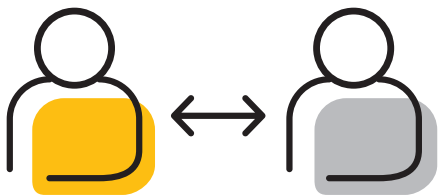




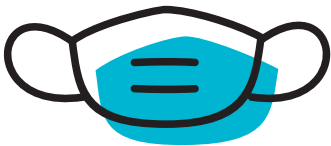
HEALTHY VANDALS

~ *protect yourself and others* ~



1 maintain social distancing

- Stay home if you are sick
- Put at least 6 feet between you and others
- Remember that some people without symptoms may still be spreading a virus
- Avoid close contact with people who are sick



2 follow CDC guidance regarding face coverings

- After fully vaccinated, you do not need to wear face coverings unless otherwise required or preferred
- Find vaccine information at www.uidaho.edu/covidvaccine



3 keep hands clean

- Wash often with soap and water – especially after visiting public places, using the restroom, blowing your nose or sneezing
- If soap and water are not available, use hand sanitizer (at least 60% alcohol)
- Avoid touching your face



4 cover coughs and sneezes

- If you are in a private place and not wearing a face covering, sneeze or cough inside your elbow
- Throw away used tissues
- Immediately wash hands or use a hand sanitizer if soap and water are not readily available



5 clean and disinfect

- Clean debris off surfaces before disinfecting
- Disinfect frequently touched surfaces regularly (laptops, keyboards, cell phones doorknobs, light switches, handles, countertops, shared spaces)