

CURRICULUM VITAE

University of Idaho

NAME: Lindsay (Warren) Larkins

DATE: October 13, 2018

RANK OR TITLE: Assistant Professor, Clinical Faculty, Clinical Education Coordinator

DEPARTMENT: Movement Sciences

OFFICE LOCATION AND CAMPUS ZIP:

Physical Education Building, Room 108
875 Perimeter Drive MS 2401
Moscow, ID 83844-2401

OFFICE PHONE: 208-885-1022

FAX: 208-885-5929

EMAIL: lwarren@uidaho.edu

WEB: www.uidaho.edu/ed/movementsciences/athletic-training

DATE OF FIRST EMPLOYMENT AT UI: June, 2015

DATE OF TENURE: Untenured

DATE OF PRESENT RANK OR TITLE: June, 2015

EDUCATION BEYOND HIGH SCHOOL:

Degrees:

Doctor of Athletic Training, University of Idaho, Moscow, ID; 07/2012-05/2014

Dissertation: *Clinical Reasoning Perceptions and Self-Efficacy of Students In A Patient-Centered Post-Professional Degree Program:
A Dissertation of Clinical Practice Improvement*

Master of Science in Athletic Training, California Baptist University, Riverside, CA; 08/2009-05/2011

Bachelor of Science in Kinesiology, University of Southern California, Los Angeles, CA; 01/2005-05/2008

Certificates and Licenses:

Certified Mulligan Practitioner, 10/2016

Selective Functional Movement Assessment Certified, 03/2014

Positional Release Techniques Certified (Upper and Lower Extremity), 06/2013

Functional Movement Screen Certified, 07/2011

NATA BOC Certified, 06/2011

Gavilan Certified Instrument Assisted Soft Tissue Mobilization Technician, 01/2011

NSCA Certified Strength and Conditioning Specialist, 09/2010

Kinesio Taping Practitioner (KT1, KT2), 09/2010

CPR and AED for the Professional Rescuer, American Red Cross, 08/2008 – 2016

Basic Life Support for the Healthcare Professional, American Heart Association, 2016-present

Muscle Activation Techniques Practitioner, 10/2005

EXPERIENCE:

Teaching, Extension and Research Appointments: (List position titles and locations since receipt of Bachelor's degree)

Assistant Professor, California Baptist University, 07/2013 – 06/2015

Assistant Professor, University of Idaho, 06/2015-present

Academic Administrative Appointments: (List position titles and locations since receipt of Bachelor's degree)

Clinical Education Coordinator, California Baptist University, 07/2013 – 06/2015

Clinical Education Coordinator, University of Idaho, 06/2015-present

Non-Academic Employment including Armed Forces: (List title, brief description, date)

Medical Director, Head Athletic Trainer, Amarillo Sox Baseball Club, 2013-2014 seasons

Provide and oversee patient care for an organization of the American Association league of Independent Baseball.

Assistant Athletic Trainer, Pepperdine University, 01/2012 - 06/2013

Provide full athletic training services to all student athletes, primarily the Women's Sand Volleyball 2012 National Champions, Women's Indoor Volleyball, Women's Tennis, and both Men's and Women's Cross Country and Track teams.

Physician Extender, Athletic Trainer, Community Medical Group of Riverside, 08/2011 – 01/2012

Preceded Dr. Gregory Heinen, MD in evaluating and treating his patients. Ordered diagnostic testing, followed extensive documentation protocols, led in triage, aided in casting/bracing, injections, aspirations, etc. Increased office efficiency and patients seen by 57% in 2 months time.

Consulting: (List company/institute name, title, brief description, date)

University of California, Riverside, 01/2015

Served as consultant for the Chancellor, Athletics Director, and Assistant Athletics Director to evaluate the medical coverage of the athletics department, compare to national recommendations and similar institutions, and to identify steps to make improvements.

TEACHING ACCOMPLISHMENTS: (Academic and Extension teaching)

Areas of Specialization: *Manual therapy, orthopedic evaluation and rehabilitation, research methods in athletic training, clinical experience, clinical reasoning*

Courses Taught: (title, course number, date(s))

University of Idaho, 07/2014-present

AT 509: Principles of Rehabilitation

AT 512: Research Methods and Statistics I

AT 520: Clinical Education I

AT 521: Clinical Experience I

AT 523: Clinical Experience II

AT 532: Upper Extremity Evaluation

AT 533: Applied Rehabilitation and Clinical Reasoning

AT 541: Seminar in Athletic Training II

AT 551: Clinical Experience III

AT 552: Clinical Education IV

AT 553: Clinical Experience IV

AT 630: Current Issues in Clinical Practice I, Introduction to Qualitative Research

AT 643: Clinical Residency IV

PEP 108a: Introductory Swimming

PEP 108b: Advanced Swimming and Conditioning

Course Catalog Descriptions: <http://www.webpages.uidaho.edu/catalog/2014/athletic-training-courses.htm>

California Baptist University, 07/2013 – 06/2015

ATR 506: Practicum in Athletic Training I

ATR 507: Practicum in Athletic Training II

ATR 508: Practicum in Athletic Training III

ATR 509: Practicum in Athletic Training IV

ATR 521: Clinical Research in Athletic Training I

ATR 522: Clinical Research in Athletic Training II

ATR 523: Clinical Research in Athletic Training III

ATR 524: Clinical Research in Athletic Training IV

ATR 525: Assessment of Lower Extremity Athletic Injury

ATR 530: Assessment of Upper Extremity Athletic Injury

ATR 550: Manual Therapy

ATR 555: Therapeutic Interventions for Musculoskeletal Rehabilitation

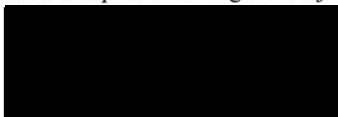
Course Catalog Descriptions: https://www.calbaptist.edu/files/5514/0873/2519/CBU_2014-2015_Graduate_Catalog-Web.pdf

Students Advised:

Graduate Students:

Advised to completion of degree-non-thesis: 20 (2014), 19 (2015), 11 (2016), 7 (2017), 15 (2018)

Advised to completion of degree- major professor:



[REDACTED]

Served on graduate committee: (student name, degree, and date)

[REDACTED]

Materials Developed: (non-scholarship activity)

University of Idaho

Preceptor Training, 2015, 2016, 2017, 2018, 2019
Clinical Integration Proficiency Packet, Updated 2016, 2017, 2018
MSAT Student Handbook, 2015, 2016, 2017, 2018
MSAT Preceptor Handbook, 2015, 2016, 2017, 2018
MSAT Marketing Material, Print Media Updates 2015, 2016, 2017, 2018
DAT Marketing Material, Print Media Updates, 2015, 2016, 2018
AT Program Exhibitor Booth Display, Full-scale Update, 2016, 2019
MSAT Program Marketing Videos, 2016
DAT Program Marketing Videos, 2016
AT Program Informational Videos, 2016
MSAT Acceptance Packet, 2016, 2017, 2018, 2019
Dedicated Student Fee Proposal, 2016, 2017, 2018
MSAT Accreditation Documentation, Annual CAATE Report, 2015, 2016, 2017, 2018
MSAT Accreditation Documentation, CAATE Self-Study, 2018
Result: 10-year accreditation awarded (maximum award, without any reported weaknesses)

Courses Developed:

University of Idaho

AT 509: Principles of Rehabilitation
AT 512: Research Methods and Statistics I
AT 523: Clinical Experience II
AT 532: Evaluation of Injuries and Illnesses of the Upper Extremity
AT 533: Applied Rehabilitation and Clinical Reasoning
AT 545: Seminar in Athletic Training II
AT 551: Clinical Experience III
AT 552: Clinical Education III
AT 553: Clinical Experience IV
AT 630: Current Issues In Clinical Practice, Introduction to Qualitative Research

California Baptist University

ATR 521: Clinical Research in Athletic Training I
ATR 522: Clinical Research in Athletic Training II
ATR 523: Clinical Research in Athletic Training III
ATR 524: Clinical Research in Athletic Training IV
ATR 550: Manual Therapy
ATR 555: Therapeutic Interventions for Musculoskeletal Rehabilitation

Non-credit Classes, Workshops, Seminars, Invited Lectures, etc.:

Warren, L., Advanced Manual Therapy Concepts. Yonsei Institute of Sport Science and Exercise Medicine. Seoul, Korea. 03/2016.

Warren, L., Allied Health 101, Introduction to the Athletic Training Profession, California Baptist University. 2013, 2014.

Warren, L., Kinesiology 303, Below the Surface: Athletic Training is More Than What Is In The Textbook, California Baptist

University. 2015.

Warren, L. Techniques you won't learn in school that will change your patient care. California State University, Northridge. April 2013.

Warren, L., ROP for Health Careers, Introduction to the Athletic Training Profession, Diamond Bar High School. 2013, 2014.

Honors and Awards:

Katy Rae Boyle Scholarship Recipient, Courageous Women in Athletics, University of Idaho, 2013

Outstanding Graduate Student of 2011 Award, California Baptist University, 2011

SCHOLARSHIP ACCOMPLISHMENTS: (Including scholarship of teaching and learning, artistic creativity, discovery, and application/integration)

Publications, Exhibitions, Performances, Recitals:

Refereed/Adjudicated: (i.e. books, book chaps., journals, proc., abstr., etc.; provide citations-author, date, title, publisher)

Peer Reviewed/Evaluated: (i.e. journals, articles, proceedings, abstracts, etc.)

Stankevitz, D., **Larkins, L.**, Baker, R. (2018). Electronic Patient Reported Outcome Validation: Disablement in the Physically Active Scale. *Journal of Athletic Training*.

Baker R, Start A, **Larkins L**, Burton D, May J. (2018). Exploring the Preparation, Perceptions, and Clinical Profile of Athletic Trainers Who Use Instrument-Assisted Soft Tissue Mobilization. *Athletic Training & Sports Health Care*, 10(4)169-180.

Lawson B, Williamson J, Baker RT, May J, **Larkins L**, & Nasypany A. (2018). Examining the effect of the Mulligan Concept fibular repositioning taping technique after a lateral ankle sprain: A case review. *Athletic Training and Sports Health Care*, 10(1):41-45.

Jun, H., Baker, R, **Larkins, L.**, Chun, Y., Kim, J., Fermin, S., Seegmiller, J., Lee, S. (2017). Examination of Y-Balance Performance in Chronic Ankle Instability. Abstract. American College of Sports Medicine.

Cox, R., **Larkins, L.**, Martinez, R. (2017) Validity of a Smartphone Application for Measuring Ankle Plantar Flexion. *Journal of Sport Rehabilitation*.1-11.

Fermin S, **Larkins L**, Beene S, Wetzel D. (2018). The Effect of Contralateral Exercise on Penitent Pain and Range of Motion. *Journal of Sport Rehabilitation*, 27(2):185-188.

Baker, R., Hansburger, B., **Warren, L.** Nasypany, A. A Novel Approach for the Reversal of Apparent Hamstring Tightness: A Case Report. *International Journal of Sports Physical Therapy*. October 2015.

Warren, L, Baker, R. Core Concepts: Understanding the Complexity of the Spinal Stabilizing Systems in Local and Global Injury Prevention and Treatment. *International Journal of Athletic Therapy and Training*. November 2014.

Other: (reports, proceedings, papers, citations and references, performances)

Refereed/Adjudicated (currently scheduled or submitted): (provide citations)

MYK Systems White Paper: Cox, R., **Warren, L.**, Benitez, E., Martinez, R., Stankevitz, D. A case series: Using the MYK System to Resolve Biomechanical Dysfunctions.
http://www.myokinesthetic.com/images/documents/WhitePaper_CaseStudyIJATT_Idaho_02.pdf

Peer Reviewed/Evaluated (currently scheduled or submitted):

Rodriguez, C., **Larkins, L.**, Luinstra, L. Validity and Reliability of the Clinometer Smartphone Application for Measuring Active Cervical Range of Motion. In Review.

McClinnon, R., Cramer, H., **Larkins, L.**, Baker, R., Thomson, M. Effects of the Mulligan Squeeze and Tibial Internal Rotation Mobilization with Movement Techniques on Magnetic Resonance Imaging Confirmed Meniscal Tears: A Pilot Study. *Journal of Orthopaedic & Sports Physical Therapy*. In Review.

Martinez, R., Benitez-Lopez, E., **Larkins, L.** (2017) The effects of the MYK System on Medial Tibial Stress Syndrome in the physically active: a case series. *Journal of Bodywork and Movement Therapies*. In Review.

Martinez, R., Cox, R., Benitez-Lopez, E., Stankewitz, D., **Larkins, L.**, (2017) Exploring Treatment of MTSS Via Posture and the Myokineshetic System. *Journal of Sport Rehabilitation*. In Review.

McClinnon, R., Cramer, H., **Larkins, L.**, Baker, R., Thomson, M. Effects of the Mulligan Techniques on Magnetic Resonance Imaging Confirmed Meniscal Tears: A Comparison to Arthroscopic Partial Meniscectomy. In Progress.

Warren, L., Baker, R., Baker, J., Jun, H. A Review of the Orthopaedic Special Test Associated with Ankle Examination. In Progress.

Jun, Hyung Pil, **Larkins, L.**, Baker, R. Validation of the Y-Balance Test For Use with the CIA Population. In Progress.

Warren, L., May, J, Eusa, J, Graham, V. How Does Action Research Fit Into Your Clinical Practice? In Progress.

Warren, L., Baker, R, Speicher, T, Nasypany, A, Seegmiller, J. Clinical Reasoning Perceptions and Self-Efficacy of Students in a Patient-Centered Post-Professional Degree Program. In Progress.

Warren, L. The Evolution of Pain: Past, Present and Emerging Concepts. In Progress.

Presentations and Other Creative Activities: (i.e. slide sets, web pages, video productions, etc., provide date and location)

Warren, L., Zeigel, A. Evidence Based Diagnosis and Treatment of Meniscal Lesions and Knee Pain. North West Athletic Trainers' Association Annual Symposium. March, 2018.

Baker, R., **Larkins, L.**, Zeigel, A. Advancements in Manual Therapy: An Introduction to Contemporary Approaches. North West Athletic Trainers' Association Annual Student Symposium. March, 2018.

Baker RT **Larkins L.**, May J, , Nasypany A. Was that voodoo? Rehabilitative paradigms to produce immediate change. Invited Podium Presentation at the Northwest Athletic Trainers Association Student Symposium, Tacoma, WA. March 2017.

Hansberger, B., Bonser, R., **Warren L.**, McDonogh, M., Baker, R., Lawson, B., Racus, B., May, J. Treatment Paradigms for Apparent Hamstring Tightness: Removing stretching from your daily practice. Learning Lab. National Athletic Trainers' Association Annual Clinical Symposia and Expo. June 2016.

Warren, L. Mechanical Evaluation and Treatment of Meniscal Lesions: A Potential Alternative to Surgery. North West Athletic Trainers' Association Annual Symposium. April, 2016.

Warren, L. Reactive Neuromuscular Stabilization Strategies in Evaluation and Treatment. North West Athletic Trainers' Association Annual Symposium. April, 2016.

Warren, L. May, J. Advanced Clinical Practice as it Relates to Doctoral Education. Summit on Doctoral Education in Athletic Training Hosted by the University of Idaho. Peer-to-Peer Discussion, Presenter and Moderator. Moscow, ID. August, 2015.

Baker R, **Warren L.** Treatment Paradigms for Apparent Hamstring Tightness: Removing stretching from your daily practice. Learning Lab. National Athletic Trainers' Association Annual Clinical Symposia and Expo. June 2015.

Warren, L. Mechanical Diagnosis and Treatment of the Knee. Far West Athletic Trainers' Association Regional Conference. Featured Presentation. San Diego, CA. March 2015.

Arambula N, Guillen E, Lopez N, Muhammad S, Ting P, **Warren L.** Critical Analysis of Meniscal Injury to the Knee and the Potential Benefits of Mulligan's Mobilization with Movement (MWM). Poster Presentation, Far West Athletic Trainers' Association Annual Meeting and Clinical Symposium. San Diego, CA. March 2015.

Hoyt T, Mallick T, Mann K, Nitzel A, Throne B, **Warren L.** A Review of Kinesiophobia Related to Injury. Poster Presentation, Far West Athletic Trainers' Association Annual Meeting and Clinical Symposium. San Diego, CA. March 2015.

Mott L, Hunt C, Thrall M, Ellis C, **Warren L.** Critically Appraised Topic: Improvement of Function Using Total Motion Release Therapy. Poster Presentation, Far West Athletic Trainers' Association Annual Meeting and Clinical Symposium. San Diego, CA. March 2015.

Ritz A, Cheong N, Minnick L, **Warren L.** Relationships and Social Support and its Influence on Patient Psychosocial Recovery Post Injury: A Review. Poster Presentation, Far West Athletic Trainers' Association Annual Meeting and Clinical Symposium. San Diego, CA. March 2015.

Ruan M, Norton Z, Davis M, **Warren L.** Critically Appraised Topic: Primal Reflex Release Technique. Poster Presentation,

Far West Athletic Trainers' Association Annual Meeting and Clinical Symposium. San Diego, CA. March 2015.

Mooney S, McBride C, **Warren L**. Total Motion Release Therapy for the treatment of Glenohumeral Internal Rotation Deficit in Football Quarterbacks. Poster Presentation, Far West Athletic Trainers' Association Annual Meeting and Clinical Symposium. San Diego, CA. March 2015.

Bremont E, Hartley H, Medina D, Welker L, **Warren L**. Teaching Diaphragmatic Breathing to Increase Core Stability. Poster Presentation, Far West Athletic Trainers' Association Annual Meeting and Clinical Symposium. San Diego, CA. March 2015.

Meemari M, Daly SC, Rosales HC, **Warren L**. The effect of Reflexercise Breathing Technique on Stress Levels in Collegiate Athletes. Poster Presentation, Far West Athletic Trainers' Association Annual Meeting and Clinical Symposium. San Diego, CA. March 2015.

Trammell, KC and Richeri, NP, **Warren L**. Repetitive Loading Strategies for the Treatment of Low Back Pain in a Collegiate Athletic Training Environment. Poster Presentation, Far West Athletic Trainers' Association Annual Meeting and Clinical Symposium. San Diego, CA. March 2015.

Beene S, Fermin S, Hames H, Juarez A, Stephens A, Wetzel D, **Warren L**. Effectiveness of Total Motion Release in Increasing Range of Motion and Decreasing Pain. Poster Presentation, Far West Athletic Trainers' Association Annual Meeting and Clinical Symposium. San Diego, CA. March 2015.

Fyock, M., **Warren, L**. Regional Interdependence- Looking beyond the location of pain by assessing movement dysfunction. Learning Lab. National Athletic Trainers' Association Annual Clinical Symposia. Indianapolis, IN. June 2014.

Graham, V., **Warren, L**. Comprehensive, Targeted Approach to Concussion Management. Occulomotor Learning Lab. National Athletic Trainers' Association Annual Clinical Symposia. Indianapolis, IN. June 2014.

Archuleta, I, **Warren, L**, MacDonald, N, Baker, J. Positional Release Therapy and its Affect on Running Economy in Male Collegiate Runners. Poster Presentation, Far West Athletic Trainers' Association Annual Meeting and Clinical Symposium. Las Vegas, NV. April 2014.

Daly, S, Baker, J, MacDonald, M, **Warren, L**. Ahythmic Right Ventricular Dysplasia Treatment and Management: A Case Report. Poster Presentation, Far West Athletic Trainers' Association Annual Meeting and Clinical Symposium. Las Vegas, NV. April 2014.

Cantasey, T, Smittley, M, **Warren, L**, MacDonald, N, Baker, J. Utilizing Contralateral Exercise to Decrease pain and Increase Range of Motion in Four College Athletes: A Case Series. Poster Presentation, Far West Athletic Trainers' Association Annual Meeting and Clinical Symposium. Las Vegas, NV. April 2014.

Hartley, H, Bremont, E, MacDonald, N, Baker, J, **Warren, L**. Injury Rate of Dancers and Need for Athletic Trainers in Dance Programs. Poster Presentation, Far West Athletic Trainers' Association Annual Meeting and Clinical Symposium. Las Vegas, NV. April 2014.

Medine, D, MacDonald, M, Baker, J, **Warren, L**. The Effectiveness of Hip Musculature Strengthening to Address Patellofemoral Pain Syndrome in the Active Population. Poster Presentation, Far West Athletic Trainers' Association Annual Meeting and Clinical Symposium. Las Vegas, NV. April 2014.

Warren, L, Baker, R, MacDonald, N, Baker, J. Functional Restoration from Trochlear Dysplasia using the Selective Functional Movement Assessment: A Case Study. Poster Presentation, North West Athletic Trainers' Association Annual Meeting and Clinical Symposium. Portland, OR. March 2014.

MacDonald, N, Baker, J, **Warren, L**. Knowledge and Readiness of Inter-Professional Education in Athletic Training and Nurse Practitioner Students: A Pilot Study. Poster Presentation, North West Athletic Trainers' Association Annual Meeting and Clinical Symposium. Portland, OR. March 2014.

Cantasey, T, Smittley, M, **Warren, L**, MacDonald, N, Baker, J. Utilizing Contralateral Exercise to Decrease pain and Increase Range of Motion in Four College Athletes: A Case Series. Poster Presentation, North West Athletic Trainers' Association Annual Meeting and Clinical Symposium. Portland, OR. March 2014.

Warren, L. The Dancer as the Ultimate Athlete: Injury Prevention and Rehabilitation. Expert Panel Discussion, Annual Cedars-Sinai/USC Gloria Kaufman Dance Medicine Center Conference, Los Angeles, CA. October 2013.

Warren, L. See More: Do More, Video Analysis For Injury Prevention. Practical Applications in Sports Medicine Conference, Palm Springs, CA. June, 2011

Warren, L. (Author), Clover, J (Presenter). Fast, Furious, and Functional: New Strength and Conditioning Trends and Their True Effects. Presented at the National Convention of Sports Physicians, San Francisco, CA. October, 2010.

Warren, L., Mohebbi, M. Correlative Examination of Hamstring Injury Prevention and Stretching. Practical Applications in Sports Medicine Conference, Palm Springs, CA. June 2010.

Professional Meeting Papers, Workshops, Showings, Recitals: (provide date and location)

Patents: (provide title/description, patent number and date)

Grants and Contracts Awarded: (provide principal and co investigators, title, sponsor, funding dates, amount)

Larkins, L., Seegmiller, J (mentor). Mulligan Concept Intervention for Pregnancy Related Lumbo-Pelvic Pain. Clinical Translational Research Infrastructure Network. 8/1/2017-6/30/2018. Funded \$62,730.15

Brown, A.F. Meenan, M.J., Bailey, J. Baker, R., **Larkins, L.** (2018) Exercise Performance Training and Intervention Trials Using a Pilates and Performance Laboratory. Equipment and infrastructure support awarded by the College of Education, Health and Human Sciences, University of Idaho. Total Award: \$41,000

Baker, R., **Larkins, L. (co-PI)**. Establishing a Mechanism for Patient Centered Research in the Rural Secondary School Setting. Patient Centered Outcomes Research Institute. Not Awarded, \$250,000.00.

Larkins, L. (co-PI), Jun, H., Miley, E. National Institutes of Health National Research Service Award. In Revision. \$215,430.00

Larkins, L. (co-PI), Baker, R. Development and Validation of an Instrument to Assess Readiness for Clinical Practice in Athletic Training. National Athletic Trainers' Association Research Foundation. Not Awarded. \$10,000.00

Larkins, L. (co-PI), Baker, R. Development and Validation of an Instrument to Assess Readiness for Clinical Practice in Athletic Training. Spencer Foundation. Not Awarded. \$50,000.00

Honors and Awards:

SERVICE:

Major Committee Assignments: (National, State, District, County, University, College, Departmental and dates)

University

Presidential Athlete Advisory Council, 2016, 2017, 2018, 2019

Athletics Gender Equity Committee, 2017, 2018, 2019

Petitions Committee, 2016, 2017, 2018, 2019

Athletics Department Search Committee (Director of Athletic Training), 2019

College

Technology Committee, 2016, 2017, 2018, 2019

Departmental

MVSC Search Committees (2015: Administrative Assistant II, Administrative Assistant I, Exercise Science and Health Faculty; 2016: Exercise Science and Health Faculty, Athletic Training Tenure-track or Clinical Faculty; 2017: Exercise Science and Health Faculty, Athletic Training Tenure-track or Clinical Faculty, 2019: Athletic Training Tenure-track or Clinical Faculty, Administrative Assistant)

Professional and Scholarly Organizations (including memberships, committee assignments, editorial services, offices held and dates)

Member in good standing of the Northwest Athletic Trainers' Association, 09/2015-present

Member in good standing of the Idaho Athletic Trainers' Association, 09/2015-present

Member in good standing of the Texas Athletic Trainers' Association, 08/2014-present

Member in good standing of the National Strength and Conditioning Association, 01/2010-present

Member in good standing of the National Athletic Trainers' Association, 08/2009-present

Member in good standing of the Far West Athletic Trainers' Association, 08/2009-present

Member in good standing of the California Athletic Trainers' Association, 08/2009-present

Outreach Service: (Including popular press, interview articles, newspaper articles, workshops-seminars-tours organized, Extension impact statements)

Journal Reviewer: International Journal of Athletic Therapy and Training (2013-present), International Journal of Athletic Training Education (2014-present), Athletic Training Education Journal (2017-present), Journal of Sport Rehabilitation (2017-present), European Journal of Integrative Medicine (2018-present), Clinical Practice in Athletic Training (2018-present)

Textbook Reviewer: Clinical Guide to Positional Release Therapy, by: Dr. Timothy Speicher. Human Kinetics (2015)

Conference Abstract Reviewer: NATA Annual Meeting and Clinical Symposium (2014, 2015, 2016, 2018)

Community Service: (non-academic unrelated to employment)

Volunteer Athletic Training Consulting: Venom Professional Arena Football, Amarillo, TX, 06/2015

Medical Personnel, Professional Bull Riding, Anaheim, CA, 04/2015

Medical Planning and Implementation Team, Sandals Church 5K, 04/2015

Medical Personnel, Sandals Church 5K, 04/2014

Medical Personnel, U.S. Police and Fire Games, 06/2011

Medical Personnel, SAW Sports Productions "In The Dirt" Series, 09/2010

Medical Personnel, Fellowship of Christian Athletes Summer Camp, 06/2010

Honors and Awards:

PROFESSIONAL DEVELOPMENT: (workshops and seminars attended)

Teaching:

Foundations in Dry Needling, Austin, TX, 11/2018

Yuen Method, Moscow, ID, 07/2017

Myokineshtic Treatment of the Lower Extremity, Moscow, ID, 07/2017

Mulligan Concepts, Advanced Spinal and Peripheral Techniques, Los Angeles, CA, 10/2016

Cervical and Thoracic Manipulations, Total Motion Release, Moscow, ID, 07/2016

Myokineshtic Treatment of the Upper Extremity, Moscow, ID, 07/2016

Primal Reflex Release Techniques, Moscow, ID, 07/2016, 07/2017

Mulligan Concepts, Advanced SI and Pelvis, Chicago, IL 03/2016

Reconnective Healing, Level I and Level II, Los Angeles, CA, 09/2015

Mulligan Concepts, Lower Quarter, Moscow, ID, 07/2015, 07/2017

Mykinesthetc Treatment of the Lower Extremity, 07/2015, 07/2017

Positional Release Therapy, Upper Extremity, Moscow, ID, 07/2015, 07/2017

Advanced Gait Analysis, Positional Release Techniques Institute, Riverside, CA, 11/2014

McConnell Evaluation and Treatment for the Patellofemoral Joint, St. Louis, MO, 06/2014

Primal Reflex Release Technique, Home Study Seminar, 12/2013

Dynamic Neuromuscular Stabilization, Part A, Palo Alto, CA, 06/2013

Positional Release Therapy, Upper Extremity, Riverside, CA, 05/2013

Mulligan Concepts, Upper Quarter, Los Angeles, CA, 06/2013

McKenzie Back Institute MDT of the Lumbar Spine, Riverside, CA, 05/2012

Scholarship:

2018 NWATA Annual Meeting and Clinical Symposium, Portland, OR

2017 NATA Annual Meeting and Clinical Symposium, Houston, TX

2017 NWATA Annual Meeting and Clinical Symposium, Tacoma, WA

2016 NATA Annual Meeting and Clinical Symposium, Baltimore, MD

2016 NWATA Annual Meeting and Clinical Symposium, Boise, ID

2015 "Writing Winning Grants", Grant Writers' Seminars and Workshops, Moscow, ID

2015 NATA Annual Meeting and Clinical Symposium, St. Louis, MO

2015 FWATA Annual Meeting and Clinical Symposium, San Diego, CA

2015 CBU College of Allied Health Research Symposium, Riverside, CA

2015 Athletic Training Educators Conference, Dallas, TX

2015 CATA Annual Meeting and Hit the Hill, Sacramento, CA

2015 CATA Leadership Symposium, Sacramento, CA

2014 Called to Collaborate, Interprofessional Education Workshop, Riverside, CA

2014 NATA Annual Meeting and Clinical Symposium, Indianapolis, IN

2014 CBU College of Allied Health Research Symposium, Riverside, CA

2014 FWATA Annual Meeting and Clinical Symposium, Las Vegas, NV

2014 NWATA Annual Meeting and Clinical Symposium, Portland, OR

2014 CATA Annual Meeting and Hit the Hill, Sacramento, CA

2013 Annual Cedars-Sinai/USC Gloria Kaufman Dance Medicine Center Conference, Los Angeles, CA.

2013 NATA National Convention, Las Vegas, NV
2012 PBATS Baseball Medicine Conference, Glendale, AZ
2011 NATA Hit the Hill, Washington, D.C.
2011 NATA National Convention, New Orleans, LA
2011 Practical Applications in Sports Medicine, Palm Springs, CA
2011 FWATA Annual Meeting and Clinical Symposium, Las Vegas, NV
2010 Practical Applications in Sports Medicine, Palm Springs, CA
2010 CATA Annual Meeting Video Conference
2010 NATA National Convention, Philadelphia, PA
2010 International Sports Concussion Summit, Los Angeles, CA
2010 NATA Hit the Hill, Washington, D.C.
2009 CATA Annual Meeting Video Conference
2009, 2010 ATP Symposium, Riverside, CA: Diagnosis and Treatment of Shoulder Injuries, Common Skin Infections in Athletics, Hip Arthroscopy: Femoral Acetabular Impingement, Therapeutic Modalities: Are We Our Own Worst Enemy, Measures of Muscle Performance, The Science of Speed

Outreach:

Administration/Management:

University of Idaho
MSAT Clinical Education Coordinator

California Baptist University
MSAT Clinical Education Coordinator