

Clothing – Sewing Expressions Skills Checklist Level 2

Mastering these sewing skills will provide a solid foundation upon which the member may build skills. To achieve success in this project the skills listed below will help 4-H leaders know what to teach and 4-H member to know what they need to learn. Have your leader initial and date each skill as completed. Each level may take more than one year to complete. You need to be able to check off 10-12 skills each year. 4-H member must complete Level 1 before beginning Level 2 and complete Level 2 before beginning Level 3, or have club leader and/or 4-H Professional approval to advance a level.

Level 2: Fashion Forward (complete a minimum of 10 skills each year for completion.

lls ea	s each year for completion.						
1.	Learn the difference between knit, woven, and						
	non-woven fabrics						
2.	Learn four different fiber contents and their						
	characteristics						
3.	Adjust pattern fit by making minor adjustments						
4.	Use a variety of interfacings						
	 Non-fusible 						
	 Fusible 						
5.	Use a different seam construction:						
	Flat Felled						
	French						
	Stretch Stitch						
6.	Use a different seam finish:						
	 Clean finish (turn under edge & stitch) 						
	• Pinked						
	 Zigzag 						
7.	Trim & grade enclosed seams						
	Sew a straight dart						
	Sew a curved dart						
10.	Sew a 2-ended dart						
11.	Apply a lapped zipper						
	Apply a centered zipper						
	Apply an invisible zipper						
	Make sleeve plackets						
15.	Attach a collar						
16.	Make gathers & ruffles						
	Attach a waistband						
18.	Construct belt loops						
	Attach buttons with built-in shank						
20.	Attach buttons thread shank						
21.	Hem by hand						
	Machine hem using blind hem						
	Reinforce crotch seam						
24.	Apply fly zipper						
	Use a fly front guard						

26. Learn about 3 different typ	es of hand sewing		
needles.		 	
27. Be able to identify a sleeve	roll	 	
28. Be able to identify a point p	oress	 	
29. Be able to identify a sleeve	board	 	
30. Learn to use a seam sealant	t for serged threads		
31. Learn to knot & clip serged	threads		
32. Learn to thread back through	gh stitched serging		
33. Sew a sample or a clothing	item using striped		
fabric		 	
34. Sew a sample or clothing it	em using plaid		
fabric		 	
35. Use a different pocket appl	ication:		
 Curved or shaped 		 	
 Pocket flaps 		 	
• Slot		 	
Inseam		 	
• Lined			
• Welt			
36 Sew a sample or clothing its	em with nleats		