REGISTRATION AND INFORMATION

CANstruction is a design/build competition benefitting the Vandal Food Pantry. Teams are made up of 5-20 people (Eligible groups are made up of any combination of students, staff, faculty, and community members) with one designated team leader with the objective of designing and building structures made entirely from full cans (and boxes) of non-perishable food.

This year’s theme is Moscow Livin’ CAN’t Get Any Better. Teams are asked to build a structure inspired by the city of Moscow and the great state of Idaho (think favorite local spots, Moscow culture, and Central Idaho!)

**Team Registration:** Monday, March 4th - Sunday, March 31st

**Food Drive/ Fundraise for Food:** Monday, March 4th - Monday, April 8th (this can be started early if your team chooses to do so)

**Kickoff & Build:** Tuesday, April 9th (11am-6pm), ASUI Vandal Student Lounge

**Judging:** Wednesday, April 10th (10am – 11am)

**Award Ceremony:** Wednesday, April 10th (11am)

**DeCANstruct:** Friday, April 12th (1pm-6pm)

ACQUISITION OF CANNED GOODS

Participating teams are responsible for obtaining their own supply of canned goods. It is recommended that each group host a food drive and/or fundraiser to purchase food for their CANstruction. Vandal Food Pantry Coordinators are well experienced in hosting food drives. For questions or help in hosting a food drive please contact Megan or Allie at the Center for Volunteerism and Social Action at volunteer@uidaho.edu or 208-885-9442. Local grocery stores that support soliciting for food drives are listed below.

- **Moscow Food Coop:** (208) 882-8537
- **Moscow Rosauers:** (208) 882-5574
- **Moscow Walmart Supercenter:** (208) 883-8828

FOOD DRIVE TIPS

1. First, set the dates for your drive or fundraiser. We suggest starting your drive or fundraiser no later than April 1st.
2. Advertise!! Publicity is key to a successful drive. Spread the word to as many people as possible and don’t be shy about reminding them. Send out an email and make announcements. Make sure to be clear about what you are raising money/collecting food for. People like to know who and how they are helping!
3. Distribute printed flyers about your drive. If you are collecting food be specific about the food you want to receive. You can set up a drop off location for food drives in your office or other public spaces with the correct permission.
4. Fundraising online for money to then go buy food is also a great option to buy the food that will get you the most points and can be more cost efficient when you can buy in bulk!

**STORAGE**

The Department of Student Involvement will store donated food items for the competition throughout Tuesday, March 19th- Sunday, March 24th. If you need assistance with food transportation please contact the Center for Volunteerism and Social Action at volunteer@uidaho.edu or 208-885-9442 to make these arrangements. Please be prepared to have all food available for pick up or delivery to Department of Student Involvement by Tuesday, April 9th at 10am. All boxes must be clearly labeled with your team’s information. Please contact the Center for Volunteerism and Social Action with any questions about acquisition. We are here to help!

**SIGNAGE AND TEXT**

Each team will have official signage that sits adjacent to the entry. The signage will include team name & team leader name & title of structure, description of structure and the names of the team members. The signage should also include a thank you to any food drive/ fundraising sponsors and/or the names of additional team members who participated in one way or another. The Center for Volunteerism and Social Action will make these signs. Please submit all information during registration at https://orgsync.com/57830/forms/356144 by Sunday, March 31st by midnight.

- Submit a TITLE and DESCRIPTION of the entry. Description should be no longer than one paragraph.
- Team list: names spelled correctly & designate one team captain.
- Group’s official name the way it should appear in the program.
- Total number of cans/food used in your design (this information is not required at sign up, but should be noted during building).

**INVENTORY**

As you begin collecting cans, please be sure to keep track of them. On the day of the build, each team will need to submit an inventory of cans, including: name of product, size of product, quantity of product, total number of cans, and total cost – whether purchased or donated.
RULES & REGULATIONS

Awards will be given in the following categories:

- Structural Ingenuity
- Judge’s Favorite
- People’s Choice
- Best Use of Vandal Food Pantry’s Most Wanted List (Total Added By Count Below)
  - Canned vegetables/beans: 1pt per can
  - Canned soup: 2pts per can
  - Canned tuna/chicken: 2pts per can
  - Pasta sauce: 2pts per can/jar
  - Boxed pasta: 3pts per box
  - Peanut butter: 4pts per jar

- Most Precarious/Best Balancing Act/Most Un-Structurally Sound

Teams may be given additional value points for having more of the following items than any other team: "Canned Tuna" (worth 10 pts), "Peanut Butter" (worth 10 pts), and "Pasta" (worth 10 pts).

Team awards will be provided to The Argonaut, will be included on the Center for Volunteerism and Social Action website, and will be published among other media streams.

- Maximum size of any structure is 4’x4’ by 6’ high.
- Aluminum food cans of all sizes may be used. The Center for Volunteerism and Social Action will provide all teams with a list of suggested (most needed) products.
- Cans must be full, unopened, and with labels intact and legible. Labels may be covered for the display.
- Props can be used. Judges prefer to see canned food, however props may be used to embellish your structure.
- No glass containers allowed.
- No alcoholic beverages.
- Try to use nutritional food. Avoid junk food, soda and candy. The best thing about this competition is that the food will help feed hungry students and members of the Vandal community after the event.
- No opened or exposed food.
- Structures are to be structurally self-supporting.
• Velcro, clear and double-faced tape may be used as adhesives. High-tension rubber bands and string are permissible. No permanent adhesives may be used on the cans. Foam core, cardboard, ¼” Plexiglas or plywood and similar leveling materials are permitted.

MISSION STATEMENTS AND PROGRAM INFORMATION

BUILDOUT

• Do as much prefabrication of foam core or other special materials you require. If you have a chance to practice building in your office, it is highly recommended. It will lessen surprises at the actual build. Come with plenty of extra supplies (tape, scissors, foam-core, cardboard, etc.) – over estimate.

• Structures MUST BE SELF SUPPORTING. You MAY also use cardboard, Velcro, clear and double faced tape, high tension rubber bands, nylon string, wire and tie backs. No permanent adhesives. No altering labels. No glass containers.

• You will have seven hours to complete the build. The build must be completed during that designated time.

JUDGING

• Judging will begin at 10 am on Wednesday, April 10th

• Be prepared to go to the site and rebuild anything that may have fallen prior to the judging.

• The Awards Ceremony will take place at the ASUI Vandal Student Lounge (Commons 2nd floor) on Wednesday, April 10th at 11 am. Please invite all who participated in the event.

DECANSTRUCT

• Tear downs will occur on Friday, April 12th from 1pm-5pm.

• All structures must be taken down by 5pm.

• All cans will be packed into bins provided in your team’s build area.

ACQUISITION OF CANNED GOODS

• Please contact Megan Miller or Allie Pastras with any questions about food acquisition: volunteer@uidaho.edu or 208-885-9442.