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avoid in-person meetings

Use online conferencing, email or the phone when possible, even when people are in the same building.

maintain physical distance

- Unavoidable meetings should be kept short and held in large spaces where people can sit six feet apart.
- Avoid shaking hands.

do not congregate

- Avoid work rooms, pantries, copier rooms or other areas where people socialize.
- Keep six feet apart when possible.
- Face coverings are required inside all university buildings, with limited exceptions.

eliminate unnecessary travel

Cancel or postpone nonessential meetings, gatherings, workshops and training sessions.

bring your lunch

• Eat at your desk, outside, or away from others (avoid break rooms or crowded restaurants).

limit recreational or other leisure activities

• Avoid meetings, retreats, activities, etc., where close contact with others is likely.