# **CURRICULUM VITAE**

University of Idaho

NAME: James M. May

DATE: January 2019

RANK OR TITLE: Clinical Assistant Professor

**DEPARTMENT:** Movement Sciences

OFFICE LOCATION AND CAMPUS ZIP:

University of Idaho PO Box 442401 PEB 204

Moscow, ID 83844-2401

**OFFICE PHONE:** 208-885-0355

FAX: 208-885-5929

EMAIL: mayj@uidaho.edu

WEB: N/A

DATE OF FIRST EMPLOYMENT AT UI: August 2014

**DATE OF TENURE:** (Year or untenured)

DATE OF PRESENT RANK OR TITLE: August 2014

# **EDUCATION BEYOND HIGH SCHOOL:**

**Degrees:** (List most recent degree first: Degree, institution name, city, state, date, major or area of specialization.)

Doctor of Atheltic Training, *University of Idaho*, Moscow, ID, May 2014 Specialization: Athletic Training

Master of Science: University of Nevada, Reno, NV, May 1998

Specialization: Health Wellness & Exercise Science / Atheltic Training

Bachelor of Science: California State Polytechnic University, Pomona, CA, May 1996

Specialization: Physical Education / Athletic Training

## Certificates and Licenses:

Licensed Athletic Trainer, *Idaho Board of Medicine* #AT-536 Certified Athletic Trainer, *National Athletic Trainers Association* #079602616 Certified Professional Rescuer - *American Red Cross, CPR/AED* 

#### **EXPERIENCE:**

Teaching, Extension and Research Appointments: (List position titles and locations since receipt of Bachelor's degree)

Clinical Assistant Professor Department of Movement Sciences University of Idaho, Moscow, ID August 2014 to Present

Adjunct Professor

College of Health Sciences and Human Performance - Athletic Training Lynchburg College, Lynchburg, VA

Spring 2011

Adjunct Professor

College of Arts and Sciences - Athletic Training University of La Verne, La Verne, CA Fall 2005 & Fall 1998 to Spring 2000

Academic Administrative Appointments: (List position titles and locations since receipt of Bachelor's degree

Clinical Education Coordinator, Doctor of Athletic Training Program University of Idaho, Moscow, ID Fall 2015 - Present

Clinical Education Coordinator, Master of Science Athletic Training Program University of Idaho, Moscow, ID November 2014- Spring 2015

Non-Academic Employment including Armed Forces: (List title, brief description, date)

Director of Athletic Training Services Lynchburg College, Lynchburg, VA Fall 2006 to Spring 2014

Managed all phases of athletic training service within athletic department of 21 NCAA sponsored sports. Directly surprised and managed: 3 full-time staff athletic trainers, operational budget, intercollegiate insurance, drug and alcohol screening program, pre-participation screenings, and all health care provided to the 450+ intercollegiate student-athlete population.

Head Athletic Trainer

University of La Verne, La Verne, CA

Fall 2000 to Spring 2006

Managed all phases of athletic training service within athletic department of 19 NCAA sponsored sports. Directly surprised and managed: 3 staff athletic trainers, operational budget, intercollegiate insurance, preparticipation screenings, and all health care provided to the 350+ intercollegiate student-athlete population.

Assistant Athletic Trainer
University of La Verne, La Verne, CA
Fall 1998 to Spring 2000

Assisted all phases of athletic training service within athletic department of 19 NCAA sponsored sports.

Graduate Assistant Athletic Trainer / Head Athletic Trainer University of Nevada, Reno, NV / Reno High School, Reno, NV Managed all phases of athletic training services for Reno High School interscholastic student-athlete population.

**Consulting:** (List company/institute name, title, brief description, date) N/A

# TEACHING ACCOMPLISHMENTS: (Academic and Extension teaching)

Areas of Specialization: Athletic Training

Courses Taught: (title, course number, date(s))

University of Idaho, Moscow, IDDate(s)Action Research in Patient Care (AT 621)Fall 2018Clinical Residency (AT 640)Fall 2016, 2017, 2018Clinical Residency (AT 642)Fall 2016, 2018

Clinical Residency (AT 641)

Leadership and Mentoring in AT Clinical Practice (AT 607)

Advanced Evidence-Based Practice in AT (AT 611)

Advances in Manual Therapy and Practice (AT 611)

Dissertation in Athletic Training (AT 625)

Scientific Writing for Publication in Patient Care (AT 625)

Advanced Action Research (AT 622)

Current Issues in Clinical Practice (AT 630)

Holistic Foundations of Pain in Patient Care (AT 630)

Current Issues in Clinical Practice (AT 547)

# Lynchburg College, Lynchburg, VA

Basic Athletic Training Skills (AT 175)

#### University of La Verne

Evaluation and Assessment of Athletic Injuries: LE (MSS 324)

Clinical Skills

Spring 2016, 2017

Summer 2015, 2016, 2017, 2018

Summer 2015, 2016, 2017

Summer 2018

Spring 2015, 2016, Fall 2017

Fall 2018 Spring 2015 Fall 2014, 2015

Fall 2018

Fall 2014, 2015

#### <u>Date</u>

Spring 2011

# Date(s)

Fall 2005

Fall 1998 – Spring 2000

#### Students Advised:

Undergraduate Students: (advised to completion of degree, number per year) N/A

#### Graduate Students:

Advised to completion of degree-major professor (student name, degree, and date)

Major Professor, DAT, Doctor of Athletic Trainer, 2014-2016 Major Professor, DAT, Doctor of Athletic Trainer, 2014-2017 Major Professor, DAT, Doctor of Athletic Trainer, 2015-2017 Major Professor. DAT, Doctor of Athletic Trainer, 2015-2017 Major Professor, DAT, Doctor of Athletic Trainer, 2015-2017

Advised for part of course of study (student name, degree, and date)

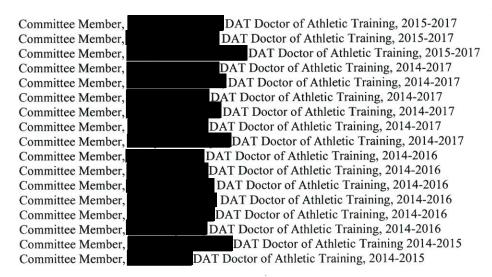
Major Professor. DAT Doctor of Athletic Training, 2017-Present Major Professor, DAT Doctor of Athletic Training, 2017-Present DAT Doctor of Athletic Training, 2017-Present Major Professor, Major Professor, DAT Doctor of Athletic Training, 2016-Present Major Professor, DAT Doctor of Athletic Training, 2016-Present Major Professor, DAT Doctor of Athletic Training, 2016-Present Major Professor, DAT, Doctor of Athletic Trainer, 2015-2016 Major Professor, DAT, Doctor of Athletic Trainer, 2015-Present Major Professor. DAT, Doctor of Athletic Trainer, 2014-2015

Served on graduate committee (student name, degree, and date)

Committee Member, DAT Doctor of Athletic Training, 2016-Present Committee Member. DAT Doctor of Athletic Training, 2016-Present Committee Member. DAT Doctor of Athletic Training, 2016-Present Committee Member. DAT Doctor of Athletic Training, 2016-Present Committee Member, DAT Doctor of Athletic Training, 2016-Present DAT, Doctor of Athletic Trainer, 2014-2015 Committee Member, Committee Member, DAT Doctor of Athletic Training, 2014-2017 Committee Member, DAT Doctor of Athletic Training, 2014-Present Committee Member. DAT Doctor of Athletic Training, 2014-2015 Committee Member, DAT Doctor of Athletic Training, 2014-2015

Served on graduate committee until completion (student name, degree, and date)

Committee Member, DAT Doctor of Athletic Training, 2014-2017 DAT Doctor of Athletic Training, 2014-2017 Committee Member, Committee Member. DAT Doctor of Athletic Training, 2015-2017



Materials Developed: (non-scholarship activity)

# **Courses Developed:**

Current Issues in Clinical Practice (AT 547) - Fall 2014

#### Non-credit Classes, Workshops, Seminars, Invited Lectures, etc.:

May J. Lumbar Spine, Pelvis, and Lower Extremity Assessment. Invited Group Leader, WWAMI, Moscow, ID. October, 2016

May J, Brody K. Physician & Athletic Trainer Sports Medicine Response. Invited Lecturer, WWAMI, Pullman, WA. April 2015

May J, Bowman, T. Concussion Review. Invited Lecturer, Blue Ridge Lacrosse Coaches' Clinic. Lynchburg, VA. March 2012

May J. Nutritional Concepts associated with Ironman Triathlon, Invited lecturer, Lynchburg College Exercise Physiology Program, Lynchburg, VA. Fall 2010 & 2011

May J. Therapeutic Exercises for the Overhand Throwing Athlete, Fall 2011, AT 350 Therapeutic Exercise for Athletic Injuries

May J. Open vs. Closed Chain Exercise, Invited lecturer, Lynchburg College Athletic Training Program, Lynchburg, VA. Fall 2010

May J. Strategies for Developing Athletic Training Staff Increases, Invited lecturer, Lynchburg College Athletic Training Program, Lynchburg, VA. Spring 2008-2010

#### **Honors and Awards:**

**SCHOLARSHIP ACCOMPLISHMENTS:** (Including scholarship of teaching and learning, artistic creativity, discovery, and application/integration)

#### Publications, Exhibitions, Performances, Recitals:

**Refereed/Adjudicated:** (i.e. books, book chaps. journals, proc., abstr., etc.; provide citations-author, date, title, publisher)

Peer Reviewed/Evaluated: (i.e. journals, articles, proceedings, abstracts, etc.)

Vollavanh L, O'Day K, Koehling E, May J, Breedlove K, Breedlove E, Nauman E, Bradney D, Goff E, Bowman T. (2018) Effect of Impact Mechanism on Head Accelerations in Men's Lacrosse Athletes. *Journal of Applied Biomechanics*, 34, 396-402.

Baker R, Start A, Larkins L, Burton D, May J, (2018) Exploring the preparation, perceptions, and clinical profile of Athletic Trainers who use Instrument-Assisted Soft Tissue Mobilization. *Athletic Training Sports health Care*. 10(4): 169-180.

Gamma S, Baker RT, Iorio S, Nasypany A, May J, Seegmiller JG. (2018). Comparing the immediate effects of a Total Motion Release warm-up and a dynamic warm-up protocol on the dominant shoulder in baseball athletes. Journal of Strength and Conditioning Research, 00(00): 1-7.

Scifers J, Ballard E, Fontenot M, May J. (2018). Neurodynamics: Clinical Roundtable. Athletic Training & Sports Health Care, 10(4): 149-153.

Hudson R, Richmond A, Sanchez B, Stevenson V, Baker R, May J, Nasypany A, Reordan D. (2018). Innovative treatment of clinically diagnosed meniscal tears: a randomized sham-controlled trial of the Mulligan concept 'squeeze' technique. Journal of Manual & Manipulative Therapy, DOI: 10.1080/10669817.2018.1456614

Lawson B, Williamson J, Baker R, May J, Larkins L, Nasypany A. (2018) Examining the effect of the Mulligan concept fibular repositioning taping technique after a lateral ankle sprain. *Athletic Training & Sports Health Care*. 10(1): 41-45.

Baker R, Start A, Larkins L, Burton D, **May J**. (2018). Exploring the Preparation, Perceptions, and Clinical Profile of Athletic Trainers Who Use Instrument-Assisted Soft Tissue Mobilization. Athletic Training & Sports Health Care, 10(4)169-180.

Andrews D, Odland-Wolf K, **May J**, Baker R, Nasypany A, Dinkins E. (2018). Immediate and short-term effects of mulligan concept positional sustained natural apophyseal glides on an athletic young-adult population classified with mechanical neck pain: an exploratory investigation, Journal of Manual & Manipulative Therapy, <a href="https://doi.org/10.1080/10669817.2018.1460965">https://doi.org/10.1080/10669817.2018.1460965</a>

Andrews D, Odland-Wolf K, **May J**, Baker R, Nasypany A. (2018). The Utilization of Mulligan Concept Thoracic Sustained Natural Apophyseal Glides on Patients Classified with Secondary Impingement Syndrome: A Multi-Site Case Series. International Journal of Sport and Physical Therapy, 13(1): 121-130.

Chapman E, Nasypany A, May J, Henry T, Hummel C, Jun HP. (2017) Investigation of the Rosenbaum Concussion Knowledge and Attitudes Survey in collegiate athletes. *Clinical Journal of Sport Medicine*, June 14.

Bonser R, Hancock C, Hansberger B, Loutsch R, Stanford E, Zeigel A, Baker R, May J, Nasypany A, Cheatham S. (2017) Changes in hamstring range of motion after neurodynamic sciatic sliders: A critically appraised topic. *Journal of Sport Rehabilitation*, 4(26):311-315.

Brody K, Nasypany A, Baker R, **May J**. (2017) Analysis of patient outcomes using the myokinesthyetic system for the treatment of low back pain: a case series. *Journal of Chiropractic Medicine*, 16: 111-121.

Cramer J, Quintero M, Rhinehart, A, Rutherford C, Nasypany A, May J, Baker R. (2017) Exploration of score agreement on a modified upper quarter Y-balance test kit as compared to the upper quarterly Y-balance test. *The International Journal of Sports Physical Therapy*, 12(1): 117-124.

Hudson R, Baker R, May J, Reordan D, Nasypany A. (2017) Novel treatment of lateral ankle sprains using the Mulligan concept: an exploratory case series analysis. *Journal of Manual & Manipulative Therapy*, 25(5): 251-259.

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May J, Nasypany A, Paolino J, Baker RT, Seegmiller JG. (2017) Patient Outcomes Utilizing the Mulligan Concept of MWM to Treat Intercollegiate Patients Diagnosed with Lateral Ankle Sprain: An a Priori Case Series. *Journal of Sport Rehabilitation*, 26: 486-496.

O'Day K, Koehling E, Vollavanh L, Bradney D, **May J**, Breedlove K, Breedlove E, Blair P, Nauman E, Bowman T. (2016) Comparison of head impart location during games and practices in division III men's lacrosse players. *Clinical Biomechanics*, 43: 23-27.

Hansen-Honeycutt J, Chapman E, Nasypany A, Baker R, May J. (2016) A clinical guide to the assessment and treatment of breathing pattern disorders in the physically active: part 2, a case series. *International Journal of Sport Physical Therapy*, 11(6): 971-979.

Chapman E, Hansen-Honeycutt J, Nasypany A, Baker R, **May** J. (2016) A clinical guide to the assessment and treatment of breathing pattern disorders in the physically active: part 1. *International Journal of Sport Physical Therapy*, 11(5): 803-809.

Hancock C, Hansberger B, Stanford E, Zeigel A, Bonser B, Baker R, Cheatham S, **May J**, Nasypany A. (2016) Changes in hamstring range of motion following proprioceptive neuromuscular facilitation stretching compared with static stretching: a critically appraised topic. *International Journal of Athletic Therapy and Training*, 21(5): 1-7.

Stevenson, V, Baker, RT, Nasypany, AM, May, J, Uriarte, M, (2016) Title: Using the MyoKinesthetic System to Treat Bilateral Chronic Knee Pain: A Case Study. *Journal of Chiropractic Medicine* 15:294-298.

Hudson, R, Richmond, A, Sanchez, B, Stevenson, V, Baker, RT, **May J**, Nasypany AM, Reordan, D, (2016). An Alternative Approach to the treatment of meniscal pathologies: A case series analysis of the Mulligan Concept. *International Journal of Sports Physical Therapy*, 11(4): 564-574.

Hansberger BL, Baker RT, May J, & Nasypany A. (2016) Incorporating neurodynamics in the treatment of lower leg pain: a case review. *Athletic Training and Sports Health Care*, 8(1): 36-39

May J, Krzyanowicz R, Nasypany A, Seegmiller JG, & Baker RT. (2015) Mulligan concept usage and clinical program from the perspective of American certified Mulligan practitioners. *Journal of Sport Rehabilitation*, 24: 337-341.

Rhinehart AJ, Schroeder KM, May J, Baker R, Nasypany AM. (2015) Movement assessment: techniques and possible integration into clinical practice. *International Journal of Athletic Therapy and Training*, 20(6):5-9.

Hansberger BL, Baker RT, **May J**, & Nasypany A. (2015). A novel approach to treating plantar fasciitis – effects of primal reflex release technique: a case series. *International Journal of Sports Physical Therapy*, 10(5): 690-701.

Brody K, Baker RT, Nasypany A, & May J. (2015). The myokinesthetic system, part 2: treatment of chronic low back pain. *International Journal of Athletic Therapy and Training*, 20(5):22-28.

Brody K, Baker RT, Nasypany, A, & May J. (2015). The myokinesthetic system, part 1: a clinical assessment and matching treatment intervention. *International Journal of Athletic Therapy and Training*, 20(4):5-9.

Loutsch RA, Baker RT, **May JM**, & Nasypany AM. (2015). Reactive neuromuscular training results in immediate and long-term improvements of measures of hamstring flexibility: a case report. *International Journal of Sport Physical Therapy*, 10(3):371-377.

Gamma S, Baker RT, Iorio S, Nasypany A, May J, Seegmiller JG. (2015). Comparing the immediate

effects of a Total Motion Release warm-up and a dynamic warm-up protocol on the dominant shoulder in baseball athletes. *Journal of Athletic Training*, 50(9): 982

Hancock CL, Nasypany A, Baker R, **May J**. (2015). Acute pain and dysfunction of shoulder musculature – football strong safety. *Medicine and Science in Sports and Exercise*, 47(5-S), 15-17.

Hansberger BL, Baker RT, Nasypany A, May J, Seegmiller JG. (2015). Neurodynamics and bilateral shin pain – track. *Medicine and Science in Sports and Exercise*, 47(5-S), 843-846.

Other: (reports, proceedings, papers, posters, citations and references, performances)

Andrews D, Baker R, **May J.** (2016) Novel posture-based neuromuscular treatment for chronic pain and dysfunction of the lateral knee – basketball. 63<sup>rd</sup> Annual American Academy of Sports Medicine annual symposium, Boston, MA, abstract presentation.

O'Day KM, Koehling EM, Vollavanh LR, **May JM**, Bowman TG. (2015) Comparison of head impact location during games and practices in division III men's lacrosse players. *Poster NATA Annual Meeting and Clinical Symposia*, St. Louis, MO.

Vollavanh LR, Koehling EM, O'Day KM, **May JM**, Bowman TG. (2015) Effect of impact mechanism on head accelerations in intercollegiate men's lacrosse. *Poster NATA Annual Meeting and Clinical Symposia*, St. Louis, MO.

Koehling EM, Vollavanh LR, O'Day KM, **May JM**, Bowman TG. (2015) Real-time head impact measurements in intercollegiate men's lacrosse players. *Poster NATA Annual Meeting and Clinical Symposia*, St. Louis, MO.

Refereed/Adjudicated (currently scheduled or submitted): (provide citations)

Peer Reviewed/Evaluated (currently scheduled or submitted):

**Presentations and Other Creative Activities:** (i.e. slide sets, web pages, video productions, etc., provide date and location)

**May J.** (June 2017) Nerves have feelings, too" Neurodynamics of the upper extremity". National Athletic Trainer's Association Annual Meeting and Clinical Symposia, Houston, TX. Learning Lab Assistant.

Baker B, Nasypany A, Larkins L, May J. (March 2017) Was that voodoo? Rehabilitative paradigms to produce immediate change. Northwest Athletic Trainers' Association Annual Meeting and Clinical Symposium, Tacoma, WA.

May J. (June 2016) Spine Injury in Lacrosse Athletes: Equipment Removal and Advanced Airway Management. National Athletic Trainer's Association Annual Meeting and Clinical Symposia, Baltimore, MD. Learning Lab Assistant

May J. (June 2016) Neurodynamics: The Missing Link in Assessing and Treating Lower Extremity Pathologies. National Athletic Trainer's Association Annual Meeting and Clinical Symposia, Baltimore, MD. Learning Lab Assistant

May J. (June 2016) Acute Solution, Chronic Relief: Don't Believe Me, Just Watch... Raise your Expectations for Immediate Clinical Results. National Athletic Trainer's Association Annual Meeting and Clinical Symposia, Baltimore, MD. Learning Lab Assistant

Baker B, May J, Nasypany A, (March 2016) The Mulligan Concept: Lower Extremity Assessment and Treatment. Podium Presentation at the Northwest Athletic Trainers' Association Annual Meeting and Clinical Symposium, Boise, ID.

May J. (March 2016) Examining a Patient Care Philosophy: Patient Reported Changes in Pain with Manual Therapy. Podium Presentation at the Northwest Athletic Trainers' Association Annual Meeting and Clinical Symposium, Boise, ID.

Warren L, May J. (August 2015) Post-Professional Doctoral Training: Advanced Clinical Practice – Peer to Peer Discussion, Doctoral Education in Athletic Training Summit.

May J. (March 2015). Applying the Mulligan Concept of Mobilization with Movement Intervention while treating ankle pathology. Podium Presentation at the Northwest Athletic Trainers' Association Annual Meeting and Clinical Symposium, Spokane, WA.

May J. (June 2014) Patient Outcomes: Treating ankle injuries using the Mulligan Concept of Mobilization with Movement. National Athletic Trainers' Association Annual Meeting & Clinical Symposia, Indianapolis, IN. Special Topics Presentation

Krzyanowicz, R, May J, Nasypany, A. Nuts & Bolts: A Practical Guide to Collecting Patient Outcomes, National Athletic Trainers Association Annual Meeting & Clinical Symposia, Indianapolis, IN, and NATA Board of Certification Evidence-Based Practice (EBP) Webinar, June 14 - ongoing

May J. "Mulligan Techniques" Hands on Workshop, Lynchburg College Sports Medicine Symposium. Lynchburg, VA. April 2014

Bowman T, Bradney D, May J. Evidence Based Facemask Removal for Lacrosse Helmets. Virginia Athletic Trainers Association, Clinical Symposium, Richmond, VA. Jan. 2011

Professional Meeting Papers, Workshops, Showings, Recitals: (provide date and location)

Patents: (provide title/description, patent number and date)

**Grants and Contracts Awarded:** (provide principal and co investigators, title, sponsor, funding dates, amount)

#### **Honors and Awards:**

Doctor of Athletic Training Program "Outstanding Student" Award Winner - Spring, 2014

# **SERVICE:**

Major Committee Assignments: (National, State, District, County, University, College, Departmental and dates)

#### **National**

Post Professional Education Committee, NATA, 2017-Present
Annual Meeting & Clinical Symposia Program Committee Member, NATA, 2007-2008
Annual Meeting & Clinical Symposia, Leadership Team, NATA, March – June 2006
Convention Committee, Co-Chair, FWATA, 2004-2006
History & Archives, Chair, FWATA, 2002-2004
Convention Committee Member, FWATA, 1996-2004

#### University

Institutional Review Board Full Committee Member, University of Idaho, Spring 17-Present Institutional Review Board Committee, University of Idaho, Fall 2015-Spring 17 University Safety & Loss Committee, University of Idaho, 2015-2016 Head Track & Field Coach Search Committee, Lynchburg College, 2013 Head Men's Basketball Coach Search Committee, Lynchburg College, 2008 Head Women's Basketball coach search committee, Lynchburg College, 2010

Student-Athlete Advisory Committee, Chair, University of La Verne, 1999 - 2004 Director of Athletics search committee, University of La Verne, 2003

# College

CEHHS Sub-Committee for Clinical faculty guideline development, University of Idaho, Spring 2017 College of Education Technology Committee, University of Idaho, 2016-Present College of Education Safety Committee, University of Idaho, 2014-Present College of Education Tenure and Promotion Committee, Fall 2015 College Curriculum Committee, CoED, University of Idaho, 2014 – 2015

## **Departmental**

Movement Sciences Scholarship Committee member, University of Idaho, Fall 2016-Present Athletic Training Faculty search committee member, University of Idaho, Fall 2016-Present Athletic Training Faculty search committee member, University of Idaho, Spring 16 Movement Sciences Administrative Assistant II search committee member, Spring 16 Athletic Training Faculty search committee member, University of Idaho, Spring 15 Athletic Training Faculty search committee member, University of Idaho, Spring 15 Athletic Trainer Search Committee, Chair, Lynchburg College, 2014 Athletic Trainer Search Committee, Chair, Lynchburg College, 2010 Athletic Trainer Search Committee, Chair, Lynchburg College, 2008

# **Professional and Scholarly Organizations** (including memberships, committee assignments, editorial services, offices held and dates)

American Red Cross, Professional rescuer
Idaho Board of Medicine, Licensed Athletic Trainer #AT-496
National Athletic Trainers' Association, Member Certified Athletic Trainer
Northwest Athletic Trainers' Association, Member
Idaho Athletic Trainers' Association, Member

Outreach Service: (Including popular press, interview articles, newspaper articles, workshops-seminars-tours organized, Extension impact statements)

Doctoral Education in Athletic Training Summit, August 6-8, 2015
Developed & Hosted
Athletic Trainer, ISMaRT Clinic, University of Idaho, 2016-Present
Athletic Trainer, memorial Gymnasium AT Clinic, University of Idaho, 2014 - 2016

## Community Service: (non-academic unrelated to employment)

Assistant Hockey Coach, Mites, Palouse Youth Hockey Association, fall 2016 - Present Head Soccer Coach, Moscow United Soccer Club, Boys U11, Moscow, ID. Fall 2016-2017 Trail Clean-up, Black Water Creek, Lynchburg, VA, 2009 - 20014 Assistant Soccer Coach, Forest Youth Athletic Association, Lynchburg VA, 2012 Baseball Coach, YMCA, Lynchburg, VA, 2010

#### Honors and Awards:

# PROFESSIONAL DEVELOPMENT: (workshops and seminars attended)

#### Teaching:

Primal Reflex Release Technique (PRRT)

Level I – Moscow, ID 2016

Home Study Course - 2013

Reconnective Healing

Level II: Reconnective Healing Practitioner, Austin, TX 2016

Level I: Reconnective Healing Practitioner, Austin, TX 2016

Yuen Method

Introductory Course – Summer 2017 Matrix Energetics – Seattle, WA 2017 Fundamentals Intensive

Magic Intensive

Myokinesthic System

Upper Extremity, Moscow ID 2016

Lower Extremity, Moscow, ID, 2015

Jones Institute Counterstrain

Lymphatic-Venous System, 2015

Facial Introduction 2015

Spine, Redman, WA, 2014

Mindful Based Stress Reduction course, online (sounds true), 2015

The Practice of Pure Awareness, online meditation course, Spring 2015

Total Motion Release

TMR Manipulation, Moscow ID, 2016

Level 1, 2014

Mulligan Concept, Workshops

Certified Mulligan Practitioner Certification Course, Los Angeles, CA, 2016

Advanced Course, Los Angeles, CA, 2016

Exam and Treat of SIJ and Pubic Symphysis, Chicago, IL, 2016

Upper Extremity, Moscow, ID, 2015

Lower Extremity, Knoxville, TN, 2013

Introduction, Richmond, VA, 2013

Mulligan Concept, Northeast Seminars

Introduction to the Mulligan Concept

Upper Quadrant Course

Foot, Ankle, and Knee

Shoulder/Thoracic/Spinal Mobilization

Hand, Wrist, and Elbow

Lumbar Spine, Sacroiliac Joint, and Hip

RockTape, Functional Movement Techniques Basic & Performance, Mosco, ID 2016

Positional Release Therapy Institute, Spine and Pelvis, 2013

Graston Technique M-1 IASTM Training, Liberty University, 2013

The Functional Movement Symposium, Functional Movement Systems & Northeast Seminars, 2012 Functional Movement Systems (FMS) course, 2013

- 2018, NATA Annual Meeting & Clinical Symposium, New Orleans, LA
- 2017, NATA Annual Meeting & Clinical Symposium, Houston, TX
- 2017, NWATA Annual Meeting & Clinical Symposium, Tacoma, WA
- 2016, NATA Annual Meeting & Clinical Symposium, Baltimore, MD
- 2016, NWATA Annual Meeting & Clinical Symposium, Boise, ID
- 2015, Doctoral Education in AT Summit, Moscow, ID
- 2015, NATA Annual Meeting & Clinical Symposium, St. Louis, MO
- 2015, NWATA Annual Meeting & Clinical Symposium, Spokane, WA
- 2014, NATA Annual Meeting & Clinical Symposium, Indianapolis, IN.
- 2013, NATA Annual Meeting & Clinical Symposium, Las Vegas, NV
- 2012, NATA Annual Meeting & Clinical Symposium, St Louis, MO
- 2011, VATA Annual Meeting & Clinical Symposium, Richmond, VA 2010, NATA Annual Meeting & Clinical Symposium, Philadelphia, PA
- 2009, VATA Annual Meeting & Clinical Symposium, Charlottesville, VA
- 2008, NATA Annual Meeting & Clinical Symposium, St Louis, MO
- 2007, MAATA Annual & Clinical Symposium, Virginia Beach, VA
- 2006, NATA Annual Meeting & Clinical Symposium, Anaheim, CA
- 2006, FWAT Annual & Clinical Symposium
- 2005, NATA Annual Meeting & Clinical Symposium, Indianapolis, IN
- 2005, FWAT Annual & Clinical Symposium
- 2004, NATA Annual Meeting & Clinical Symposium, Baltimore, MD
- 2004, FWAT Annual & Clinical Symposium
- 2003, FWAT Annual & Clinical Symposium
- 2002, NATA Annual Meeting & Clinical Symposium, Dallas, TX

2002, FWAT Annual & Clinical Symposium

2001, NATA Annual Meeting & Clinical Symposium, Los Angeles, CA

2001, FWAT Annual & Clinical Symposium

2000, FWAT Annual & Clinical Symposium

1999, FWAT Annual & Clinical Symposium

1998, NATA Annual Meeting & Clinical Symposium, Baltimore, MD

1998, FWAT Annual & Clinical Symposium

1997, FWAT Annual & Clinical Symposium

1996, FWAT Annual & Clinical Symposium

1995, NATA Annual Meeting & Clinical Symposium, Indianapolis, IN

1995, FWAT Annual & Clinical Symposium

1994, FWAT Annual & Clinical Symposium

1993, FWAT Annual & Clinical Symposium

# Scholarship:

#### **Professional Outreach:**

Journal of Athletic Training, Manuscript Reviewer, 2016- Present Journal of Sport Rehabilitation, Manuscript Reviewer, 2014 - Present Abstract/Proposal Reviewer, NATA Annual Meeting and Clinical Symposium, 2014 - Present

## Administration/Management: