VANDAL WELCOME SNOWSHOE TOUR
Moscow Mountain, Idaho - Learn how to snowshoe and experience the beautiful views of the Palouse in winter.

Cost: (includes transportation, equipment and instruction)
Students | $25     All Others | $40
Trip: January 19     Pre-Trip: January 16 at 5 p.m.

LEARN TO SKI
Lookout Pass, Idaho - Learn how to alpine ski in one day at Lookout Pass.

Cost: (includes equipment, instruction, lift ticket, and transportation)
Students | $100     All Others | $140
Trip: January 25     Class Session: January 23 at 5 p.m.

LEAVE NO TRACE AWARENESS WORKSHOP
SRC Classroom - In this workshop, we will learn to protect and enjoy our natural world together.

Cost: Free
Workshop: April 1 at 4 p.m.

OPEN KAYAK POOL SESSIONS
U of I Swim Center - This is a chance for kayakers of all experience levels to work on skills in the safety of the pool.

Cost: $5 pay at the pool
Sessions: April 8, 15, and 22, 7-10 p.m.

EARTH DAY HIKE AND FOREST BATHING
U of I Arboretum - Enjoy a guided hike this Earth Day and heighten your senses and connection to the outdoors.

Cost: $5 (include instruction)
Trip: April 22 at 4 p.m.

FLY FISHING
St. Joe River, Idaho - Learn the basics of fly fishing followed with a day boating on the water practicing skills.

Cost: (includes equipment, instruction and transportation)
Students | $100     All Others | $150
Trip: April 26     Pre-Trip: April 23 at 5 p.m.

HOW SIGN-UP FOR TRIPS
Sign-ups for trips and classes begin on January 15 at the Outdoor Program office in the SRC. Fees are due at sign-up and are non refundable. Pre-trip meetings are held at the Outdoor Program.
SKI & BOARD TUNE CLINIC
U of I Outdoor Rental Center - Learn to tune your board or skis like the professionals. Bring your own skis or snowboard.

Cost: $10 (includes tune of your own gear)
Clinic: January 22 at 3 p.m. and 4:30 p.m.

CROSS COUNTRY SKI TOUR
Palouse Divide, Idaho - Come learn the basics of cross country skiing on terrain suitable for any skill level.

Cost: (includes transportation and equipment)
Students | $30
All Others | $45
Trip: January 25
Pre-Trip: January 22 at 5 p.m.

NEED A RIDE?
Catch the Mountain Express to the mountain throughout the season. Cost includes lift ticket and transportation.

LOOKOUT PASS
DATES: January 25, February 1 & 22
Cost: Students | $50
All Others | $55

SILVER MOUNTAIN
DATES: January 18 & February 8
Cost: Students | $65

Transportation Only - $15 for season pass holders

Sign-up in the Outdoor Program Office
BACKCOUNTRY SKI AND SPLITBOARD TOUR DAY
Silver Valley, Idaho - Experience powder filled bowls. This trip is suitable for the backcountry skier or splitboarder who has some experience under their belt.

Cost: (includes transportation and group equipment)
- Students | $30
- All Others | $40

Trip:
- January 26
- February 28

Pre-Trip:
- January 24 at 5 p.m.
- February 26 at 5 p.m.

AVALANCHE RESCUE FUNDAMENTALS
 Moscow Mountain, Idaho - Learn the basics of avalanche rescue with a focused day practicing skills like beacon recovery, strategic shoveling, and team rescue. Meets American Avalanche Association guidelines.

Cost: (includes transportation, group equipment, and instruction)
- Students | $75
- All Others | $110

Class:
- January 31 at 5:30 p.m., SRC Classroom

Field Session:
- February 1

CROSS COUNTRY SKI TOUR
Fields Spring State Park, Washington - Come learn the basics of cross country skiing on terrain suitable for any skill level.

Cost: (includes transportation and group equipment)
- Students | $30
- All Others | $45

Trip:
- February 2

Pre-Trip:
- January 30 at 5 p.m.

AVALANCHE FUNDAMENTALS LEVEL 1 COURSE
Silver Valley, Idaho - This course is designed for new backcountry users wanting to expand their winter travel safety techniques, avalanche understanding, and rescue knowledge. Meets American Avalanche Association guidelines.

Cost: (includes transportation, group equipment, lodging, & instruction)
- Students | $225
- All Others | $300

Class:
- February 13 at 5:30 p.m., SRC Classroom

Field Session:
- February 15-17
ANEROID BASIN BACKCOUNTRY SKI TRIP
Wallowa Mountains, Oregon - Experience the powder filled bowls during the day and relaxed hut life at night. This trip is suitable for the backcountry skier or splitboarder who has some experience under their belt.

Cost: (includes transportation and lodging)
Students | $75
All Others | $100

Trip: February 6-9
Pre-Trip: February 4 at 5 p.m.
Trip: March 15-18
Pre-Trip: March 12 at 5 p.m.

SOWSHOE TOUR
Potlatch Canyon, Idaho - Learn how to snowshoe and experience the beautiful views of the Palouse.

Cost: (includes transportation and equipment)
Students | $25
All Others | $40

Trip: March 7
Pre-Trip: March 4 at 5 p.m.

GET YOUR SKIS & BOARD READY TO SHRED FOR THE SEASON

WAX - $15
old fashion hot wax
diamond stone finish to deburr edges

FULL TUNE - $35
old fashion hot wax
precision file on base and side edges for super sharp edges.
base flattened and filled with p-tex as needed for a wicked fast smooth finish

EDGE & WAX - $25
old fashion hot wax
precision file on base and side edges for super sharp edges

EXTRAS
binding adjust & test- $15
(salomon/atomic/look/rossignol/marker)
base weld for core shot - starts at $10
epoxy work - starts at $10
other ski repair - by estimate
mount - base price $40
HIKE, CLIMB & MORE

ROCK CLIMB
Hells Gate State Park, Idaho - Outdoor rock climbing for all abilities, located near Lewiston. An opportunity to climb outside.

Cost: (includes transportation and group equipment)
Students | $40  All Others | $60
Trip: February 22  Pre-Trip: February 19 at 5 p.m.

RIVER CANYON BACKPACKING
Rapid River, Idaho - Explore the scenic Rapid River area. Hike to the sound of river and enjoy the beauty that surrounds you on this overnight backpacking trip.

Cost: (includes transportation and instruction)
Students | $40  All Others | $60
Trip: April 18-19  Pre-Trip: April 15 at 5 p.m.

ROCK CLIMB
Q’emiln Park, Idaho - Outdoor rock climbing for all abilities, located near Post Falls. An opportunity to climb outside.

Cost: (includes transportation and group equipment)
Students | $40  All Others | $60
Trip: April 18  Pre-Trip: April 16 at 5 p.m.

ICONIC IDAHO EXPERIENCE
Big wilderness, scenic rivers, breathtaking mountain lakes, jagged peaks and more. These trips embody places that are iconic Idaho Adventures. Do one a year and hit them all by the time you graduate.
HIKE, CLIMB & MORE

PLEIN AIR PAINTING AND HIKE
Palouse Range, Idaho - Spend the day hiking and painting the spring scenery.

Cost: (includes transportation, equipment and painting supplies)
Students | $40  
All Others | $60

Trip: May 2  
Pre-Trip: April 30 at 5 p.m.

INTRO TO MOUNTAINEERING
Wallowa Mountains, Oregon - This course you will learn proper footwork and alpine climbing techniques. Practice self-arresting and using crampons effectively.

Cost: (includes transportation, climbing and group equipment)
Students | $90  
All Others | $130

Class Session: May 7 at 5:30 p.m.  
Field Session: May 9-10

HOW TO PARTICIPATE
Registration for trips is taken in person at the Outdoor Program office located in the Student Recreation Center (SRC). Each posted trip lists specific information for that trip. Required pre-trip planning meetings are also indicated. Transportation and group equipment costs will be charged upon sign-up. Fees are non-refundable. Non-University of Idaho students may be charged an additional fee, which will be listed on sign-up sheets. Other activities are free or will have a cost listed.

STOP BY THE OUTDOOR PROGRAM
Office Hours: 9 a.m. - 5 p.m., M - F
Outdoor Program: 208-885-6810
Rental Center: 10 a.m. - 6 p.m., M - F
Rental Center Phone: 208-885-6170
SWIFTWATER RESCUE TRAINING
Potlatch River, Idaho - Learn how to keep yourself safe and rescue others in whitewater. Taught by Swiftwater Safety Institute.

Cost: $295 (includes transportation, equipment and SRT certification)
Field Session: March 28 & 29
Class Session: March 27 at 5:30 p.m.

OPEN KAYAK POOL SESSIONS
U of I Swim Center - This is a chance for kayakers of all experience levels to work on skills in the safety of the pool.

Cost: $5 pay at the pool
Sessions: April 8, 15, and 22, 7-10 p.m.

POTLATCH RIVER RAFT
Potlatch, Idaho - Come enjoy a whitewater rafting trip on the Potlatch River at the peak of its excitement.

Cost: (includes transportation and equipment)
Students | $85  All Others | $100
Trip: April 4  Pre-Trip: April 1 at 5 p.m.

FREESTYLE WHITEWATER KAYAK CLINIC
U of I Swim Center - Learn advanced freestyle kayaking techniques that will enable you to do cartwheels, loops, and more complex moves.

Cost: (includes equipment and instruction)
Students | $40  All Others | $60
Clinic: April 8, 7-10 p.m.
KAYAK TOURING
Dworshack Reservoir, Idaho - Enjoy a flat-water kayak tour in the spring and camp next to the water.

Cost: (includes equipment, instruction and transportation)

Students | $80  All Others | $120

Trip: April 11-12  Pre-Trip: April 7 at 5 p.m.

WHITEWATER KAYAK CLINIC
U of I Swim Center - This clinic will teach you basic paddling strokes, braces, rolling and boat fitting.

Cost: (includes equipment and instruction)

Students | $40  All Others | $60

Clinic: April 22, 7-10 p.m.

OREGON COAST SURFING
Cannon Beach, Oregon - Enjoy the beauty of the Oregon Coast with this three-day surfing trip. Kayaks are welcome.

Cost: (includes transportation, camping, and group equipment)

Students | $100  All Others | $150

Board rental an additional $45
Board rental and instruction an additional $130

Trip: May 1-3  Pre-Trip: April 28 at 5 p.m.
LEARN TO SKI
Lookout Pass, Idaho - Learn how to alpine ski in one day.

Cost: (includes transportation, instruction, lift ticket, and equipment)
Students | $100    All Others | $140
Trip: February 1      Pre-Trip: January 30 at 5 p.m.

BASECAMP XC SKI WEEKEND
Fields Spring State Park, Washington - A partnership with Student Involvement. This weekend will be a mix of leadership development, service work, and outdoor recreation.

Cost: Free
Trip: February 15-17, sign-up through the Department of Student Involvement.

WHITEWATER KAYAK CLINIC
U of I Swim Center - This clinic will teach you basic paddling strokes, braces, rolling, and boat fitting.

Cost: (includes equipment and instruction)
Students | $40    All Others | $60
Clinic: April 15, 7-10 p.m.

RIVER CANYON BACKPACK
Wenaha River, Oregon - Hike to the sound of the river and enjoy beauty that surrounds you on this overnight backpacking trip.

Cost: (includes transportation and group equipment)
Students | $40    All Others | $60
Trip: April 25-26      Pre-Trip: April 22 at 5 p.m.

Lift Tickets
Lookout Pass:
Students | $34    All Others | $36

Silver Mountain:
Students Only | $46

Tickets are available in the Outdoor Rental Center
SPECIAL EVENTS

BACKCOUNTRY FILM FESTIVAL
Kenworthy Performing Arts Centre - Film line-up is full of snowy cinematic adventure sure to inspire both the local backcountry and general communities. Proceeds benefit the Wallow Avalanche Center.

Date: January 29 at 7 p.m.
Cost: $10/ticket (cash or check only at the window)

CLIMBING CENTER - FREE RENTALS FRIDAYS
Show your Vandal ID Card for free Climbing Center rentals during regular business hours noon to 9 p.m.

Dates: January 31, February 28, March 27, and April 24

PALOUSE CLIMBING FESTIVAL
Climbing Center - The PCF is part of the Northwest Collegiate Climbing Circuit (NC3), which promotes friendly competition to achieve the goal of helping to build, connect, and inspire the next generation of Northwest climbers.

Cost: $30 (early bird registration before February 22)
$35 after

Date: March 7

WILDERNESS FIRST AID COURSE
Student Rec Center - This course is an introduction to wilderness medicine and basic life support skills. Includes CPR certification. Taught by Desert Mountain Medicine.

Cost: $225

Full Course: April 11-12

ABOUT THE OUTDOOR PROGRAM
The University of Idaho Outdoor Program is a non-profit service organization providing the university community with education and resources for wilderness-based, human-powered and environmentally sound activities. We promote teamwork, leadership and growth through outdoor adventure experiences.

Instructional Trips
Cooperative Trips
Rental Equipment
Outdoor Information
Resource Material
Trip Planning Assistance
Equipment Repair
Ski & Snowboard Tuning

The Outdoor Program offers a wide variety of services and activities to the University community: Cooperative trips are cost sharing. Participants supply their own food and own personal equipment through rental or purchase. Required pre-trip meetings are held to work out trip details. Listed fees are for transportation, group gear and instruction (if provided).
OPEN CLIMBING HOURS
Monday, Tuesday, Thursday, & Friday: Noon - 9 p.m.
Wednesday: Noon - 8 p.m.       Saturday: 10 a.m. - 8 p.m.
Sunday: 2 - 8 p.m.

BASICS CLINICS
Monday, Tuesday, Thursday, & Friday: 6 p.m.
Cost U of I Students: $8   Cost for all others: $13

GYM TO CRAG SKILLS CLINICS
Rotating topics, see the Climbing Center for a schedule.

Wednesdays: 6 p.m.
Cost: $8 includes equipment

WOMEN’S CLIMBING NIGHT
Clinics and climbing for women by women.

Wednesdays: 8 -10 p.m.

YOUTH OPEN CLIMBING
All participants must watch the U of I Climbing Center orientation video. Parents must also take and pass a onetime basics belay clinic, or demonstrate skill proficiency. All participants read and sign an assumption of risk and liability waiver form at the Climbing Center. Youth 13 and under are not allowed to belay.

Thursdays & Fridays: 3 - 6 p.m.

Saturdays: 10 a.m. - 8 p.m.   | Youth Basics Clinic: 11 a.m. & 5 p.m.
Sundays: 2 - 8 p.m.   | Youth Basics Clinic: 3 p.m.

WEDNESDAY, JANUARY 29
7 p.m. | Kenworthy Performing Arts Centre

$10 per ticket
Cash or check only, doors open 6:30 p.m.
All proceeds benefit the Wallowa Avalanche Center