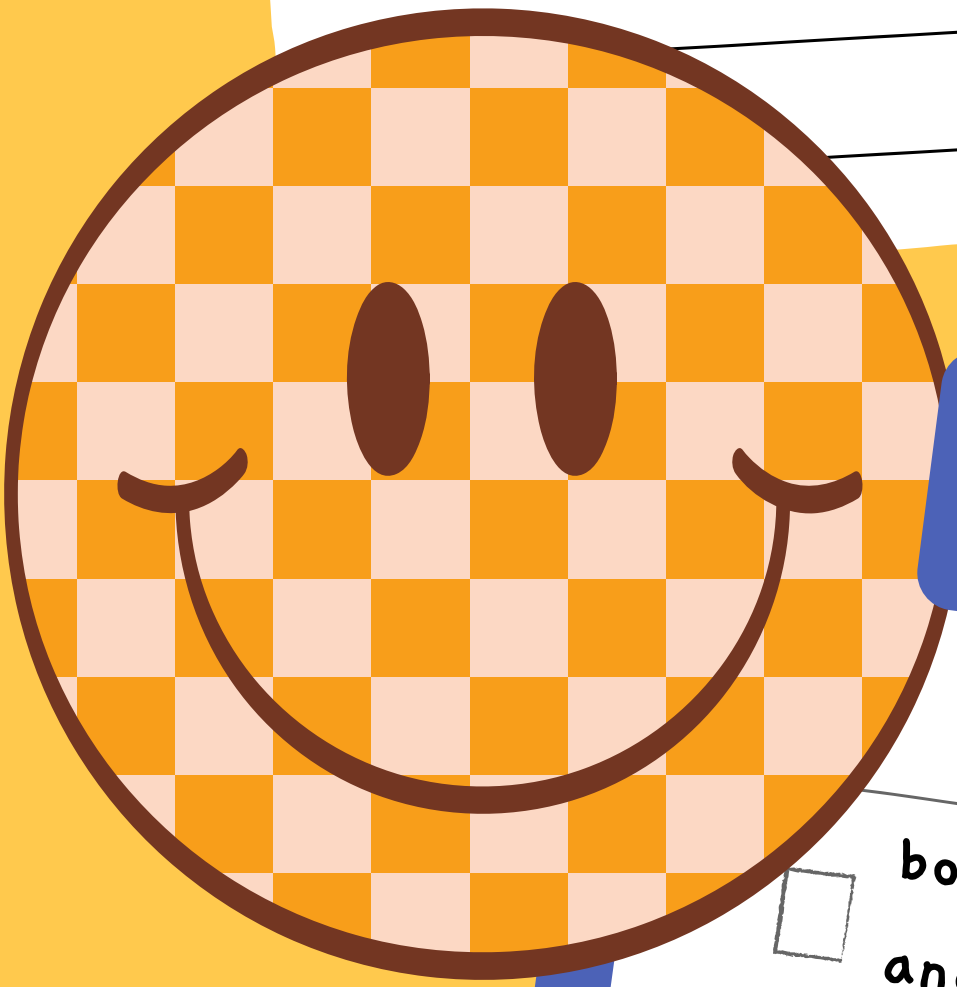


**WALKING MAKES YOU
HAPPY!**

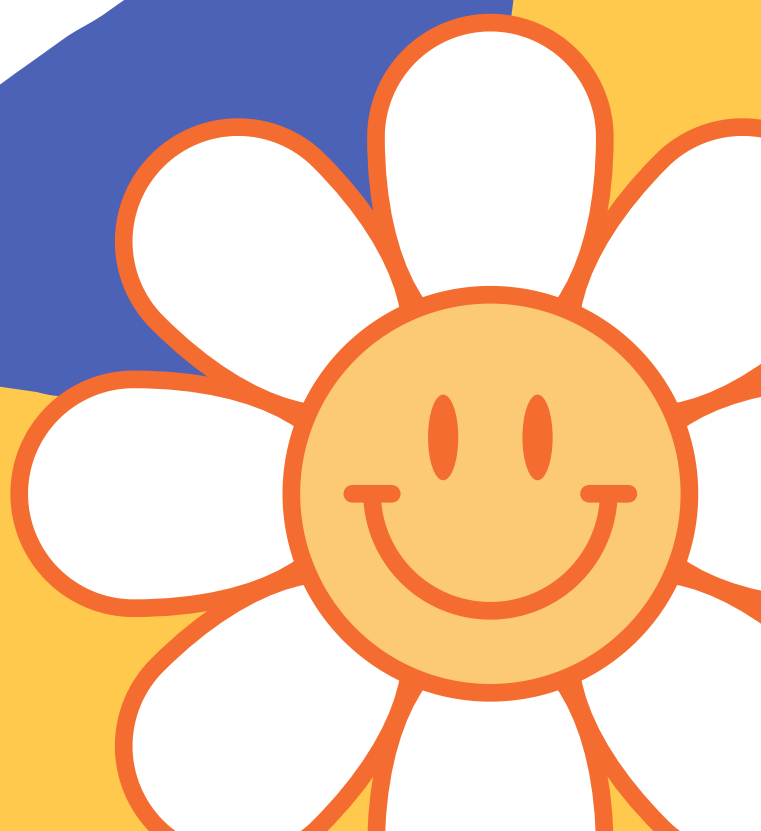
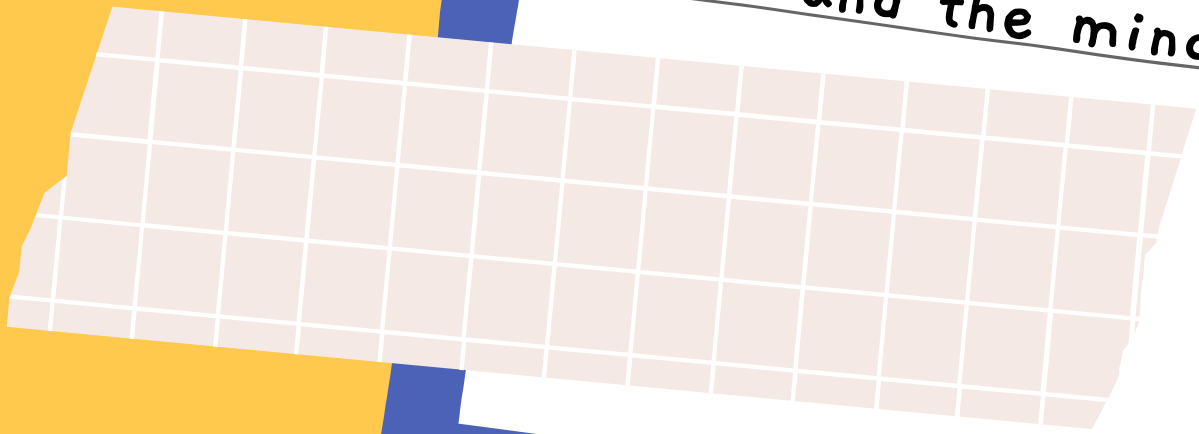


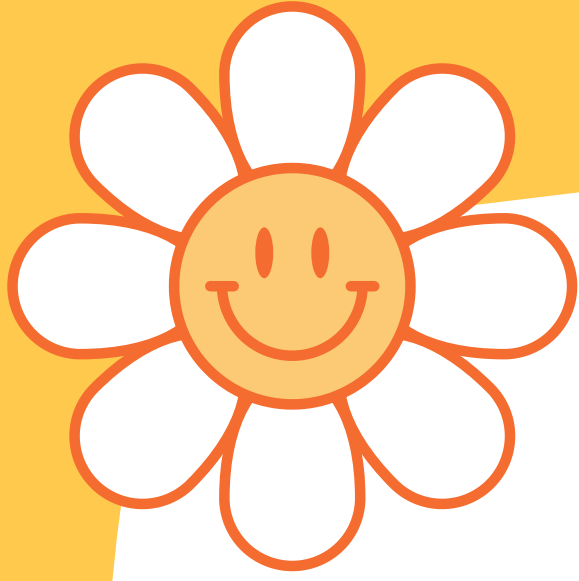
**OCTOBER IS INTERNATIONAL WALK
TO SCHOOL MONTH. DID YOU KNOW
WALKING CAN....**

boost your mood, reduce stress,
and improve your well being

help you clear your mind, making
you more focused and ready to learn

be a healthy habit for the body
and the mind!





**JOIN US FOR
INTERNATIONAL**

WALK TO SCHOOL DAY!

WEDNESDAY

OCTOBER 2ND

Kick off WALKtober with the International walk to school day event! Check the Safe Routes to School Facebook page to find a walking school bus to your school!

**WALKING MAKES
YOU HAPPY!**

