Ph.D. Specialization: Movement Sciences - Healthy Active Lifestyles

### Doctoral Core –15 Credit Hours

<table>
<thead>
<tr>
<th>Course #</th>
<th>Course Title</th>
<th>Crs</th>
<th>Scheduled</th>
</tr>
</thead>
<tbody>
<tr>
<td>ED 571</td>
<td>Introduction to Quantitative Research</td>
<td>3</td>
<td>Fall</td>
</tr>
<tr>
<td>ED 574</td>
<td>Survey of Qualitative Research</td>
<td>3</td>
<td>Fall</td>
</tr>
<tr>
<td>ED 680</td>
<td>Philosophical Foundations of Educational Research</td>
<td>3</td>
<td>Fall</td>
</tr>
<tr>
<td>ED 614</td>
<td>EHHS Doctoral Seminar</td>
<td>3</td>
<td>Spring</td>
</tr>
<tr>
<td>ED 668</td>
<td>Writing for Publication</td>
<td>3</td>
<td>Spring</td>
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</tbody>
</table>

### Research Methods – 9 Credit Hours

*Complete one of the two tracks (6crs), plus one other 3 cr methods course listed*

<table>
<thead>
<tr>
<th>Course #</th>
<th>Course Title</th>
<th>Crs</th>
<th>Scheduled</th>
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</thead>
<tbody>
<tr>
<td>ED 584</td>
<td>Univariate Quantitative Research in Education</td>
<td>3</td>
<td>Spring</td>
</tr>
<tr>
<td>ED 587</td>
<td>Multivariate Quantitative Analysis in Education</td>
<td>3</td>
<td>Fall (biennial, F21 &amp; F23)</td>
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</tbody>
</table>

**Quantitative Track**

**Qualitative Track**

| ED 589   | Theoretical Applications & Designs of Qualitative Research | 3   | Spring                    |
| ED 590   | Data Analysis & Interpretation of Qualitative Research | 3   | Fall                      |

**Specialized Research Methods**

| ED 592   | Indigenous, Decolonizing & Action-Based Research Methods | 3   | Spring                    |
| ED 595   | Survey Design for Social Science Research             | 3   | Fall                      |

### Specialization/Cognate – select 33 credits of coursework that supports the area of specialization in consultation with the major professor/committee. *Other courses available across campus (e.g., Statistics Certificate).*

<table>
<thead>
<tr>
<th>Course #</th>
<th>Course Title</th>
<th>Crs</th>
<th>Semester</th>
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</thead>
<tbody>
<tr>
<td>RSTM 575</td>
<td>Leadership, Programming, and Marketing</td>
<td>3</td>
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<tr>
<td>RSTM 585</td>
<td>Policy, Analysis, and Historical Perspectives of Leisure</td>
<td>3</td>
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</tr>
<tr>
<td>RSTM 596</td>
<td>Recreation and Sport Management Behavior</td>
<td>3</td>
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<tr>
<td>PEP 523</td>
<td>Physical Activity Assessment &amp; Enrichment</td>
<td>3</td>
<td></td>
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<tr>
<td>PEP 544</td>
<td>Program Development</td>
<td>3</td>
<td></td>
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<tr>
<td>PEP 475</td>
<td>Moral Reasoning in Sport</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>PEP 560</td>
<td>Sport Psychology</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>PEP 561</td>
<td>Motivation in Sport and Recreation</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>PEP 563</td>
<td>Physical Activity, Health, and Metabolic Disease</td>
<td>3</td>
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<tr>
<td>PEP 570</td>
<td>Ethical Practice and Communication in Physical Activity</td>
<td>3</td>
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<tr>
<td>PEP 501</td>
<td>Seminar</td>
<td>1+</td>
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### Immersion Experience – select 6 Credit Hours

<table>
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<tr>
<th>Course #</th>
<th>Course Title</th>
<th>Crs</th>
<th>Semester</th>
</tr>
</thead>
<tbody>
<tr>
<td>PEP 610</td>
<td>Teaching Immersion</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>PEP 611</td>
<td>Outreach/Engagement Immersion</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>PEP 612</td>
<td>Research Immersion</td>
<td>3</td>
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### Dissertation – 18 Credit Hours

<table>
<thead>
<tr>
<th>Course #</th>
<th>Course Title</th>
<th>Crs</th>
<th>Semester</th>
</tr>
</thead>
<tbody>
<tr>
<td>ED 600</td>
<td>Dissertation (Scheduled with MP)</td>
<td>18</td>
<td></td>
</tr>
</tbody>
</table>
Prerequisite Research Courses

- Introduction to Research Methods (equivalent to AOLL/EDAD/EDCI/MVSC 570 at University of Idaho), or transfer from a previous degree/institution.
- Introduction to Statistics

General requirements

- Students must have a designated major professor to be admitted into the program.
- This program of study reflects the minimum credit requirements in each area, however, depending on the specific specialization of study, students may need to complete additional requirements as stipulated by their major professor in the study plan.
- Students must file their study plan and committee form after successful completion of 24 credits. These forms can be found at [https://www.uidaho.edu/cogs/forms](https://www.uidaho.edu/cogs/forms). Please type all forms and submit a hard copy with original signatures to the HPERD Department Chair in PEB 101.
- Students must gain approval of proposals for PEP 502 and 599 coursework from two program faculty.
- 30 overaged (no more than 8 yrs old at the time of graduation) credits are allowed
- 48 credits must be current
- 39 cr are required at University of Idaho
- 52 cr must be 500 or higher (26 cr can be 400 level; 300 level permitted outside of major)
- The study plan must have at least 84 (Ph.D.) credits beyond the bachelor’s degree
- Credit for courses numbered 599 cannot be counted in meeting the core or elective research requirements