wash hands frequently with soap and water
cover your cough and sneeze with elbow or tissue
seek medical care if symptoms become worse than expected or you have a fever over 101.5° F
stay home if you feel sick

Spread the WORD not the germs!

Resources:
Student Health Clinic | 208-885-6693
Vandal Health Education | www.uidaho.edu/VandalHealth
cdc.gov | flu.gov