## Your Public Health Road Map at the University of Idaho

The field of public health encompasses many areas of study. Some specific courses to set you on a path towards public health at the University of Idaho are listed below. To learn more, contact Professor Helen Brown <a href="mailto:helenb@uidaho.edu">helenb@uidaho.edu</a>.

**HS 328**- **Community Health- Theory, Systems, and Practices** -Step into the world of community/public health, past, present, and future. (F)

**HS 301**- **Peer Health Education**- Explores health education and promotion in a college environment. Gain skills, become certified as a Peer Health Educator. (F)

**HS 423- School Health Education Methods and Administration-**Prepares preprofessionals to develop curriculum and teach standards-based health education in schools and in group settings. (F)

**HS 450- Critical Health Issues** – Examines important health issues in the nation and world from a prevention lens (F)

**HS 490**- **Health Promotion-** Explores theories, tools, and science-based strategies for assessing and promoting individual and population health. (S)

**HS 486/586**- **Healthy Active Lifestyle Assessment and Intervention**- A "go do" course, students assess and create plans to address a campus, school, and/or community health issue. (S)

**HS 404- Comparative Health Systems-**Study and travel to the UK-London to explore the public health history and compare the UK health system to our own.

These courses prepare you for entry level work in public health and/or admission to graduate school to obtain a Master of Public Health, Master of Health Administration, Master of Health Education, and many more exciting professional degree options. Many professional medical sciences programs (medicine, nursing, dental, OT, PT, pharmacy, etc.) have dual MPH programs!)