University of Idaho
Counseling Center & Testing Center
Practicum/Master's Internship Opportunities

Practicum/Master's Internship Training Program and Goals:

The University of Idaho Counseling & Testing Center offers a master's level graduate internship/practicum training program students enrolled in a graduate program in counseling or clinical psychology. Other qualified applicants may also be considered. This internship is designed for students who have studied basic counseling theories and techniques, and wish to gain experience counseling students in a college setting. Previous counseling experience or related experience is preferred. Each student receives 1.5-2 hour(s) of individual supervision and 3 hours of group training and supervision per week. Students must commit to a full academic year (both fall and spring semesters).

The objective of the internship program is to train ethical and competent mental health counselors by providing supervision and training in college counseling. The internship program provides structured training activities that take into account the needs, interests and backgrounds of each individual intern. Interns select their own goals, objectives, and areas of interest to meet their individual needs. This internship is designed for students who wish to develop and improve their skills by providing a variety of services offered to college students through a university counseling center. These services include Intake and Assessment, Individual Counseling, Career Counseling and Outreach. Additional services and training opportunities may include Consultation with the Health Center Psychiatrist and other staff, Biofeedback Training, and Group Counseling. Prerequisites for co-facilitating a group include completion of the first semester of internship, completion of Group Counseling and approval of the student's individual supervisor, group facilitator, and training coordinator.

The internship year is regarded as a time of integrating academic learning with direct clinical experience and professional development. The most important learning occurs through providing direct service under the supervision of a psychologist. Thus, the heart of the internship experience is intensive supervision in individual counseling. The internship year is also a time experiencing substantial growth toward being a professional counselor. The faculty at the Counseling & Testing Center is committed to facilitating the development of personal growth and professional identity of each intern through supervision, consultation, modeling, and mentoring.

Qualifications Needed For Internship

Previous counseling experience or related experience is strongly preferred. Prerequisites include the following UI courses or their equivalent at another institution:

Required Prerequisites

Theories and Applications of Counseling I
Theories and Applications of Counseling II
Case Conceptualization & Diagnosis (Psychopathology) can be concurrent with training
Ethics can be concurrent with training

Recommended Prerequisites

Individual Appraisal or Psychological Assessment
Career Counseling & Development
Psychopharmacology

Master's students must complete 50 clock hours for each credit they are registered for (150 total clock hours total for 3 credits), of which 40-50% must be direct client contact hours. Students enrolled in the Specialist or Doctoral degree program must complete 100 hours per credit (300 total clock hours for 3 credits), of which 40-50% of the total clock hours must consist of direct clinical work with clients.

How to Apply for Internship:

Contact the Practicum Training Coordinator, Brian Hopper, Psy.D. at 208-885-6716 or brianhop@uidaho.edu. Applications are accepted during Spring Semester for the following academic year. The deadline for applications is April 20th or until all vacancies are full.

After your application packet is received, the counseling center staff will review the applications and select finalists for personal interviews. Final selection is made on the basis of the individual's application packet, prior experience, a personal interview, and the projected needs of the Counseling Center & Testing Center. The Counseling & Testing Center has a limited number of vacancies for internship and may not be able to accept all qualified applicants.

UNIVERSITY OF IDAHO
COUNSELING CENTER & TESTING CENTER
APPLICATION FOR INTERNSHIP/PRACTICUM

1. Name:
2. Address:
3. Phone:
4. E mail Address:
5. Why do you want to complete an internship at the Counseling & Testing Center?

6. Please describe particular strengths or skills you would bring to the internship experience.

7. Describe your experience (including relevant coursework) with the following types of counseling:
   - Individual Counseling:

   - Couples Counseling:

   - Group Counseling:

   - Career Counseling:

   - Psychological Testing:

8. Please indicate areas in which you lack experience or skills:

9. Describe your current theoretical orientation to counseling.

10. What are your career goals?

Signature of Applicant:_____Date:_____

Application Deadline:
Completed application packets must be received no later than April 10, 2006 for priority consideration for the next academic year. Return packets to:
Dr. Brian Hopper, Psy.D.
University of Idaho, Counseling & Testing Center
PO Box 443140
Moscow, Idaho 83844-3140
Phone: 208-885-6716 FAX: 208-885-4354

University of Idaho
Counseling & Testing Center
Internship: Self-Evaluation Form

To Be Completed By Student Applicant

The following is a list of some of the abilities that we expect graduate students to demonstrate during their internship experience. Please rate yourself in the following areas as compared with your peers.

Name of Student_____

Date_____

1	2	3	4
NA	**Below Average**	**Average**	**Outstanding**

The Counseling Process

1. Establishes a good working relationship with clients _____
2. Explains the nature and objectives of counseling when appropriate _____
3. Is sensitive to client _____
4. Conveys warmth and acceptance to the client _____
5. Begins and ends sessions smoothly _____
6. Ability to handle crisis situations _____
7. Ability to use a variety of counseling techniques effectively _____
8. Appropriate handling of termination _____

Skills

9. Active listening _____
10. Non-verbal attending skills _____
11. Paraphrasing _____
12. Reflecting feelings _____
13. Summarizing _____

14. Ability to use confrontation appropriately _____

Client Conceptualization and Diagnosis

15. Ability to conduct a systematic and complete intake _____

16. Ability to formulate an appropriate diagnosis (DSM-IV) _____

17. Ability to formulate both short and long-term treatment goals _____

18. Ability to implement treatment plans effectively _____

Professional Standards and Behavior

19. Ability to relate to clients and colleagues in a professional manner _____

20. Awareness of and adherence to ethical and professional standards. _____

21. Appropriate professional identity (attire, behavior. etc.) _____

22. Attendance & Punctuality _____

23. Completes case reports and records punctually and conscientiously _____

Awareness of Self as a Therapist

24. Is aware of own feelings in the counseling session _____

25. Communicates own feelings to the client when appropriate _____

26. Is aware of impact of self on client _____

27. Ability to identify personal biases and limitations that may affect counseling and take appropriate action _____

General Supervision Comments

28. Accepts responsibility for learning _____

29. Ability to recognize the need for and seek supervisor consultation _____

29. Openness to feedback and suggestions _____

30. Ability to integrate supervisor feedback into counseling _____

31. Willingness to explore a personal issue which effects counseling _____

32. Appropriately self-reliant _____

33. Appropriately self-critical _____

34. Ability to manage personal stress/issues _____

Additional comments:

Signature:_____Date:_____

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University of Idaho
Counseling & Testing Center
Internship: Evaluation Form

To Be Completed By Practicum or Internship Supervisor
The student listed below is applying for an internship at the University of Idaho Student Counseling Center. We would appreciate your feedback about the applicant's readiness for placement. Thank you for taking the time to complete this evaluation.

Name of Supervisor & Site Location_____

Name of Student_____

Date_____

1	2	3	4
NA	**Below Average**	**Average**	**Outstanding**

The Counseling Process

1. Establishes a good working relationship with clients _____
2. Explains the nature and objectives of counseling when appropriate _____
3. Is sensitive to client _____
4. Conveys warmth and acceptance to the client _____
5. Begins and ends sessions smoothly _____
6. Ability to handle crisis situations _____
7. Ability to use a variety of counseling techniques effectively _____
8. Appropriate handling of termination _____

Skills

9. Active listening _____
10. Non-verbal attending skills _____
11. Paraphrasing _____
12. Reflecting feelings _____
13. Summarizing _____

14. Ability to use confrontation appropriately _____

Client Conceptualization and Diagnosis

15. Ability to conduct a systematic and complete intake _____

16. Ability to formulate an appropriate diagnosis (DSM-IV) _____

17. Ability to formulate both short and long-term treatment goals _____

18. Ability to implement treatment plans effectively _____

Professional Standards and Behavior

19. Ability to relate to clients and colleagues in a professional manner. _____

20. Awareness of and adherence to ethical and professional standards. _____

21. Appropriate professional identity (attire, behavior. etc.) _____

22. Attendance & punctuality _____

23. Completes case reports and records punctually and conscientiously _____

Awareness of Self as a Therapist

24. Is aware of own feelings in the counseling session _____

25. Communicates own feelings to the client when appropriate _____

26. Is aware of impact of self on client _____

27. Ability to identify personal biases and limitations that may affect counseling and take appropriate action _____

General Supervision Comments

28. Accepts responsibility for learning _____

29. Ability to recognize the need for and seek supervisor consultation _____

30. Openness to feedback and suggestions _____

31. Ability to integrate supervisor feedback into counseling _____

32. Willingness to explore a personal issue which effects counseling _____

33. Appropriately self-reliant _____

34. Appropriately self-critical _____

35. Ability to manage personal stress/issues _____

Recommendation

Based on my knowledge of this individual, my recommendation for placement as an intern at the University of Idaho Student Counseling Center is indicated below:

____Highly Recommend

____Recommend

____Do Not Recommend

Additional Comments:

Signature &Title_____

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REFERENCE
INTERNSHIP: COLLEGE COUNSELING

The student listed below is applying for an internship at the University of Idaho Counseling & Testing Center. We would appreciate your feedback about the applicant's readiness for placement. Thank you for taking the time to complete this evaluation.

Name of Person Providing Reference _____

Name of Student _____

Date _____

How long, and in what capacities have you known the applicant?

Please carefully assess the applicant in the following areas. In making your assessment, compare the applicant to other individuals you have known who have similar levels of experience and education.

	SUPERIOR	GOOD	AVERAGE	POOR	UNKNOWN
Intellectual ability					
Leadership					
Creativity/Innovation					
Motivation					
Self-discipline					
Cooperativeness					
Oral communication skills					
Written communication skills					
Initiative					
Reliability					
Emotional maturity					
Organizational skills					
Sensitivity to others					
Work habits					
Interpersonal effectiveness					

Sometimes check-off items do not provide the opportunity to characterize the applicant as fully as you would like. Please provide any additional comments.

Your overall assessment of this applicant's ability to complete an internship.

Highly Recommend ☐	Recommend with reservations ☐
Recommend without Reservation ☐	Do not recommend ☐

Signature _____

Date_____

Institution or Agency_____

Position_____

Telephone_____

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