



Enroll in ZSuite Under this Project Name: CTD-STEAM CLOTHING-Lv 2: Simply Sewing

Approved for 2024-25 Project Year

Project Description: In Level 2, youth will prepare for more advanced sewing techniques and projects, conduct additional textile science experiments, focus on advanced engineering techniques, add finishing touches and style to garments, and market and calculate prices of finished projects.

REQUIRED YOUTH CURRICULUM

[Simply Sewing: STEAM Clothing Level 2 \(4H2220D\), 2014](#)

[STEAM Clothing: Maker's Guide to Sewing \(4H2240\), 2015](#)

[Simply Sewing Skills Checklist](#)

[ZSuite 4-H Involvement Report](#)

[ZSuite 4-H Project Record Book](#)

REQUIRED VOLUNTEER CLUB LEADER CURRICULUM

[Simply Sewing: STEAM Clothing Level 2 \(4H2220D\), 2014](#)

[STEAM Clothing: Maker's Guide to Sewing \(4H2240\), 2015](#)

SUPPLEMENTAL RESOURCES

Note: The STEAM Clothing series is a combined leader/youth guide, with pages to print/copy for youth to complete as part of the activities. Each youth may complete and document activities in their own copy of the project guide OR complete activities on the copied pages and exhibit those completed pages instead. Youth are encouraged to repeat this project multiple years to build their basic skills before advancing to the next level of the STEAM Clothing series.



PROJECT COMPLETION CHECKLIST

STATE REQUIREMENTS	
	Complete and document at least seven (7) required and optional activities in the Simply Sewing STEAM Clothing Project Guide and document them in your ZSuite 4-H Record Book Activity Log.
	Complete at least 10 skills each year from the Simply Sewing Skills Checklist. Learned skills must be initialed and dated (MM/YY) by the adult project leader.
	Complete the 4-H Project Record Book for this project in your ZSuite Member Account
	Fill out your 4-H Involvement Report in your ZSuite Member Account
	Give an oral presentation (speech, demonstration, or illustrated talk) to your 4-H peers on a topic related to this project. Recommended guidelines for length of oral presentations are: <ul style="list-style-type: none"> • Junior: 5-8 minutes • Intermediate: 8-10 minutes • Senior: 10-12 minutes
	Complete any supplemental forms or activities required at the County level for your project (see below) and submit to the County Extension Office by the date specified.

ADDITIONAL LOCAL REQUIREMENTS

FAIR EXHIBIT CHECKLIST	
	Completed Idaho 4-H Involvement Report (ZSuite)
	Completed Idaho 4-H Project Record Book for this project (ZSuite)
	Supplemental forms or materials required at the county level, submitted to the county Extension office by date specified
	Simply Sewing Skills Checklist
	Simply Sewing Project Guide (or photocopies of activities completed from the manual)
	Display one of the following: <ul style="list-style-type: none"> • A sewed item that includes at least three new sewing skills learned during the project year • A display or a poster (14" x 22") illustrating something learned in this project year.