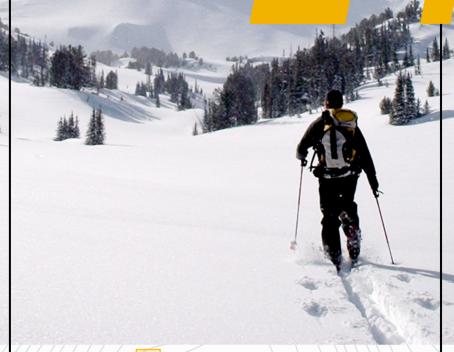


SPRING SCHEDULE OUTDOOR PROGRAM







at the University of Idaho

The University of Idaho Outdoor Program is a non-profit service organization providing the community with education and resources for adventure-based, human-powered, and environmentally sound activities. We promote teamwork, leadership, and growth through outdoor experiences.



What services are offered through the Outdoor Program?

Instructional Trips Resource Material

Cooperative Trips Trip Planning Assistance

Rental Equipment Equipment Repair

Outdoor Information Ski & Snowboard Tuning

How do trips work?

The Outdoor Program adventures fall into one (sometimes two) different categories of trips:



SKILLS-BASED: Trips that teach a specific skill for outdoor adventures kayak rolling, first-aid and avalanche education, as examples.



EUSTRESS: Trips that encourage positive growth and skill development. Expect a challenge, to deepen your outdoor knowledge and adventure to new terrain.



RESTORATIVE: Trips that encourage taking a break from the everyday hustle and bustle. Expect time for contemplation, discover a new paradigm and just have fun!

How much does it cost?

Cooperative trips are cost sharing. Listed fees can include transportation, instruction, and group gear (if necessary).

How does food and supplies work?

Unless specified, participants supply all their own food and sleeping supplies (ex. sleeping bags, tents, etc.). There are certain trips that include meal planning and purchasing. Required pretrip meetings are held to work out trip details.

What if I don't have the right equipment or supplies?

Personal equipment can be rented or purchased through the Outdoor Program Rental Center.

What does the "Iconic Idaho Experience" mean?



Big wilderness, scenic rivers, breathtaking mountain lakes, jagged peaks and more. These trips embody places that are iconic Idaho adventures. Do one a year and hit them all by the time you graduate.

How do I participate?

Registration for trips is completed in person at the Outdoor Program office located in the Student Recreation Center (SRC). All sign-ups open on the first day of the semester and are first-come, first-served.

Registration closes 24 hours before pre-trip. Each program lists details regarding cost, required pre-trip meeting, and trip specifics. Transportation is usually included.

Fees are due to confirm program reservation and are non-refundable. Non-university students may be charged an additional fee, which will be listed in the p Cash rancheck atindy!

Release of liability form, health screening questionnaire, packing list, and course information will be emailed out to participants after sign-up.

Required pre-trip meetings will happen in person or virtually depending on the program. Stop by the Outdoor Program Office or call for additional information.



INTRO OUTDOOR

Snowshoe Hike

MOSCOW MOUNTAIN, IDAHO



Eniov a snowy hike on Moscow Mountain to kick off the semester. Includes equipment, instruction and transportation.

Students | \$25

All Others | \$40

Trip | January 13

Pre-Trip | January 11 at 5:30 p.m.

Earth Day Hike

MOSCOW MOUNTAIN, IDAHO



Hike to scenic view paths to our local hill. Includes equipment and transportation.

Students | \$20

All Others | \$30

Trip | April 20

Pre-Trip | April 18 at 5:30 p.m.

Intro to Whitewater Kayak Clinic

UI SWIM CENTER



Come learn the fundamentals of how to outfit, paddle and wet exit a whitewater kayak. Includes equipment and instruction.

Students | \$40

All Others | \$60

Clinic | March 27 from 7 - 9 p.m.



Backcountry Film FestivalKENWORTHY THEATER

Join us for the 19th Annual screening of documentaries and ski movies about athletic pursuits in the mountains.





BUY TICKETS HERE!

Cost | \$12

Event | January 17 at 7 p.m. | Doors open at 6:30 p.m.





WOMEN-LED PROGRAMMING

Open to all genders

Snowshoe Hike

MOSCOW MOUNTAIN, IDAHO



Hike in a winter wonderland close to Moscow and enjoy views of the Palouse. Includes equipment, instruction and transportation.

Students | \$25

All Others | \$40

Trip | February 3

Pre-Trip | February 1 at 5:30 p.m.

River Canyon Backpack





HELLS CANYON, IDAHO

Come explore the deepest canyon in the United States, visit a historic ranch, and fall asleep listening to the Snake River. Includes transportation and group equipment.

Students | \$40

All Others | \$60

Trip | April 27 - 28

Pre-Trip | April 25 at 5:30 p.m.

HIKE & CLIMB

Utah Canyonlands Backpack



GRAND STAIRCASE - ESCALANTE, UTAH

Discover the maze of red sandstone canyons that winds through southern Utah. This trip is designed for individuals of any skill level.

Students | \$210

Trip | March 10 - 16

All Others | \$290

Pre-Trip | March 6 at 5:30 p.m.

River Canyon Backpack



SELWAY RIVER, IDAHO

Hike and camp along this iconic wild and scenic river. Includes transportation and group equipment.

Students | \$40

ts | \$40 All Others | \$60

Trip | April 20 - 21

Pre-Trip | April 17 at 5:30 p.m.

CLIMBING CENTER

Open Climbing Hours

Monday - Friday | Noon - 9 p.m.

Saturday - Sunday | Noon - 7 p.m.

Climbing Gear Rentals

Harness | \$4 Climbing Shoes | \$4

Free Rental Fridays

January 26 | February 23 | March 29 | April 26

Youth Open Climb

Thursday - Friday | 3 - 6 p.m.

Saturday - Sunday | 12 p.m. - 7 p.m.

Open during academic holiday breaks.

Basic Climbing Clinics

Required for climbing.

Monday, Tuesday, Thursday, Friday | 6 p.m.

Students | \$10 All Others | \$15

First Week Basic Climbing Clinics

If you're new to climbing, come on in and get a basic clinic out of the way to enjoy the Climbing Center throughout the school year. Includes shoes, harness, and belay device.

Students | \$10 **All Others** | \$15

Clinic Dates | January 10 - 12 from 6 - 8 p.m.









CLIMBING CENTER

Aerial Arts Clinic



UI CLIMBING CENTER

Join us at the Climbing Center on the first Wednesday of every month to learn aerial arts skills. All clinics are from 6 - 8 p.m. Clinics are limited to 20 participants.

Cost | \$10

January 17 | February 7 | March 6

Intro to Lead Climbing Clinics



Learn lead climbing skills from our staff on the following Wednesdays throughout the spring semester. Clinics are from 6 - 8 p.m.

Students | \$10

All Others | \$15

January 24 | February 14 | February 21 | April 17 | April 24 | May 1

NC3 Palouse Climbing Festival

Visit uidaho.edu/outdoorprogram for registration link

Festival | March 2 at 8 a.m. - 6 p.m.

Early Registration | \$35

Regular Registration | \$40 February 19 - March 2

Ends February 18

CLIMBING CENTER

Single Pitch Instructor Prep Series



UI CLIMBING CENTER

Learn technical skills to advance your proficiency in outdoor top rope and lead climbing. Sign up at the Outdoor Program.

Lead Climbing

Learn the techniques of how to climb inside and at the crag using your own rope and equipment.

Cost | \$15

Class | March 20 at 6-8 p.m.

Anchor Building

Learn how to use various materials and gear to build solid anchors for climbing.

Cost | \$15

Class | March 27 at 6-8 p.m.

Sport Climbing

Learn industry standard methods of how to climb and clean a route outside, with bolted routes.

Cost | \$15

Class | April 3 at 6-8 p.m.

Rappelling

Yay! You've gotten to the top, now what? Learn how to effectively set up and use a rappel system.

Cost | \$15

Class | April 10 at 6-8 p.m.





Avalanche Rescue Fundamentals

MOSCOW MOUNTAIN, IDAHO



Learn the basics of avalanche rescue with a focus day practicing skills like beacon recovery, strategic shoveling and team rescue. Includes rescue equipment and instruction.

Students | \$90

All Others | \$125

Field Session | January 13

Class | January 12 at 5:30 p.m. **SRC Classroom**

Avalanche Level 1 Course

SILVER VALLEY, IDAHO



Learn avalanche basics, terrain management, snowpack formation, and planning, communication and decision making frameworks in this 24-hour course. Includes group equipment and instruction.

Students | \$315

All Others | \$365

Field Session | January 27 - 28 Class | January 24 and 25 at 5:30 p.m.

SRC Classroom

Avalanche Level 2 Course

WALLOWA MOUNTAINS, OREGON



If you've taken the Level 1 and Avalanche Rescue and are continuing to venture into the winter backcountry, then the Level 2 course is for you. Build upon the foundation you developed during your prior training. Gain a deeper understanding of the nuances and intricacies of avalanches. Includes transportation, instruction, group equipment and lodging.

Contact Outdoor Program for more information on signing up and pricing.

Trip | March 9 - 12

Class | March 5 & 7 at 5 p.m.

SRC Classroom

SNOW

Cross Country Ski Tour

MOSCOW MOUNTAIN, IDAHO



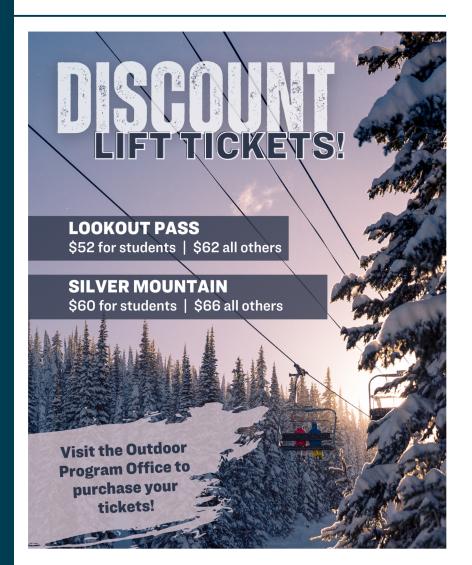
Enjoy a snow-filled adventure on groomed XC trails on the UI Experimental Forest. Includes transportation and equipment.

Students | \$30

All Others | \$45

Trip | January 20

Pre-Trip | January 18 at 5:30 p.m.





Mountain Express Ski Bus

LOOKOUT PASS, IDAHO

Trip | January 27



Let us drive you to the mountain! Includes transportation and lift ticket.

Students | \$72 **All Others** | \$82

Pre-Trip | January 26 at 5:30 p.m.

Aneroid Basin Backcountry Ski Trip

WALLOWA MOUNTAINS, OREGON

Ski or splitboard in the heart of the Wallowas to a backcountry hut on this classic Outdoor Program trip. Includes transportation and group equipment.

Ride Only | \$20

Students | \$50 **All Others** | \$75

Trip | February 1 - 4 Pre-Trip | January 29 at 5:30 p.m.

Mountain Express Ski Bus



SILVER MOUNTAIN, IDAHO

Let us drive you to the mountain! Includes transportation and lift ticket.

Students | \$80 All Others | \$86

Trip | February 11 Ride Only | \$20

Pre - Trip | February 9 at 5:30 p.m.

Backcountry Ski Day

WHERE THE BEST SNOW IS!, PNW



Backcountry ski or splitboard where the best powder in the PNW is at time of trip! Location will be finalize in pre-trip meeting.

Students | \$40 All Others | \$60

Trip | February 17 Pre-Trip | February 15 at 5:30 p.m.

WATER

Potlatch Rafting

POTLATCH RIVER, IDAHO



Enjoy an exciting whitewater rafting trip on the Potlatch River. Includes group equipment and transportation.

Students | \$85

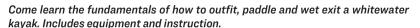
All Others | \$100

Trip | March 23

Pre-Trip | March 21 at 5:30 p.m.

Intro to Whitewater Kayak Clinic

UI SWIM CENTER



Students | \$40

All Others | \$60

Clinic | March 27 from 7 - 9 p.m.

Open Kayak Pool Sessions



UI SWIM CENTER

Includes equipment.

Cost | \$5

Clinic | March 27, April 3 and April 10 from 7 - 9 p.m.

Swiftwater Rescue Training

POTLATCH RIVER, IDAHO





Learn how to rescue yourself, others and equipment in swiftwater scenarios. Includes equipment and SRT certification. Taught by Swiftwater Safety Institute.

Cost | \$335

Class | April 5 from 5 - 8 p.m. SRC Classroom Field Sessions | April 6 - 7



Advanced Whitewater Kayak Clinic

UI SWIM CENTER



Come learn advanced whitewater kayak skills. Includes equipment and instruction.

Students | \$40

All Others | \$60

Clinic | April 3 from 7 - 9 p.m.

Overnight Rafting Trip

LOWER SALMON, IDAHO





Enjoy a relaxing weekend rafting trip. Includes transportation, equipment and instruction.

Students | \$150

All Others | \$200

Trip | April 27 - 28

Pre-Trip | April 24 at 5:30 p.m.

Oregon Coast Surfing

CANNON BEACH, OREGON



Enjoy the beauty of the Oregon Coast with this three-day surfing trip. Includes transportation, camping, group equipment, board rental and four-hour instruction. Leaves the evening of May 2.

Students | \$220

All Others | \$275

Trip | May 2 - 5

Pre-Trip | April 29 at 5:30 p.m.



Get in TOUCH!

Outdoor Program Office: 208-885-6810

Rental Center: 208-885-6170 uidaho.edu/outdoorprogram

@UI_OutdoorProgram | #VentureLikeAVandal

Outdoor Program Office: 9 a.m. - 5 p.m. | Rental Center: 10 a.m. - 6 p.m.



JANUARY 17 | 7 P.M.

KENWORTHY PERFORMING ARTS CENTRE

508 S. MAIN STREET, MOSCOW, ID

































ROCKY MACKCOUNTRY