

Profile of a Quality Collegiate Learner

Learning Processes

Is a master learner	Uses the Learning Process Methodology to construct transferable knowledge through thinking critically & generalizing
Reads	Processes all forms of informational resources to produce understanding and meaning through thoughtful inquiry
Writes	Consistently uses writing to help think, clarify, and document ideas, plans, thoughts, and reflections
Thinks critically	Asks critical questions, analyzes information, and synthesizes meaning to elevate understanding and clarity
Solves problems	Identifies & defines problems with key issues and assumptions, producing validated and generalized solutions
Processes information	Engages all senses to access information quickly and distinguishes relevant from irrelevant information and its level of quality
Reflects	Takes time to produce higher level of learning, understanding of self, and reasons behind actions and decisions

Productive Academic Behaviors

Is engaged	Brings 100 % of energy and involvement to each activity every day
Is focused	Applies all efforts to the task(s) at hand and filters out all distractions
Is prepared	Understands expectations, collects and organizes resources, and has a plan for learning
Is organized	Knows when, where, and what needs to be done in a timely and systematic way

Growth Mindset

Is a self-grower	Wants to grow from every experience and so sets growth goals, self-challenges, self-assesses, self-mentors, and mentors others
Is committed to success	Will do everything necessary to reach the milestones towards stated goals
Self-assesses	Sets criteria for each performance, makes key observations, reflects on and analyzes observations, behaviors, and actions, consistently making improvements without prompting
Is positive	Is energetic, passionate and invested in life by seeing the value, opportunity, and beauty in each new situation and person
Is a self-starter	Takes the initiative to begin with each new experience quickly with a plan to maximize their opportunity and learning
Is open to feedback	Wants to improve future performance by seeking out feedback from whatever channel they can and turn this feedback into assessment
Is open-minded	Receptive to diverse view, perspectives, and paradigm-shaking ideas
Self-challenges	Pushes themselves outside their comfort zone, increasing failure and growth opportunities

Academic Mindset

Clarifies expectations	Knows what others want delivered by which dates and can establish standards of quality by writing performance criteria
Is inquisitive	Constantly seeks new knowledge in multiple forms and from many disciplines by asking lots of interesting questions
Is self-efficacious	Has a strong belief in who they are, who they can become, and their ability to be successful in everything they attempt
Is self-motivating	Has passion and desire to explore new information, concepts, and challenges in areas of interest
Is self-confident	Approaches each new task with self-assurance that mastery of a new challenge can be met
Creates a life vision	Evolves a vision for life based upon an analysis of past, present, and future that includes life goals, and a well constructed plan for achieving these accomplishments

Learning Strategies

Sets goals	Sets clear goals and supporting objectives, maintains a constant focus on producing results aligned with these goals by assessing progress towards goals and making appropriate changes to reach them
Has learner ownership	Takes full responsibility before, during, and after each learning experience for constructing the expected knowledge by their own means
Use resources effectively	Explores all aspects of the college and each course to inventory each resource, its: potential use, and how to effectively use that resource given a useful situation
Validates	Affirms their own understanding and growth with certainty
Uses metacognition	Understands the implications of their behaviors and actions on others and adapt appropriately for each changing situation
Plans	Before action, stops and thinks of how to do something effectively and lays out a structure to produce the quality work desired

Affective Learning Skills

Persists	Uses failure as a frequent and productive road to success
Manages frustration	Puts things into perspective so current context doesn't overwhelm current performance
Manages time	Allocates time for the most important tasks and then effectively uses that time
Prioritizes	Prioritizes tasks to effectively live a balanced life by putting first things first while taking care of self
Is disciplined	Does what is needed to be done even though other things are more enjoyable and exciting
Take risks	Performs publicly, where outcomes are not known and failure is very possible
Leverages failures	Realizes the growth potential coming from each failure through action plans
Asks for help	Perseveres through difficult tasks, making good decisions about when to seek help
Works hard	Diligent, works long hours and uses parallel processing to increase work produced per hour of time
Adapts	Continually changes to respond optimally to new contexts

Social Learning Skills

Is a team player	Brings a positive attitude, like supporting and helping others, congratulates others, fills in gaps in a cohesive manner, and is empathetic when others are having difficulties with their performances or personal lives
Is collaborative	Partners with others, performs their roles effectively, asks for help when it is needed, and supplies assistance to others
Is responsible	Can be counted on to produce quality work that exceeds expectations within the allocated time and resources given
Is assertive	Contributes proactively within a community and a team to add value and not be marginalized
Is connected	Has many friends, communities, and activities that influence growth and development of self and others
Is a communicator	Effective in interactive conversation in informal and formal settings that includes articulating new ideas
Seeks diversity	Understands and appreciates the values, differences, and perspectives of others
Speaks publicly	Assesses audience, prepares a clear meaningful message and articulates with impact to change minds
Is well	Maintains balance by taking care of self, sleeping effectively, exercising, eating well and engaging in social activities