



Clothing – Sewing Expressions Skills Checklist Level 2

Mastering these sewing skills will provide a solid foundation upon which the member may build skills. To achieve success in this project the skills listed below will help 4-H leaders know what to teach and 4-H member to know what they need to learn. Have your leader initial and date each skill as completed. Each level may take more than one year to complete. You need to be able to check off 10-12 skills each year. 4-H member must complete Level 1 before beginning Level 2 and complete Level 2 before beginning Level 3, or have club leader and/or 4-H Professional approval to advance a level.

Level 2: Fashion Forward (complete a minimum of 10 skills each year for completion.)

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|--------------------------------------------------------------------|-------|-------|
| 1. Learn the difference between knit, woven, and non-woven fabrics | _____ | _____ |
| 2. Learn four different fiber contents and their characteristics | _____ | _____ |
| 3. Adjust pattern fit by making minor adjustments | _____ | _____ |
| 4. Use a variety of interfacings | | |
| • Non-fusible | _____ | _____ |
| • Fusible | _____ | _____ |
| 5. Use a different seam construction: | | |
| • Flat Felled | _____ | _____ |
| • French | _____ | _____ |
| • Stretch Stitch | _____ | _____ |
| 6. Use a different seam finish: | | |
| • Clean finish (turn under edge & stitch) | _____ | _____ |
| • Pinked | _____ | _____ |
| • Zigzag | _____ | _____ |
| 7. Trim & grade enclosed seams | _____ | _____ |
| 8. Sew a straight dart | _____ | _____ |
| 9. Sew a curved dart | _____ | _____ |
| 10. Sew a 2-ended dart | _____ | _____ |
| 11. Apply a lapped zipper | _____ | _____ |
| 12. Apply a centered zipper | _____ | _____ |
| 13. Apply an invisible zipper | _____ | _____ |
| 14. Make sleeve plackets | _____ | _____ |
| 15. Attach a collar | _____ | _____ |
| 16. Make gathers & ruffles | _____ | _____ |
| 17. Attach a waistband | _____ | _____ |
| 18. Construct belt loops | _____ | _____ |
| 19. Attach buttons with built-in shank | _____ | _____ |
| 20. Attach buttons thread shank | _____ | _____ |
| 21. Hem by hand | _____ | _____ |
| 22. Machine hem using blind hem | _____ | _____ |
| 23. Reinforce crotch seam | _____ | _____ |
| 24. Apply fly zipper | _____ | _____ |
| 25. Use a fly front guard | _____ | _____ |

- [illegible]