

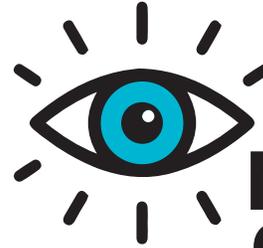
# SYMPTOMS OF COVID-19



## KNOW THE SYMPTOMS

of COVID-19, which can include the following:

- Cough, shortness of breath or difficulty breathing
- Fever or chills
- Muscle or body aches
- Vomiting or diarrhea
- New loss of taste or smell



## SEEK MEDICAL CARE IMMEDIATELY

if someone has Emergency Warning Signs of COVID-19:

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Bluish lips or face

Symptoms can range from mild to severe illness and appear 2-14 days after you are exposed to the virus that causes COVID-19. Please remember some will not experience any symptoms but can continue to spread the virus.

**Maintaining social distancing and wearing a face covering is critical.**



**HEALTHY  
VANDALS**

*~ protect yourself and others ~*

Reach out to your primary care provider or the Vandal Health Clinic (208-885-6693) with concerns related to COVID-19 symptoms or exposure.

[www.uidaho.edu/coronavirus](http://www.uidaho.edu/coronavirus)

[www.cdc.gov/coronavirus](http://www.cdc.gov/coronavirus)