

2020 Fall Schedule

OUTDOOR PROGRAM



University of Idaho
Recreation and Wellbeing



RECREATION & WELLBEING
OUTDOOR PROGRAM

uidaho.edu/outdoorprogram



BIKE RIDE SERIES

Join the Outdoor Program for evening bike rides on the roads and trails around Moscow. All rides leave from the OP on campus. You must have your own bike, helmet, and lights for the front and back of the bike, all in good working condition. Registrations are required.

MOUNTAIN BIKE RIDE

Various single track on Moscow Mountain

Cost: Free (register by September 2)

Trip: September 3 at 4 p.m.

GRAVEL GRIND BIKE RIDE

Palouse area dirt/gravel roads

Cost: Free (register by September 9)

Dates: September 10 at 4 p.m.

MOUNTAIN BIKE RIDE

Various single track on Moscow Mountain

Cost: Free (register by September 16)

Ride: September 17 at 4 p.m.

ROAD RIDE

Explore the paved trails in rural Latah County

Cost: Free (register by September 23)

Trip: September 24 at 4 p.m.

GRAVEL GRIND BIKE RIDE

Palouse area dirt/gravel roads

Cost: Free (register by September 30)

Trip: October 1 at 4 p.m.

ROAD RIDE

Explore the paved trails in rural Latah County

Cost: Free (register by October 7)

Trip: October 8 at 4 p.m.



ICONIC IDAHO EXPERIENCE

Big wilderness, scenic rivers, breathtaking mountain lakes, jagged peaks and more. These trips embody places that are Iconic Idaho Adventures. Do one a year and hit them all by the time you graduate.

OUTDOOR PROGRAM OFFICE

Weekday Hours: 9 a.m. - 5 p.m.

Phone: 208-885-6810

OUTDOOR RENTALS

Weekday Hours: 10 a.m. - 6 p.m.

Phone: 208-885-6170



AFTERNOON VENTURES

Trips leave from the Student Rec Center and are 2 - 4 hours in length.

AUTUMN PLEIN AIR PAINTING

U of I Arboretum, Moscow - Enjoy a walk through the arboretum and painting the colorful fall scenery.

Cost (includes instruction and art supplies, register by September 28):

Student | \$40

All Others | \$50

Trip: September 29 at 4 p.m.

PICK YOUR OWN PUMPKINS

Soil Stewards Farm, Moscow - Explore the University farm run by U of I students and pick out 1-3 pumpkins to take home.

Cost (You can buy more pumpkins at the farm, register by October 12):

Student | \$20

All Others | \$25

Trip: October 13 at 4 p.m.



TRIP PLANNING ASSISTANCE

Set-up a time to meet with an Outdoor Program staff member on how to plan your dream adventure or an easy weekend trip close to Moscow.

To set up a meeting

Email: outdoorprogram@uidaho.edu



FULL DAY TRIPS

PUBLIC LANDS DAY OF SERVICE

Lower Salmon River, Idaho - Help us partner with the BLM to clean the river by raft.

Cost: Free (includes transportation, register by September 18)

Trip: September 26 **Pre-Trip:** September 24 at 5 p.m.

INTRO TO FLY FISHING

St. Joe River, Idaho - Learn the basics of fly fishing followed with a day boating on the water and practicing skills.



Cost: (includes instruction, transportation, and group equipment, register by September 18)

Student | \$100 All Others | \$150

Trip: September 27 **Class:** September 24 at 5 p.m.

ROCK CLIMB

Hells Gate State Park, Idaho - Outdoor rock climbing for all abilities, located near Lewiston.

Cost : (includes instruction, transportation, and group equipment, register by October 9)

Student | \$40 All Others | \$60

Trip: October 17 **Pre-Trip:** October 15 at 5 p.m.



Rental Gear For Your Outdoor Adventure



Rafting
Kayaking
Canoeing
Paddle Boarding



Camping
Backpacking
Bikepacking
Mountaineering



Phone
208-885-6170
Hours
10 a.m. - 6 p.m. M-F

Outdoor Rental Center

Located in the the University of Idaho Student Rec Center

1000 Paradise Creek | Moscow, Id 83844 | uidaho.edu/outdoorprogram



VIRTUAL VENTURES

Check out uidaho.edu/outdoorprogram for specific zoom sign-up information for webinars.

PLANNING DIY OUTDOOR ADVENTURE

Learn what it takes to plan your own successful outing.

Cost: Free

Clinic: October 14 at 4 p.m.

SKI TUNING CLINIC

Learn the basics of tuning your ski gear for the upcoming season.

Cost: Free

Clinic: November 18 at 4 p.m.

AVALANCHE AWARENESS

An introduction into avalanches and snow safety.

Cost: Free

Clinic: December 9 at 4 p.m.

Bowldering League

Because we know you're a terrible bowler, we created bowldering league! Gather your friends to form your best team and compete over 6 weeks against others on fresh, new problems.

Questions?

Email: nmoody@uidaho.edu



WEEKEND ADVENTURE

RIVER CANYON BACKPACK

White Bird, Idaho - This trip is open to all ability levels and a great way to meet new people. Come explore the Snake River Canyon and fall asleep listening to the Snake River.

Cost (includes transportation and group equipment, register by September 25):

Student | \$40

All Others | \$60

Trip: October 3 - 4

Pre-Trip: October 1 at 5 p.m.

WOMEN'S RIVER CANYON BACKPACK

Selway River, Idaho - Explore the wild and scenic Selway River and gentle rolling forest of the Nez Perce-Clearwater wilderness on this overnight backpacking trip.

Cost (includes transportation and group equipment, register by October 2):

Student | \$40

All Others | \$60

Trip: October 10 - 11

Pre-Trip: October 8 at 5 p.m.





SPECIAL EVENTS

CLIMBING CENTER - FREE RENTALS FRIDAYS

Show your Vandal ID Card for free Climbing Center rentals during regular business hours noon to 9 p.m.

Dates: August 28, September 25, October 30, & November 20

BOWLDERING LEAGUE

Climbing Center - If you aren't good at bowling, like to climb, and want to gather a team of crushers to compete in a 6 week bouldering league, you are in luck! 6 rounds of new and exciting boulders, Big Lewbowski themed Halloween week comp, and a chance for prizes.

Cost: \$10 - Please sign-up in advance to reserve your spot.

Date: Starts September 15. Punny team names required.

CLIMBING ANCHOR BUILDING

Climbing Center - Join us outside on Moscow Mountain to learn how to build natural climbing anchors.

Cost: \$20 (register by September 30)

Date October 6 at 4 p.m.

HALLOWEEN MONSTER MATCH CLIMBING COMPETITION

Climbing Center - Virtual week long, frighteningly fun, climbing comp. End of the Bouldering League.

Cost: \$20 (register by September 30)

Date: October 6 at 4 p.m.

WILDERNESS FIRST RESPONDER HYBRID COURSE

Student Rec Center - taught by Desert Mountain Medicine

Full Course Dates: January 6-10

Cost: \$700

Refresher Course Dates: January 8-10

Cost Refresher: \$325

(Register by December 18)

ABOUT THE OUTDOOR PROGRAM

The University of Idaho Outdoor Program is a non-profit service organization providing the university community with education and resources for wilderness-based, human-powered and environmentally sound activities. We promote teamwork, leadership and growth through outdoor adventure experiences. The Outdoor Program offers a wide variety of services and activities to the University community:

Instructional Trips

Outdoor Information

Equipment Repair

Cooperative Trips

Resource Material

Ski & Snowboard Tuning

Rental Equipment

Trip Planning Assistance

Cooperative trips are cost sharing. Participants supply their own food and own personal equipment through rental or purchase. Required pre-trip meetings are held to work out trip details. Listed fees are for transportation, group gear and instruction (if provided).



CLIMBING CENTER

OPEN CLIMBING HOURS

Monday - Friday: Noon - 2 p.m., 3:30 - 9 p.m.

Saturdays & Sunday: Noon - 3 p.m., 4 - 7 p.m.

BASICS CLINICS

Monday, Tuesday, Thursday & Friday: 6 p.m.

Cost (includes instruction)

Student | \$8

All Others | \$13 for all others

GYM TO CRAG CLINICS

Rotating topics, see the Climbing Center for a schedule.

Wednesdays: 6 p.m. (except the first Wednesday of the month)

Cost: \$8 includes equipment

WOMEN'S CLIMBING NIGHTS

First Wednesday of the Month: 7 - 9 p.m.

Cost: (includes rentals): \$5

YOUTH OPEN CLIMBING

All participants must watch the U of I Climbing Center orientation video. Parents must also take and pass a onetime basics belay clinic, or demonstrate skills proficiency. All participants read and sign an assumption of risk and liability waiver form at the Climbing Center. Youth 13 and under are not allowed to belay.

Thursdays & Fridays: 3:30 - 6 p.m.

Saturdays: Noon - 3 p.m. & 4 - 7 p.m.

Sundays: Noon - 3 p.m. & 4 - 7 p.m.

Saturday Youth Basics Checkoff/Clinic: 1 & 5 p.m.

Sunday Youth Basics Checkoff/Clinic: 1 & 5 p.m.

HOW TO PARTICIPATE

Registration for trips is taken in person at the Outdoor Program office located in the Student Recreation Center (SRC). Each program lists specific details regarding registration deadlines, cost, required pre-trip meetings and trip specifics. Transportation is included, or participants may drive themselves depending on the program. Fees are due to confirm program reservation and are non-refundable. Non-university students may be charged an additional fee, which will be listed on the program information. Release of liability form, health screening questionnaire, packing list and course information will be emailed out to participants after sign-up. Required pre-trip meetings will happen in person or virtual depending on the program. Stop by the Outdoor Program or call for additional information.

Contact the Outdoor Program at 208-885-6810



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UI Outdoor Program



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