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**EDUCATIONAL BACKGROUND**

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**University of Idaho**

*PhD; Healthy Active Lifestyles*  
4.0 cumulative GPA

August 2019 – Present

**University of Idaho**

*Master of Education; Physical Activity Pedagogy*  
4.0 cumulative GPA

August 2018 – May 2019

**University of Idaho**

*Bachelor of Science; Physical Education*  
*Minors in Teaching; Health Education and English*  
3.32 cumulative GPA

August 2010 – May 2015

**Teaching Certification – Physical Education and Health K-12**

*State Certifications; Idaho, Montana & Washington State*

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**PROFESSIONAL EXPERIENCE**

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**University of Idaho**

*Graduate Teaching Assistant*  
*Department of Physical Education Teacher Education*

Moscow, ID  
August 2018 – Present

**Sidney School District**

*Athletic Director*

Sidney, MT  
August 2017 – June 2018

**Sidney High School**

*Freshman Physical Education and Health Teacher*  
*Weight Training and Conditioning Teacher*

Sidney, MT  
August 2015 – May 2017

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**COACHING EXPERIENCE**

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**Sidney High School**

*Assistant Varsity Track Coach – 2017 Boys Class A State Champions*  
*Assistant Varsity Basketball Coach*  
*Assistant Varsity Football Coach – 2017 Class A State Semi-Finalist*

Sidney, MT  
March 2016 – June 2018  
November 2015 – February 2018  
August 2015 – November 2018

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**TEACHING ACCOMPLISHMENTS**

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**Courses Taught – Lead Instructor**

*University of Idaho*

PEP 133      Skill and Analysis of Net and Wall Games  
PEP 412      Elementary Methods in Physical Education Pedagogy  
PEP 413      Assessment in Physical Education

**Courses Taught – Teaching Assistant**

*University of Idaho*

PEP 132      Skill and Analysis of Target and Invasion Activities  
PEP 133      Skill and Analysis of Net Wall Games  
PEP 134      Skill and Analysis of Outdoor and Recreation Activities  
PEP 412      Elementary Methods in Physical Education Pedagogy  
PEP 421      Secondary Methods in Physical Education Pedagogy  
PEP 413      Assessment in Physical Education  
PEP 350      Elementary Health and Physical Education

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## PRESENTATIONS & CREATIVE EXPERIENCES

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### National Conferences

**Merica, C.B.**, Egan, C.A., Goc Karp, G., & Brown, H. (April, 2020) The Development of Physical Activity Leadership Skills via a Service Learning Course. Presented at the Society for Health and Physical Educators (SHAPE) National Convention; Salt City, UT.

### State Conferences

**Merica, C.B.**, Olson, M., & Miller, K. Integrating Technology Assessments in PE: Plickers, Plagnets, and QR Codes. (October, 2019). Presented at the Society for Health and Physical Educators (SHAPE) Idaho State Conference; Pocatello, ID.

### University Presentations

**National Biomechanics Day**; University of Idaho  
Physical Education Teacher Education and Exercise Science Program outreach with Moscow High School (April, 2019)

**UIdaho Bound**; Presenter for the College of Education, Health and Human Sciences  
(June, 2018)

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## AWARDS and HONORS

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### National Awards

SHAPE America Major of the Year Award, *Seattle, WA; 2015*

### University of Idaho

Edith Betts Graduate Student Physical Education Scholarship; *2019 – 2020*

Outstanding Graduate Student Teacher Award Nominee; *2019 – 2020*

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## SCHOLARSHIP ACCOMPLISHMENTS

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### Published Journal Articles

**Merica, C.B.** (December, 2018). Addressing Social Media Impact on Mental Health within Health Education: A Millennial Mental Health Crisis. *SHAPE Idaho Journal*, Winter-Spring 2019.

**Merica, C.B.** & Egan, C.A. (December, 2019) Integrating Technology-based Assessments in Physical Education: Plickers, Plagnets, and QR Codes. *SHAPE Idaho Journal*, Winter-Spring 2020.

### Journal Articles – In Review

**Merica, C.B.**, Chun, Y., Bailey, J., & Egan, C.A. (in review) National Biomechanics Day: PETE and Exercise Science Department Collaboration and Recruitment. (*Journal of Physical Education, Recreation & Dance*)

### Journal Articles – In Preparation

**Merica, C.B.**, Egan, C.A., Goc Karp, G., & Brown, H. (in preparation). The Development of Physical Activity Leadership Skills via a Service Learning Course.

**Merica, C.B.**, Egan, C.A., & Goc Karp, G. (in preparation). Lessons Learned: Implementing CSPAP during Internship Experiences.

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## **SERVICE**

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### **Major Committee Assignments** (National, State, District, County, University, College, Departmental)

#### **State:**

Idaho State Board of Education Standards Review Committee Member – Physical Education Teacher Education Candidate Standards (October, 2019)

#### **Department:**

Search Committee Member – BIP (October, 2018)

Search Committee Member – Physical Education Teacher Education Clinical Professor Position (December – Present)

#### **Professional and Scholarly Organizations:**

Society for Health and Physical Education (SHAPE) America, member (2019)

Society for Health and Physical Education (SHAPE) Idaho, member (2019)

#### **Outreach Service:**

Volunteer with Safe Routes to School; *Moscow, ID*

Coordinate and host Moscow High School students on campus in the fall and spring for pre-service practicum students to teach (Archery and Rock Climbing), and provide gym space for Moscow High School; *Moscow, ID*

Develop and maintain relationships with all Moscow Elementary, Middle School and High School Physical Education teachers and Health teachers for practicum placements (approximately 25 placements per year); *Moscow, ID School District*

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## **PROFESSIONAL DEVELOPMENT**

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#### **Teaching:**

SHAPE Idaho State Conference (October, 2019)

#### **Scholarship:**

SHAPE America National Convention (April, 2020), SHAPE Idaho State Conference (October, 2019)

#### **Outreach:**

Developed and coordinated a National Biomechanics Day STEM event at the University of Idaho Physical Education Building with Moscow High School Physical Education students (April, 2019)

Collaborate with 9 local Physical Education teachers to foster connections, create placements for Physical Education Teacher Education student practicums & offer professional development courses; *Moscow, ID School District*