



Independent Study | in Idaho

**PSYC 475 Professional
Ethics in Addictions
Counseling**

Providing independent study opportunities for more than 40 years.



The University of Idaho in statewide cooperation with
Boise State University — Idaho State University — Lewis-Clark State College

Course Guide

Independent
Study | in Idaho

Self-paced study. Anytime. Anywhere!

PSYCHOLOGY 475 Professional Ethics in Addictions Counseling
University of Idaho
3 Semester-Hour Credits

Prepared by:
Cynthia Hansen
Faculty, University of Idaho

WR: September 2020
1 – PSYC 475
Copyright Independent Study in Idaho/Idaho State Board of Education

Table of Contents

Welcome!	1
Policies and Procedures	1
Course Description.....	1
Course Materials.....	1
Course Delivery.....	1
Course Introduction.....	2
Course Objectives	2
Lessons.....	2
Exams	3
Grading	3
About the Course Developer	3
Contacting Your Instructor	3
Lesson 1: Introduction to Professional Ethics.....	4
<i>Self-inventory</i>	
<i>Chapter 1 Ethical Dilemma- Professional Attitudes and Beliefs (10 points)</i>	
Lesson 2: The Counselor as a Person and as a Professional.....	5
<i>Self-inventory</i>	
<i>Chapter 2 Ethical Dilemma- Counselor as a Person and Professional (10 points)</i>	
Lesson 3: Values and The Helping Relationship	6
<i>Self-inventory</i>	
<i>Chapter 3 Ethical Dilemma- Values and The Helping Profession (10 points)</i>	
Exam 1: Covers lessons 1, 2, 3. 100 points.....	7
Lesson 4: Multicultural Perspectives and Diversity Issues.....	8
<i>Self-inventory</i>	
<i>Chapter 4 Ethical Dilemma- Diversity Issues (10 points)</i>	
Lesson 5: Client Rights and Counselor Responsibilities	9
<i>Self-inventory</i>	
<i>Chapter 5 Ethical Dilemma- Record Keeping (10 points)</i>	
Lesson 6: Confidentiality: Ethical and Legal Issues. Review TAP 24	11
<i>Self-inventory</i>	
<i>Chapter 6 Ethical Dilemma- Ethical and Legal Responsibilities (10 points)</i>	
<i>Review and Quiz TAP 24 (105 points)</i>	
Exam 2: Covers lessons 4, 5, 6. 100 points.....	13
Lesson 7: Managing Boundaries and Multiple Relationships.....	14
<i>Self-inventory</i>	
<i>Chapter 7 Ethical Dilemma- Managing Boundaries and Multiple Relationships (10 points)</i>	
Lesson 8: Professional Competence and Training	15
<i>Self-inventory</i>	
<i>Chapter 8 Ethical Dilemma- Supervision and Training (10 points)</i>	
Lesson 9: Ethical Issues in Group Work.....	16
<i>Chapter 12 Self-inventory</i>	
<i>Chapter 12 Ethical Dilemma- Ethical Issues in Group (10 points)</i>	
Lesson 10: Community and Social Justice Perspectives.....	17
<i>Self-inventory</i>	
<i>Chapter 13 Ethical Dilemma- Community and Social Justice Perspective (10 points)</i>	
Final Exam: Covers lessons 7—10. 100 points.	18

PSYC 475 Professional Ethics in Addictions Counseling 3 Semester-Hour Credits: U of I

Welcome!

Whether you are a new or returning student, welcome to the Independent Study in Idaho (ISI) program. Below, you will find information pertinent to your course, including the course description, course materials, course objectives, and information about assignments, exams, and grading. If you have any questions or concerns, please contact the ISI office for clarification before beginning your course.

Policies and Procedures

Refer to the ISI website at www.uidaho.edu/isi and select *Students* for the most current policies and procedures, including information on setting up accounts, student confidentiality, exams, proctors, transcripts, course exchanges, refunds, academic integrity, library resources, and disability support, and other services.

Course Description

Overview of ethical issues and decision making related to addictions counseling; ethics related to harm reduction models and other issues. U of I: joint-listed with PSYC 581. Prerequisite PSYC 101.

12 graded assignments, 1 graded quiz, 3 graded exams
Available online only.

Students may submit up to 2 assignments per week. Before taking exams, students MUST wait for grades and feedback on assignments, which may take up to three weeks after the date of receipt by the instructor. ALL assignments and exams must be submitted to receive a final grade for the course.

Course Materials

Required Course Materials

- *Issues and Ethics in the Helping Professions 10th Edition*, Gerald Corey, Marianne Schneider Corey, and Cindy. Corey. ISBN-13: 9781337406291. Cengage Learning 2018.
- TAPS (Technical Assistance Publication Series) can be downloaded from the SAMSHA website (<https://www.samhsa.gov/>), (Substance Abuse and Mental Health Services Administration):
 - Welfare Reform and Substance Abuse Treatment Confidentiality General Guidance for Reconciling Need to Know and Privacy (TAP 24)
<http://lib.adai.washington.edu/clearinghouse/downloads/TAP-24-Welfare-Reform-and-Substance-Abuse-Treatment-Confidentiality-General-Guidance-for-Reconciling-Need-to-Know-and-Privacy-115.pdf> and in BbLearn.
 - Confidentiality of Patient Records for Alcohol and Other Drug Treatment (TAP 13) in BbLearn.
 - 2014 ACA Code of Ethics: 2014-ACA-code-ethics.pdf in BbLearn.

Course Delivery

All ISI courses are delivered through BbLearn, an online management system that hosts the course lessons and assignments, and other items that are essential to the course. Upon registration, the student will receive a *Registration Confirmation Email* with information on accessing ISI courses online.

Course Introduction

Welcome to Psychology 475, Professional Ethics in Addictions Counseling. I hope you find this online class a fun, enlightening, and significant learning experience. This course is designed for the student seeking information regarding ethical and legal issues in substance abuse counseling. Topics will include the counselor as a professional, values and helping relationship, client rights and counselor responsibilities, ethics, and cultural sensitivity, plus professional competency training.

To get started, familiarize yourself with the left-hand navigation menus and course content links in BbLearn. Carefully read the Syllabus and Schedule and order or download the required textbook and online standards. Then, proceed with the content and assignments in Lesson 1. Be sure to contact me if you have any questions.

Course Objectives

- Be able to distinguish between "law" and "ethics."
- Demonstrate "critical thinking skills."
- Understand problem-solving skills as it applies to ethical dilemmas.
- Understand and explain personal ethical standards.
- Knowledge of the Code of Ethics for Substance Abuse Counselors.
- Conduct an on-going self-evaluation of professional performance by applying legal, ethical, and professional standards.
- Understand the ethical implications of a multicultural perspective.

Students will acquire the following competencies:

Knowledge:

- Ability to compare and contrast federal, state, agency, and professional codes of ethics
- Participant's rights and responsibilities
- Professional standards and scope of practice
- Understand boundaries between counselors and clients.
- Understand the consequences for violating the code of ethics.
- The process used to address alleged ethical violations
- Personality, culture, lifestyle, and other factors influencing a client's behavior

Skills: Demonstrating ethical and professional behavior.

Attitudes:

- Willingness to change personal behaviors and attitude that may conflict with professional guidelines
- Respect for professional standards.

Lessons

- Keep a copy of every assignment submitted.
- Complete all reading assignments.
- Set a schedule allowing for course completion one month before your personal deadline. An *Assignment Submission Log* is provided for this purpose.
- Web pages and URL links in the World Wide Web are continuously changing. Contact your instructor if you find a broken Web page or URL.

Refer to the **Course Rules** in BbLearn for further details on assignment requirements and submission.

Exams

- You must wait for grades and comments on assignments before taking subsequent exams.
- For your instructor's exam guidelines, refer to the **Course Rules** in BbLearn.
- All exams are taken in BbLearn.

Grading

The course grade will be based upon the following considerations:

Ethical Dilemmas: There will be ethical dilemmas for each of the chapters covered in the text. The ethical dilemmas are posted on BbLearn. Each will have a specific time requirement of when it will need to be turned in. You will be graded on critical thinking skills and your ability to articulate your answer.

Exams:

There will be three exams to develop your knowledge of the material. Each exam will be an open book and open note exam. You can use any information you wish to help you. Each exam will mostly be comprised of multiple-choice questions; however, there may be true and false and fill in the blank. The content of the exams will be derived from lectures and information from the texts.

There will be one quiz on Confidentiality from TAP 24 (3 points each).

Course Requirements and Possible Points:

Exams -3 @ 100 pts each = 300

TAP 24 Quiz @ 105 pts = 105

Ethical Dilemmas (Chapters 1—8, 12 and 13) 10 @ 10 pts each = 100

Total points possible = 505

All grading will be based on the total amount of points possible divided by the total amount of points earned.

The final course grade is issued after all assignments and exams have been graded.

Acts of academic dishonesty, including cheating or plagiarism, are considered a very serious transgression and may result in a grade of F for the course.

About the Course Developer

Cindy Hansen, M.A., ACADC, CCS

M.A., Sociology (Medical Sociology, Health, and Illness) Ms. Hansen has a vast breadth of experience and expertise in the areas of medical sociology, health, illness, prevention theories, chemical dependency, and education. University of Idaho

Contacting Your Instructor

Instructor contact information is posted on your BbLearn site under *Course Rules*.

Lesson 1 Introduction to Professional Ethics


Overview

Each professional organization has established codes of ethics. These are created as guidelines for professionals to make decisions that will not only protect the welfare of clients but also safeguard them from malpractice and legal consequences. It is important to know and understand the Code of Ethics for your specialization. The scope of this class will focus on The American Counseling Association (ACA) code of ethics because it has recently been updated and includes ethical codes on technology.

Reading Assignment

Read: Chapter 1

Review:

- [American Counseling Association Code of Ethics website](#)
- [Accessibility score: Low Click to improve 2014-ACA-code-ethics.pdf](#)  [2014-ACA-code-ethics.pdf - Alternative Formats](#)

To Do:

- Complete Self-inventory page beginning page 25 thru 40
- Complete and submit the Lesson 1 Assignment

Introductory Lecture

Listen to Chapter 1, Lecture Part 1 and Part 2 in BbLearn.

Written Assignment (Chapter 1 Ethical Dilemma 10 points)

Before beginning the first written assignment, refer to the *Course Rules* in BbLearn.

1. Complete the self-inventory questions 1-40 on "An inventory of your attitudes and beliefs about ethical and professional ethics. (Do not turn this in)

2. After completing the Self-inventory, write a reflection paper describing what you learned about yourself that you did not realize before, as a result of taking this personal inventory. "What I learned about my professional attitudes and beliefs that I didn't realize before. One or two paragraphs - **Turn this in by uploading your paper on BbLearn.**