#### Purpose

University of Idaho Extension offers the Master Food Safety Advisor Program (aka Master Food Preserver) to teach participants how to safely preserve high-quality foods. After completion of the coursework, participants work with the community to complete their volunteer time (see Phase 2 – Volunteer Service). This is a great opportunity to share your knowledge.



## Who Can Apply?

- Anyone with an interest in food preservation and food safety
- Anyone with little to no food preservation experience
- Anyone interested in expanding and sharing their knowledge with others
- Anyone who enjoys being involved in their community
- Residents who live in Ada, Adams,
   Canyon, Elmore, Gem, Owyhee, Payette,
   Valley, or Washington Counties

## Training Phases

Phase 1 – Attend Each Educational Session
Bridget Morrisroe-Aman, Family & Consumer
Sciences Extension Educator, and Nikki
Telford, Family & Consumer Sciences Program
Coordinator, will teach the 7-week course. The
weekly classes will be in a hybrid format with
online modules, followed by in person, handson preservation labs to enhance your learning
experience.

#### **Topics include:**

- Canning Acid Foods (Fruits and Tomatoes)
- Canning Low-Acid Foods (Meats and Vegetables)
- Jams, Jellies, and Preserves
- Pickling
- Dehydration
- Food Safety
- Freezing Methods
- Teaching Tips and Aids

#### Phase 2 - Volunteer Service\*

Participants are required to complete 20 hours of volunteer service, which can be completed in their county of residence. Opportunities include answering food safety questions via phone, assisting with and/or teaching classes, staffing booths, and making displays.

Where and When: The course is offered weekly on Tuesdays at the UI, Ada County Extension office. Classes start February 1<sup>st</sup> – March 15<sup>th</sup>, 9a.m. – 3p.m.

### Certification

Participants are certified as University of Idaho Extension Master Food Safety Advisors when they have completed the 7- week course and 20 hours of volunteer service. Participants can recertify for the Advanced Master Food Safety Advisor Program in January of the following year.

## When Should I Apply?

A limited number of applicants are accepted each year on a first-come, first-served basis. An application will be mailed or emailed to those who complete this form.

#### **Application deadline:**

January 14, 2022



Cost - \$95 (with volunteer time)

\$95.00 fee includes a handbook, additional reference materials, food, lab supplies, and 40 hours of instruction time with hands-on labs

\*If participants are unable to complete the 20 hours of volunteer service or if you choose to complete only phase 1, participants will be charged an additional \$100.00 (\$195.00 total). Preference will be given to individuals interested in completing both phases.

# me an application for the Master Food Safety Advisor Program. E**mail:** ada@uidaho.edu Phone: (208) 287-5900 Zip Class fee is collected after your application has been submitted and your application has been approved. Day Phone City Mail, call or email us to request a MFSA Application: Food Safety Advisor Program Email (please print clearly) Please send Mail: Master Address Name





#### Questions? Contact Us

UI Extension, Ada County Nikki Telford FCS Program Coordinator 5880 Glenwood Boise, ID 83714 (208) 287-5900 ntelford@uidaho.edu

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## Learn or Enhance Your Food Preservation Skills



Taught by: Bridget Morrisroe-Aman, and Nikki Telford FCS Ada County Extension

Education Outreach through Volunteers