OUTDOOR PROGRAM
2019 Winter Schedule

INTRO TO OUTDOORS

LEARN TO SKI
Lookout Pass, Idaho - Learn how to alpine ski in one day at Lookout Pass.
Cost: $100 (includes transportation, equipment and instruction).
Trip: February 2  Pre-Trip: January 31 at 5pm

SNOWSHOE TOUR
Field’s Spring, Oregon - Learn how to snowshoe and experience the beautiful views of Oregon in winter.
Cost: $25 (includes transportation and group equipment).
Trip: January 27  Pre-Trip: January 24 at 5pm

WHITEWATER KAYAK CLINIC
UI Swim Center - This clinic will teach you basic boat fitting, paddle strokes, braces, and rolling if time allows.
Cost: $40 (include equipment and instruction).
Clinic: April 10, 7-10pm

EARTH DAY HIKE AND PLEIN AIR PAINTING
Moscow Mountain, Idaho - Celebrate Earth Day with a day hike and painting the spring scenery. In conjunction with UI Sustainability Center
Cost: $40 (includes transportation, equipment and painting supplies).

SNOW

SKI & BOARD TUNE CLINIC
UI Outdoor Rental Center - Learn to tune your board or skis like the professionals. Bring your own skis or snowboard.
Cost: $10 (includes tune of your own gear).
Trip: January 16 at 4pm

CROSS COUNTRY SKI TOUR
Palouse Divide, Idaho - Come learn the basics of cross country skiing on terrain suitable for any skill level.
Cost: $30 (includes transportation and group equipment).
Trip: January 19  Pre-Trip: January 17 at 5pm

ICONIC IDAHO EXPERIENCE
Big wilderness, scenic rivers, breathtaking mountain lakes, jagged peaks and more. These trips embody places that are Iconic Idaho Adventures. Do one a year and hit them all by the time you graduate.

uidaho.edu/outdoorprogram
BACKCOUNTRY SKILLS & AVALANCHE RESCUE COURSE
Moscow Mountain & Silver Valley, Idaho - This course is designed for new backcountry users wanting to expand their winter travel techniques, avalanche awareness, and rescue knowledge.

Cost: $65 (includes transportation, equipment, and instruction).
Trip: February 2 & 3  Pre-Trip: January 31 at 5pm

AVALANCHE RECREATIONAL LEVEL 1 COURSE
Silver Valley, Idaho - Learn about companion rescue, backcountry travel, and how to minimize risk in avalanche terrain. Meets American Avalanche Association Rec Level 1 standards.

Cost: $225 (includes transportation, group equipment, lodging, food, and instruction).
Class: February 13 at 5:30pm, SRC Classroom
Field Session: February 16-18

ANEROID BASIN BACKCOUNTRY SKI TRIP
Wallowa Mountains, Oregon - Experience the powder filled bowls during the day and relaxed hut life at night. This trip is suitable for the backcountry skier or splitboarder who has some experience under their belt.

Cost: $50 (includes transportation, equipment and lodging).
Trip: February 7-10  Pre-Trip: February 5 at 5pm
Trip: March 10-13  Pre-Trip: March 7 at 5pm

MOUNTAIN EXPRESS
Looking to hit the slopes? Catch the Mountain Express to various mountains throughout the season. Cost includes lift ticket and transportation.

Lookout Pass
Dates: January 19 & February 2  Cost: $49/UI students
$51/all other

Silver Mt.
Dates: January 26 & February 16  Cost: $60/UI students

CROSS COUNTRY SKI TOUR
Palouse Divide, Idaho - Come learn the basics of cross country skiing on terrain suitable for any skill level.

Cost: $30 (includes transportation and equipment).
Trip: February 23  Pre-Trip: February 21 at 5pm

NO MAN’S LAND FILM FESTIVAL
Washington State University - In conjunction with the UI Women’s Center - Catch a ride with the Outdoor Program and see this film celebrating women in the Outdoors.

Cost: Free (includes transportation).
Date: March 6

WHITewater KAYAK CLINIC
UI Swim Center - This clinic will teach you basic paddling strokes, braces, rolling and boat fitting.

Cost: $40 (includes equipment and instruction).
Clinic: April 3, 7-10pm

RIVER CANYON BACKPACK
Rapid River, Idaho - Explore the scenic Rapid River area. Hike to the sound of the river and enjoy the beauty that surrounds you on this overnight backpacking trip.

Cost: $40 (includes transportation and group equipment).
Trip: April 6-7  Pre-Trip: April 4 at 5pm

HOW SIGN-UP FOR TRIPS
Sign-ups for trips and classes begin on January 9 at the Outdoor Program office in the SRC. Fees are due at sign-up and are non-refundable. Pre-trip meetings are held at the Outdoor Program.

STOP BY THE OUTDOOR PROGRAM
Office Hours: 9am - 5pm, M - F
Rental Center: 10am - 6 pm, M - F
Outdoor Program: (208) 885-6810
Rental Center Phone: (208) 885-6170

venturelikeavandal
HIKE, BIKE & CLIMB

**UTAH BACKPACK**
Grand Staircase - Escalante, Utah - Discover the beautiful maze of red sandstone canyons that winds its way through southern Utah.
This trip is designed for individuals of any skill level.
**Cost:** $210 (includes transportation and group equipment).
**Trip:** March 10-16  **Pre-Trip:** March 7 at 5pm

**RIVER CANYON BACKPACKING**
Wenaha River, Oregon - Traverse a portion of the Weneha-Tucannon Wilderness. Hike to the sound of the river and enjoy the beauty that surrounds you on this overnight backpacking trip.
**Cost:** $40 (includes transportation and equipment).
**Trip:** April 13-14  **Pre-Trip:** April 11 at 5pm

**MOUNTAIN BIKING**
St. Joe National Forest, Idaho - Bring your mountain bike and explore the trails in local forests.
**Cost:** $15 (includes transportation, bring your own mountain bike).
**Trip:** April 18, meet at 4pm

**INTRO TO MOUNTAINEERING**
Steven’s Peak, Idaho - This course you will learn the proper footwork and alpine climbing techniques. Practice self-arresting and using crampons effectively.
**Cost:** $80 (includes transportation, instruction, and group equipment).
**Class Session:** April 25 at 5:30pm  **Field Session:** April 27-28

**WATER**

**POTLATCH RIVER RAFT**
Potlatch, Idaho - Come enjoy a whitewater rafting trip on the Potlatch River at the peak of its excitement.
**Cost:** $60 (includes transportation and equipment).
**Trip:** March 23  **Pre-Trip:** March 21 at 5pm

**OPEN KAYAK POOL SESSIONS**
UI Swim Center - This is a chance for kayakers of all experience levels to work on skills in the safety of the pool.
**Cost:** $5 pay at the pool
**Dates:** March 27, April 3, 10, 17 & 24, 7-10pm

**SWIFTWATER RESCUE TRAINING**
Potlatch River, Idaho - Learn how to keep yourself safe and rescue others in whitewater. Taught by Swiftwater Safety Institute.
**Cost:** $295 (includes transportation, equipment and SRT certification).
**Field Session:** April 6-7  **Class Sessions:** April 5 at 5:30pm

**WHITEWATER KAYAK CLINIC**
UI Swim Center - This clinic will teach you basic paddling strokes, braces, rolling and boat fitting.
**Cost:** $40 (includes equipment and instruction).
**Clinic:** April 10, 7-10pm

**WHITEWATER KAYAK INSTRUCTIONAL COURSE**
Clearwater River, Idaho - This course includes two pool sessions with instruction and a day on the river learning the basics of whitewater kayaking.
**Cost:** $100 (includes transportation, equipment and instruction).
  $65 (with own equipment).
**Pool Sessions:** April 10 & 24, UI Swim Center 7-10pm
**Trip:** April 27  **Pre-trip:** April 25 at 5pm

**OREGON COAST SURFING**
Cannon Beach, Oregon - Enjoy the beauty of the Oregon Coast with this three-day surfing trip.
**Cost:** $100 (includes transportation, camping, group equipment and instruction. Board rental fee extra, kayaks welcome).
**Trip:** May 3-5  **Pre-Trip:** May 1 at 5pm
CLIMBING CENTER - FREE RENTALS FRIDAYS
Show your Vandal ID Card for free Climbing Center rentals during regular business hours noon to 9pm
Dates: January 25, February 22, March 29, and April 26

PALOUSE CLIMBING FESTIVAL
Climbing Center - The PCF is part of the Northwest Collegiate Climbing Circuit (NC3), which promotes friendly competition to achieve the goal of helping to build, connect and inspire the next generation of Northwest climbers.
Cost: $25 early bird registration before February 22
$30 after
Date: March 2

WILDERNESS FIRST AID COURSE
Student Rec Center - This course is an introduction to wilderness medicine and basic life support skills. Includes CPR certification. taught by Desert Mountain Medicine.
Cost: $200 Full Course: April 13-14

FINS, FEATHERS & FUR
All programs in partnership with the Backcountry Hunters & Anglers UI Student Chapter

WILD GAME CALLING
Learn the basics of turkey and elk calling and get two game calls.
Cost: $15 (includes instruction and game calls).
Date: March 28, 5pm at the SRC Classroom

FLY FISHING
St. Joe River, Idaho - Learn the basics of fly fishing followed with a day boating on the water practicing skills.
Cost: $90 (includes instruction, equipment, and transportation).
Date: April 28 Pre-Trip: April 25 at 5pm

SPECIAL EVENTS

OPEN CLIMBING HOURS
Monday - Friday: 12-9pm Saturday & Sunday: 2-8pm

BASICS CLINICS
Monday, Tuesday, Thursday & Friday: 6pm
Cost: $7 for students / $12 for all others

ADVANCED SKILLS CLINICS
Rotating topics, see the Climbing Center for a schedule.
Wednesdays: 6pm
Cost: $7 includes equipment.

WOMEN’S CLIMBING NIGHT
Clinics and climbing for women by women.
Wednesdays: 9-11pm

YOUTH OPEN CLIMBING
All participants are required to attend a youth basics clinic and parents or legal guardian must complete an assumption of risk form at the Climbing Center. Youth age 13 and under are designated "Climber Only" and all youth must be accompanied by a parent or guardian.
Saturdays: 9am-2pm Basics Clinic: 9:30am

WINTER WILDLANDS ALLIANCE PRESENTS
BACKCOUNTRY FILM FESTIVAL
WEDNESDAY, JANUARY 30TH
7pm Kenworthy Performing Arts Centre
Doors open at 6:30 pm. All proceeds benefit the Wellsaw Avalanche Center

ABOUT THE OUTDOOR PROGRAM
The University of Idaho Outdoor Program is a non-profit service organization providing the university community with education and resources for wilderness-based, human-powered and environmentally sound activities. We promote teamwork, leadership and growth through outdoor adventure experiences.

Instructional Trips
Cooperative Trips
Rental Equipment

Outdoor Information
Resource Material
Trip Planning Assistance

Equipment Repair
Ski & Snowboard Tuning

The Outdoor Program offers a wide variety of services and activities to the University community. Cooperative trips are cost sharing. Participants supply their own food and own personal equipment through rental or purchase. Required pre-trip meetings are held to work out trip details. Listed fees are for transportation, group gear and instruction (if provided).

HOW TO PARTICIPATE
Registration for trips is taken in person at the Outdoor Program office located in the Student Recreation Center (SRC). Each posted trip lists specific information for that trip. Required pre-trip planning meetings are also indicated. Transportation and group equipment costs will be charged upon sign-up. Fees are non-refundable. Non-University of Idaho students may be charged an additional fee, which will be listed on sign-up sheets. Other activities are free or will have a cost listed.