



*June 26-29, 2017*  
*University of Idaho Campus*  
*Moscow, Idaho*

*“Discovering Futures, Leading Communities”*



**University of Idaho**  
Extension

## About the Idaho 4-H State Teen Association Convention

A 4-day educational event focusing on post-secondary and career exploration. Both 4-H and non 4-H youth are provided the opportunity to participate in a wide variety of activities including educational workshops; community and campus tours; service learning projects; state elections and speech competitions; on-campus living; and networking with peers from around the state.

## Who Can Attend

- Youth who have completed the 8<sup>th</sup> grade and not more than the current year's high school graduates
- Certified Adult chaperones and Certified Collegiate Volunteers
- 4-H membership is not required

## Activities

Delegates will take part in scheduled educational, recreational, and social events, with enough time to explore the university campus and make new friends. They will live in a university dormitory, eat in the student dining hall, participate in workshop tracks and campus/community tours, recreation activities, dances, service project and assemblies.

## Registration for Delegates

- Early Bird (\$270.00) begins April 14– May 15, 2017.
  - (Registration includes: Lodging, meals, transportation, workshop and presenter fees, entertainment activities, etc.)
- Regular Registration (\$295.00) begins May 16 – June 5, 2017
- No registrations will be accepted after **June 5, 2017**.
- **For 4-H members:** registration is available through 4-H Online at <http://idaho.4honline.com>. Online instructions can be found on the Idaho 4-H State Teen Association Convention webpage or by [clicking here](#).
- **For Non 4-H members:** Complete the [online registration form](#).
- On your registration page, mark your choices for Workshops and Tours. Workshop and Tour enrollments will be first come, first served. Some tracks will fill quickly, so there is an advantage to registering early.
- All conference digital photos and conference t-shirts are included in the registration fees.
- Onsite check-in will take place in LLC complex lobby on June 27, between 2 pm – 3:30 pm.



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## Chaperones

- If you are interested in becoming a Chaperone for this event, please review the [Chaperone Position Description](#) to see if this is an opportunity for you!
- To apply for a Chaperone position, please complete the online [Chaperone Application](#). Notifications will be made to all Chaperones on or before May 1<sup>st</sup>. Information regarding how to register and pay will be sent at that time. State and local scholarships are available, please inquire at your local County Extension office.

## Collegiate Volunteers

- If you are interested in becoming a Collegiate Volunteer or Collegiate Facilitation Coach for this event, please review the [Collegiate Volunteer/Coach Position Description\(s\)](#) to see if this is an opportunity for you!
- To apply for a Collegiate Volunteer position, please complete the online [Collegiate Volunteer Application](#). Notifications will be made to all Collegiate Volunteers on or before May 1<sup>st</sup>. Information regarding how to get certified and register will be sent at that time.

## Payments

- All payments can be made online (Visa/Mastercard and Webchecks) at [www.uidaho.edu/4hevents](http://www.uidaho.edu/4hevents) or to the local County Extension office. Early Bird payments are due by May 15<sup>th</sup> and Regular Registration payments are due by June 5<sup>th</sup>.

## Transportation

- For all State and National 4-H Events, the University of Idaho 4-H Youth Development department will arrange public transportation – trains, buses, and/or commercial airlines – to and from events. Because commercial chartered companies are held to higher safety standards with periodic inspections and approved health and safety policies, 4-H requires all youth and chaperones participating in 4-H State and National events to use the transportation arranged for each event. For information, please review the [4-H Transportation Policy](#).
- Fees for bussing is included in the registration cost. Fees cover the expenses associated with all Transportation provided, including, but not limited to: gas; mileage; lodging and accommodations for all bus drivers; insurances; and use of buses for events held off campus during the event.
- Those living in the Moscow area (Incl. Troy, Deary, Bovill) where a bus is not routed through, may travel to the event following the provisions outlined under the “4-H Traveling in Non-Public Automobiles” section of the [4-H Transportation Policy](#).



## Lodging

Delegates will stay at the University of Idaho Theophilus Tower Dormitory. Delegates need to bring bedding (pillow, sleeping bag and/or sheets, blankets), towels, and personal toiletry items. Rooms and roommates will be pre-assigned. Counties are grouped together by districts on floors. *Changes are not allowed.* There is a \$60 charge for lost room keys and \$5 fee for lost key tags.

## Food

Meal service is provided in the Wallace cafeteria. Delegates will be issued a meal card which must be presented at each meal. There is a \$15 charge for replacing lost cards.

## Dress Code

Dress for this event ranges from casual to semi-formal. **Casual for daily activities** includes jeans, capris, sweatshirts or t-shirts. Baggy sweats, short-shorts/skirts, and low-cut shirts or tank tops are not permitted under daily casual wear and youth will be asked to change into something more appropriate. **Business Casual for officer interviews and speeches** (if applicable) - Dresses, skirts (knee length or longer when seated), slacks with nice blouses/shirts or sweaters, nice dress jeans (black Wranglers) are allowed but no blue denim. Closed toe shoes, hard-soled. **Semi-Formal for Clover Banquet** - Dresses, dressy blouses and skirts (knee-length or longer when seated), or dress pants, shirts and ties. Semi-formal means no denim, bared midriffs and shirttails are tucked in. No flip flops or sport shoes. **Sleepwear** is to be worn only in individual rooms, not in public areas (halls, meeting rooms, lobby). Be sure to bring jackets and rain gear as well!

## Workshop Tracks

Tracks are assigned according to choices indicated on your registration form and available space. Delegates are expected to participate and attend all selected tracks.

## Gem State News and Week in Review

All delegates interested in being a photographer or reporter for the Gem State News or Week in Review should register for the Reporting track.

## 4-H Variety Show

Delegates who enjoy performing are encouraged to submit a video or audio recording before **June 16<sup>th</sup>** to try out for the 4-H Variety Show. While last minute acts will be able to try out for a spot in the Variety Show as have in years past, selection may be on a space available basis. Audio or video files may be emailed to the state 4-H Youth Development office, attention Shana Codr ([scodr@uidaho.edu](mailto:scodr@uidaho.edu)). Include your name and telephone number in any emails.



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## **Decorations**

Bring supplies to decorate your dormitory room doors to show your 4-H pride and help people get to know you. Please do not bring staples, tacks, nails or any tape that leaves residue for hanging decorations.

## **4-H Service Project**

There are two opportunities for the 4-H Service Project this year:

- 1) Blanket Donation – We will be making fleece blankets to give to area shelters and Emergency Response crews.
- 2) Parks and Recreation Clean-up – We will be assisting The Moscow Parks and Recreation Department on clean-up of local area parks.

Please indicate your service project preference on your registration. Assignments will be first come, first served.

## **4-H State Officers and State Teen Association Convention Steering Committee**

If you would like to run for a 4-H State Office or are interested in being part of the State Teen Association Convention Steering Committee indicate your interest on the registration form. Information will be emailed to you.

**4-H State Association Positions available:** President, Vice President, Secretary Media Manager, and Activities Director

**District Representative Positions available (4):** Northern, Southern, Central and Eastern.



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## CONFERENCE POLICIES

University of Idaho 4-H Youth Development faculty and staff, 4-H State Officers and the Conference Steering Committee plan and conduct the conference in accordance with the 2017 University of Idaho Youth Conference policies. Delegates are expected to adhere to these policies. 4-H Members sign an electronic code of conduct upon enrollment for the 4-H program.

Parents/guardians of Non 4-H members will be required to complete and sign a consent form, which provides for adherence to certain policies and health requirements.

### 2017 University of Idaho Youth Conference Policies

The University of Idaho 4-H Youth Development department wants your week at State Teen Association Convention to be filled with exciting experiences, new friendships, and fun. To help make this happen, each participant is expected to be considerate of others, participate fully in the Conference programs, and observe the following rules.

#### Assemblies & Workshops

- Attendance at all scheduled events is required. Be prompt in attendance and courteous to all instructors and speakers.
- Tracks are assigned according to choices given on your registration form and available space.
- Name badges are important for gaining admittance to Idaho 4-H State Teen Association Convention events, for identification and to help you get acquainted. Wear your badge at all times.

#### Dormitory & Meals

- Room assignments made at dorm registration must be kept. Counties are grouped together by districts on floors. Changes are not allowed (in an emergency, we must know where you are).
- Leave valuables at home. We have no way to guarantee their security. Even locked dorm rooms do not always prevent losses. (There is a \$60 charge for lost room keys and a \$5 fee for lost key tags.)
- Report illness immediately to an adult chaperone. Medical staff are available to provide immediate First aid assistance on site. In case of emergency, parents will be notified and delegates will be taken to Moscow Family Medicine or Gritman Memorial Medical Center, Moscow.
- Respect for the privacy of others requires that members of the opposite sex are only allowed in common areas on the same floor. No delegate will be allowed in the rooms of the opposite sex.
- Lounges are available on each floor for visiting.



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- Dormitory will be locked one-half hour after the close of the evening activity. In your room and quiet time begins, please refer to the schedule for lights out times. After lights out, use phones for emergencies only.
- The removal of window screens or throwing any object out of the dorm windows is strictly forbidden.

### **General**

- Idaho 4-H State Teen Association Convention delegate may ride only in cars driven by Extension staff or chaperones. Only campus or Moscow buildings scheduled for 4-H events are to be entered and then only at times designated on the program.
- Possession of tobacco, vape products, use of alcoholic beverages, illegal drugs, firearms or explosives of any kind is prohibited on campus and anytime during Idaho 4-H State Teen Association Convention.
- Cost of damage or theft of any university property will be billed to the individual responsible (or delegate's parents) or to the group with which the delegate is associated.
- Permission to leave Idaho 4-H State Teen Association Convention and/or campus at any time must be secured in advance from the Extension staff or chaperone in charge of the county delegation who will then inform the 4-H Youth Development Office.
- Minor problems will be handled by the Extension staff or chaperone in charge.

These policies are intended to assist in providing for the health, safety and social well-being of everyone attending the Idaho 4-H State Teen Association Convention (STAC). Should a situation arise that is not covered by this list, the STAC Steering Committee will handle it in a manner consistent with UI Extension policies.

### **Idaho 4-H Youth Development Office**

University of Idaho  
 Mary E. Forney Hall  
 875 Perimeter Drive, MS3015  
 Moscow, ID 83844-3015  
 208-885-7700(8:00 am-5:00 pm) OR 208-885-6571(24 hours, Dorm Office)  
 Shana Codr, 4-H Events Coordinator



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## Tracks and Workshops

Workshops are assigned according to choices you make on this registration form and available space. There are two options to choose from: Option A - a 6-hour workshop track that you can choose based on your interest; or Option B - 2-hour workshops that you can customize to fit into your daily schedule based on your personal interest. You can choose only **one** (Option A **OR** Option B).

### Option A (6-hour Workshop Tracks) –

Sessions 1, 2 and 3 (Tuesday AM/PM and Wednesday AM). Tracks will be filled by first come, first served and may fill up quickly, so there is an advantage to registering early. **Choose 1 of the following workshop tracks: (Please note: If choosing Option A, do not choose workshops in Option B)**

**REPORTING:** Join the team of writers, photographers and videographers who put together the official news of State Teen Association Convention.

**BLASTING OFF FOR FINANCIAL SUCCESS:** This innovative track will ignite teens to blast-off into financial success and pursuit of a post-secondary education. Using award-winning games and workshops, youth will be given multiple opportunities to engage in hands-on activities and discussions that will give them the life skills they need to succeed.

**SHOOTING SPORTS:** Shooting sports is not just about shooting a firearm. It is a billion-dollar business and your 4-H shooting sports program can help you get in the door to a Fish & Game Field Officer, Hunter Education Instructor, Archery or Firearm Manufacturing, Wildlife Management and even Clothing Design! Join this track to learn more about the 4-H Shooting Sports program and where it might lead your future!

**LEADERSHIP AS A CAREER PATH:** Learn with the Idaho State 4-H Teen Officers about how to use the leadership skills you are developing now in high school, after high school, and beyond. Officers will share fun games and activities they have been learning from their experiences representing you at regional, state and national events.

**SEW YOUR WAY TO SUCCESS:** Make an upcycled shoulder bag, and learn about exploring production line sewing that can be used in fundraising or building a business.

**ANIMAL SCIENCE:** Come and explore the many facets of animal science, the different careers available and the latest technology in working livestock.



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## Option B (2-hour Workshops) –

Tracks will be filled by first come, first served and may fill up quickly, so there is an advantage to registering early. **Choose 3 different workshops from the following:**  
***(Please note: If choosing Option B, do not choose workshops in Option A)***

**FUN WITH LED'S (Offered Tuesday AM Only):** In this workshop students, will learn a little bit about electricity, Light Emitting Diodes (LED's), and soldering. We will discuss some basic ideas concerning electricity, including how LED's work. LED's are beginning to dominate our lighting needs, as they last for years and are more energy efficient than incandescent, fluorescent, and even CFL bulbs. The students will build a small LED blinker circuit during the workshop.

**TRAIN THE TRAINER (Offered Tuesday AM Only):** Running a successful fitness program will be conducted within one, two-hour session. The session will be directed towards participants who have interests in going into the health and fitness industry. The participants will learn 1) Recommended nutritional guidelines when participating in Physical Activity, 2) Metabolic System Requirements and Sustainability, 3) "How-to" effectively instruct one to two strength-training exercises per muscle group, and 4) Elements of successful exercise training programs.

**MEDICAL SCIENCES (Same workshop offered Tuesday AM & PM only):** Seventy-Five percent of undergraduate anatomy students at 2 or 4 year schools in the US study human anatomy with preserved cats or fetal pigs or from plastic models. But not at UI! Get up close and personable with our real human bones and our four human cadaver specimens in this workshop. Learn about degree programs and careers involving human anatomy and get hands on experience with cadavers that students don't normally see until graduate program

**LIVE AT THE IMPROV! (Offered Tuesday PM Only):** Work one on one with this year's Improv Entertainer, Max Gash! At this workshop, participate in practical exercises that will boost your creativity, positivity, develop new techniques on how to think "off the cuff", and collaborate with others. In addition, this group will have the opportunity to perform live with Max Gash at the Entertainment event prior to the Variety Show!

**BIO MECHANICAL HAND (Offered Wednesday AM only):** Design, build and evaluate an engineered human hand using everyday materials that will carry a glass of water. Learn about biomedical engineering, basic structure functions, and relationships in the limbs while you design and build your own biomechanical hand!

**EXTRACTING STRAWBERRY DNA (Offered Wednesday AM only):** Did you know strawberries are an exceptional fruit that can yield more DNA than any other fruit? Come to this workshop to discover the simple method to extract DNA and why it is important to extract DNA from organisms.



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**MAKE AT THE MILL (Same workshop offered 3 times):** Join us for a hands-on session in The MILL, UI Library's Making, Innovating, and Learning Laboratory. This workshop will provide an opportunity to engage with emerging technologies that offer the stepping stones for solving real world challenges of the future. Explore The MILL's many resources, including tools for fabricating and printing (3-D printer and vinyl cutter); open source electronic-based tools for coding and programming (Arduino, Raspberry Pi, and Makey Makey); and tools for virtual and augmented reality (Google cardboard, View-Master, and Leap Motion). Use your creativity and curiosity to collaborate with peers on a simple electronics-based project using Arduino to explore engineering and technology.

**AG EXPLORATION (Same workshop offered 3 times):** Explore the wide-open world of Agriculture through games and hands-on activities. From Risk Ranch Commodity Carnival to growing healthy soil this session allows you to explore and learn more about

**COMMUNICATION AND TEAMWORK: FOR NOW AND THE FUTURE (Same workshop offered 3 times):** Learn strategies for increasing communication and teamwork that can enhance every group you work with, now and in the future. Learning these exercises and activities will be hands-on fun that will help you to be a stronger leader in your 4-H club or your future career.

**EXPLORING YOUR VALUES, STRENGTHS AND INTERESTS: CHOOSING A CAREER PATH (Same workshop offered 3 times):** What do you want to do after you graduate? Come and learn from University of Idaho's Career Advisors and College of Agricultural and Life Sciences (CALS) staff about ways to find your values, strengths & interests when exploring careers and majors. Two activities about majors and careers will be offered: 1) use technology to discover your potential majors and careers you can explore 2) have fun discovering your personality preferences and how it can help you find your career goals! You'll leave knowing more about how to get your dream job!

**BLAST OFF...LIFT OFF...SUCCEED WITH IDAHO 4-H TEEN OPPORTUNITIES! (Same workshop offered 3 times):** We are "Blasting Off" to an exciting change in citizenship and leadership opportunities for all Idaho youth. This workshop will give you the information you need to become more involved and learn about the opportunities available. Starting now, Idaho youth can begin to engage in citizenship and leadership opportunities reaching from their local clubs, to regional trainings and continuing to statewide service and engagement. Join the team and Blast Off to a Galaxy of Opportunities right here in Idaho!

**PUTTING THE PIECES TOGETHER: PATH TO GOING ON - Build Your Future Program (Same workshop offered 3 times):** For youth who are participating in the Build Your Future Program. Come learn more about the path to your future career and how to plan the steps to reach your goals. Be sure to bring a resume or career portfolio with you to maximize your success in this workshop.



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## Career Tours

We will be taking off-campus tours to discover what types of post-secondary career options are available to us after high school. Tours will be filled by first come, first served and may fill up quickly, so there is an advantage to registering early. Bussing is provided for all off-campus tours.

**Gritman Medical Center** - Explore the world of medicine with professionals from Gritman Medical Center. Tour will include x-ray, phlebotomy, nursing, sports medicine/physical therapy.

**Agriculture - Pape Machinery** - From big machines to toys these agriculture equipment dealers provide our communities with equipment, jobs, parts and service across the Pacific Northwest. This tour also includes a trip to the dealership and a hands-on experience with ASM drone technology in the field.

**Bearable Dentistry/Palouse View Dental** - Get an in-depth look at the world of dentistry, including all new technology to reduce sleep apnea. From the front desk to the doctor, these two clinics will give you a peek at new technology and treatments available to patients.

**University of Idaho – ROTC** - Many young people are well aware of enlisting into the military but many do not know all of their options and the opportunities associated with becoming a military officer. We will discuss the difference between enlisted and officers' ranks and the ways in which people receive a commission as an officer. We will also focus on ROTC, going to college, joining the military and becoming an officer.

**Latah County Courthouse - Law, Court, Probation** - Explore the criminal justice system from the street to the courtroom with the Latah County Sheriff's Office, Prosecuting Attorney and Probation Officers.

**Journalism – Radio Station/Publications** - From sales to reporting to photographers and DJ's this session will showcase community radio and print journalism opportunities.

**Palouse Clearwater Environmental Institute** - Follow your leadership compass around the grounds of the Palouse Clearwater Environmental Institute to learn more about the experiences associated with the Nature Center and Environmental Education.

**Artisan Entrepreneurship – Local Small Business Tour** - Learn how to develop, market and successfully operate an artisan food business. We will be touring four locally owned and operated businesses including Hog Heaven Sausage Works, Moscow Brewing Company, Panhandle Artisan Bread Company and Sister's Cookie Company.

**Animal Agriculture** – Tour the dairy, beef and sheep research farm at the University of Idaho. Discover how their research relates to real world agriculture issues.



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**Biotracking** - Visit the world-wide headquarters of BioTracking, a global innovator of diagnostic tools to improve livestock health and production. BioPRYN® is the proven world leader in blood-based pregnancy testing. Explore the lab and then conduct some tests of your own.

**Schweitzer Engineering Laboratories** - Explore the real life world of engineering sciences at work.

**WSU Veterinary School** - Learn more about the veterinary sciences, what it takes to get there and all the support it takes to make a clinic work.



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