. and Brown, M., (August 2018) *Colorectal Cancer Screening- Recommended Messages to Reach Tribal Communities in Idaho*. Prepared for Comprehensive Cancer Control of Idaho, Idaho Department of Health and Welfare,

Brown, H., Goc Karp, (August 2018). *ghestlife -2018 Evaluation of hnqhesnet 'It is our well-being*. Prepared for Marimn Health and the Centers for Disease Control and Prevention.

Brown, H., Goc Karp, Drake, E. and Hemmingmoore, D., Reyna, M., and Ziegler, A. (August 2017). *2017 Evaluation of hnqhesnet 'It is our well-being*. Prepared for Benewah and Wellness Medical Center and the Center for Disease Control and Prevention.

Paz, N., and Brown, H. (August 2017). *Assessing Obesogenic Nutrition and Physical Activity Environmental Factors in an Early Childhood Care Setting*. Prepared to Community Council of Idaho, Migrant and Seasonal Head Start. Caldwell, Idaho.

Brown, H., Davis, J., Ramsey, S., Vella, C. and Goc Karp, G. (May 2017). *¡Muévete y CAMBIA tu Vida! Assessment and Evaluation Strategies for Childhood Obesity Prevention*. Prepared for Community Council of Idaho and Migrant and Seasonal Head Start.

Brown, H., Reyna, M., Dault, L., Qualls, N., Stewart, T., Siegert, T., Endo, B., Crepeau, P. and Henson, H. (May 2017) *Idaho Medical Provider Tobacco Cessation Practices and Perceptions*. Prepared for Idaho Tobacco Prevention and Control Program, Division of Public Health, Idaho Department of Health and Welfare.

Brown, H. and Reyna, M. (December 2016). *Food Security Analysis- Dieta Diversity Survey and Nutrition Knowledge, Attitudes and Practices (KAP) Survey*. Prepared for CEPAD, Managua, Nicaragua.

Brown, H., Goc Karp, G., Reyna, M., Gantla, S., & and McNamee, L., (September 2016). *2016 Evaluation of hnqhesnet 'It is our well-being*. Submitted for hnqhesnet evaluation contract. Benewah and Wellness Medical Center and the Center for Disease Control and Prevention.

Brown, H. and Drake, E., (September 2016). *2016 Evaluation of Nutrition Environment Measures Survey (NEMS)*. Submitted for hnqhesnet evaluation. Benewah and Wellness Medical Center and the Center for Disease Control and Prevention.

- Brown, H. and Hart, L., (June 2016). *Diabetes and Heart Disease Tribal Health Capacity Assessment*. Submitted to the Idaho Department of Health and Welfare, Diabetes Prevention and Control Program.
- Brown, H., (April 2016). *Monitoring and Evaluation Review and Recommendations*. Submitted to CEPAD, Managua, Nicaragua.
- Talley, K*, Brown, H. and Van Dalsen, B** (March 2016). *Evaluation of Vended Food on the Coeur d'Alene Reservation*. Submitted for hmqhesnet evaluation. Benewah and Wellness Medical Center. (* undergraduate, ** BMC staff).
- Brown, H., Goc Karp, G., Gantla, S. and Reyna, M., (September 2015). *Evaluation of the 2015 'hmqhesnet' - 'It is our well-being' Survey*. Submitted to the Benewah Medical and Wellness Center, Plummer, ID, and the Centers for Disease Control and Prevention.
- Brown, H. (September 2015). *Attitudes, knowledge, and perceptions of the healthy store initiative among grocery and convenience store manager on the Coeur d'Alene Reservation: A semi-structured interview*. Prepared for the qhest life food initiative evaluation report for Benewah Medical Center, Plummer, ID, and the Centers for Disease Control and Prevention.
- Brown, H., (September 2015). *Evaluation of Nutrition Environment Measures Survey*. Submitted to the Benewah Medical and Wellness Center, Plummer, ID., and the Centers for Disease Control and Prevention.
- Brown, H., Goc Karp, G., (September 2015). *Coeur d'Alene Reservation Traditional Foods and Physical Activity Participation, Skills and Interests. Date from: Pride Surveys Report: 2014-2015*. Submitted to the Benewah Medical and Wellness Center, Plummer, ID., and the Centers for Disease Control and Prevention.
- Brown, H., Ramsey, S. Vella, C., Goc Karp, G. and Davis, J, * (June 2015). *Muévete y Cambia tu Vida! Health Indicators Assessment Protocols*. Prepared for Migrant and Seasonal Health Start Program. Community Council of Idaho. Caldwell, ID.
- Brown, H. and Hart, L., (June 2015). *Diabetes and Heart Disease Tribal Health Capacity Assessment-II.*, Submitted to the Idaho Department of Health and Welfare.
- Brown, H., Scruggs, P., Goc Karp, G., Son, J, and Vella, C, (May 2014). *Measuring What Matters- Obesity Indicators in Idaho*, Blue Cross Foundation for Health, Inc.
- Brown, H., (2014). *Diabetes and Heart Disease Tribal Health Capacity Assessment-Pilot* Submitted to the Idaho Department of Health and Welfare.
- Brown, H., (April 2014). *Coeur d'Alene Reservation Youth Tobacco Survey*. Submitted for Partners in Preventing Health Issues through Transformation (PHITT) to the Benewah Medical Center, Plummer, ID, and the Centers for Disease Control and Prevention.
- Brown, H. (May 2014). *Community Transformation Leadership Team Survey*. Submitted for *Partners in Preventing Health Issues through Transformation (PHITT)* to Benewah Medical Center, Plummer, ID, and the Centers for Disease Control and Prevention.
- Florence, J.*& Brown, H., (May 2014). *School Lunchroom Environment Using Behavior Economics to Create a Lunchroom that Encourages Healthy Eating*. Benewah Medical Center, Coeur d'Alene Tribe. Plummer, ID. (*undergraduate)
- Goc Karp, G., Brown, H. & Scruggs, P. (2014). *Physical Education Quality and Quantity, Comprehensive School Physical Activity and BMI for Lakeside and CDA Tribal Schools*. Submitted for *Partners in Preventing Health Issues through Transformation (PHITT)*. U.S. Department of Health and Human Service.

Brown, H., (May 2012). *Evaluation of the Idaho Coordinated School Health Program*, Idaho Department of Education.

Brown, H., (2013). *Community Health Needs and Strengths Assessment*, Benewah Medical Center, Coeur d'Alene Tribe. Plummer, ID.

Goc Karp, G., Scruggs, P.W., Paul, D.R., Brown, H., Browder, K.D, Shimon, J., et al. (2011). Idaho Physical Education Quality & Quantity: Relation to Teacher & Community Profiles. *Research Quarterly for Exercise & Sport*, 82, A-40.

Brown, H., (2011). *Neighborhood Greenway Assessment*. Active Living Task Force. Moscow, ID.

Brown, H., (2011). *iCount-Pedestrian and Biking Documentation*. Active Living Task Force. City of Moscow. Moscow, ID

Professional Meeting Papers, Workshops, Showings, Recitals

Brown, H., Mesa-Frias, M., Wiest, M and Murphy, C., *Bridging the obesity data gap: a microsimulation model*. American Evaluation Association. Cleveland, Ohio. November 2018.

Brown, H. and Goc Karp, G., *High impact program evaluation: measuring student, faculty, institution and community outcomes*. The 7th International Society for Physical Activity and Health Congress (ISPA), London, England. October 2018.

Brown, H. and Kirk, Rachel, *From, "Starving Students", to Food Secure Students*. Academic Advising Symposium, University of Idaho, September 2018.

Brown, H., Culley A., Reyna M., Daudt, L., Qualls, N., Steward, T., Siegert, T, and Henson. H. *Medical Provider tobacco cessation practices: the influences of provider cessation practice confidence*. Collaborating for Health. Idaho Department of Health and Welfare. Boise, ID. October 2017.

Sherwood, J.J., Yingling, V. O, J, McCullagh, P., Brown, H., & Goc Karp, G. High impact educational programs at undergraduate teaching universities. Paper presented at annual meeting of Western Society of Kinesiology and Wellness, CA, October 2017.

Brown, H. and Frias-Mesa, M. *Obesity- Modeling Meaningful Measures for Strategic Public Health Practice*. Center for Modeling Complex Interactions, External Advisory Committee Science Expo. University of Idaho. Moscow, ID. April 2017.

Brown, H. and Reyna, M., *Evaluation - Medir y compartir lo que importa*. Workshop for Council of Protestant Churches of Nicaragua (CEPAD). Managua, Nicaragua. March 2017.

Brown, H. *Monitoring and evaluation measures and practices*. Workshop for Council of Protestant Churches of Nicaragua (CEPAD). Managua, Nicaragua, August 2016.

Brown, H., Scruggs, P.W., Goc Karp, G., Son, J., and Vella, C.A. *Establishing statewide obesity indicators: A collaborative, cross sectional approach.*, Association of Public Health Nutritionists. Little Rock, AR., June 2016.

Brown, H., Goc Karp, G. and Krier, Elsa. Introducing safe routes to school to rural TRIO scholars using science, technology, engineering, arts and math (STEAM) approaches. Workshop for TRIO leadership. Moscow, ID. May and June 2016.

Brown, H. and Turner, Lindsey, *Monitoring and evaluation: good questions, credible measures and sharing results*. Collaborating for Health. Idaho Department of Health and Welfare. Boise ID. Invited speaker. May 2016.

- Lowry, B., Brown, H., & Goc Karp, G. *Growing SR2S partners through art*. Walk Bike Summit, Idaho Smart Growth, Boise, ID. May 2016.
- Brown, H., *Reservation youth tobacco use*. Webinar, Idaho Tobacco Coalition, April 2016.
- Lowry, B., Brown, H., & Goc Karp, G. (2016). *Using art to gain Safe Routes to School Partners: examples from Moscow, Idaho's SR2S Program*. National Safe Routes to School Association annual meeting, Columbus, OH. April 2016.
- Brown, H., Kline, T*. Hendrickx, M.*, Nault Wright, E*. Burke, T., and Dearien, C. *Reservation youth commercial and ceremonial tobacco assessment: use, perceptions, attitudes and beliefs*. Annual meeting for the American Public Health Association, Chicago, IL. October 2015.
- Brown, H. and Goc Karp, G., *Healthy Eating Starts Here: Building Healthy After School Food Environments*. Idaho After School Summit, Idaho After School Network. Invited speaker. Boise, ID. September 2015.
- Goc Karp, G., & Brown, H. *Engaging Partners to Promote Physical Activity and Healthy Eating in Rural School Communities*. Society of Health and Physical Educators, Physical Education Teacher Education & Health Education Teacher Education conference, Atlanta, GA., October 2015.
- Goc Karp, G., Brown, H., and Scruggs, P. *Perception of Pedometers for Engagement and Assessment of Physical Activity*. Annual meeting for American Alliance for Health, Physical Education, Recreation and Dance, Seattle, WA. 2015
- Scruggs, P.W., Paul, D.R., Goc Karp, G., Brown, H.B., Vella, C.A., Davis, C.A., and Jensen, K.D. (2014). *Surveillance of Physical Education Physical Activity in*. Research accepted for presented at the American College of Sports Medicine. Annual Meeting in Orlando, FL. 2014
- Brown, H., *Measuring What Matters, Childhood Obesity and Food Insecurity, Early Years* Conference, Idaho Department of Health and Welfare. Invited Speaker. Boise, ID. Oct. 2014
- Brown, H., Scruggs, P.W., Goc Karp, G., Son, J., and Vella, C.A., *Measuring What Matters, Obesity Indicators in Idaho*, WWAMI Mini Medical School. Invited speaker. Boise, ID. October 2014.
- Brown, H. and Goc Karp, G. *Improving the Healthy Eating and Physical Activity Climate of Afterschool Programs*, 21st Annual Idaho State Prevention and Support Conference (IPSC). Invited speaker. Sun Valley, ID. April 2014
- Brown, H., *Idaho Obesity Indicators*. Idaho Department of Health and Welfare Healthy Eating Active Living Conference. Boise, ID. May 2014
- Goc Karp, G., Son, J., McKenzie, S., Brown, H., & Kern, A. *Facilitating Collaborative Interdisciplinary Research: Exploring Process and Implications for Leisure Scholars*. 14th Canadian Congress on Leisure Research Halifax, Nova Scotia, May 2014
- Brown, H., Haselhuhn, S., and Trautvetter, D*. *Changing Tobacco Policy on Campus through Transdisciplinary Service Learning*. American Association of Public Health Annual Meeting. Boston, MA. November 2013 (*undergraduate student)
- Brown, H., Stewart, P., and Heggen, R., *Creating and Sustaining Successful Idaho Coordinated School Health Programs: Evaluation Methodology and Outcomes*. American Association of Public Health Annual Meeting. Boston, MA. November 2013
- Buckley, A.*, Lowry, M., Brown, H., and Barton, B. *Case Study of Safe Routes to School Special Encouragement Events*. 92nd Transportation Research Board National Research Council Annual Meeting. Washington, D.C. January 2013 (graduate student)

- Scruggs, P.W., Goc Karp, G., Brown, H., ^{Davis}, C.A., Shimon, J., Robinson, C., Lester, M.J., Paul, D. R., Gibson, T.A., Ransdell, L.B., Vella, C.A., Browder, K.D., and Fitzpatrick, J.M. *Idaho Physical Education Physical Activity Study*. Idaho Association for Health, Physical Education, Recreation and Dance Annual Meeting. Moscow, ID. October 2013
- Scruggs, P.W., Goc Karp, G., Brown, H., Davis, C.A., Shimon, J., Robinson, C., Lester, M.J., Paul, D. R., Gibson, T.A., Ransdell, L.B., Vella, C.A., Browder, K.D., and Fitzpatrick, J.M. *Idaho Physical Education: Quality and Quantity Surveillance Data, 2009-2011*. AAHPERD National Convention and Exposition. Charlotte, NC. April 2013
- Brown, H., Lowry, M., Buckley, A., Goc Karp, G., and Rouse*, E. iCount, a Toolkit for Community Based Documentation of Bicycle and Pedestrian Environments and Behaviors. American Public Health Association Annual Meeting. Boston, MA. October 2012 (*undergraduate student)
- Scruggs, P.W., Goc Karp, G., Brown, H., Paul, D., Vella, C.A., and Davis, C. Physical Education Physical Activity: Policy and Assessment. NASPE Conference on Physical Education Teacher Education. Las Vegas, NV. October 2012
- Brown, H., Lowry, M., Goc Karp, G., and Rouse, E., a Toolkit for Community Based Documentation of Bicycle and Pedestrian Environments and Behaviors Community Transportation Association of Idaho Annual Meeting. Boise, ID. October 2012
- Paul, D. R., Scruggs, P. W., Goc Karp, G., Petranek, L. J., Robinson, C., Lester, M., Brown, H., Gibson, T. A., Shimon, J., Johnson, T., Ransdell, L., Fitzpatrick, J., Browder, K., and Sahin, Z. Body Mass Index Prevalence Estimates of a Statewide Monitoring Initiative in Idaho. American Public Health Association Annual Meeting. Denver, CO. October 2011
- Brown, H., Goc Karp, G., Gilmore, D., Jain, S., Canfield-Davis, K., and Scruggs, P. Partners for Healthy Active Lifestyles in Schools and Communities. American Public Health Association Annual Meeting. Washington, DC. October 2011
- Brown, H., Goc Karp, G., Gilmore, D., Jain, S., Canfield-Davis, K., & Scruggs, P. Integrating Student and School Health in Pre-Service Education Curricula - A Path to Academic Improvement. Annual meeting for National Network for Educational Renewal, Hartford, CT, October 2011
- Lowry, B., Lowry, M., Brown, H., and Goc Karp, G. Fulfilling SR2S needs through University Service Learning Projects. National Safe Routes to School Association Conference. Minneapolis, MN. August 2011
- Goc Karp, G., Scruggs, P.W., Paul, D.R, Brown, H., Shimon, J., Robinson, C., Ransdell, L., Lester, M., Gibson, T.A., and Fitzpatrick, J. Idaho Physical Education: Quality and Quantity Program and Policy Surveillance. AAHPERD National Convention and Exposition. Indianapolis, IN. April 2011
- Brown, H. Successful Safe Routes to School Strategies. Community Transportation Association of Idaho. Annual Meeting. Boise, ID. October 2010
- Paul, D. R., Scruggs, P. W., Goc Karp, G., Petranek, L. J., Robinson, C., Lester, M., Brown, H., Gibson, T. A., Shimon, J., Johnson, T., Ransdell, L., Fitzpatrick, J., Browder, K., & Sahin, Z. Body mass index prevalence estimates of a statewide monitoring initiative in Idaho. American Public Health Association Annual Meeting in Denver, CO, November 2010
- Brown, H. Farm to Cafeteria, Healthy Eating in Schools. Idaho Association for Health, Physical Education, Recreation and Dance Annual Meeting. Moscow, ID. October 2009
- Brown, H. Center for Disease Control Community Obesity Prevention Measures. Idaho Association for Health, Physical Education, Recreation and Dance Annual Meeting. Moscow, ID. October

2009

Davis, C., Brown, H., and Goc Karp, G. Get Your Students Biking and Walking to school: Tips on Getting Safe Routes to Schools (SRTS) working at your school. Idaho Association for Health, Physical Education, Recreation and Dance Annual Meeting. Moscow, ID. October 2009

Goc Karp, G., Scruggs, P., Paul, D., and Brown, H. Physical and Weight Status in Idaho. Idaho Association for Health, Physical Education, Recreation and Dance Annual Meeting. Moscow, ID. October 2009

Brown, H., and Goc Karp, G. Growing the SRTS Movement Through Undergraduate and Graduate Curriculum Integration. 2nd National Safe Routes to School conference. Portland, OR. August 2009

Presentations and Other Creative Activities:

Brown, H. and Goc Karp, G., *2018 hnqhesnet Evaluation- Supplemental Year 3*. Marimn Health, hnqhesnet Leadership Team. Plummer, Idaho. September 2018.

Brown, H. and Kirk, R., *A Food Secure University of Idaho*, League of Women's Voter, Moscow, ID., Sept. 2018.

Brown, H., *Engaging communities for community action*. Allegheny Mountain Institute (AMI), AMI fellows training. Monterey, Virginia. July 2018.

Brown, H., Frias-Mesa, M., and Wiest, M. *Obesity - Modeling Meaningful Measures for Strategic Public Health*. Webinar. Idaho Department of Health and Welfare, Division of Public Health. HEAL, Moscow, Idaho. January 2018.

Brown, H., Bacon, E., and Goc Karp, G., University and Safe Routes to School Engagement- Partnership, Reciprocity and Mutual Learning. National Partnership for Safe Routes to School Local Leaders, Webinar, December 2017

Brown, H. and Frias-Mesa, M., *Obesity - Modeling Meaningful Measures for Strategic Public Health*. Webinar. Idaho Department of Health and Welfare, Division of Public Health. Moscow, Idaho. November 2017

Brown, H. and Goc Karp. *hnqhesnet Evaluation*. Centers for Disease Control and Prevention, REACH Project Officers meeting. Worley, Idaho. September 2017.

Brown, H., and Davis, J., *Muévete y Cambia tu Vida- Obesity prevention measurement training*. Migrant and Seasonal Health Start, Community Council of Idaho. Caldwell, ID. May 2017

Brown, H. *Modeling Obesity Indicators, Meaningful Measures for Strategic Public Health Practice*. Center for Modeling Complex Interactions. University of Idaho, Moscow, ID. February 2017.

Brown, H. *Comfort Food and Taste in Transition*. Food Summit 2017. Palouse-Clearwater Food Coalition. Moscow, ID. January 2017.

Brown, H., *Oreos, flaming hot Cheetos and other irresistible food*. University of Idaho, Central American Youth Ambassador Exchange. Invited presenter. 2016

Brown, H., Hartzell, P., Tuschhoff, E., Deffenbaugh, J., Henson, H. and Berg, S. *Four Futures for Tobacco Use on the University of Idaho Campuses*. Prepared for Vandal Health Education, Tobacco Free Campus Coalition. University of Idaho, Moscow, ID. 2015.

Brown, H., Goc Karp, G., *Coeur d'Alene Reservation Traditional Foods and Physical Activity*

Participation, Skills and Interests. Date from: Pride Surveys Report: 2014-2015. Presented to Coeur d'Alene Tribe. Education Department, PRIDE Survey Task Force, October 2015.

Brown, H. *Justice, Hope and Vegetables: A Public Health Nutritionist's Passion for Healthy Communities.* 3rd Annual UIdeas Symposium. University of Idaho Sustainability Center. 2015

Brown, H., Developed fund for *The Nicaragua Project.* University of Idaho, College of Education Endowment, 2015.

Brown, H. *Tobacco Cessation, 5 A's.* Benewah Medical and Wellness Center. Plummer, ID. November 2014.

Brown, H. *Food Assessment on the Coeur d'Alene Reservation.* Benewah Medical and Wellness Center Community Transformation Leadership, Plummer, ID. April 2014

Brown, H. *Environmental Nutrition Measures Survey.* Ignite! Food Summit 3.0. Moscow, ID. January 2014.

Brown, H. *Results from the Health of Our Community Survey.* Benewah Medical and Wellness Center Community Transformation Leadership, Plummer, ID. December 2013

Brown, H. *Healthy Communities.* City of Moscow, City and County Quarterly Breakfast, Moscow, ID. July 2012

Brown, H., *Food Systems and Food Security.* University of Idaho Extension Educators. April 2011

Brown, H. *Benefits of the Latino Diet.* UI Universal Women's Banquet. April 2011.

Grants and Contracts Awarded

Brown, H., Statewide Diabetes Self-Management and Education and Support/Training (DSMES/T) Assessment, Idaho Department of Health and Welfare. January 2019. \$71,060.93. External. Funded.

Brown, H., Freeman, L., and Wiest, M., Idaho Rx Awareness Campaign Evaluation, Idaho Department of Health and Welfare. May 2018. \$70,929.72. External. Funded.

Brown, H., Colorectal Cancer Screening: Recommended Messages to Reach Tribal Communities in Idaho, Idaho Department of Health and Welfare. March 2018. \$19,993.73. External. Funded.

Brown, H and Culley, A. Migrant and Seasonal Head Start Nutrition Questionnaire Analysis, Community Council of Idaho-Migrant and Seasonal Head Start, sub-award St. Luke's Community Health Improvement Fund, \$4,999.49 Awarded November 2017. External. Funded.

Brown, H and Goc Karp, G., hnqhesnet evaluation- Supplemental Year 3, Marimn Health and Wellness Centers for Disease Control and Prevention. September 2017. \$49,998.46 External. Funded.

Awwad-Rafferty, R, Chang, K and Brown, H. Safety Equity and Transportation in Tribal Communities – Navigating Collaborative Approaches and Indigenous Partnerships, Center for Safety Equity in Transportation (CSET), University of Alaska Fairbanks, US Department of Transportation. June 2017, \$80,000 External. Funded.

Brown, H., Mesa-Fries, M., Wiest, M., Vella, C. & Murphy, C. Small Area Estimation of Obesity-related Indicators. Contract, Modeling Access Grant, the Center for Modeling Complex Interactions. December 2016 to June 2017. Internal. Funded.

Brown, H. and Goc Karp, G., Benewah Medical Center hnqhestnet Evaluation, Year 3. Benewah

Medical Center. Subcontract, Centers for Disease Control and Prevention, REACH (Racial and Ethnic Approaches to Community Health). September 2016. \$54,997.63. External. Funded.

Brown, H., and Goc Karp, G. University of Idaho Safe Routes to School Idaho- 2017, 2018, 2019 Department of Transportation. Transportation Alternatives Program (TAP). June 2016. \$180,000. External. Funded.

Brown, H., Idaho Medical Providers' Tobacco Cessation Counseling Perceptions and Practices, Idaho Department of Health and Welfare, Idaho Division of Public Health, Project Filter. \$6,998.51. June 2016. External. Funded.

Elena Sliepcevich Endowed Fund for Community Health Education. February 2016. \$5,000. Internal. Funded.

Brown, H., and Goc Karp, G. Benewah Medical Center hnqhestnet Evaluation, Year 2. Benewah Medical Center. Subcontract, Centers for Disease Control and Prevention, REACH (Racial and Ethnic Approaches to Community Health). February 2015. \$60,000. External. Funded.

Brown, H. Hypertension and Diabetes Tribal Health Capacity Assessment, Analysis and Evaluation. Idaho Department of Health and Welfare. \$18,511.92. June 2015. External. Funded.

Brown, H., and Goc Karp, G. University of Idaho Safe Routes to School Outreach in Rural Idaho. Idaho Department of Transportation. Transportation Alternatives Program (TAP). June 2015. \$60,000. Funded. External.

Vandal Health Education, Anonymous gift to the Tobacco Task Force Fund via the University of Idaho Foundation. March 2015. \$10,000. External. Funded. (Task force co-chair).

Elena Sliepcevich Endowed Fund for Community Health Education. February 2015. \$5,000. Internal. Funded.

Brown, H., and Goc Karp, G. Benewah Medical Center hnqhestnet Evaluation. Benewah Medical Center. Subcontract, Centers for Disease Control and Prevention, REACH (Racial and Ethnic Approaches to Community Health). February 2014. \$61,999.56. External. Funded.

Brown, H. Diabetes and Heart Disease Tribal Community Health Capacity Assessment II. Idaho Department of Health and Welfare. June 2014. \$30,001.86. External. Funded.

Brown, H. and Goc Karp, G., Benewah Medical and Wellness Center. Community Transformation Grant subcontract. Coeur d'Alene Tribe. June 2014. \$25,562.88. External. Funded.

Brown, H., Elena Sliepcevich Endowed Fund for Community Health Education. April 2014. \$5,000. Internal. Funded.

Brown, H., Goc Karp, G., Vella, C., Ramsay, S., Building Capacity to Prevent Obesity and Diabetes Among Children and Families of Migrant Seasonal Farmworkers. Subcontract Community Council of Idaho. May 2014. \$49,974.95. External. Funded.

Brown, H. Healthy Active Living. University of Idaho, Service-Learning Center Mini-Grant. May 2014. \$750.00. Internal. Funded.

Brown, H. Diabetes and Heart Disease Tribal Capacity Assessment. Idaho Department of Health and Welfare. March 2014. \$18,094.70. External. Funded.

Brown, H. Faculty International Development Award. USAC Summer Studies. University of Idaho. December 2013. \$2,250. Internal. Funded.

Brown, H. Faculty Staff International Travel Award. International Student Program, University of

Idaho. January 2013. \$2,400. Internal. Funded.

Brown, H., and Goc Karp, G. Moscow Safe Routes to School. Community Choices, Idaho Department of Transportation. November 2013. \$ 28,019.88. External. Funded.

Brown, H., and Goc Karp, G. Partners in Preventing Health Issues through Transformation (PHITT). Centers for Disease Control, Community Transformation Grant (CTG). Sub award with Benewah Medical Center and Wellness Center, Coeur d'Alene Tribe. October 2012. Total grant award: \$415,987. Sub award: \$62,000. External. Funded.

Brown, H., Goc Karp, G., Scruggs, P., Paul, D., Vella, C., Son, J., and Houge Mackenzie, S. HEAL - Healthy Eating and Active Living. Blue Cross of Idaho, Foundation for Health, Inc. December 2012. \$50,000. External. Funded.

Brown, H., and Goc Karp, G., City of Moscow. Safe Routes to School. Idaho Transportation Department. 2012. \$25,384. External. Funded.

Kern, A., Brown, H., Scruggs, P., Goc Karp, G. and Houge Mackenzie, S. The Paddle-Bike. The Coeur d'Alene Watershed (PBW) project. College of Education Innovative Grant. 2011. \$11,992. Internal. Funded.

Scruggs, P.W., Goc Karp, G., Paul, D.R., Brown, H.F., and Vella, C.A. Statewide Surveillance of Physical Education Quantity and Quality in Idaho. Idaho State Department of Education Coordinated School Health Program. 2011. \$10,900. External. Funded.

Goc Karp, G., Brown, H., Scruggs, P.W., Grindley, E., Gilmore, D., Canfield-Davis, K., and Jain, S. Partners for Healthy Lifestyles in Schools and Communities (PHALSC). College of Education Innovative Grant. August 2010. \$10,000. Internal. Funded.

Brown, H., Goc Karp, G., and City of Moscow. Safe Routes to School. Idaho Department of Transportation. 2011. \$20,000. External. Funded.

Brown, H., Environmental Evaluation and Measures of Healthy Eating on the Coeur d'Alene Reservation. Blue Cross of Idaho Foundation for Health, Inc., 2011. \$16,780. External. Funded.

Brown, H., and Goc Karp, G. Safe Routes to School. Idaho Transportation Department. 2010. \$25,000. External. Funded

Brown, H., Goc Karp, G. and Grindley, H. Greening the Curriculum. University of Idaho. 2009. \$3,768. Internal. Funded.

Goc Karp, G. (PI), Paul, D., Scruggs, P.W., Brown, H., and Browder, K. Statewide Assessment of BMI and Physical Activity Policy, Curricula and Behavior in Idaho K-12 Schools. Idaho State Department of Education. Subcontract for Page, S.L. (PI). Improving the health and educational outcomes of young people. CDC. 2008, \$58,080. External. Funded.

Goc Karp, G. (PI), Scruggs, P.W., Paul, D., Brown, H., and Browder, K. Statewide Assessment of BMI and Physical Activity Policy, Curricula and Behavior in Idaho K-12 Schools. Idaho Association of Health, Physical Education, Recreation, and Dance. 2009. \$15,000. External. Funded.

Goc Karp, G., Brown, H., and City of Moscow. Safe Routes to School. Idaho Transportation Department. 2008. \$13,000. External. Funded.

Goc Karp, G., Brown, H., and City of Moscow. Safe Routes to School. Idaho Transportation Department. 2007. \$15,000. External. Funded.

SERVICE:

Major Committee Assignments:**International:**

CEPAD (Council of Protestant Churches of Nicaragua), Nicaragua. Grant review, program monitoring and evaluation design and training. 2015- 2018

National Service:

Association of State Public Health Nutritionists (ASPHN) Strategic Planning Team- 2017, 2018
 Regional Health Equity Council, Office of Minority Health, Health and Human Services. 2018
 Safe Routes to School National Partnership. Local Leaders Advisory Committee. 2016 to present.
 American Public Health Association, Food and Nutrition Section. Board member and liaison to the Association of State Public Health Nutritionists (ASPHN). 2014 to 2018.
 Association of State Public Health Nutritionists (ASPHN) Board member (2014 to present) and Chair Obesity Council. 2016 to present.
 Change Lab Solutions- Advisory panel member- 2015 Rural Obesity Prevention Policy Roundtable. Roundtable held January 2015. Reviewed roundtable proceedings.
 American Public Health Association Annual Conference Abstract Reviewer. Maternal Child Health, Food and Nutrition and Environmental Health. 2011-2014, 2016-2018
 Association of State Public Health Nutritionists. Contributor/Reviewer for *Cornerstones of a Healthy Lifestyle: Blueprint for Nutrition and Physical Activity*. 2013.
 Association of Graduate Programs in Public Health Nutrition- *Strategies for Success: Curriculum Guide for Graduate Programs in Public Health Nutrition with Didactic and Experiential Learning* Reviewer 2013.
 Engagement Scholarship Consortium abstract reviewer. 2013.
 United States Department of Agriculture- NIFA Grant Reviewer. 2012.

State Service:

Idaho Department of Health and Welfare-Idaho Tobacco Control Program, Plans, Actions and Capacity to Sustain Tobacco Control (PACT) invited strategic planning stakeholder. Boise, Idaho. October 2018.
 Idaho Department of Health and Welfare- HEAL Idaho. Subcommittee- Data and Evaluation. 2018 to present.
 Idaho Department Health and Welfare, Department of Public Health, Diabetes Strategic Plan. 2016.
 Idaho Office of Drug Policy- Grant Reviewer, 2014-2015
 Idaho Voices for Children- Nourishing Idaho Task Force. 2013-2015
 Mott Foundation Grant- Idaho After School Coalition. 2013-2017.
 Idaho Department of Health and Welfare- Healthy Eating Active Living Advisory Group. 2013
 Idaho Department of Health and Welfare, Healthy Eating, Active Living State Task Force. 2010-2011.
 Idaho State Department of Education, K-12 Health Education Standard Development. 2010, 2017

Local Service:

Poverty on the Palouse- Food Security Mayor's Initiative, data working group lead, 2018 to present
 Moscow School District Wellness Committee Member-2017
 Family Promise of the Palouse Volunteer- 2016-present
 Moscow School District PEP Grant Committee Member- 2015-2016
 City of Moscow- High Five and Let's Move Coalition. 2012 to 2017
 Safe Routes to School Task Force. 2009 to present
 City of Moscow, Active Living Task Force. Chair. 2011-2012
 City of Moscow Mobility Task Force, Moscow, ID. 2010-2011
 City of Moscow, Complete Streets Task Force. 2010-2011
 Gritman Hospital Community Wellness Committee. 2009-2011
 Board Member, Officer Newbill Kids Safety Fair, Moscow, ID. 2007-2011

University of Idaho:*University:*

University of Idaho Outreach and Engagement Award Review Committee- 2018
 Borah Symposium Committee- 2018

Third Year Review, Associate Professor, Extension. 2018
 Financial Aid Review Committee, 2013-2016. Chair 2015-2016
 Campus Community Coalition Alcohol Harm Reduction, 2015-to present
 Faculty International Development Award Review, 2014-2016
 Service Learning Faculty Grant Review, 2014, 2015, 2016
 UI Vandal Health Education Coalition. 2012 to present
 Central American Youth Ambassador (CAYA) Exchange- host, speaker, 2014-2016
 Search committee, member, Vandal Health Education Coordinator, 2014
 UI Tobacco Free Task Force. Policy workgroup chair. 2013-2015
 Office of Community Partnerships Food Security at a Glance. Reviewer, 2014
 Sustainable Commitments for UI Dining Contract workgroup, 2014
 UI Food Systems and Economic Development Working Group. 2013-2014
 Office of Community Partnership Hispanic Health at a Glance reviewer. 2013
 UI Office of Community Partnership grants review. 2013
 The Office of Research and Economic Development Seed Grant Evaluation, 2012
 Outreach and Engagement Council. 2010-2013
 UI Sustainability Center, Sustainable Food Task Force. 2006-2014

College:

Technology Committee, 2018
 Third year review, Assistant Clinical Professor, 2017
 Third year review, Assistant Clinical Professor, 2017
 Clinical Faculty Promotion Committee, 2014, 2015, 2017
 NCATE health education teaching minor accreditation. 2012-2013

Department:

Promotion Review Chair, Associate Clinical Professor, RB. 2018
 Third year review, Associate Clinical Professor, BS, 2018
 Movement Sciences Newsletter Committee, 2017-2018
 Promotion Review, Assistant Clinical Professor, BB, 2017
 Search committee member, Physical Education Teacher Education Position (two), 2016
 Search committee chair, Safe Routes to School Coordinator, 2016
 Scholarship Committee, 2016-2018
 Search committee member, Physical Education Teacher Education Position, 2015
 Search committee member, Recreation and Leisure Studies Position, 2015
 Third year review, Assistant Clinical Professor, MM, 2016
 Third year review, Assistant Clinical Professor, RB, 2015
 Third year review, Assistant Clinical Professor, BB, 2015
 Third year review, Assistant Clinical Professor, AN, 2014
 Search committee, member, Physical Education Position, 2014
 By-Laws Committee. 2014-2017
 Search committee, Health Education Instructor, 2011
 Search committee, Safe Routes to School Coordinator, 2011
 Development of Department Core course content, 2008

Professional and Scholarly Organizations:

American Public Health Association, Food and Nutrition and Global Health- 2010 to present
 Association of State Public Health Nutritionists 2013 to present
 American Evaluation Association-2015-present
 American School Health Association- 2011-2013
 Diabetes Alliance of Idaho- 2016-2018
 Idaho Public Health Association-2011 to present
 Idaho Health, Physical Education, Recreation, Dance Association- 2010-2012

OUTREACH AND ENGAGEMENT

2018

Led the final program evaluation of the hnqhesnet intervention evaluation for Marimn Health, Coeur d'Alene

- Tribe. Directed advanced statistical analysis and completed Centers for Disease Control evaluation. Assessed culturally relevant and acceptable colorectal cancer screening health promotion messages for Tribal communities in Idaho. Presented findings and produced a technical report to guide the development of preferred screening messages and formats. Contracted by the Idaho Department of Health and Welfare.
- Led statewide evaluation of two Idaho Department of Health and Welfare health campaigns: Rx Awareness (Prescription Opioid Awareness) and Project Filter. Surveyed 4,000 Idahoans to evaluate campaign reach and effectiveness. Partners included University of Idaho Statistical Sciences and Washington State University Social and Economic Sciences Research Center (SESRC).
- Partnered with the Community Council of Idaho, Migrant and Seasonal Head Start (MSHS) program to secure funding from the St. Luke's Foundation to complete analysis of nutrition questionnaires of MSHS participants. The findings, described in a technical report, will form the foundation for the development of MSHS staff training and MSHS family education to improve nutrition and prevent obesity.
- Directed the Moscow State Routes to School Program reaching over 2,000 K-8th grade students. Supervise the SRTS Coordinator, lead the advisory group and offer technical assistance to state SRTS partners. Developed evidence-based bike education for 200 4th grade students in coordination with the Palouse Clearwater Environmental Institute (PCEI). Served on a SRTS national leadership team to inform and advise national SRTS efforts.
- Directed student teams to conduct Healthy Active Lifestyle projects in the Moscow community and on the University of Idaho campus, e.g., initiating a school breakfast cart to increase school breakfast participation, development of bike education on campus, well-being assessment and inventory, dance outreach, and campus food security.
- Raised over \$4,000 for the Nicaragua Partnership to support student scholarships and outreach projects. Funds were directed at a leadership development training for 4 indigenous leaders for one year, a new accessible ramp for a rural health center, repair and construction of community latrines and the purchase of school books and supplies. One scholarship supported the nursing education of one Nicaraguan nursing student.
- Lead data subcommittee of the HEAL Idaho (Healthy Eating Active Living) leadership team. Collect and disseminate obesity related data for Public Health Districts and obesity prevention partners. Provide technical assistance on evidence-based obesity prevention strategies.
- Guided graduate students to initiate work on student food security on the University of Idaho campus. Formed a food security working group and developed a food secure campus model that has formed the foundation for campus wide food security efforts.
- Selected to serve on the Idaho Tobacco Prevention Control Program's sustainability planning team.

2017

- Led an evaluation survey of adults and youth for a culturally based healthy eating and physical activity intervention for Marimn Health and Wellness Center, Coeur d' Alene Tribe CDC REACH (Racial and Ethnic Approaches to Community Health) grant to improve health outcomes.
- Completed a statewide assessment and technical report of tobacco cessation practices among 300 plus Idaho health care providers. Contracted by Idaho Tobacco Control. Division of Public Health. Department of Health and Welfare.
- Completed two-year obesity prevention project with the Community Council of Idaho, Migrant and Seasonal Head Start (MSHS). Developed nutrition assessment protocols, questionnaires, teacher training modules, and a health indicator tracking system. The Muévete y Cambia tu Vida! Program received nationwide acclamations in the Region XII TTA Health Network newsletter.
- Secured Center for Modeling Complex Interactions (CMCI) support to model Small Area Estimates created creating Idaho's first county level obesity indicators. Led the team in disseminating the methodology and data findings to CMCI stakeholders and public health leaders.
- Continued outreach with CEPAD in Managua, Nicaragua. Completed analysis of CEPAD's Household Diet Diversity Survey and Nutrition Knowledge, Attitudes and Practices Survey, developed a technical report and was invited to conduct a two-day monitoring and evaluation workshop for 25 CEPAD directors and field staff.
- Secured three years of Safe Routes to School funding, supervised SRTS Coordinator to promote safe active travel to over 2,000 children. Expanded outreach in rural Idaho via the TRIO program, conducting trainings for two TRIO programs, and lead students to initiate a first time walk to school event on the Nez Perce Reservation. Presented two webinars for the SRTS National Partnership Local Leaders group

2016

- Conducted and completed a three-year hypertension and diabetes capacity evaluation in five tribal communities in Idaho for the Idaho State Department of Health and Welfare.
- Developed and conducted multicomponent evaluation strategies for culturally based healthy eating and physical activity interventions for Benewah Medical Wellness Center's \$600,000 CDC REACH (Racial and Ethnic Approaches TO Community Health) grant to improve health outcomes.
- Community Council of Idaho, Migrant and Seasonal Head Start (MSHS). Developed nutrition assessments, refined measurement protocols and delivered training to 25 MSHS staff. The Muévete y Cambia tu Vida!
- Partnered with five WWAMI medical students, regional and state Public Health and the University of Idaho Social Sciences Research Unit to develop and conduct a statewide provider survey to assess tobacco cessation attitudes, practices and resource needs; secured funding from the Idaho Department of Health and Welfare for data analysis.
- Direct Moscow Safe Routes to School, encouraging and education biking and walking for 2,000 students, eight schools and provided workshops to expand program services to seven rural TRIO communities.
- Partnered with the Moscow School District Wellness Committee to develop first ever active travel school wellness policy and provide technical assistance on nutrition and school food policies.
- Council of Evangelical Protestant Churches (CEPAD), Managua, Nicaragua- grant technical assistance, monitoring and evaluation instrument development and evaluation staff training.

2015

- Assessed Hypertension and diabetes capacity in three tribal communities; reported results to the Idaho State Department of Health and Welfare.
- Assessed healthy eating environment of the Coeur d'Alene Reservation and developed a tool to assess reservation resident on culturally based healthy eating and physical activity. Evaluated and monitored the Benewah Medical Center's \$600,000 CDC grant to improve health outcomes.
- Coeur d'Alene, Department of Education, PRIDE Survey (Communities that Care) survey development, planning and analysis.
- Co- Chair University of Idaho, Tobacco Free Campus Initiative
- Global Health and Community Development Service Learning, Las Salinas and Matagalpa, Nicaragua. Led 13 students in community development projects.
- Idaho Department of Health and Welfare- Healthy Eating Active Living consultant, speaker.
- Community Council of Idaho, Migrant and Seasonal Head Start (MSHS). Developed health indicators protocols, nutrition assessment and delivered training to 40 MSHS staff.
- 21st Century Community Learning Centers Grant partner
- Idaho Office of Drug Policy- Grant reviewer and content expert
- Member of Mott Foundation Idaho After-School Task Force
- Community Council of Idaho, Migrant and Seasonal Head Start (MSHS). Developed health indicators protocols, nutrition assessment and delivered training to 40 MSHS staff.

2014

- 21st Century Community Learning Centers Grant partner
- Member of Mott Foundation Idaho After-School Task Force
- Nourishing Idaho-task force member, strategic plan reviewer
- Healthy Eating and Tobacco Control intervention and evaluation of Coeur d'Alene Reservation
- Conducted Coeur d'Alene Reservation Youth Tobacco Survey
- Director of University of Idaho /Moscow Safe Routes to School- featured in local newspaper
- Seven service learning programs with campus and community for MSCV 429/486
- Wrote "Measuring What Matters", obesity indicator development for the Blue Cross of Idaho Foundation for Health.
- UI tobacco policy task force member- newspaper interviews, workshops and University wide meetings.
- Idaho Office of Drug Policy- Grant reviewer
- Assessed Diabetes capacity in one pilot tribal community; reported results to the Idaho State Department of Health and Welfare.
- Partnered with Sustainability Center, School of Business and MVSC students to develop and conduct a UI campus food survey to evaluate perceptions of campus food offerings.

2013

Conducted and published a community health assessment for the Coeur d'Alene Reservation.
 Healthy Eating and Tobacco Control Assessment of Coeur d'Alene Reservation
 Developed and implemented a methodology to measure obesity indicators for Blue Cross of Idaho
 Foundation for Health, Inc.
 Director of University of Idaho /Moscow Safe Routes to School- Featured in Moscow newspaper
 Seven service learning programs with campus and community for MSCV 429/486
 Strategic planning member of Healthy Eating Active Living (HEAL) Idaho
 Conducted Nutritional Environmental Measures on the Coeur d'Alene Reservation

2012

Partnered with Benewah Medical Center, Plummer, and Idaho to submit Centers for Disease Control and
 Prevention Community Transformation Grant for \$400,000. Grant was funded.
 Statewide Surveillance of Prevalence and Correlates of Physical Education Physical Activity in Idaho for
 State Dept. of Education
 Directed Moscow Safe Routes to School- featured in national publications
 Seven service learning programs with campus and community for MSCV 429/486
 Palouse Prairie School of Expeditionary Learning – Wellness policy review
 Trained leaders and conducted Nutritional Environmental Measures on the Coeur d'Alene Reservation
 Developed 'Choices' campaign on the Coeur d'Alene Reservation to improve healthy eating
 Paddle-Bike the Coeur d'Alene Watershed (PBW) Program for Coeur d'Alene Reservation
 Conducted food access survey on the Coeur d'Alene Reservation

2011

Chaired City of Moscow Healthy Living Task Force- developed iCount, a community bike and
 pedestrian documentation tool and the Neighborhood Greenway Assessment for an active travel
 corridor
 Directed the Safe Routes to School Program- featured twice in the local paper for district wide events
 Six service learning programs with campus and community for MSCV 429/486
 Conducted an evaluation of Comprehensive School Health for twelve schools funded by the Idaho
 Department of Education

2010

Directed the Safe Routes to School Program- featured in local newspaper for district wide events
 Five service learning programs with campus and community for MSCV 429/486
 Conducted wellness policy workshop for local district schools
 Developed physical activity poster for University of Idaho Campus
 Developed state health education standards for Idaho Department of Education
 Conducted a Community Health Assessment and Group Evaluation (CHANGE) for the City of Moscow
 with Recreation graduate students.
 Developed a Moscow School District Safe Routes to School Travel Plan with 40 stakeholders
 Sustainable Food Conference Planning Committee, March 2010
 Partnered with UI Engineering to develop Safe Routes to School online, interactive route maps for all
 Moscow Schools. <http://www.webpages.uidaho.edu/~mlowry/gis/sr2s.htm>

2009

Directed Safe Routes to School, published safe route maps, assessed school sites, and partnered with
 Bioregional planning to develop a plan to revise the parking lots of the Moscow Junior High School.
 Five service learning programs with campus and community for MSCV 429/486
 Developed Eat Local Eat Well campaign for the City of Moscow Farmers Market

2008

Supported, Idaho North Central Public Health District in CDC healthy active living proposal.
 Engaged with students to evaluate local wellness policies and provide recommendations.
 Directed Safe Routes to School and assessed seven school sites for active travel considerations

Honors and Awards:

University of Idaho Awards for Excellence- Outreach and Engagement 2017
 Safe Routes to School National Partnership- Local Leaders Advisory Committee- 2016
 Hubsmith Safe Routes Champion Award nominee, 2016
 Teaching Award, University of Idaho, College of Education. 2015
 Third Annual UIdeas Symposium, Student nominated. University of Idaho Sustainability Center, 2015
 Alumni Award for Excellence, University of Idaho, 2012, 2013, 2014
 Faculty International Development Award, University of Idaho, 2014
 American Cancer Society School Health Education/Physical Education, Advanced Academy, 2014
 Tri-State Rural Solutions Initiative Nomination, 2014
 University of Idaho Leadership Academy, 2013
 Faculty/Staff International Travel Award, University of Idaho, 2013
 City Achievement Award for Active Living Task Force, Association of Idaho Cities, 2012
 Pacific Source Health Plans' Citizen Advocacy Award, Idaho Smart Growth- Active Living Task Force, 2012
 Certificate of Recognition in School Health, Coordinated School Health Program, State Department of Education, Idaho, 2012
 College of Education Outreach and Engagement Award, University of Idaho, 2011

PROFESSIONAL DEVELOPMENT

Teaching:

Advising Symposium, University of Idaho. September 2015-2018
 Universities Study Abroad Consortium- Health Promotion and Disparities in Diverse Populations and Spanish Conversation and Oral Skills- San Ramón, Costa Rica, 2014
 American Public Health Association Learning Institute-Global Health Education-2013
 University of Idaho Advising Symposium-2012-2013, 2015
 An Introduction to Food Systems: Perspectives from Public Health 4 week online. Coursera-2013
 UI College of Education - Blackboard technology training-2007

Scholarship:

Culturally Responsive Quantitative Evaluation Methodology, American Evaluation Association, Atlanta, GA, 2016
 Education 589: Theory, Application & Design of Qualitative Research, University of Idaho, 2016
 Cultural Responsiveness and Mixed Methods Research, American Evaluation Association, Chicago, IL, 2015
 American Cancer Society Advanced Academy, School Health Education/Physical Education, Atlanta, GA. 2008, 2010 and 2014.
 American Public Health Association Learning Institute-Writing for Publication. 2012
 Built Environment Assessment Training (BEAT), Seattle, WA. 2011
 Grant Institute. Advanced Grantsmanship Training, Missoula, MT. 2007

Outreach:

Ripple Effect Mapping, University of Idaho Extension, Moscow, ID 2017
 Tri-State Rural Solutions Initiatives Workshop, Tri-cities, WA 2014
 Bacchus Peer Health Educator Training, University of Idaho. 2013
 UI Outreach and Engagement Symposium, Moscow, ID. 2011
 Communities That Care, Juvenile Delinquency Prevention Planning, Denver, CO. 2003
 Living Works. Applied Suicide Intervention Skills Training. 2002

Administration/Management:

University of Idaho Leadership Academy. 2012