

**Ashley J. Reeves, DAT, LAT, ATC**  
Department of Movement Sciences • University of Idaho  
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## Education

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<b>University of Idaho</b> <i>Doctor of Philosophy</i>	<i>In Progress</i>
<b>University of Idaho</b> <i>Athletic Training, DAT</i>	<i>May 2018</i>
<b>University of Idaho</b> <i>Athletic Training, MS</i>	<i>May 2017</i>
<b>Western Washington University</b> <i>Kinesiology, BS</i>	<i>June 2015</i>

## Research Interests

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- Mulligan Concept for the Pelvic Girdle
- Dance Medicine
- Impostor Phenomenon
- Mental Health in Professional Health Care Students

## Research

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**Grants**  
Larkins, L., Seegmiller, J (mentor). Mulligan Concept Intervention for Pregnancy Related Lumbo-Pelvic Pain. Clinical Translational Research Infrastructure Network. 8/1/2017-6/30/2018. Funded \$62,730.15  
**Principal Investigator:** Dr. Lindsay Larkins  
**Research Assistants:** Ashley Reeves, Youngmin Chun

## Research Experience

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**Research Assistant**  
*University of Idaho, Moscow, ID* *Fall 2017*  
**Topic:** Mulligan Concept Intervention for Pregnancy Related Lumbo-Pelvic Pain  
**Principal Investigator:** Dr. Lindsay Larkins  
Served as a research assistant to Dr. Lindsay Larkins to help with recruitment (e.g., contacting prospective participants, setting up and attending informational meetings, etc.) and data collection procedures (e.g., biomechanical marker set up, etc.)

## Teaching Experience

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**Graduate Teaching Assistant**  
*University of Idaho, Moscow, ID* *May 2017-Present*  
Served as a graduate teaching assistant for both synchronous and asynchronous undergraduate and graduate courses within the Department of Movement Sciences

**Course Instructor**  
H&S 245: Introduction to Athletic Injuries (Synchronous) *Spring 2018*

**Lab Instructor**  
AT 531: Clinical Anatomy II (Synchronous) *Summer 2018-Present*  
PEP 300: Applied Human Anatomy & Biomechanics (Synchronous) *Fall 2017*

## Ashley J. Reeves

AT 506: Clinical Anatomy I (Synchronous)

*Summer 2017-Present*

### Teaching Assistant

PEP 495: Practicum in Exercise Science & Health (Asynchronous)

*Fall 2017*

PEP 498: Internship in Exercise Science & Health (Asynchronous)

*Fall 2017*

AT 506: Clinical Anatomy I (Synchronous)

*Summer 2017-Present*

AT 508: Evaluation & Diagnosis of Injuries & Illnesses I (Synchronous)

*Summer 2017-Present*

### Course Development

H&S 245: Introduction to Athletic Injuries (Asynchronous)

### Undergraduate Teaching Assistant

*Western Washington University, Bellingham, WA*

*Spring 2015*

Assisted students with homework & lab activities as they completed the introductory biomechanics course

### Lab Assistant

KIN 311: Biomechanics

*Spring 2015*

## Professional Experience

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### Athletic Trainer

*Integrative Sports Medicine & Rehabilitation Therapy (ISMaRT) Clinic, Moscow, ID*

*August 2017-Present*

Treated patients with musculoskeletal injuries and complaints in an outpatient setting

- *Other Events:* Provided medical coverage for UI Dance Program semester performances

### Athletic Training Preceptor

*University of Idaho, Moscow, ID*

*August 2017-Present*

Worked as a preceptor/supervisor to University of Idaho Master of Science in Athletic Training students during their clinical rotations in the ISMaRT Clinic

### Athletic Training Student

*Various Clinical Locations*

*August 2015-May 2017*

Provided patient care to individuals with musculoskeletal injuries under the direct supervision of a certified athletic trainer

- *Other Events:* Provided first aid coverage at Palouse Sprint Triathlon, 2015

## Professional Development

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### Presentations

Balancing the Body Using Contralateral Movement: A Technique for Pain Reduction, Injury Prevention, and Increasing Range of Motion

Larkins L, Reeves AJ, Smitley M, Fermin S

Idaho Dance Education Organization Conference, Moscow, ID, October 2017

Life of an Athletic Training Student

Reeves AJ

Guest Lecture, Lakewood High School, Arlington, WA, December 2016

### Instructional Assistant

Técnica Gavilán – Basic Course

Lang G, Takahashi N, Smitley M, Zeigel A, Reeves A

University of Idaho, Moscow, ID, June 2018

Assisted with hands-on portions of the course

Advancements in Manual Therapy

## **Ashley J. Reeves**

**Presenters:** Baker R, Larkins L, Zeigel A

NWATA Annual Meeting & Clinical Symposium, Portland, OR, March 2018

Assisted with the hands-on portions of the workshop

Evidence Based Treatment of Meniscal Lesions and Knee Pain

**Presenters:** Larkins L, Zeigel A

NWATA Annual Meeting & Clinical Symposium, Portland, OR, March 2018

Assisted with the hands-on portions of the workshop

## **Leadership Positions**

**Northwest Athletic Trainers' Association (NWATA) Student Senate**

*University of Idaho Student Representative*

*March 2016-March 2017*

- Served on the NWATA Student Senate to help organize the Student Symposium for the 2017 NWATA Annual Meeting & Clinical Symposium
- Helped plan and organize the Student Oral & Poster Presentations event for the Student Symposium as a member of the Research Presentation Committee

## **Conferences Attended**

- Northwest Athletic Trainers' Association Annual Meeting & Clinical Symposium, Portland, OR, 2018
- Idaho Dance Education Organization Conference, Moscow, ID, 2017
- National Athletic Trainers' Association Clinical Symposia & AT Expo, Houston, TX, 2017
- Northwest Athletic Trainers' Association Annual Meeting & Clinical Symposium, Tacoma, WA, 2017
- National Athletic Trainers' Association Clinical Symposia & AT Expo, Baltimore, MD, 2016
- Northwest Athletic Trainers' Association Annual Meeting & Clinical Symposium, Boise, ID, 2016

## **Continuing Education Courses**

- Myokinesthetic System, Advanced Course, May 2018
- Yuen Method, July 2017
- Mulligan Concept, Lower Quarter, July 2017
- Inside Dance Medicine at Houston Ballet, June 2017
- RockTape FMT Performance, December 2016
- RockTape FMT Basic, December 2016
- Mulligan Concept, Functional Examination & Treatment of the Pelvis, October 2016
- Positional Release Therapy, Lower Quarter, July 2016
- MyoKinesthetic System, Upper Body Class, July 2016
- Primal Reflex Release Technique, July 2016 & July 2017
- Total Motion Release Level 3, July 2016
- Técnica Gavilán, Instrumented Soft Tissue Mobilization, May 2016 & May 2017
- Comprehensive Evaluation & Diagnosis of Shoulder Injuries in Overhead Athletes, March 2016
- Total Motion Release Level 2, March 2016
- Mulligan Concept, Upper Quarter, December 2015 & July 2016
- Total Motion Release Level 1, October 2015
- MyoKinesthetic System, Lower Body Class, July 2015 & July 2017
- Positional Release Therapy, Spine & Pelvis, July 2015 & July 2017
- Positional Release Therapy, Upper Quarter, June 2015

## **Memberships**

- Iota Tau Alpha, Delta Beta Chapter, May 2017-Present
- National Athletic Trainers' Association, June 2015-Present
- Northwest Athletic Trainers' Association, June 2015-Present
- National Society of Collegiate Scholars, Western Washington University Chapter, October 2013-Present

## **Certifications & Licensure**

- Certified Myokinesthetic Practitioner, May 2018-Present

## **Ashley J. Reeves**

- Idaho Licensed Athletic Trainer, AT-638, September 2017-Present
- NATABOC Certified Athletic Trainer, #2000028722, June 2017-Present
- BLS for Health Care Providers, June 2016-Present

## **Honors & Awards**

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- MSAT Outstanding Student Award, 2017
- NWATA Richard Irvin Scholarship, 2016
- Edith Betts Graduate Physical Education Scholarship, 2016
- Western Washington University, Magna Cum Laude, 2015
- Western Washington University, President's List
- SHAPE Washington Emerging Leader Award, 2014