Wound healing: potatoes natural Band-Aid

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We all know that the human skin is a remarkable organ that protects the underlying cells, but one that can be damaged by wounding during the activities of every-day life. Likewise, potato tubers are covered by a “skin” that acts to protect the internal tissues. Potato skin is also subject to wounding. Wounding is inevitable during the harvesting and handling of potatoes. Wounds can be in the form of nicks, cuts, punctures, abrasions, broken knobs, shatter-bruised areas, or essentially any area where there is a break in the skin. It is important to minimize wounding due to the detrimental consequence of greater potential disease development and higher weight loss. The pathogens that cause Fusarium dry rot and Pythium leak need a wound to infect the tuber whereas pathogens that cause pink rot, late blight, early blight and others may not need a wound, but infection is dramatically increased with wounding. Wounding also provides a perfect opportunity for non-pathogenic fungi and bacteria to grow on the surface of the wounded area. These saprophytic organisms are non-pathogenic, meaning they do not attack or infect the tuber, and they cause no decay. These organisms merely reside on the surface of the skin with superficial patches of black, white, yellow, orange or brown colored growth. Wounded areas on tubers provide a source of moisture – plant sap. The sap or juice of the tuber contains water and nutrients, both of which favor pathogen development. Regardless of the type of wound, economic losses can occur due to disease invasion and shrinkage.

Fortunately, potatoes have the ability to heal these wounds by creating their own Band-Aid: wound periderm. The wound periderm is the outermost layer of tissue on a potato tuber that forms after a wound is inflicted on the surface of the tuber. In comparison, “native periderm” is the outermost layer on tubers produced while on the plant, which protects the tuber from disease and water loss while the tubers are still underground. The wound periderm is produced through a process known as wound healing.

The wound periderm is a skin tissue composed of three layers; the phellum, phellogen and phelloderm; all which are layers of cells functioning as tissue to protect the tuber from pathogenic attack and water loss. Suberin deposition occurs in the top two or three layers of cells on the cut surface in a process called primary suberization which prevents some pathogen entrance and evaporation from occurring at the wound site. This deposition of suberin sequentially allows for the phellogen to develop underneath the suberized layer in a process known as secondary suberization. The “cork” layer, or phellem, forms the outermost layer of the wound periderm and is produced from the underlying phellogen, while the phelloderm layer lies beneath the phellogen layer. It sounds complicated with the various layers, but there is a systematic sequence of events to develop a new skin to withstand the environmental conditions.
in storage. It takes time to develop the various layers and they each serve a different purpose. Some layers are “tougher” than others to stop water loss and/or pathogen invasion.

The speed of wound healing will depend upon several factors, which include type of wound, variety, and curing or wound healing conditions. Deep or angled wounds are more difficult to wound heal plus they are shielded from circulating air and this decreases the ability to quickly dry off the moisture and stop disease infection process. To make matters worse, often the agent (rock, sharp edge on handling equipment, etc.) that causes the mechanical damage to the skin will inoculate the wound at the same time. This means that fungal spores or bacterial cells are deeply embedded in the wound. Varieties can respond differently to the wound healing process—some may be faster or slower. Varietal susceptibility to disease, especially soft rot and Fusarium dry rot, may be impacted by the wound healing response. Unfortunately, we have limited information on the necessary wound healing duration or conditions for individual varieties.

Management of wound healing comes from the initial conditions potatoes are exposed to after harvest. Favorable wound healing conditions are high humidity, no free moisture, good airflow, and temperatures above 50°F. Warmer temperatures above 50 to 55°F may be beneficial in the formation of the wound periderm, but greater disease development and weight loss can be a negative consequence. It is ideal to cure potatoes at temperatures just long enough to allow for rapid wound healing, but not too long as to have an impact on weight loss, disease development, and/or other quality characteristics. Temperatures below 50°F require a longer wound healing period that may allow diseases the chance to invade the wound. For example, if Russet Burbank needs 2 weeks at 55°F to wound heal, factor in the time and temperature the potatoes were exposed to when removing field heat. This would lessen the time at the elevated wound healing temperatures. It is a balance to ensure we don’t under- or over-wound healing and allow for negative consequences to occur.