



University of Idaho 4-H Youth Development Centennial Service to Community Ideas for the County and Local Level

1. Make Hero Packs for OMK: Operation Military kids to support local military families.
2. 100 letters challenge-write letters to soldiers letting them know you appreciate their service.
3. Give out 100 small American flags at a Memorial Day or July 4 parade. Put a sticker on each stick saying the flags were "given by _____ 4-H Club in honor of our country and the 100th birthday of Idaho 4-H."
4. Trick or Treat for UNICEF
5. Adopt a new immigrant family and help them connect to the community.
6. 100 handshakes "Pay it Forward."
7. Help an elderly neighbor-mow, pull weeds, shovel snow, paint.
8. 100 card challenge-make holiday cards for people in nursing homes, hospitals, meals on wheels trays.
9. Present special talents (music, dance, etc) to nursing homes.
10. Christmas caroling to elderly and shut-ins.
11. Organize a food drive for a local food bank. 100 cans (or 100 pounds) challenge might be appropriate for small club or maybe a larger challenge for bigger clubs or county-wide program.
12. Recycle discarded clothing into useful items for the needy.
13. Clean up and paint over graffiti.
14. Read books to children in a library program.
15. Collect old magazines and take them to day care centers.
16. 100 bag challenge-100 bags of trash collected. Could be done in highway clean up or park clean up.
17. Install 4-H stenciled trash cans in community parks.
18. Organize a community Arbor Day celebration-plant trees in public areas.
19. Plant wildflowers in public right of ways.
20. Build bird feeders to give to senior citizens or aviary societies.
21. 100 mile challenge-organize active wellness events such as bike rides or hikes, share health tips with participants.
22. 100 Blue Ribbon Recipes-collect 4-H recipes from the past and present.
23. Help cook and serve at center for homeless, soup kitchen, Ronald McDonald House.
24. Volunteer at the food bank/food pantry on a regular basis.



25. Deliver Meals on Wheels.
26. Design a flyer or after-school safety tips and deliver it to daycare centers and grade schools.
27. 100 books or toys collected challenge. Collect children's books, make them available to those in need or donate to Head Start, a shelter, or other non-profit organization.
28. Share your testimony before city, county boards and councils to address problems facing local youth.
29. Write or read letters for senior citizens who can no longer write or read.
30. Give 100 potted plants or flowers to nursing home patients.
31. Plant 100 trees campaign (or flowers or bulbs).
32. Volunteer at an animal shelter.
33. 100 kids explore science challenge-conduct a National 4-H Science Day experiment in your community.
34. Interview older alumni to preserve their 4-H stories in a video you create.
35. Sort robotics kits for your local 4-H Extension office.
36. Donate 100 cans of food to local food bank with 4-H stickers on them.
37. Donate 100 lbs of food to local food bank with 4-H stickers on them.
38. Plant 100 plants or flowers outside of Extension office.
39. Make 100 pillowcase dresses to donate to Africa (www.littledressesforafrica.org).
40. Donate 100 stuffed animals to police station.
41. Donate 100 text books to third world countries.
42. Make a wooden sign or banner for display at the town's entrance or other highly visible area to let people know Idaho 4-H is 100 years old and still young.
43. Decorate trash barrels at the county fair with the centennial logo and theme.
44. Make 100 baby quilts and donate to hospitals with newborns with serious health or economic challenges (NOTE: Check with health care providers on the appropriateness of quilts for infants to prevent risk of SIDS or other infant health risks).
45. Plan and plant a 4-H garden at the local county Extension office, local school, or church.
46. Hold a massive community service project/event with all 4-H'ers in county or district.
47. Collect 100 pairs of mittens, gloves, or hats and donate to a homeless shelter
48. Collect 100 pairs of socks and donate to shelters.



49. Make 100 table favors or small gifts for residents of the local nursing home.
50. Make 100 party favors for a local daycare or nursery school to celebrate a holiday or the Idaho 4-H Centennial.
51. Give out 100 balloons, pencils, or pins at your local county fair.
52. Bake 100 4-H cookies or cupcakes and give them to the local police, fire, and ambulance workers to say thank you for their service to the community.
53. Sew 100 hats, neck warmers, pairs of mittens and donate them.
54. Sew 100 lap robes for nursing home patients.
55. Decorate 100 4-H banners or flags to hang from lamp posts or buildings in your town or county.
56. Volunteer to lead the Pledge to the Flag at town meetings, city council meetings, county commission meetings, or any similar public meeting.
57. Paint a mural about the history of 4-H inside or outside of a local building.
58. Host an ice cream social and invite people in your town to celebrate the 100th birthday of 4-H.
59. Write letters to the editors of newspapers describing the difference 4-H has made in your life.
60. Build and put up 100 bat houses or bird feeders.
61. Give 100 potted plants or flowers to nursing home patients.
62. Donate 100 hours of service at a local agency.
63. Build or renovate a hiking trail in town and put up a sign dedicating your efforts in honor of the Idaho 4-H Centennial.
64. Read 100 books aloud to children at your local library or day care center.
65. Ask your town if you can paint some manhole covers with the 4-H clover.
66. Volunteer to sit for young children so their parents can attend parenting classes or important town meetings.
67. Raise money or donations to build and maintain a clover shaped flower or herb garden in your town.
68. Do face painting for free at a local event. Paint 4-H clovers on everyone!
69. Call your county 4-H professional and volunteer to help at the next county 4-H event.
70. Clean up a local park.
71. Conduct a "Color Me Green!" coloring contest for youth at local store who will display entries.
72. Help an elderly neighbor-mow, pull weeds, shovel snow, paint, or clean.



73. Have each 4-H member, club, and/or volunteer compile a list of 100 ways that 4-H has positively influenced their lives, family member, or someone they know.
74. Challenge all 4-H'ers to do 100 PSA's on local radio stations throughout the year.
75. Challenge each club to adopt an "honorary 4-H family" in need of a sponsor for the holidays.
76. Work with local county 4-H professionals to contact other states (or counties in Idaho) to arrange a "postcard exchange."
77. Host a county-wide arts and crafts contest or festival where 4-H'ers and volunteers make something that represents 4-H in the past, present, and future.
78. Host a local health fair where local health care providers are available to speak to families on a wide range of child and adult health issues.
79. Solicit 100 recipes from current and former club members. With each recipe, ask each contributor to share what 4-H has meant to him or her. Compile the recipes and put them in a simple book of recipes to distribute to club members or at events.
80. Coordinate a 10-K run/walk-a-thon or a 100 mile bike rally, or similar event with a centennial theme.
81. Collect 100 pictures from the past of 4-H events and activities. Donate them to the local county Extension office.
82. Organize a coat drive in which old coats are donated for use by needy people.
83. Decorate a Christmas tree at a nursing home, hospital, school or homeless shelter.
84. Deliver 100 May Day baskets.
85. Conduct an Easter Egg Hunt for needy children.
86. On St. Patrick's Day, don't only wear something green, care for something green!
87. Volunteer to return shopping carts during National Supermarkets Month in February.
88. Make 100 spring baskets for seniors' residential facility, neighbors or homeless shelters.
89. Make 100 Halloween Safety Kits for youth at local elementary schools.
90. On Johnny Appleseed Day in March, deliver apples to homeless shelters.
91. During July on National Cheer-Up Day, share a smile and cheer someone up.



92. Raise money for Braille or large print books for blind or visually impaired people.
93. Read books or the newspaper on tape for blind or visually impaired people.
94. Collect food and supplies needed for a local zoo or animal shelter.
95. Make 100 quilts for overseas, homeless.
96. Arrange for 100 lbs or 100 items of pet care/food products to food pantries.
97. Fill suitcases with personal care items to assist local battered women's shelters or other assistance organizations.
98. Create decorative shoeboxes filled with stationary items for children of offenders to write their incarcerated parent.
99. Volunteer at local soup kitchen.
100. Plan several Make It-Take It crafts and let children do them free at the fair, mall, or similar event.

