



**Enroll in ZSuite Under this Project Name:** HW-BABYSITTING

*Approved for 2023-24 Project Year*

**Project Description:** This project is part of the 4-H Military Partnership. Youth in this project will learn the ages and stages of child growth and development, gain safety skills and learn how to handle emergencies, and develop materials to market their babysitting services.

**REQUIRED YOUTH CURRICULUM**

[ZSuite 4-H Involvement Report](#)

[ZSuite 4-H Project Record Book](#)

**REQUIRED VOLUNTEER CLUB LEADER CURRICULUM**

- [4-H Army Child & Youth Services "I have what it takes to be YOUR Teen Babysitter guide., 2020](#)

**SUPPLEMENTAL RESOURCES**

Note: This project provides instructor guided activities for youth 13 years and older. It requires eight (8) hours to cover all lessons, with an option of six to eight (6-8) hours to complete first aid and CPR certification from a qualified instructor.



## PROJECT COMPLETION CHECKLIST

STATE REQUIREMENTS	
	Complete a minimum of two activities per lesson.
	Maintain a portfolio, which must contain at a minimum: <ul style="list-style-type: none"> <li>• Worksheets 1-5, completed</li> <li>• Handouts, checklists, surveys and questionnaires</li> </ul>
	Make a Babysitter's Magic Bag, and include a basic first aid kit (see Lesson 3)
	Complete the 4-H Project Record Book for this project in your ZSuite Member Account
	Fill out your 4-H Involvement Report in your ZSuite Member Account
	Give an oral presentation (speech, demonstration, or illustrated talk) to your 4-H peers on a topic related to this project. Recommended guidelines for length of oral presentations are: <ul style="list-style-type: none"> <li>• Junior: 5-8 minutes</li> <li>• Intermediate: 8-10 minutes</li> <li>• Senior: 10-12 minutes</li> </ul>
	Optional but encouraged: Pass a first aid/CPR course taught by a qualified instructor.

ADDITIONAL LOCAL REQUIREMENTS	

FAIR EXHIBIT CHECKLIST	
	Completed Idaho 4-H Involvement Report (ZSuite)
	Completed Idaho 4-H Project Record Book for this project (ZSuite)
	A poster (14" x 22") or display illustrating what you learned in the project this year. Consider including photographs of your Magic Bag.

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