Hello ECHO Idaho and welcome to 2022,

Despite the ups and downs of 2021, I'm proud of what ECHO Idaho accomplished. Some items of merit from the past 12 months include launching three brand new series (Counseling Techniques for Substance Use Disorders, Hepatitis C and Pediatric Behavioral Health), producing our CE-eligible podcast, Something for the Pain, and hosting a total of 169 ECHO sessions (up from 103 in 2020)!

No surprise that we've got plenty for you to look forward to this year: new series (Viral Hepatitis and Liver Care, Pediatric Autism and Medications for Opioid Use Disorder Office Hours), Joint Accreditation and Something for the Pain Season 2. Hopefully, we'll see many of you in person at conferences around the state, as well. Fingers crossed.

Whether you’re a presenter, a panelist or a participant, we want to thank you for being a part of ECHO Idaho. We’re here to help Idaho healthcare teams learn, grow, connect and improve the quality of care available to patients in our state—but we couldn’t do any of that without you.

Best,

Lachelle Smith
Director, ECHO Idaho
ECHO Idaho Awarded Joint Accreditation Status

We are jointly accredited for interprofessional continuing education, meaning that individuals across a number of different healthcare professions — physicians, PAs, nurses, pharmacists and psychologists — can all claim continuing education credit specific to their profession for participation in the same ECHO sessions. The designation ensures that each ECHO Idaho session is dynamic, collaborative and interdisciplinary. Read more about Joint Accreditation here.

ECHO Idaho’s Pediatric Autism Series Is Here

We welcomed 144 participants at the series kickoff and are excited to watch this series evolve.

ECHO Idaho Medications for Opioid Use Disorder (MOUD) Office Hours

Following ECHO Idaho’s upcoming X-Waiver Training on Monday, Feb. 7, 2022, ECHO Idaho will launch Medications for Opioid Use Disorder (MOUD) Office Hours.

This weekly drop-in series gives you a chance to connect with specialists for advice, feedback and knowledge-sharing to effectively practice using MOUD.

Registration is not required to attend.

Virtual sessions meet every Thursday, 11:30 a.m. to 12:30 p.m. Pacific time / 12:30 - 1:30 p.m. Mountain time.

Join from our website or join us following our other substance use disorder-focused ECHO series:

- Counseling Techniques for Substance Use Disorders
- Opioids, Pain and Substance Use Disorders
• 1,442 total unique participants attended our ECHO programming in 2021; 851 of those (nearly 60%) were ECHO Idaho first-timers.

• We launched our first CE/CME-eligible podcast, which earned listeners 65 continuing education credit hours.

• We issued a total of 4,166 CE/CME hours across our programs.

• We hosted a whopping 169 ECHO sessions (up from 103 in 2020) across 9 series.

• We launched 3 new series (Counseling Techniques for Substance Use Disorders, Pediatric Behavioral Health, Hepatitis C).

• We introduced 80 new didactic presenters to our programs.

• Our most popular series, by unduplicated participant attendance, was Behavioral Health in Primary Care.
ACROSS

2. The “I” of WWAMI
6. A mental health diagnosis affecting many who have undergone a traumatic experience
9. The “O” of ECHO
12. The “A” of Pediatric ASD, and the focus of a new ECHO series, starting this month
14. Classifications for both Oxycodeone and Hydrocodone
15. You need one to legally dispense MOUD in Idaho
16. ____-Informed Care utilizes harm-reduction approaches in patient treatment
19. A dangerous synthetic typically found in heroin that increases the chance of overdose
21. The county in Idaho with the highest rate of opioid overdose relative to population density
23. Stages of _____, a behavioral model developed to help identify motion towards or away from a goal
26. ECHO Idaho’s video conferencing platform

Send a pic of your completed puzzle to echoidaho@uidaho.edu to win some ECHO swag!

DOWN

1. ECHO Idaho’s “Something for the Pain,” for one
3. The “A” of ACEs, a test used to indicate the likelihood of facing mental health challenges in later life
4. The Gem State’s state gem
5. A popular herbal supplement that is legal to buy and sell in Idaho, but not approved for consumption by the FDA
7. University of New _____, where the first ECHO originated
8. _____-5, a behavioral health diagnostic manual
10. ECHO Idaho’s Opioids, Pain and Substance ____ Disorders series
11. Idaho’s state flower
13. The “V” of HCV
17. A criteria manual used to determine levels of care in treatment for patients with a SUD
18. Certified _____ Recovery Support, a person in long-term recovery who has been trained to remove barriers for others seeking recovery from a SUD
20. The organ most compromised by hepatitis C infection
22. A therapy technique used to process trauma involving eye movement
24. Idaho ____ Reduction Project, one of Idaho’s Syringe Service Programs
25. An opioid antagonist, commonly issued as a nasal spray
Support ECHO Idaho. [Give today](#).

**CONNECT WITH ECHO IDAHO**

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