

Clothing, Textiles & Design Sewing Expressions Lv 3-Refine Design

Enroll in ZSuite Under this Project Name: CTD-SEWING EXPRESSIONS-Lv 3: Refine Design

Approved for 2023-24 Project Year

Project Description: Youth in this project will continue to improve their sewing skills by learning advanced

techniques such as lining and underlining, making two-piece sleeves, and embellishing

garments.

REQUIRED YOUTH CURRICULUM

Refine Design - Level 3 Project Guide (08062), 2008

Refine Design (Sewing Expressions Level 3) Skills Checklist

Refine Design Skills Checklist Supplemental Information Sheet

ZSuite 4-H Involvement Report

ZSuite 4-H Project Record Book

REQUIRED VOLUNTEER CLUB LEADER CURRICULUM

Sewing Expressions Helper's Guide (08063), 2008

Refine Design Skills Checklist Supplemental Information Sheet

SUPPLEMENTAL RESOURCES

Note: Youth are encouraged to repeat this project multiple years to build their basic skills before advancing to the next level of the Sewing Expressions series.

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PROJECT COMPLETION CHECKLIST

| STATE REQUIREMENTS | | |
|--------------------|---|--|
| | Complete and document at least seven (7) required and optional activities in the | |
| | Refine Design Activity Guide each year. Your project leader must initial and date (MM/YY) each activity in | |
| | the guide as it is completed. | |
| | Learn 10-12 skills each year from the Fashion Forward (Sewing Expressions Level 2) Skills Checklist. | |
| | Learned skills must be initialed and dated (MM/YY) by the adult project leader. | |
| | Complete the 4-H Project Record Book for this project in your ZSuite Member Account | |
| | Fill out your 4-H Involvement Report in your ZSuite Member Account | |
| | Give an oral presentation (speech, demonstration, or illustrated talk) to your 4-H peers on a topic related | |
| | to this project. Recommended guidelines for length of oral presentations are: | |
| | Junior: 5-8 minutes | |
| | Intermediate: 8-10 minutes | |
| | Senior: 10-12 minutes | |
| | Complete any supplemental forms or activities required at the County level for your project (see below) | |
| | and submit to the County Extension Office by the date specified. | |

| ADDITIONAL LOCAL REQUIREMENTS | |
|-------------------------------|--|
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| FAIR EXHIBIT CHECKLIST | | |
|------------------------|---|--|
| | Completed Idaho 4-H Involvement Report (ZSuite) | |
| | Completed Idaho 4-H Project Record Book for this project (ZSuite) | |
| | Supplemental forms or materials required at the county level, submitted to the county Extension office by date specified | |
| | Refine Design Skills Checklist | |
| | Display one of the following: | |
| | A garment or outfit that includes at least three (3) new sewing skills learned during the current project year. | |
| | One or more non-clothing items that include at least three (3) new sewing skills learned during the current project year. | |
| | A display or a poster (14" x 22") illustrating something learned in this project year. | |

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