VANDALIZING THE KITCHEN

Free Cooking Classes for Students!

earn personal fitness credit!

Thurs Jan 25 - Souper Bowls
Wed Feb 7 - Just Desserts
Thurs March 1 - Pizza Night
Thurs April 5 - Vegetarian Cuisine
Wed May 2 - Meals Fast

4:00 - 5:00 pm

Join us each month for an interactive cooking class using local ingredients! Learn the basics of cooking fun and easy meals on a college budget! All skill levels welcome!

Instructed by the Campus Dietitian
Student Recreation Center Classroom 103

University of Idaho Sustainability Center

University of Idaho Vandal Nutrition

Moscow Food Co-op