

CURRICULUM VITAE

University of Idaho

NAME: Katie R. (Nelson) Miner, PhD, RDN, LD

DATE: December 20, 2019

RANK OR TITLE: Senior Instructor, Food and Nutrition

DEPARTMENT: Family and Consumer Sciences

OFFICE LOCATION AND CAMPUS ZIP: Niccolls 108A; 3183 **OFFICE PHONE:** (208) 885-7747

FAX: (208) 885-5751

EMAIL: kminer@uidaho.edu

DATE OF FIRST EMPLOYMENT AT UI: Current Position - August 2006; Previous Positions – May 2001

DATE OF TENURE: NA

DATE OF PRESENT RANK OR TITLE: August 2006

EDUCATION BEYOND HIGH SCHOOL:

Degrees:

Doctor of Philosophy, University of Idaho, Moscow, Idaho, May 2014, Education, Adult, Organizational Learning and Leadership
Master of Science, University of Idaho, Moscow, Idaho, May 2004, Family and Consumer Sciences, Nutrition Education Emphasis
Bachelor of Science Family and Consumer Sciences, University of Idaho, Moscow, Idaho, May 2002, Food and Nutrition, Dietetics Option

Certificates and Licenses:

Registered Dietitian Nutritionist (RDN), Commission on Dietetic Registration, August 6, 2002
Licensed Dietitian (LD), Idaho State Board of Medicine, April 2, 2003
ServSafe Manager, National Restaurant Association Educational Foundation, April 2001
Registered ServSafe Manager Instructor and Proctor, National Restaurant Association Educational Foundation, December 2004

EXPERIENCE:

Teaching and Research Appointments:

Senior Instructor, University of Idaho, Moscow, ID, August 2006 – Present

- Instructed courses in introductory foods, intermediate foods, scientific principles of food preparation, experimental foods, quantity food production, food service management, professional skills in dietetics, nutrition education, vegetarian food and nutrition, and recipe development.
- Developed and taught distance courses in introductory and intermediate foods, nutrition education, vegetarian food and nutrition, and recipe development.
- Coordinated foodservice management supervised practice experiences for students in the Coordinated Program in Dietetics.
- Participated in planning and developing a new foods lab facility. Developed and implemented quantity food lab experiences including commercial foodservice equipment

training for students utilizing the new foods lab space.

- Conducted research on food safety education for college students; leadership priorities for dietetics education; foodservice management and culinary education for dietetic students including equipment training, food allergy training, and recipe development; use of legumes in child nutrition programs; acceptability of essential oils as a flavor substitute in recipes; and developing and testing quantity pulse recipes for the athletic refueling station.
- Provided broad oversight for use and maintenance of the Carmelita Spencer Food Laboratory in the Mary Hall Niccolls Building, including direct supervision of its manager.

IH Instructor, University of Idaho, Moscow, ID, August 2004 – May 2006

- Taught food service management courses in the Coordinated Program in Dietetics.
- Arranged over 400 foodservice management supervised practice hours for students in the Coordinated Program in Dietetics each year.
- Instructed *Steps to a New You* program and conducted pre/post tests and physical assessments of participants as part of a Wellness in the Rockies research project.
- Implemented the Got Calcium? curriculum into the CPD supervised practice activities. CPD students taught the curriculum in five 3rd and 4th grade classrooms and then conducted a plate waste study to observe changes in milk consumption.

Graduate Research Assistant, University of Idaho, Moscow, ID, August 2002 – May 2004

- Assisted in the instruction and course development of foodservice management courses.
- Tested the effectiveness of four nutrition education lessons in fifth and sixth grade classrooms as part of the Wellness in the Rockies research grant.
- Assisted in the evaluation of a nutrition and calcium curriculum for fourth grade classrooms.
- Assisted in survey research on nutrition education practices in elementary schools.
- Assisted in organizing, implementing and analyzing focus group research on the Healthy School Nutrition Environments in fourth, fifth and sixth grades.
- Assisted in implementing plate waste studies in elementary schools.

Academic Administrative Appointments:

Acting Director, Coordinated Program in Dietetics, University of Idaho, Moscow, ID, August 2008 – 2010

Non-Academic Employment:

Clinical Dietitian, Valley Hospital & Medical Center, Spokane, WA, May 2002–August 2002

- Developed nutrition care plans for hospital in-patients.
- Counseled patients on using guidelines of a prescribed diet to select food and plan meals.

Dietary Aid, Latah Health Services, Moscow, ID. June 1997 – August 2000

- Assisted in meal preparation and provided service to assisted and skilled living center residents.

Consulting:

Menu Consultant, Moscow School District, Moscow, ID, Summer 2001

- Analyzed high school lunch menus using NutriKids nutritional software.

Menu Consultant, Gritman Medical Center, Moscow, ID, June 2000-June 2001

- Developed and analyzed a one-week menu cycle using Nutritionist V nutritional software.
- Developed new recipes and implemented recipe testing and evaluation.

TEACHING ACCOMPLISHMENTS:**Areas of Specialization:**

Foods
Recipe Development
Quantity Food Production
Food Service Management
Nutrition Education
Dietetics Leadership
Plant-Based Food and Nutrition

Courses Taught:

FCS 170 Introductory Foods, Fall 2011, 2012, Summer 2012, 2013, 2014
FCS 175 Introductory Foods Lab Fall 2012, Summer 2012, 2013, 2014
FCS 270 Intermediate Foods Summer 2012, 2013, 2015
FCS 270 Scientific Principles of Food Preparation, Fall 2015, 2016, 2017, 2018, Summer 2016, 2017, 2018, 2019
FCS 275 Experimental Foods, Spring 2016, 2017, 2018, 2019; Summer 2017, 2018, 2019
FCS 301 Professional Skills in Dietetics I, Fall 2007, 2008, 2009, 2011, 2012, 2013, 2014
FCS 302 Professional Skills in Dietetics II, Spring 2008, 2009, 2010, 2011, 2012, 2013
FCS 384 Quantity Food Production and Equipment, Fall 2004, 2005, 2006, 2007, 2008, 2009, 2011, 2013, 2014, 2015, 2016, 2017, 2018, 2019
FCS 385 Quantity Food Production and Equipment Lab, Fall 2004, 2005, 2006, 2007, 2008, 2009, 2011, 2013, 2018, 2019
FCS 385 Intro to Dietetics SP, Fall 2014, 2015, 2016, 2017
FCS 387 Food Systems Management, Spring 2005, 2006, 2007, 2008, 2009, 2010, 2011, 2012, 2013, 2014, 2015, 2016, 2017, 2018, 2019
FCS 388 Food Systems Management Lab, Spring 2005, 2006, 2007, 2008, 2009, 2010, 2011, 2012, 2013, 2014
FCS 388 Intro to Dietetics SP, Spring 2015, 2016, 2017
FCS 484 Vegetarian Food and Nutrition, Summer 2017, 2019
FCS 485 Computer Applications in Food Administration, Spring 2004, 2005, 2006, and 2007
FCS 486 Nutrition Through the Life Cycle, Fall 2009
FCS 487 Supervised Management Practice, Fall 2003, 2004, and 2005
FCS 487 Research in Food Systems Management, Fall 2006
FCS 487 Introduction to Management Supervised Practice, Fall 2008, 2009
FCS 488 Supervised Management Practice II, Spring 2004, 2005, 2006, 2007, 2008, 2009, 2010, 2011
FCS 492 Nutrition Education in the Life Cycle, Spring 2010, 2011, 2012, 2013, 2014, 2015, 2016, 2017, 2018, 2019
FCS 404 ST: Vegetarian Food and Nutrition, Summer 2014, 2015
FCS 404 ST: Recipe Development and Culinary Exploration, Summer 2015, 2018
FCS 499 DS: Plant-Based Nutrition Instruction and Research, Spring 2016, 2018, Fall 2018
FCS 499 DS: Foods Lab Instruction and Research, Fall 2014, Spring 2015
FCS 499 DS: Nutrition Education Project for Child Nutrition Programs, Spring 2008
FCS 499 DS: Foodservice Management Review, Spring 2006

Students Advised:

Undergraduate Students: 20-50 per year
Graduate Committees:
Nallely Vega, in-progress
Tiffany Frieson, MS, December 2016

Steffanie Sandoval, MS, May 2017

Student Groups:

Co-Faculty Advisor, Food and Nutrition Club, Fall 2018

Faculty Advisor, Local Herbivores, Spring 2018

Faculty Advisor, Adventist Christian Fellowship, 2014-current

Faculty Advisor, Food and Nutrition Club, 2004-2015

Faculty Advisor, War on Hunger, 2008-2009

Courses Developed:

FCS 270 Scientific Principles of Food Preparation

FCS 270 Scientific Principles of Food Preparation (online version)

FCS 275 Experimental Foods

FCS 275 Experimental Foods (online version)

FCS 301 Professional Skills in Dietetics I

FCS 302 Professional Skills in Dietetics II

FCS 370 Meal Management (in-progress)

FCS 375 Recipe Development and Culinary Exploration

FCS 404 ST: Recipe Development and Culinary Exploration

FCS 484 Vegetarian Food and Nutrition (online)

FCS 487 Research in Food Systems Management

FCS 492 Nutrition Education in the Life Cycle, Approved as UCGE Senior Experience course
October 2018

FCS 492 Nutrition Education in the Life Cycle (online version)

FCS 587 Management and Leadership in Dietetics (in-progress)

Guest Lectures:

Breastfeeding Challenges, FCS 486 Nutrition in the Life Cycle, September 20, 2018

The Plant-Based Athlete, ISEM 301 The Holistic Athlete, April 18, 2018

Food Issues, FCS 448 Consumer Economic Issues, October, 19, 2017

Breastfeeding Challenges, FCS 486 Nutrition in the Life Cycle, September 19, 2017

Food Issues, FCS 488 Consumer Economic Issues, November 17, 2016

Induction Cooktops and Kitchen Design Trends, FCS 428 Housing America's Families, March
10, 2015

Leadership Priorities for Dietetics Education Delphi Study, FCS 590 Intellectual Foundations in
Family and Consumer Sciences, October 15, 2014

Vegetarian Nutrition, FCS 205 Concepts in Human Nutrition, February 24, 2014

Vegetarian Nutrition, FCS 205 Concepts in Human Nutrition September 30, 2013

Breastfeeding Challenges, FCS 486 Nutrition in the Life Cycle, September 28, 2011

Plate Waste Methods, FCS 390 Research Methods in Food and Nutrition, April 7, 2011

Plate Waste Methods, FCS 390 Research Methods in Food and Nutrition, April 8, 2010

Vegetarian Nutrition, FCS 205 Concepts in Human Nutrition, Fall 2009

Vegetarian Nutrition, FCS 205 Concepts in Human Nutrition, February 13, 2009

Vegetarian Nutrition, FCS 205 Concepts in Human Nutrition, September 29, 2008

Vegetarian Nutrition, FCS 205 Concepts in Human Nutrition, March 3, 2008

Vegetarian Nutrition, FCS 205 Concepts in Human Nutrition, Fall 2007

Vegetarian Food and Culture, FCS 205 Concepts in Human Nutrition, April 2006

Parents, Teachers, and Students Speak Out on the Healthy School Nutrition Environment, FCS
501 Seminar, September 30, 2004

Workshops:

“Iron Chef” U of I, Ag Days Workshop (2 sessions), Carmelita Spencer Foods Laboratory,
September 28, 2018

Partnerships / Service Learning Projects Coordinated

Healthy Snacks Nutrition Education Workshop, FCS 492 Honors Student lead project to host elementary school field trip in the Carmelita Spencer Food Laboratory, May 3, 2019.
 President's Holiday Card Recipe Development, University of Idaho Office of Development, Annual Project, 2008-current
 Etiquette Dinner Menu Planning, University of Idaho Career Services & Vandals Dining, Annual Project, 2004-current
 Barley Nutrition Education Curriculums, Idaho Barley Commission, Spring 2016
 Legume Recipe Development, USA Dry Pea and Lentil Council, Spring 2016
 Niccolls Building Reveal Celebration Catering, Family and Consumer Sciences, Spring 2014
 Kids Eat Right Nutrition Education Project, UI Alum Laura Thomas, MS, RD – Kids Eat Right Grant, Spring 2014
 Fruit and Vegetable Fact Sheets, Idaho State Department of Education, Fall 2013
 Nutrition Education Lesson Development, Idaho State Department of Education, Spring 2011
 School Nutrition Services Marketing, Moscow School District, Spring 2011
 Nutrition Education Project for Child Nutrition Programs, Idaho State Department of Education Team Nutrition Grant, Spring 2008
 Mukagawa Fort Wright Institute Cultural Exchange, Fall 2008
 Idaho Dietetic Association Annual Meeting Marketing Project, Idaho Dietetic Association, Fall 2006
 Food Service Facility Design, Vandals Dining, 2004-2010

Honors and Awards:

Family and Consumer Sciences Excellence in Teaching, 2019
 Marion Featherstone Faculty Enrichment Award, 2015
 Family and Consumer Sciences, Outstanding Academic Advisor, 2010
 Marion Featherstone Faculty Enrichment Award, 2007

SCHOLARSHIP ACCOMPLISHMENTS:**Publications:**

Peer Reviewed/Evaluated: (i.e. journals, articles, proceedings, abstracts, etc.)

Miner, K.R., & Bauer, W.B. (2017). Consumers' acceptance of lemon essential oil use in recipes. *Renal Nutrition Forum*, 36(4), 18-21.

Raidl, Martha, Lanting, Rhea, **Miner, Katie**, and Joey Peutz. 2007. Got Calcium? - A youth curriculum that promotes dairy and non-dairy sources of calcium. *The Forum for Family and Consumer Issues*, 12 (2).

In-Progress / Submitted:

Miner, K.R., Holyoke, L.B., & Ramsay, S.A., Conception of a Leadership Model for Dietetics Education. *Journal of Human Nutrition and Dietetics*. (Submitted September 17, 2019).

Frieson, T.C., **Miner, K.R.**, Haggerty, R. & Brown, K., (2019). Effectiveness of three foodservice equipment training interventions for food and nutrition students. *Journal of Culinary Science & Technology*, DOI: 10.1080/15428052.2019.1657336. (In-Press: Accepted February 10, 2019, Published online August 26, 2019).

Brown, K., **Miner, K.R.**, & Garcia, B. (2018). Development and evaluation of quantity recipes using pulse crops as part of dietetics curriculum. *Journal of Culinary Science & Technology*. DOI: 10.1080/15428052.2018.1509753. (In-Press: Accepted July 30, 2018, Published online October 10, 2018)

Peer-Reviewed Abstracts:

- Caskey, L., Miner, K., Fujita, E., Reynolds, S., Burato, S., & Haji, S. (2018). Assessment of waste stream to identify recyclable materials among students and faculty in a university building [Abstract]. *Journal of the Academy of Nutrition and Dietetics*, 118, A-143.
- Miner, K., & Bauer, W. (2016). Consumer acceptability of lemon essential oil as a lemon juice substitute or flavor enhancer: A pilot study [Abstract]. *Journal of the Academy of Nutrition and Dietetics*, 116(Suppl. 1), A-46.
- Miner, K. (2016). Effectiveness of food allergy training for dietetic students through a campus dining “simple servings” station supervised practice rotation [Abstract]. *Journal of the Academy of Nutrition and Dietetics*, 116(Suppl. 1), A-78.
- Frieson, T.C., Neiwert, C., & Miner, K.R. (2015). Effectiveness of foodservice equipment training for food and nutrition students through an equipment competency exam: A pilot study [Abstract]. *Journal of the Academy of Nutrition and Dietetics*, 115(Suppl. 2), A-56.
- Miner, K.R., Holyoke, L.B., & Ramsay, S.A. (2014). Identification of Leadership Priorities for Dietetics Education [Abstract]. *Journal of the Academy of Nutrition and Dietetics*, 114(Suppl. 2), A-19.
- Miner, K.R., & McCurdy, S.M., (2013). Campus-wide food safety outreach project conducted by students in a coordinated dietetics program [Abstract]. *Journal of the Academy of Nutrition and Dietetics*, 113(Suppl. 3), A-76.
- Miner, K.R., & Ramsay, S.A., (2013). Perceptions of leadership in dietetics from students in a coordinated dietetics program [Abstract]. *Journal of the Academy of Nutrition and Dietetics*, 113(Suppl. 3), A-19.
- Miner, K.R., & Gabel, K.A. (2007). Dietetic students help plan state dietetic association meeting through a competitive supervised practice experience [Abstract]. *Journal of the American Dietetic Association*, 107(Suppl.3), A-67.
- Nelson, K., Lambert, L., Raidl, M., Moore, S., & Wardlaw, M. (2004). Effectiveness of four WIN kids nutrition education lessons in fifth grade classrooms [Abstract]. *Journal of Nutrition Education and Behavior*, 36(Suppl. 1), 61.

Doctoral Dissertation:

- Miner, Katie R. (2014). *Identification of Leadership Priorities for Dietetics Education: A Delphi Study* (Doctoral dissertation). University of Idaho, ProQuest Dissertations & Theses Global Database (Dissertation Number 3623219).

Presentations, Workshops and Other Creative Activities:**Local**

- Miner, K.R., Plant Parts, Nutrition Lesson; Palouse Hills Christian School, Moscow, Idaho. October 25, 2017
- Miner, K.R., Whole Foods, Plant-Based Cooking; University of Idaho FCS Extension In-service, April 4, 2016.
- Miner, K.R., Healthful Living: Benefits of Plant-Based Nutrition, Troy, Idaho, October 10 & November 7, 2015.
- Miner, K.R., Pulse Crop Health Initiative Publicity Event with Senator Mike Crapo, University of Idaho Speaker/Representative, Jennifer Junior High School, Lewiston, ID, March 20, 2014.
- Miner, K.R. Dine with Style. University of Idaho Career Center Etiquette Dinner. March 27, 2013
- Miner, K.R. Thanksgiving Dinner Etiquette, University of Idaho American Language and Culture Program. November 12, 2012.
- Miner, K.R., Dine with Style, University of Idaho Career Center Etiquette Dinner, April 2, 2012
- Miner, K.R., From the Garden, Nutrition Education Lessons (2 month weekly curriculum). Troy SDA Church, Beginners Class, Fall 2012

- Miner, K.R., Heart Health Nutrition Education Lesson, Palouse Prairie Charter School First and Second Grade Class, April, 26, 2011
- Miner, K.R., National Nutrition Month Cooking Class, Troy Creative Co-op, Troy, Idaho, March 4, 2010.
- Miner, K.R., Heart Healthy Cooking Class, Troy Creative Co-op, Troy, Idaho, February 4, 2010.
- Miner, K.R., Nutrition and Wellness Question and Answer Session, LDS Young Women Group, Moscow, ID, January 28, 2010.
- Miner, K.R. Warm Winter Soups Cooking Class, Troy Creative Co-op, Troy, Idaho, January 7, 2010.
- Miner, K.R., Healthy Holidays Cooking Class, Troy Creative Co-op, Troy, Idaho, December 3, 2009.
- Miner, K.R., Food and Nutrition Activities, Palouse Prairie Classroom Field Trip, University of Idaho, Nov 12, 2009
- Miner, K.R, Food and Culture Nutrition Education Lesson, Palouse Prairie Charter School, Nov. 10, 2009
- Miner, K.R., Flavors of Fall Cooking Class, Troy Creative Co-op, Troy, Idaho, November 5, 2009.
- Miner, K.R., Nutrition Tips, Fit and Fall Proof Class (4 week series), Troy, ID, Summer 2008
- Nelson, K.R. Nutrition Issues Related to Oral Health, Palouse Dental Hygienist Group, May 4, 2006.
- Nelson, K.R., Health at Any Size (3 session series), Community Women's Retreat, Endicott, WA, October 28-29, 2005
- Nelson, K.R., Steps to A New You, (97week curriculum), University of Idaho, February 3 – March 31, 2005
- Nelson, K.R., Healthy Eating, Troy Community Women's Dinner, Troy, Idaho, May 24, 2004
- Nelson, K.R., Got Calcium? (4 week curriculum) Russell Elementary School 4th Grade class, April 2004
- Nelson, K.R., Got Calcium? (4 week curriculum) Troy Elementary 4th Grade class. April 2004
- Nelson, K.R., Wellness in the Rockies Nutrition Education Lessons (4 week curriculum). Lewiston School District – taught to four different 5th grade classes. Fall 2003.
- Nelson, K.R., Wellness in the Rockies Nutrition Education Lessons (4 week curriculum). Troy Elementary School 6th Grade Class. April 2003.
- Nelson, K.R., Nutrition Education Lessons (12 week curriculum). Palouse Hills Christian School. Spring 2003.
- Nelson, K.R., Vegetarian Food and Culture, University of Idaho Food and Nutrition Club, April 2003.
- Nelson, K.R., Nutrition & Health Seminars (3 session series), Peak Performance Health Summit, Washington State University, April 18-19, 2003.

State/Regional

- Miner, K.R., Impacting Children's Health in Our Community through Food and Nutrition Education, Upper Columbia Conference Children's Ministry Workshop, March 4, 2018.
- Miner, K.R., Impacting Children's Health in Our Community through Food and Nutrition Education, NPUC Children's Leadership Conference, Portland, Oregon, October, 14, 2017.
- Miner, K.R., Sweeter than Honey: Spiritual Perspectives on Food and Diet. Upper Columbia Conference Women's Retreat. Camp Mivoden, Hayden Lake, Idaho, October 22-23, 2016
- Garcia, B.D., Brown, K.N., Miner, K.R., Sensory Evaluation of Pulse-Based Snacks [Poster Session]. Idaho Academy of Nutrition and Dietetics, April 21, 2016.
- Miner, K.R. Training Leaders in Dietetics: What are the Priorities? Idaho Academy of Nutrition and Dietetics Annual Meeting. April 24, 2015
- Frieson, T.C., Neiwert, C., & Miner, K.R. Effectiveness of foodservice equipment training for

food and nutrition students through an equipment competency exam: A pilot study [Poster Session]. Idaho Academy of Nutrition and Dietetics, April 24, 2015.
 Miner, K.R., Public Policy Report. Idaho Dietetic Association Business Meeting. April 2008.

International

Miner, K., & Neiwert, C. Incorporation of Legumes in Child Nutrition Programs: Perceptions of Directors and Staff (Poster Session). International Congress on Vegetarian Nutrition, Loma Linda, California. February 26, 2018.
 Ramsay, S.A., Miner, K., & Safaii, S.J. Using an online survey program for formative and summative in an Accredited Dietetics Higher Education program. Hawaii International Conference on Education, Honolulu, HI January 2014.
 Miner, K.R. Community Health & Nutrition Education Sessions (13 night series). Costa Rica, June 1-13, 2008.
 Raidl, M., Lanting, R., Peutz, J., & Nelson, K. Got calcium: A nutrition education curriculum for 3rd and 4th graders (Poster Session). Hawaii International Conference on Education, Honolulu, HI January 2005.

Grants and Contracts:

\$1, 047.38 Gift Funding from USA Dry Pea and Lentil Council to support Pulse Recipe Development Project – Spring 2016

\$50,000 Contract for Legume Recipe Development for NSLP and CACFP funded by USDA Team Nutrition Training Grant through the Idaho State Department of Education Child Nutrition Programs. October 2014 – September 2015 [Negotiations between institutions could not reach agreement in terms before required start date]

Unfunded. Campus-wide Food Safety Social Marketing Campaign for University of Idaho Students. Submitted to Rutgers University - A Food Safety Social Marketing Campaign for Young Adults RFP, November 2006

Honors and Awards:

2007 Mildred Haberly Award for \$1500 to support Food Safety Outreach Project
 2007 NEAFCS Educational Curriculum Package, First Place, Western Region for “Got Calcium?”
 2007 Idaho Extension of Family and Consumer Sciences Educational Curriculum Package State Winner for “Got Calcium?”
 2006 NEAFCS Western Region Finalist Program Excellence Through Research Award for “Steps to A New You”
 Second Prize in Division 3 in the 2003-2004 Graduate Student Poster Competition

SERVICE:

Leadership:

Oversight for Carmelita Spencer Foods Laboratory use and maintenance and supervision of lab manager, 2018-2019

Major Committee Assignments:

University of Idaho, Human Nutrition Extension Faculty Search Committee Chair, 2019
 University of Idaho, FCS Scholarship Committee Chair, 2018-2019
 University of Idaho, CPD Director / FCS Clinical Faculty Search Committee Chair, 2017-2018
 University of Idaho, Eat Smart Idaho State Director Research Faculty/Extension Specialist Search Committee Member, Spring 2016

University of Idaho, FCS / Food and Nutrition Faculty Search Committee Member, 2012 - 2013
 University of Idaho, FCS Professional Development Committee, 2011-2012
 University of Idaho, Child Development Laboratory, Nutrition and Food Safety Consultant, 2010-2012
 University of Idaho, CPD Director Search Committee Chair, 2010
 University of Idaho, FCS APAC Representative, Spring 2009
 University of Idaho, Recipe Development for President's Holiday Card, 2008-current
 University of Idaho, FCS Undergraduate Curriculum Committee, 2008-2010, 2013-current
 University of Idaho, University Judicial Council, 2007-2009
 University of Idaho, FCS / Food and Nutrition Faculty Search Committee Member, 2007-2008
 University of Idaho, FCS Awards Committee, 2006-2010
 University of Idaho, Etiquette Dinner Planning Committee, 2004-current

Professional and Scholarly Organizations:

Academy of Nutrition and Dietetics (Formerly the American Dietetic Association, July 2000 – Present

Idaho Academy of Nutrition and Dietetics (Formerly the Idaho Dietetic Association)

State Policy Representative, June 2007 - 2010

Media Representative, April 2005 – May 2007

Nominating Committee Member, November 2004 – April 2005

State of Idaho Board of Medicine, member of the Idaho Dietetic Licensure Board, 2013-current

Vegetarian Nutrition Dietary Practice Group, 2000-current

Food and Culinary Professions, 2009-2017, 2019-current

Nutrition and Dietetics Educators and Preceptors, 2006-2016

School Nutrition Association, September 2014 – 2015

Society of Nutrition Education, November 2002 - 2008

Professional Service:

Textbook Reviewer, Jones and Bartlett Learning, Reviewed draft chapters for *Foodservice Operations and Management: Concepts and Applications*, November 2018.

Textbook Reviewer, Jones and Bartlett Learning, Reviewed textbook proposal for *Foodservice Operations and Management: Concepts and Applications*, September 2017.

Textbook Reviewer, Jones and Bartlett Learning, Reviewed revised edition for *Nutrition and Dietetics: Practice and Future Trends*, April 2015.

Textbook Reviewer, Jones and Bartlett Learning, Reviewed revised edition for *Nutrition Education: Linking Research, Theory, and Practice*, November 2013.

Honors and Awards:

University of Idaho, College of Agricultural and Life Sciences, Alumni Achievement Award, 2016

Idaho Dietetic Association, Recognized Young Dietitian of the Year, 2008

PROFESSIONAL DEVELOPMENT:

Professional Development and Continuing Education:

Academy of Nutrition and Dietetics, Food and Nutrition Conference and Expo

Honolulu, HI – September 16-19, 2006

Philadelphia, PA – Sept. 29 – Oct. 2, 2007

Houston, TX – October 19-22, 2013

Atlanta, GA – October 18-21, 2014

Boston, MA - October 15-18, 2016

Washington DC – October 20-23, 2018

Academy of Nutrition and Dietetics Public Policy Workshop

Webinar Kick-off Event – March 22, 2010
Webinar – February, 9-10, 2009 (Served as Coordinator for Moscow Webinar Site)
Washington, D.C. – February 4-6, 2008
Washington, D.C. – April 23-25, 2007

Idaho Academy of Nutrition and Dietetics Annual Meeting

Boise, ID – April 20-21, 2005
Coeur d’Alene, ID – April 18-20, 2007
Boise, ID – April 2008
Post Falls, ID – April 28-30, 2010
Boise, ID – April 28-29, 2011
Boise, ID – May 2-3, 2013
Spokane, WA – April 7-8, 2014 (Idaho / Washington Joint Meeting)
Boise, ID – April 23-24, 2015
Pocatello, ID April 21-22, 2016

Other Professional Conferences

The Humane Society of the United States Forward Food Leadership Summit, Gonzaga University, Spokane, Washington, July 19, 2018
International Congress on Vegetarian Nutrition, Loma Linda, California. February 26, 2018
Northwest Health and Nutrition Conference, Portland, OR, October 12, 2017
International Plant-Based Nutrition Healthcare Conference, Anaheim, CA, Sept. 30 – Oct. 3, 2015
American Dietetic Association, DEP Area One Meeting, March 18-20, 2007
Society for Nutrition Education and Behavior, Salt Lake City, UT – July 2004

Professional Development Webinars

Effective Communication Via Social Media, April 24, 2019
Strategies for Reducing Sodium in Schools, November 4, 2014
It Starts with the Cart: Teaching Shopping Skills to Help End Childhood Hunger, Nov. 22, 2013
Motivating Consumers, November 15, 2012
Understanding & Responding to the Health & Nutrition Needs of Your New “Vegetarian-ish” Customers, April 4, 2012
Food Borne Illness Outbreaks: Who Investigates? Who Experiences? March 23, 2012
The Bitter Sweet Facts of Our Sense of Taste, February 17, 2012
Supermarket RD 101, January 20, 2012
Beyond the Hairnet, Food Service Becomes Sexy, November 18, 2011
Nutrition Care Manual, October 14, 2011
Understanding and Responding to the Health and Nutrition Needs of Your Hispanic Customers, April 15, 2011
Leadership in Dietetics: Fine Tuning the Professional – Mentoring Initiative, March 29, 2011
Life After Trans Fat: New Soybean Oils Offer New Nutrition, February 11, 2011
Green Purchasing: The Science Behind Your Plate, June 24, 2010
A Day in the Life of a Supermarket Dietitian, February 26, 2010
Stevia: A Naturally Sweet Alternative, December 4, 2009
New Reasons to Season: A Look at the Emerging Science on Spices and Herbs, Sept. 29, 2009
How to Plan a Successful Legislative Day, March 24, 2009
Effective Meetings with Elective Officials, March 17, 2009
New Mix in WIC Foods, March 27, 2009
What Educators Have Always Wanted to Know About the Registration Exams, Feb. 11, 2009

Teaching and Advising Workshops

Teaching and Learning with Technology Mini Conference – November 14, 2018

New Technologies for Teaching and Learning – September 13, 2018
Active Learning Symposium – April 30, 2018
Attention, Engagement, & Application: Three Steps to Student Learning, March 29, 2018
Metacognition and Critical Reflection: What is the Deal, November 13, 2017
Active Learning Symposium, University of Idaho, May 1, 2017.
Advising Symposium, September 13, 2013
Advising Symposium, September 9, 2011

University of Idaho Certifications:

Protecting Children: Shine a Light, April 30, 2019
UI All Employee Required Training, November 30, 2018
Campus Security Authority Training, November 16, 2018
UI Search Committee Training, October 25, 2017
Campus Security Authority Training, September 19, 2017
PCard & Record Keeper Training, December 8, 2016
Safety & Security Awareness, University of Idaho, December 5, 2016
Diversity & Inclusion at the University of Idaho, December 5, 2016
IT Security, University of Idaho, December 5, 2016
Our Inclusive Workplace Discrimination and Sexual Harassment, University of Idaho, February 11, 2015
University of Idaho Stewardship of Resources, March 21, 2016
Performance Management, University of Idaho, March 23, 2016
Navigating the Employment Legal Landscape, Part Two, University of Idaho, March 23, 2016
Performance Evaluations, University of Idaho, March 25, 2016
Navigating the Employment Legal Landscape, Part One (ADA, FLSA & Time/Leave Entry), University of Idaho, March 25, 2016
University of Idaho Mission & Goals, March 28, 2016
Strategies for Selection and Hiring Success, University of Idaho, March 30, 2016