

RECONNECT
RECALIBRATE

REIMAGINE

**University of Idaho
Advising Symposium
September 9, 2022**



**WELCOME TO THE
17TH ANNUAL ADVISING SYMPOSIUM**



Presented by:

UI ACADA

www.uidaho.edu/uiacada

Conference Co-Chairs

Lauren Smith
Audrey Van Nuland

Conference Committee Members

Sophie Becker
Andrea Chavez
Arianna Georgallis
Lundyn Jared
Kristen McMullin
Cassie Semeling

7:45 a.m.—8:45 a.m.

**Check-in &
Light Continental Breakfast**

*Best Western Plus University Inn
University Room*

8:45 a.m.—9:00 a.m.

Welcome & Opening

University Room

**ACADEMIC
ADVISING**

ASK. LEARN. SUCCEED.

› Morning Sessions ‹

9:00 am—9:50 am

QPR Suicide Prevention Training

Amanda Ferstead—University of Idaho

QPR stands for Question, Persuade and Refer. It is an evidence-based, one-hour training program to help faculty, staff and students respond to someone in a mental health crises and thinking about suicide. Participants will learn how to recognize the warning signs of suicide, offer hope, get help and save a life.

Challenging Bias and Increasing Belonging in CTE Programs

Veronica Mendez-Liaina—Spokane Falls Community College

Career and Technical Education programs are in demand due to rise in tuition and views on "what male/female" jobs are. I will talk about Implicit Bias, primarily gender and racial bias, and how it affects the recruitment and retention of students in Career and Technical Education programs. This presentation will combine storytelling and research to help participants understand how to relate to our students experiences and how advisors can be "their safe space" to encourage them to succeed. Advising strategies and concepts can be used by all advisors in any level of higher education.

Skills Matter. Helping Students Identify and Build the Skills They Need to Reach Their Post-Graduate Goals

Jen Smith—University of Idaho; Rachel Otto—Lightcast

Advisors play a critical role in helping students take steps on their career path. Learn how you can support your students' career development with real-time data on the skills required in the current job market. We will also share activities and resources to help your student with career decision making.

Release. Remember. Rejuvenate.

Emma Grindley—University of Idaho

Release: The stories I commonly hear are that a particular class is too hard, "I am no good at tests", "I am not organized", or that "X is the only career for me". I will lead the audience through some basic steps to release those. Remember: We will then explore how to remember good feeling thoughts. Rejuvenate: And then finally we will look at how we use those great experiences to help us to connect to what we are good at. When students remember their passions, remember their skills, and that feeling good sensation it helps to motivate and empower them for success in college and beyond.

Institutions Represented

College of Western Idaho - Nampa, ID
Eastern Washington University - Cheney, WA
Lewis-Clark State College - Lewiston, ID
North Idaho College - Coeur d'Alene, ID
Spokane Falls Community College - Spokane, WA
University of Idaho - Moscow, ID
Washington State University - Pullman, WA

And local business:
Lightcast - Moscow, ID



Thank you to our local donors!

Northwest River Supply - Moscow, ID
Paterworks - Moscow, ID

Afternoon Sessions

1:00 pm—1:50 pm

Help Your Students Add Languages and Cultural Competence to Their Skill Sets

Sarah Nelson, Aní Alcocer, Julio Medina Guillén & Azusa Tojo — University of Idaho

No matter what degrees and work fields students are pursuing, their employability and their human potential are enhanced by the ability to speak more than one language and the experience of having engaged with unfamiliar cultures. Advisors in all fields can guide their students to language and culture competence alongside their major studies. In this session, faculty from the School of Global Studies will give you practical advice on how to do it!

Assistive Technology in Higher Education

Eric Matson—University of Idaho

Learn about technology available to help students thrive.

Trauma-Informed Advising: Serving Our Students with a Wholistic Approach

Lisa Belles—University of Idaho

Trauma-informed advising recognizes the importance of mental health and acknowledges that the various kinds of traumas students have experienced impact the ways in which they learn and engage as students. As academic advisors, we are uniquely positioned to care for and serve our students, equipping them with the tools and strategies they need to be successful both academically and personally. In this presentation, I will outline some of these tools and strategies that advisors can utilize in their daily interactions with students. By incorporating these methods into our practice, we can serve our students with a wholistic approach as they work to overcome any challenges they face and achieve the academic goals they have set for themselves.

Supporting Students on the Autism Spectrum

Leslie Gwartney—University of Idaho

The Raven Scholars Associate Director will provide education on the diagnosis of autism spectrum disorder and the typical academic and social challenges these individuals face in higher education. You will also learn what Raven Scholars does to support individuals at UI, as well as tips on how to provide support to any neurodivergent students you may be working with.



NOTES

》》》》 Key Takeaways:

》 Afternoon Sessions ‹

2:00 pm—2:50 pm

Exploring the Advisor's Role in Supporting Food-Insecure Students

Elizabeth Bullers & Kristen McMullin —University of Idaho

Food security is a real barrier to student success and the problem has been exacerbated by the coronavirus pandemic. As an advisor, do you know how to identify signs when a student may need help? Are you aware of resources in your community and on your campus? In this workshop, attendees will learn about food insecurity in our region and get some actionable steps to identify needs, learn about resources, make referrals, and get involved!

Supporting Students with Disabilities

Cory Voss—University of Idaho



Learn about CDAR, the process for student accommodations and the expectation of instructors to support students with disabilities.

GIF It a Chance

Brenna Dockter & Jeff Davis — North Idaho College

You might be using GIFs, memes, and emojis on your phone in your text and email conversations with your friends and family. It's a great way to express your personality, share humor, accurately communicate tone, and even act as peace offering. Why not bring this into your academic advising practice? For academic advisors, this is a fun way to share expertise, efficiently disseminate information, build relationships across campus, encourage positive morale, and improve student service. In this session, participants will explore the power of humor, visual messaging, and casual communication to enhance their advising practice. Attendees will learn strategies to effectively leverage this medium and create an action plan to "GIF it a chance" in their workplace.

Grade Data: The Most Powerful Advising Tool Everyone is Afraid to Use

Joel Sweeney—Eastern Washington University

College faculty are trained in many areas, but how to grade is usually not one of them. This leads to mass discrepancies in what students can experience. Academic advisors are in the perfect position to help students navigate these discrepancies. Using historical, final grade data for professors, advisors can create balanced schedules, increase retention, increase graduation rates, and increase diversity in majors. It's not telling faculty how to grade, it's educating students on how faculty grade.

UI ACADA

*University of Idaho
Academic Advising Association*

UI ACADA is the primary organization of professional and faculty advisors and student support personnel at the University of Idaho.

Our goals include:

- Increasing advisor effectiveness
- Strengthening the role of advising in student learning
- Increasing university-wide recognition of academic advising
- Advocating for high-quality academic advising services
- Implementing an advising assessment process to ensure continuous improvement
- Fostering collaboration between advisors and student support professionals
- Providing professional development opportunities for academic advisors and student support personnel

To find out more and join, please visit: www.uidaho.edu/uiacada



Conference Takeaways

1.

2.

3.

New Contacts

Name:

University/College:

Title:

Phone/Email:

Notes:

Name:

University/College:

Title:

Phone/Email:

Notes:

Name:

University/College:

Title:

Phone/Email:

Notes:

Name:

University/College:

Title:

Phone/Email:

Notes:

University of Idaho Advising Symposium

Schedule At-a-Glance

Time	Palouse Room	Idaho Room	Gold Room	Washington Room
7:45 - 8:45am	Check-in and Breakfast University/Empire Room			
8:45 - 9:00am	Welcome and Opening University/Empire Room			
9:00 - 9:50am Session 1	QPR Suicide Prevention Training	Challenging Bias and Increasing Belonging in CTE Programs	Skills Matter. Helping Students Identify and Build the Skills They Need to Reach Their Post- Graduate Goals	Release. Remember. Rejuvenate.
9:50 - 10:00am	10 Minute Break			
10:00 - 10:50am Session 2	Working with Students of Concern: Roles, Responsibilities, and Resources	10 Tips (And a Lot of Questions) to Help Students be Successful in College	Advising from the Heart	Release. Remember. Rejuvenate.
10:50 - 11:00am	10 Minute Break			
11:00am - 12:00pm	Keynote University/Empire Room			
12:00 - 1:00pm	Lunch University/Empire Room			
1:00 - 1:50pm	Help Your Students Add Languages and Cultural Competence to Their Skill Sets	Assistive Technology in Higher Education	Trauma-Informed Advising: Serving Our Students with a Wholistic Approach	Supporting Students on the Autism Spectrum
1:50 - 2:00pm	10 Minute Break			
2:00 - 2:50pm	Exploring the Advisor's Role in Supporting Food-Insecure Students	Supporting Students with Disabilities	GIF It a Chance	Grade Data: The Most Powerful Advising Tool Everyone is Afraid to Use
2:50 - 3:00pm	10 Minute Break			
3:00 - 3:30pm	Closing Remarks and Door Prizes University/Empire Room			