# Profile of a Quality Collegiate Learner

## Learning Processes

<table>
<thead>
<tr>
<th>Role</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Is a master learner</td>
<td>Uses the Learning Process Methodology to construct transferable knowledge through thinking critically &amp; generalizing</td>
</tr>
<tr>
<td>Reads</td>
<td>Processes all forms of informational resources to produce understanding and meaning through thoughtful inquiry</td>
</tr>
<tr>
<td>Writes</td>
<td>Consistently uses writing to help think, clarify, and document ideas, plans, thoughts, and reflections</td>
</tr>
<tr>
<td>Thinks critically</td>
<td>Asks critical questions, analyzes information, and synthesizes meaning to elevate understanding and clarity</td>
</tr>
<tr>
<td>Solves problems</td>
<td>Identifies &amp; defines problems with key issues and assumptions, producing validated and generalized solutions</td>
</tr>
<tr>
<td>Processes information</td>
<td>Engages all senses to access information quickly and distinguishes relevant from irrelevant information and its level of quality</td>
</tr>
<tr>
<td>Reflects</td>
<td>Takes time to produce higher level of learning, understanding of self, and reasons behind actions and decisions</td>
</tr>
</tbody>
</table>

## Productive Academic Behaviors

<table>
<thead>
<tr>
<th>Role</th>
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<tbody>
<tr>
<td>Is engaged</td>
<td>Brings 100 % of energy and involvement to each activity every day</td>
</tr>
<tr>
<td>Is focused</td>
<td>Applies all efforts to the task(s) at hand and filters out all distractions</td>
</tr>
<tr>
<td>Is prepared</td>
<td>Understands expectations, collects and organizes resources, and has a plan for learning</td>
</tr>
<tr>
<td>Is organized</td>
<td>Knows when, where, and what needs to be done in a timely and systematic way</td>
</tr>
</tbody>
</table>

## Growth Mindset

<table>
<thead>
<tr>
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<tbody>
<tr>
<td>Is a self-grower</td>
<td>Wants to grow from every experience and so sets growth goals, self-challenges, self-assesses, self-mentors, and mentors others</td>
</tr>
<tr>
<td>Is committed to success</td>
<td>Will do everything necessary to reach the milestones towards stated goals</td>
</tr>
<tr>
<td>Self-assesses</td>
<td>Sets criteria for each performance, makes key observations, reflects on and analyzes observations, behaviors, and actions, consistently making improvements without prompting</td>
</tr>
<tr>
<td>Is positive</td>
<td>Is energetic, passionate and invested in life by seeing the value, opportunity, and beauty in each new situation and person</td>
</tr>
<tr>
<td>Is a self-starter</td>
<td>Takes the initiative to begin with each new experience quickly with a plan to maximize their opportunity and learning</td>
</tr>
<tr>
<td>Is open to feedback</td>
<td>Wants to improve future performance by seeking out feedback from whatever channel they can and turn this feedback into assessment</td>
</tr>
<tr>
<td>Is open-minded</td>
<td>Receptive to diverse view, perspectives, and paradigm-shaking ideas</td>
</tr>
<tr>
<td>Self-challenges</td>
<td>Pushes themselves outside their comfort zone, increasing failure and growth opportunities</td>
</tr>
</tbody>
</table>

## Academic Mindset

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<tr>
<td>Clarifies expectations</td>
<td>Knows what others want delivered by which dates and can establish standards of quality by writing performance criteria</td>
</tr>
<tr>
<td>Is inquisitive</td>
<td>Constantly seeks new knowledge in multiple forms and from many disciplines by asking lots of interesting questions</td>
</tr>
<tr>
<td>Is self-efficacious</td>
<td>Has a strong belief in who they are, who they can become, and their ability to be successful in everything they attempt</td>
</tr>
<tr>
<td>Is self-motivating</td>
<td>Has passion and desire to explore new information, concepts, and challenges in areas of interest</td>
</tr>
<tr>
<td>Is self-confident</td>
<td>Approaches each task with self-assurance that mastery of a new challenge can be met</td>
</tr>
<tr>
<td>Creates a life vision</td>
<td>Evolves a vision for life based upon an analysis of past, present, and future that includes life goals, and a well constructed plan for achieving these accomplishments</td>
</tr>
</tbody>
</table>
### Learning Strategies

<table>
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<tr>
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<tr>
<td>Sets goals</td>
<td>Sets clear goals and supporting objectives, maintains a constant focus on producing results aligned with these goals by assessing progress towards goals and making appropriate changes to reach them</td>
</tr>
<tr>
<td>Has learner ownership</td>
<td>Takes full responsibility before, during, and after each learning experience for constructing the expected knowledge by their own means</td>
</tr>
<tr>
<td>Use resources effectively</td>
<td>Explores all aspects of the college and each course to inventory each resource, its potential use, and how to effectively use that resource given a useful situation</td>
</tr>
<tr>
<td>Validates</td>
<td>Affirms their own understanding and growth with certainty</td>
</tr>
<tr>
<td>Uses metacognition</td>
<td>Understands the implications of their behaviors and actions on others and adapts appropriately for each changing situation</td>
</tr>
<tr>
<td>Plans</td>
<td>Before action, stops and thinks of how to do something effectively and lays out a structure to produce the quality work desired</td>
</tr>
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</table>

### Affective Learning Skills

<table>
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<th>Skill</th>
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<tr>
<td>Persists</td>
<td>Uses failure as a frequent and productive road to success</td>
</tr>
<tr>
<td>Manages frustration</td>
<td>Puts things into perspective so current context doesn’t overwhelm current performance</td>
</tr>
<tr>
<td>Manages time</td>
<td>Allocates time for the most important tasks and then effectively uses that time</td>
</tr>
<tr>
<td>Prioritizes</td>
<td>Prioritizes tasks to effectively live a balanced life by putting first things first while taking care of self</td>
</tr>
<tr>
<td>Is disciplined</td>
<td>Does what is needed to be done even though other things are more enjoyable and exciting</td>
</tr>
<tr>
<td>Take risks</td>
<td>Performs publicly, where outcomes are not known and failure is very possible</td>
</tr>
<tr>
<td>Leverages failures</td>
<td>Realizes the growth potential coming from each failure through action plans</td>
</tr>
<tr>
<td>Asks for help</td>
<td>Perseveres through difficult tasks, making good decisions about when to seek help</td>
</tr>
<tr>
<td>Works hard</td>
<td>Diligent, works long hours and uses parallel processing to increase work produced per hour of time</td>
</tr>
<tr>
<td>Adapts</td>
<td>Continually changes to respond optimally to new contexts</td>
</tr>
</tbody>
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### Social Learning Skills

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<tr>
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<tr>
<td>Is a team player</td>
<td>Brings a positive attitude, like supporting and helping others, congratulates others, fills in gaps in a cohesive manner, and is empathetic when others are having difficulties with their performances or personal lives</td>
</tr>
<tr>
<td>Is collaborative</td>
<td>Partners with others, performs their roles effectively, asks for help when it is needed, and supplies assistance to others</td>
</tr>
<tr>
<td>Is responsible</td>
<td>Can be counted on to produce quality work that exceeds expectations within the allocated time and resources given</td>
</tr>
<tr>
<td>Is assertive</td>
<td>Contributes proactively within a community and a team to add value and not be marginalized</td>
</tr>
<tr>
<td>Is connected</td>
<td>Has many friends, communities, and activities that influence growth and development of self and others</td>
</tr>
<tr>
<td>Is a communicator</td>
<td>Effective in interactive conversation in informal and formal settings that includes articulating new ideas</td>
</tr>
<tr>
<td>Seeks diversity</td>
<td>Understands and appreciates the values, differences, and perspectives of others</td>
</tr>
<tr>
<td>Speaks publicly</td>
<td>Assesses audience, prepares a clear meaningful message and articulates with impact to change minds</td>
</tr>
<tr>
<td>Is well</td>
<td>Maintains balance by taking care of self, sleeping effectively, exercising, eating well and engaging in social activities</td>
</tr>
</tbody>
</table>