SYMPTOMS OF COVID-19

KNOW THE SYMPTOMS of COVID-19, which can include the following:

- Cough, shortness of breath or difficulty breathing
- Fever or chills
- Muscle or body aches
- Vomiting or diarrhea
- New loss of taste or smell

SEEK MEDICAL CARE IMMEDIATELY if someone has Emergency Warning Signs of COVID-19:

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Bluish lips or face

Symptoms can range from mild to severe illness and appear 2-14 days after you are exposed to the virus that causes COVID-19. Please remember some will not experience any symptoms but can continue to spread the virus. Maintaining social distancing and wearing a face covering is critical.

Reach out to your primary care provider or the Vandal Health Clinic (208-885-6693) with concerns related to COVID-19 symptoms or exposure.
www.uidaho.edu/coronavirus
www.cdc.gov/coronavirus