informal, confidential, drop-in mental health consultations

- Talk to a CTC therapist
- First come, first served - no appointments
- Brief - up to 15 minutes
- Anonymous - No information is collected or kept about you
- Not counseling or a crisis service

Let's Talk

Tuesdays, 7:00-8:00 pm
Wallace Basement Lounge Area

University of Idaho Counseling and Testing Center