

CURRICULUM VITAE

University of Idaho

NAME: Matthew C. Smitley

DATE: August 19th, 2019

RANK OR TITLE: Clinical Assistant Professor

DEPARTMENT: Movement Sciences

OFFICE LOCATION AND CAMPUS ZIP: COE 313, 83844

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WEB:

DATE OF FIRST EMPLOYMENT AT UI: May 30th, 2017

DATE OF TENURE: Untenured

DATE OF PRESENT RANK OR TITLE: August 19th, 2019

EDUCATION BEYOND HIGH SCHOOL:

Degrees:

Doctor of Athletic Training, *University of Idaho, Moscow, ID, May 2019*

Specialization: Athletic Training

Master of Science in Athletic Training, *California Baptist University, Riverside, CA, May 2014*

Specialization: Athletic Training

Bachelor of Science in Kinesiology, *California Baptist University, Riverside, CA, May 2012*

Specialization: Exercise Science

Associate of Arts, *Allan Hancock College, Santa Maria, CA, June 2009*

Specialization: Transfer Studies

Certificates and Licenses:

Licensed Athletic Trainer, *Idaho Board of Medicine #AT-642*

Certified Athletic Trainer, *Board of Certification for Athletic Trainers, Inc. # 2000016014*

National Provider Identifier, #1588075121

Basic Life Support for Healthcare Providers, American Heart Association

Athletic Training License, *North Carolina Board of Athletic Training Examiners # LAT-2518 (Expired)*

Selective Functional Movement Assessment Level 1, *Functional Movement Systems*

Myokinesthetics Certified Advanced Practitioner, *Myokinesthetics*

Instrument-Assisted Soft Tissue Mobilization Certified Practitioner, *Técnica Gavilán*

ImPACT Trained Athletic Trainer, *ImPACT Applications Inc. (Expired)*

EXPERIENCE:

Teaching, Extension and Research Appointments:

Clinical Assistant Professor

Department of Movement Sciences

University of Idaho, Moscow, ID

August 2019 to Present

Instructor

*Department of Movement Sciences
University of Idaho, Moscow, ID
May 2019 – August 2019*

Doctoral Teaching Assistant

*Department of Movement Sciences
University of Idaho, Moscow, ID
May 2017-2019*

Non-Academic Employment:**Athletic Trainer**

*University of Idaho, Moscow, ID
August 2017 – Present*

Providing patient care services as well as supervision/preceptorship for MSAT and DAT students in the Integrated Sports Medicine and Rehabilitative Therapy (ISMaRT) Clinic.

Athletic Trainer

*Mission Sports Medicine, Asheville, NC
July 2014 – May 2017*

Served as a full-time outreach Athletic Trainer to North Buncombe High School in Weaverville, NC. Rendered patient care and organized health care services for approximately 300 student-athletes across 28 teams, 16 sports year-round. Also contributed to service on departmental Education, Mentorship, and Policy and Procedure committees.

Awards and Honors

National Athletic Trainers' Association Safe Sports School Award (First Team), 2015-2018

TEACHING ACCOMPLISHMENTS:

Areas of Specialization: Athletic Training, Research Methods

Courses Taught:**University of Idaho, Moscow, ID***Instructor*

Evaluation and Diagnosis of Injuries and Illnesses I (AT 508)	Summer 2019
Care and Prevention of Injuries and Illnesses (AT 507)	Summer 2019
Clinical Anatomy I, Lower Extremity (AT 506)	Summer 2019

Teaching Assistantship

Neuroscience for the Athletic Trainer (AT 543)	Spring 2018 - Present
Research Methods and Statistics I (AT 512)	Fall 2017 – Present
Clinical Anatomy I, Lower Extremity (AT 506)	Summer 2018
Care and Prevention of Injuries and Illnesses (AT 507)	Summer 2017 – Summer 2018
Clinical Education II (AT 523)	Spring 2018 – Spring 2019
Prevention and Health Promotion in Athletic Training (AT 587)	Fall 2018
Clinical Education III (AT 550)	Fall 2018
Clinical Anatomy II, Upper Extremity (AT 531)	Summer 2017

Students Advised:

Graduate Students:

Culminating Research Project Mentor to [REDACTED], and [REDACTED], MS in Athletic Training, UI, Summer 2019 - Present

Materials Developed: (non-scholarship activity)

CAATE Degree Program Self-Study, Moscow, ID, Spring 2018 – Fall 2018

ISMART Clinic Policy and Procedure Manual, Moscow, ID, Summer 2017 – Fall 2018

Non-credit Classes, Workshops, Seminars, Invited Lectures, etc.:

1. **Smitley, MC**, Introduction to Athletic Training, Invited Guest Instructor for Introduction to Health Professions, University of Idaho, Moscow, ID, September 2018
2. **Smitley, MC**, Introduction to Athletic Training, Invited Guest Instructor for Introduction to Health Professions, University of Idaho, Moscow, ID, September 2017
3. **Smitley, MC**, Instrument Assisted Soft Tissue Mobilization Techniques, Invited Guest Lecturer for Manual Therapy course, Western Carolina University, Cullowhee, NC, March 2017
4. **Smitley, MC**, Alternative Approaches to Manual Therapy, Invited Guest Lecturer for Manual Therapy course, Western Carolina University, Cullowhee, NC, March 2017
5. **Smitley, MC**, The Concussion Discussion: Concussion Management and Return to Play, Seminar Leader for Mission Sports Medicine Coaches Annual Education Event, Asheville, NC, June 2016
6. **Smitley, MC**, Instrument Assisted Soft Tissue Mobilization Techniques, Invited Guest Lecturer for Manual Therapy course, Western Carolina University, Cullowhee, NC, March 2016
7. **Smitley, MC**, Alternative Approaches to Manual Therapy, Invited Guest Lecturer for Manual Therapy course, Western Carolina University, Cullowhee, NC, March 2016
8. **Smitley, MC**, Spinal Motion Restriction for Coaches, Workshop Leader for Mission Sports Medicine Coaches Annual Education Event, Asheville, NC, June 2015

SCHOLARSHIP ACCOMPLISHMENTS: (Including scholarship of teaching and learning, artistic creativity, discovery, and application/integration)

Publications, Exhibitions, Performances, Recitals:**Refereed Manuscripts in Preparation:**

1. **Smitley MC**, Rossi A, May J, Examining Stress and Stress Management Strategies in Athletic Training Students
2. Rossi A, **Smitley MC**, May J, Examining the effects of the Mulligan Fibular Repositioning Mobilization with Movement
3. Rossi A, **Smitley MC**, May J, Treating Low Back Pain Utilizing Primal Reflex Release Technique and Breathing Restoration Exercises: A Case Series

Peer Reviewed/Evaluated:**Professional Meeting Papers, Workshops, Showings, Recitals:****Refereed Professional Podium Presentations (Blind External Peer Reviewed)**

1. Pettaway AN, **Smitley MC**, Hanna SL, May JM, Nasypany AM, Effects of Traditional Chinese

Cupping on Patients with Chronic Low Back Pain over a 24-Hour Time Period, Oral Communications Podium Presentation at the Northwest Athletic Trainers' Association Symposium, Spokane, WA, March 2019

2. Fermin S, **Smitley MC**, P.R.O.viding Clinical Evidence in Athletic Training: Navigating the Patient Rated Outcomes Gauntlet, Podium Presentation at the Far West Athletic Trainers' Association Clinical Symposium, Las Vegas, NV Symposium Presentation

Refereed Professional Poster Presentations (Blind External Peer Reviewed)

1. Canatsey TR, **Smitley MC**, Warren L, MacDonald N, Utilizing Total Motion Release to Decrease Pain and Restore Function in Four College Athletes: A Case Series; Poster Presentation at the Far West Athletic Trainers' Association Annual Clinical Symposium, Las Vegas, NV April 2014
2. Canatsey TR, **Smitley MC**, Warren L, MacDonald N, Utilizing Total Motion Release to Decrease Pain and Restore Function in Four College Athletes: A Case Series; Poster Presentation at the Northwest Athletic Trainers' Association Clinical Symposium, Portland, OR, March 2014

Evaluated/Invited (Non-Blind External Peer Reviewed) Conference Presentations, Workshops, Etc.:

1. Baker RT, Larkins L, Zeigel A, Fermin SL, Reeves A, **Smitley MC**, Advancements in Manual Therapy: An Introduction to Contemporary Applications, Learning Lab Assistant at the Northwest Athletic Trainers' Association Clinical Symposium, Portland, OR, March 2018
2. Larkins L, Zeigel A, **Smitley MC**, Reeves A, Evidence Based Treatment of Meniscal Lesions & Knee Pain, Learning Lab Assistant at the Northwest Athletic Trainers' Association Clinical Symposium, Portland, OR, March 2018
3. Reeves A, Larkins L, **Smitley MC**, Balancing the Body Using Contralateral Movement: A Technique for Injury Prevention, Pain Reduction, and Increasing Range of Motion, Learning Lab Assistant at Idaho Dance Education Organization Annual Conference, Moscow, ID, November 2017
4. Vaughan A, **Smitley MC**, North Carolina Concussion Forms and Documentation, Learning Lab at Concussion Care: Management of TBI in School-age Children & Young Adults Conference, Asheville, NC, March 2016
5. Cantatsey TR, **Smitley MC**, Total Motion Release: Improve Pain and Range of Motion Without Going Near It, Invited Podium Presentation, Practical Applications in Sports Medicine Educational Conference, Palm Springs, CA, May 2014
6. **Smitley MC**, Canatsey TR, Archuleta JD, Bueti MV, Spinal Cord Rehabilitation: Optimism in Convalescence: A Systematic Literature Review. Poster Presentation at the California Baptist University College of Allied Health Student Research Open House, Riverside, CA, April 2014
7. Canatsey TR, **Smitley MC**, Warren L, MacDonald N, Utilizing Total Motion Release to Decrease Pain and Restore Function in Four College Athletes: A Case Series; Poster Presentation at the California Baptist University College of Allied Health Student Research Open House, Riverside, CA, April 2014

SERVICE:

Major Committee Assignments:

Departmental

Athletic Training Program Student Interview Committee, University of Idaho, 2017 – Present
 Athletic Training Program CAATE Accreditation Site Visit Committee, University of Idaho, 2018
 Doctor of Athletic Training Program Prospective Student Recruitment Committee, University of Idaho, 2018
 Athletic Training Program CAATE Self Study Committee, University of Idaho, 2017-2018

Professional

Sports Medicine Policy and Procedure Committee, Mission Hospital, Asheville, NC, 2016-2017
 Sports Medicine Education Committee, Mission Hospital, Asheville, NC, 2015-2017
 Sports Medicine Mentorship Program Committee, Mission Hospital, Asheville, NC, 2014-2017

Professional and Scholarly Organizations

National Athletic Trainers' Association, *Member* (2013 – Present)
 Northwest Athletic Trainers' Association, *Member* (2017 – Present)
 Idaho Athletic Trainers' Association, *Member* (2017 – Present)
 Mid-Atlantic Athletic Trainers' Association, *Member* (2014 – 2017)
 North Carolina Athletic Trainers' Association, *Member* (2014 – 2017)
 Far West Athletic Trainers' Association, *Member* (2013 – 2014)
 California Athletic Trainers' Association, *Member* (2013 – 2014)
 California Baptist University Athletic Training Student Organization, *President* (2013 – 2014)
 California Baptist University Athletic Training Student Organization, *Student Representative* (2012 – 2013)
 American Red Cross Professional Rescuer (2012-2014)

Outreach Service:

Presenter, What is Athletic Training?, High School Student Tours, University of Idaho (2019)
 Presenter, What is Sports Medicine?, STEM Day Event, Indian Trail Intermediate School (2017)
 Organizer, Sports Medicine 101: Chalk Talk, Coaches Annual Education Event (2015-2016)
 Interview, Mission Holds Clinic for Coaches, WLOS Nightly Broadcast (June 2016)
 Interview, Team Practices Severe Football Injuries, WLOS Nightly Broadcast. (October 2014)
 Interview, Training Highlights Safety Standards in HS Football, WSPA Nightly Broadcast (October 2014)
 First Responder, Sandals Church Fit 5k (2014)
 First Responder, Prime Time Polynesian Football Camp (2013)

Community Service:

Volunteer, Real Life Church, Moscow, ID (2018 – Present)
 Volunteer, Brookstone Church, Asheville, NC (2016 – 2017)
 Volunteer, Merrimon Avenue Baptist Church, Asheville, NC (2014 – 2015)
 Volunteer, First Baptist Church, Solvang, CA (2001 – 2014)

Honors and Awards:

Doctor of Athletic Training Program “Outstanding Student” Award	2019
Outstanding Preceptor Award, Western Carolina University	2016
Provost’s Honor Roll, <i>California Baptist University</i>	Fall 2009 – Spring 2014
President’s Honor Roll, <i>California Baptist University</i>	Spring 2010, Fall 2011

PROFESSIONAL DEVELOPMENT:**Teaching/Clinical Continuing Education:**

Mulligan Concept Courses, Mulligan Concept Teachers' Association

- Upper Quarter Course – Peripheral Joints, Cervical and Thoracic Spine
- Lower Quarter Course – Peripheral Joints, Lumbar Spine, and Sacroiliac Joint

Positional Release Therapy, The Positional Release Therapy Institute

- Spine and Pelvis Course
 - Upper Quarter Course
- Movement and Postural Assessment & Treatment Courses
- Selective Functional Movement Assessment, Functional Movement Systems
 - Total Motion Release, Total Motion Release Seminars
 - Level 1 Course
 - Level 2 Course
 - Level 3 Course
 - The Myokinesthetic System, Myokinesthetics Inc.
 - Upper Body Course
 - Lower Body Course
 - Autonomic Nervous System and Certification Course
- Reflex-Based Therapy Courses
- Primal Reflex Release, SuperSpine Inc.
- Soft Tissue Mobilization
- Instrument-Assisted Soft Tissue Mobilization Course, Técnica Gavilán PTB
- Alternative and Complementary Medicine
- Yuen Method Module I
 - Yuen Method Module II
- Concussion Evaluation, Diagnosis, and Management
- ImPACT Trained Athletic Trainer Certification Course

Conferences and Seminars/Symposiums:

2019, Northwest Athletic Trainers' Association Annual Meeting & Clinical Symposium, Spokane, WA
 2018, National Athletic Trainers' Association Annual Meeting & Clinical Symposium, New Orleans, LA
 2018, Far West Athletic Trainers' Association Annual Meeting & Clinical Symposium, Las Vegas, NV
 2018, Northwest Athletic Trainers' Association Annual Meeting & Clinical Symposium, Portland, OR
 2017, North Carolina Athletic Trainers' Association Annual Meeting & Clinical Symposium, Charlotte, NC
 2016, Concussion Care: Management of TBI in School-age Children & Young Adults Conference, Asheville, NC
 2015, Mid-Atlantic Athletic Trainers' Association Annual Meeting & Clinical Symposium, Virginia Beach, VA
 2014, National Athletic Trainers' Association Annual Meeting & Clinical Symposium, Indianapolis, IN
 2014, Practical Applications in Sports Medicine Clinical Symposium, Palm Springs, CA
 2014, Far West Athletic Trainers' Association Annual Meeting & Clinical Symposium, Las Vegas, NV