



Enroll in ZSuite Under this Project Name: CTD-STEAM CLOTHING-Lv 3: A Stitch Further

Approved for 2023-24 Project Year

Project Description: In Level 3, youth learn advanced, couture techniques used by designers to create unique garments. Youth will take the science of textiles even further, and learn to sew garments with challenging patterns and fabrics, and learn how to sell professional-looking garments and accessories.

REQUIRED YOUTH CURRICULUM

[A Stitch Further: STEAM Clothing Level 3 \(4H2230\), 2014](#)

[STEAM Clothing: Maker's Guide to Sewing \(4H2240\), 2015](#)

[A Stitch Further Skills Checklist](#)

[ZSuite 4-H Involvement Report](#)

[ZSuite 4-H Project Record Book](#)

REQUIRED VOLUNTEER CLUB LEADER CURRICULUM

[A Stitch Further: STEAM Clothing Level 3 \(4H2230\), 2014](#)

[STEAM Clothing: Maker's Guide to Sewing \(4H2240\), 2015](#)

SUPPLEMENTAL RESOURCES

Note: The STEAM Clothing series is a combined leader/youth guide, with pages to print/copy for youth to complete as part of the activities. Each youth may complete and document activities in their own copy of the project guide OR complete activities on the copied pages and exhibit those completed pages instead. Youth are encouraged to repeat this project multiple years to build their basic skills before advancing to the next level of the STEAM Clothing series.



PROJECT COMPLETION CHECKLIST

| STATE REQUIREMENTS | |
|--------------------|--|
| | Complete and document at least seven (7) required and optional activities in the A Stitch Further STEAM Clothing Project Guide and document them in your ZSuite 4-H Record Book Activity Log. |
| | Complete at least 10 skills each year from the A Stitch Further Skills Checklist. Learned skills must be initialed and dated (MM/YY) by the adult project leader. |
| | Complete the 4-H Project Record Book for this project in your ZSuite Member Account |
| | Fill out your 4-H Involvement Report in your ZSuite Member Account |
| | Give an oral presentation (speech, demonstration, or illustrated talk) to your 4-H peers on a topic related to this project. Recommended guidelines for length of oral presentations are: <ul style="list-style-type: none"> • Junior: 5-8 minutes • Intermediate: 8-10 minutes • Senior: 10-12 minutes |
| | Complete any supplemental forms or activities required at the County level for your project (see below) and submit to the County Extension Office by the date specified. |

| ADDITIONAL LOCAL REQUIREMENTS | |
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| FAIR EXHIBIT CHECKLIST | |
|------------------------|---|
| | Completed Idaho 4-H Involvement Report (ZSuite) |
| | Completed Idaho 4-H Project Record Book for this project (ZSuite) |
| | A Stitch Further Skills Checklist |
| | A Stitch Further Project Guide (or photocopies of activities completed from the manual) |
| | Display one of the following: <ul style="list-style-type: none"> • A sewed item that includes at least three new sewing skills learned during the project year • A display or a poster (14" x 22") illustrating something learned in this project year. |