INTRO TO OUTDOORS

VANDAL WELCOME RAFT TRIP
Salmon River, Idaho - Come enjoy a whitewater rafting trip on the Salmon River at the peak of its excitement.

Cost: (includes group equipment and transportation)

Students | $85           All Others | $100
Trip: August 28          Pre-Trip: August 26, 5 p.m.

INTRO TO WHITEWATER KAYAK CLINIC
U of I Swim Center - Come learn the fundamentals of how to outfit, paddle, and wet exit a whitewater kayak.

Cost: (includes equipment and instruction)

Students | $40           All Others | $60
Clinic: September 1, 7 - 10 p.m.

MOUNTAIN BIKE RIDE
Moscow Mountain, Idaho - Join us for an evening bike ride on single track trails on Moscow Mountain. Ride leaves from the Outdoor Program on campus. You must have your own bike, helmet, and light for the front and back of the bike, all in good working condition.

Cost: Free

Trip: September 9, 4:30 p.m. to dusk

ABOUT THE OUTDOOR PROGRAM
The University of Idaho Outdoor Program is a non-profit service organization providing the university community with education and resources for wilderness-based, human-powered and environmentally sound activities. We promote teamwork, leadership and growth through outdoor adventure experiences.

Instructional Trips  Outdoor Information  Equipment Repair
Cooperative Trips  Resource Material  Ski & Snowboard Tuning
Rental Equipment  Trip Planning Assistance

The Outdoor Program offers a wide variety of services and activities to the University community: Cooperative trips are cost sharing. Participants supply their own food and own personal equipment through rental or purchase. Required pre-trip meetings are held to work out trip details. Listed fees are for transportation, group gear and instruction (if provided).

Contact the Outdoor Program at 208-885-6810
RIVER CANYON BACKPACK
Riggins, Idaho - Explore the scenic Rapid River area. Hike to the sound of the river and enjoy the beauty that surrounds you on this overnight backpacking trip.

Cost: (includes group equipment and transportation)
Student | $40  
All Others | $60
Trip: October 2 - 3  
Pre-Trip: September 3, 5 p.m.

UTAH BACKPACK
Grand Staircase-Escalante, Utah - Discover the maze of red sandstone canyons that winds through southern Utah. This trip is designed for individuals of any skill level.

Cost: (includes transportation and group equipment)
Student | $210  
All Others | $290
Trip: November 21 - 27  
Pre-Trip: November 17, 5 p.m.
CLIMBING CLINIC - ANCHOR BUILDING
Moscow Mountain, Idaho - Join us outside on Moscow Mountain to learn how to build natural climbing anchors.

Cost: $20
Clinic: September 20, 4 p.m.

CLIMBING CLINIC - RAPPELLING
Moscow Mountain, Idaho - Join us on Moscow Mountain to learn how to rappel.

Cost: $20
Clinic: September 22, 4 p.m.

ROCK CLIMB WEEKEND TRIP
City of Rocks, Idaho - Come join us on a three day rock climbing trip to the world-renowned City of Rocks in Southern Idaho. Basics and lead clinics required. Inquire at the Climbing Center for clinic dates.

Cost: (includes group equipment, instruction, and transportation)
Student | $100  All Others | $150
Trip: October 15 - 17  Pre-Trip: October 13, 5 p.m.

HOW TO PARTICIPATE
Registration for trips is taken in person at the Outdoor Program office located in the Student Recreation Center (SRC). Each program lists specific details regarding registration deadlines, cost, required pre-trip meetings and trip specifics. Transportation is included, or participants may drive themselves depending on the program. Fees are due to confirm program reservation and are non-refundable. Non-university students may be charged an additional fee, which will be listed on the program information. Release of liability form, health screening questionnaire, packing list and course information will be emailed out to participants after sign-up. Required pre-trip meetings will happen in person or virtual depending on the program. Stop by the Outdoor Program or call for additional information.

Contact the Outdoor Program at 208-885-6810

HOW TO PARTICIPATE
Registration for trips is taken in person at the Outdoor Program office located in the Student Recreation Center (SRC). Each program lists specific details regarding registration deadlines, cost, required pre-trip meetings and trip specifics. Transportation is included, or participants may drive themselves depending on the program. Fees are due to confirm program reservation and are non-refundable. Non-university students may be charged an additional fee, which will be listed on the program information. Release of liability form, health screening questionnaire, packing list and course information will be emailed out to participants after sign-up. Required pre-trip meetings will happen in person or virtual depending on the program. Stop by the Outdoor Program or call for additional information.

Contact the Outdoor Program at 208-885-6810

#venturelikeavandal

Follow us
U of I Outdoor Program

Follow us
@UI_outdoorprogram
OPEN KAYAK POOL SESSIONS
*U of I Swim Center*

**Cost:** (include equipment) $5

**Sessions:** September 1, 8, and 15, 7 - 10 p.m.

INTRO TO WHITETRATER KAYAK CLINIC
*U of I Swim Center - Come learn the fundamentals of how to outfit, paddle, and wet exit a whitewater kayak.*

**Cost:** (includes equipment and instruction)

<table>
<thead>
<tr>
<th>Students</th>
<th>All Others</th>
</tr>
</thead>
<tbody>
<tr>
<td>$40</td>
<td>$60</td>
</tr>
</tbody>
</table>

**Clinic:** September 1, 7 - 10 p.m.

FREESTYLE WHITETRATER KAYAK CLINIC
*U of I Swim Center – Learn and practice advanced and freestyle whitewater kayak techniques such as rolling, bracing, and flatwater drills.*

**Cost:** (includes equipment and instruction)

<table>
<thead>
<tr>
<th>Students</th>
<th>All Others</th>
</tr>
</thead>
<tbody>
<tr>
<td>$40</td>
<td>$60</td>
</tr>
</tbody>
</table>

**Trip:** September 15, 7 - 10 p.m.

WHITETRATER KAYAK INSTRUCTIONAL COURSE
*On an Idaho river – This course includes two pool sessions with instruction and a day on the river learning the basics of whitewater kayaking. Topics covered include basic paddling strokes, braces, rolling, boat fitting, and beginning water reading.*

**Cost:** (includes equipment, instruction, and transportation)

<table>
<thead>
<tr>
<th>Students</th>
<th>All Others</th>
</tr>
</thead>
<tbody>
<tr>
<td>$100</td>
<td>$130</td>
</tr>
</tbody>
</table>

**Own Equipment Cost:** (includes instruction and transportation)

<table>
<thead>
<tr>
<th>Students</th>
<th>All Others</th>
</tr>
</thead>
<tbody>
<tr>
<td>$65</td>
<td>$95</td>
</tr>
</tbody>
</table>

**Pool Sessions:** September 1 or 8, and 15 at U of I Swim Center 7 -10 p.m.

**Trip:** September 25  **Pre-Trip:** September 21 at 5 p.m.
WOMEN’S WHITEWATER KAYAK CLINIC
U of I Swim Center - Come learn the fundamentals of how to outfit, paddle, and wet exit a whitewater kayak.

Cost: (includes equipment and instruction)

Students | $40  
All Others | $60

Clinic: September 8, 7 - 10 p.m.

WOMEN’S RIVER CANYON BACKPACK
Snake River, Idaho - This trip is open to all ability levels and is a great way to meet new people. Come explore the deepest canyon in the United States, visit a historic ranch, and fall asleep listening to the Snake River.

Cost: (includes group equipment and transportation)

Students | $40  
All Others | $60

Trip: September 25 - 26  
Pre-Trip: September 23, 5 p.m.

SKI AND BOARD TUNE CLINIC
Outdoor Rental Center - Learn the basics of tuning your ski gear for the upcoming season.

Cost: $20

Clinic: December 7 (sign-up by December 6)

Session 1: 4 p.m.  
Session 2: 5 p.m.

AVALANCHE AWARENESS CLASS
SRC Classroom - An introduction into avalanche and snow safety.

Cost: Free

Class: December 9, 5 p.m.

TRIP PLANNING ASSISTANCE
Set-up a time to meet with an Outdoor Program staff member on how to plan your dream adventure or an easy weekend trip close to Moscow.

To set up a meeting
Email: outdoorprogram@uidaho.edu
SPECIAL EVENTS

CLIMBING CENTER - FREE RENTALS FRIDAYS
Show your Vandal ID Card for free Climbing Center rentals during regular business hours noon to 9 p.m.

Dates: August 27, September 24, October 29, and November 19

BOWLDERING LEAGUE
Climbing Center - If you aren’t good at bowling, like to climb, and want to gather a team of climbers to compete in a 6 week bouldering league, you are in luck! 6 rounds of new and exciting boulders each week.

Cost: $20 - Please sign-up in advance to reserve your spot.

Dates: September 20 - October 29

RAFT TRIP - PUBLIC LANDS DAY OF SERVICE
Salmon River, Idaho - Help us partner with the BLM to clean the river by raft. To sign-up or for more information, contact the Outdoor Program.

Cost: Free

Trip: September 25 Pre-Trip: September 21 at 5 p.m.

MONSTER MATCH CLIMBING COMPETITION
Climbing Center - Frightening fun climbing comp and end of the Bowldering League.

Cost: $10

Date: October 29, 5 - 9 p.m.

ANNUAL OUTDOOR EQUIPMENT SALE & SWAP
Student Rec Center, Multi-Activity Court - Bring in your new or used equipment to sell or barter. Tons of great gear and screaming deals!

Cost: This event is free and open to the public to browse. Attendees interested in selling items pay $10 at the door.

Date: November 11, 6 - 8 p.m. Seller set-up at 5 p.m.

WILDERNESS FIRST RESPONDER COURSE
Student Rec Center - This course is an introduction to wilderness medicine education and basic life support skills. Includes CPR certification. Register by December 18, 2021. Taught by Desert Mountain Medicine.

Full Course Cost: $735

Dates: January 5 - 9, 2022

Refresher Course Cost: $335

Dates: January 7 - 9, 2022
OPEN CLIMBING HOURS
Monday, Tuesday, Thursday, & Friday: Noon - 9 p.m.
Wednesday: Noon - 8 p.m.
Saturday: 10 a.m. - 8 p.m.
Sunday: 2 - 8 p.m.

BASICS CLINICS
Monday, Tuesday, Thursday & Friday: 6 p.m.
Cost (includes instruction)
Student | $8  All Others | $13 for all others

GYM TO CRAG CLINICS
Rotating topics, see the Climbing Center for a schedule.
Wednesdays: 6 p.m. (Except the first Wednesday of the month)
Cost: $8 (includes equipment)

WOMEN’S CLIMBING NIGHTS - For Women, led by women.
First Wednesday of the Month: 7 - 9 p.m.
Cost: $5 (includes rentals)

YOUTH OPEN CLIMBING
All participants must watch the U of I Climbing Center orientation video. Parents must also take and pass a onetime basics belay clinic, or demonstrate skills proficiency. All participants read and sign an assumption of risk and liability waiver form at the Climbing Center. Youth 13 and under are not allowed to belay.

Thursday & Friday: 3 - 6 p.m.
Saturday: 10 a.m. - 8 p.m.
Sunday: Noon - 8 p.m.

Bowldering League
Because we know you’re a terrible bowler, we created bowldering league!
Gather your friends to form your best team and compete over 6 weeks against others on fresh, new problems.

Dates: September 20 - October 29  Cost: $20 per person

Questions?
Email: nmoody@uidaho.edu

OUTDOOR PROGRAM OFFICE
Weekday Hours: 9 a.m. - 5 p.m.
Phone: 208-885-6810

OUTDOOR RENTALS
Weekday Hours: 10 a.m. - 6 p.m.
Phone: 208-885-6170