



Quilt Quest Activities Checklist Year 1

Each year complete at least five activities from this Quilt Quest Checklist; make one quilt or two smaller quilted items; keep an *Idea Book*; give an oral presentation; and exhibit your project. It is recommended that you work closely with a knowledgeable and experienced quilter (adult helper) or volunteer). Have your adult helper or 4-H professional approve your completed activities.

Your Name:		
First Year - Complete at least five of the following activities:	Date Completed:	Approved By:
Make an Idea Book		
Do a Quilt Scavenger Hunt (Chapter 1, p. 21).		
Start a stash or Fabric Library (Chapter 1, p. 32, p.39 #1).		
Visit with or participate in a local quilt guild (Chapter 1, p. 39 #4).		
Make a fabric color wheel (Chapter 2, P. 73).		
Do Piecing a Nine Patch Block (Chapter 3, p. 89).		
Show examples of 10 different quilt designs (Chap. 2, p. 56, 64).		
Make a quilt using straight line blocks (p. 103, 109).		
Practice assembling techniques for holding the quilt sandwich together: hand running stitch or safety pins, (p. 137). Optional: use quilt tacks or spray glue.		
Finish the edge: knife edge or pillowcase finish (p. 96).		
Finish the quilt by tying (Chapter 3, p. 97-98).		
Name that Quilt Block (Chapter 4, p. 206).		
Make a label (Chapter 3, p. 142).		
Attend a quilt show.		
Do a community service project. An idea is help make a quilt or quilted item to be donated to an organization such as CASA (children in foster care), nursing or care home, hospital, Quilts of Valor, family shelter.		
Other		



Quilt Quest Activities Checklist Year 2

Each year complete at least five activities from this Quilt Quest Checklist; make one quilt or two smaller quilted items; keep an *Idea Book*; give an oral presentation; and exhibit your project. It is recommended that you work closely with a knowledgeable and experienced quilter (adult helper or volunteer). Have your adult helper or 4-H professional approve your completed activities.

Your Name:			
Second Year - Complete at least five of the following activities:	Date Completed:	Approved By:	
Study the history of quilts from other cultures (p. 262-265).			
Discuss design elements in quilts. Paste ideas in your Idea Book (Chapter 2, p. 48).			
Study contrast. Make 9 patch block from newsprint (Chapter 2, p. 50).			
Study color. Make a nine-patch block using colored magazine pictures (Chapter 2, p. 54).			
Design an 8-inch block using graph paper (Chapter 2, p. 57).			
Make half-square, quarter square triangles (p. 121-128, 143-146, 150-151).			
Practice assembling techniques for holding the quilt sandwich together: hand running stitch or safety pins, (p. 137). Optional: use quilt tacks or spray glue.			
Finish the edge: <ul style="list-style-type: none"> • Bias binding (p. 34-35) • Self-finished edge • Straight set binding (p. 107-108) • Double Fold Binding (p. 138-140). 			
Make a label (Chapter 3, p. 142).			
Make a machine quilted quilt.			
Attend a quilt show.			
Do a community service project. An idea is helping a quilting guild or group set up a quilt show.			

Quilt Quest Activities Checklist Year 3 or more

Each year complete at least five activities from this Quilt Quest Checklist; make one quilt or two smaller quilted items; keep an *Idea Book*; give an oral presentation; and exhibit your project. It is recommended that you work closely with a knowledgeable and experienced quilter (adult helper or volunteer). Have your adult helper or 4-H professional approve your completed activities.

Your Name:			
Third Year and additional years– Complete at least five of the following activities each year:	Date Completed:		Approved By:
Experiment with fabric fading (p. 187).			
Investigate the history of a specific quilt (p. 189-191, 208).			
Test for colorfastness (p. 201-203, p.222).			
Identify fibers (p. 196-198).			
Try an advanced technique: <ul style="list-style-type: none"> ▪ Appliqué (p.153-157) ▪ Curved Seams (p.158-159) ▪ Y-seams or set-in seams (p. 160-163) ▪ Foundation Piecing (165-168) ▪ T-shirt Block. 			
Practice assembling techniques for holding the quilt sandwich together: hand running stitch or safety pins, (p. 137). Optional: use quilt tacks or spray glue.			
Try Hand Quilting (p. 99-101).			
Finish the edge – advanced technique Self finished or bound edge with trim added such as: Piping, ruffles, picot, prairie points.			
Apply a hanging sleeve (p. 215-216).			
Make a quilted clothing item p. 149.			
Attend a quilt show.			
Make a quilt of 2 smaller quilted items.			
Make a quilted item with hand quilting.			
Make a label (Chapter 3, p. 142).			
Make something different out of a worn or recycled quilt (p.209).			
Study care and preservation of old and new quilts (p. 193-195, 217-219).			
Learn about diverse ways to display quilts (p. 211-216)			
Make a crazy quilt embellished with old lace and ribbons (p. 246).			
Make a quilt using old family pictures printed on fabric (p.246)			
Do a community service project. An idea is help make a quilt or quilted item to be exhibited as part of a community event.			
Other			