

Internship Admissions, Support, and Initial Placement Data

Date Program Tables are updated:

Program Disclosures

Does the program or institution require students, trainees, and/or staff (faculty) to comply with specific policies or practices related to the institution's affiliation or purpose? Such policies or practices may include, but are not limited to, admissions, hiring, retention policies, and/or requirements for completion that express mission and values?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
If yes, provide website link (or content from brochure) where this specific information is presented:	

Internship Program Admissions

Briefly describe in narrative form important information to assist potential applicants in assessing their likely fit with your program. This description must be consistent with the program's policies on intern selection and practicum and academic preparation requirements:

The University of Idaho Counseling & Testing Center internship offers training and supervised experiences for interns to develop advanced skills by providing the varied services offered through a busy university counseling center. The internship prepares interns to work in university counseling centers as well as many other mental health settings. Our educational philosophy is based on a developmental model which emphasizes the integration of scholarly knowledge to the applied practice of psychology. The training faculty is committed to providing excellent and supportive supervision and mentorship to facilitate the development of advanced skills and professional identity. Multicultural competence is an important value of the CTC and is integrated into didactic and experiential training activities. Diversity training emphasizes self-reflection and awareness to understand how one's own personal/cultural history may affect the counseling process and developing knowledge and skills to work effectively with clients from diverse backgrounds. Major Training Experiences include:

1. Intervention: The main emphasis is on a.) Individual Counseling (brief model); b.) Group Counseling (the CTC has a full menu of process, support and skill building groups); c.) Couples Counseling (training in the Gottman method, limited opportunities for couples counseling); d.) Crisis Counseling (Didactic training in crisis screening, risk assessment and intervention. Weekly supervised crisis coverage.

2. Psychological Assessment & Testing- ADHD/LD assessment or therapeutic personality assessment emphasis.

3. Consultation & Outreach- Each intern serves as a consultant/liaison to an affiliate office (e.g., College Assistant Migrant Program, Office of Multicultural Affairs, Native American Student Center, Student Support Services/TRIO). Interns also provide outreach programs on mental health topics to their liaison partners and other campus groups.

4. Diversity-Interns receive didactic and experiential training to increase their understanding, knowledge and skills related to individual and cultural diversity.

5. Supervision-Interns receive training on supervision best practices and models and provide supervision and mentoring for undergraduate psychology majors or graduate students.

6. Alcohol & other Drugs Assessment & Intervention-Interns provide screenings, individual assessments and counseling, and conduct alcohol and marijuana psychoeducational workshops.

Other. Interns attend a case consultation meeting with the psychiatric practitioner.

COVID19 Update

The CTC successfully converted to telehealth service delivery via Zoom at the beginning of the pandemic in 2019. As of the beginning of the 2021-2022 academic year, the majority of services continued to be offered via telehealth. In-person services are offered on a limited basis. Interns work on-site in private offices.

Does the program require that applicants have received a minimum number of hours of the following at time of application? If Yes, indicate how many:

Total Direct Contact Intervention Hours			Amount:450
Total Direct Contact Assessment Hours			Amount: 40

Describe any other required minimum criteria used to screen applicants:

- Current enrollment in an APA or CPA-accredited doctoral program in counseling or clinical psychology.
- Successful completion of all required coursework, practica, and doctoral comprehensive exams prior to the starting date of the internship.
- Endorsement by academic program TD of readiness for internship
- Completion of a minimum of 100 individual counseling hours with adults (age 18+) by start of internship.
- Strong interest and commitment to providing culturally responsive psychological services to a diverse clientele and experience working with diverse clients
- Strong interpersonal skills and ability to work collaboratively with an interdisciplinary team
- Interest and/or experience working in a university/college counseling center setting

In consideration of how the COVID-19 pandemic may have impacted applicants ability to meet minimum hours, we will 1). Consider hours to be accrued after submission of APPI; 2). Consider hours that are close to the minimum; 3). Consider relevant work experience.

Financial and Other Benefit Support for Upcoming Training Year*

Annual Stipend/Salary for Full-time Interns	33,000.	
Annual Stipend/Salary for Half-time Interns	0	
Program provides access to medical insurance for intern?	Yes	No
If access to medical insurance is provided:		
Trainee contribution to cost required?	Yes	No
Coverage of family member(s) available?	Yes	No
Coverage of legally married partner available?	Yes	No
Coverage of domestic partner available?	Yes	No
Hours of Annual Paid Personal Time Off (PTO and/or Vacation)	96	
Hours of Annual Paid Sick Leave	96	
In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to interns/residents in excess of personal time off and sick leave?	Yes	No
Other Benefits (please describe): 5 days of professional development leave for job interviews, dissertation defense and other professional activities.		

*Note. Programs are not required by the Commission on Accreditation to provide all benefits listed in this table

Initial Post-Internship Positions

(Provide an Aggregated Tally for the Preceding 3 Cohorts)

	2017-2020	
Total # of interns who were in the 3 cohorts	12	
Total # of interns who did not seek employment because they returned to their doctoral program/are completing doctoral degree	0	
	PD	EP
Academic teaching	0	0
Community mental health center	1	1
Consortium	0	0
University Counseling Center	4	1
Hospital/Medical Center	0	0
Veterans Affairs Health Care System	0	0
Psychiatric facility	0	0
Correctional facility	0	0
Health maintenance organization	0	0
School district/system	0	0
Independent practice setting	2	2
Other		1

Note: "PD" = Post-doctoral residency position; "EP" = Employed Position. Each individual represented in this table should be counted only one time. For former trainees working in more than one setting, select the setting that represents their primary position.