



NATIONAL
FFA ORGANIZATION

Idaho Food Science and Technology Handbook

2017-2021

Purpose

To stimulate learning activities in food science and technology related to the food industry and to assist students in developing a good working knowledge of sound principles used in a team decision-making process.

Objectives

- To encourage FFA members to gain an awareness of career and professional opportunities in the field of food science and technology, marketing and management occupations.
- To give FFA members the opportunity to experience group participation and leadership responsibilities in a competitive food science and technology program.
- To help FFA members develop technical competence and personal initiative in a food science and technology occupation.
- To provide opportunities for FFA members to participate in activities where they gain an appreciation for cooperative effort in the food industry.

General Rules

1. Four participants will constitute an official team. All four scores will be used in the team score tabulation.
2. Participants must appear in official dress during the event.
3. Participants will be allowed 60 minutes to “create” their product based on the marketing scenario and 10 minutes to present to the judges. Following the presentation team members will answer up to 5 minutes of questions followed by a 2-minute critique.
4. Participants will be allowed 40 minutes to complete the objective exam.
5. Participants will be allowed 20 minutes to complete the sensory activities and 20 minutes to complete the complaint letter.
6. Each participant must have a clean, free of notes clipboard, two sharpened No. 2 pencils, and an electronic calculator.
7. Participants in need of special accommodations (disability or other health issues) must submit the Idaho State FFA Career Development Events Request for Special Accommodation Application found at the end of the General Rules and Regulations at least one month prior to the event.

Format and Scoring

1. This career development event will involve 1380 total points per team and 245 points per individual. The team product development project will be worth 400 points per team and will not be included in total score for each individual, the objective test will be worth 100 points per individual, the practicum in food safety and quality will be worth 50 points per individual, the practicum in sensory evaluation will be worth 95 points per individual.
2. The food science and technology career development event will consist of four activities: A team product development project, an individual objective test, an individual practicum in food safety and quality, and an individual practicum in sensory evaluation.
 - a. **Team Activity**
 - i. Each team will receive a marketing scenario describing a need for a new or redesigned product that would appeal to a potential market segment. The scenario will contain a description of the existing marketing situation, competition and potential target market segment to be served by the new product. It is the task of the team to design a new or reformulated food product or reformulate an existing product.
 - ii. Each team will be provided with a list of potential ingredients and all materials necessary to create a label for their product.
 - iii. The team will have 60 minutes to respond to the product development scenario and reformulate or develop a product, calculate a nutritional label, develop the ingredient statement and information panel, and develop the front or principle display panel to reflect the new product.

- iv. After the preparation period, each team member will contribute to a 10 minute oral product development presentation in which the team will be responsible for addressing and understanding the following: Cost of goods sold, Nutrition, Target audience, Quality control, Marketing and sales, Product, Processing, Packaging, Food safety, Formulation concepts. No electronic media will be used in the presentation.
- v. After the presentation, there will be a 5-minute question and answer period from the judges in which each team member will be expected to answer questions about the development of their particular food product. Following the questions time members will receive a 2-minute critique by the judges.
- vi. Possible product categories:

| | |
|----------------|----------------|
| 1. Cereal | 5. Beverages |
| 2. Snacks | 6. Supplements |
| 3. Meals | 7. Condiments |
| 4. Side Dishes | 8. Desserts |

- vii. Evaluations for Product Development Presentation

| | |
|-------------------------------|-------------------|
| Package Display Component | 100 points |
| Product Design | 250 points |
| Response to Judge's Questions | 50 points |
| TOTAL | 400 points |

b. Individual Objective Test

- 1. The objective questions administered during the Food Science and Technology examination will be designed to determine each team member's understanding of the basic principles of food science and technology. Team members will work individually to answer each of the 50 questions. Questions will be multiple choice, matching and true/false type questions. Each person will have 40 minutes to complete the examination. Each question will be worth 2 points for a total of 100 points per individual (400 points per team). The test will be based on a list of references.

c. Individual Practicum in Food Safety and Quality

- 1. Each participant will participate in a customer complaint letter activity. Participants will be given five representative consumer complaint letters received by a food processing company. In twenty minutes the participant must determine if the complaints involve a food quality or food safety problem. If the participant identifies that the letter describes a food safety problem, he or she must determine if the problem is biological, chemical or physical in nature. Each complaint letter will be worth ten points (five points for determining food safety or quality and five points for the cause of the problem) a total of 50 points per individual (200 points per team).

d. Individual Practicum in Sensory Evaluation

Each participant will participate in two sensory evaluation activities: aroma identification and triangle tests.

1. Identification of Aromas:

| | | |
|-----------------|----------------------|--------------------|
| 1. Cinnamon | 2. Strawberry | 3. Chocolate |
| 4. Maple | 5. Oregano | 6. Basil |
| 7. Lemon | 8. Lime | 9. Orange |
| 10. Vanilla | 11. Licorice (anise) | 12. Smoke (liquid) |
| 13. Cherry | 14. Pine | 15. Onion |
| 16. Butter | 17. Menthol | 18. Grape |
| 19. Garlic | 20. Peppermint | 21. Clove |
| 22. Nutmeg | 23. Ginger | 24. Molasses |
| 25. Wintergreen | 26. Banana | 27. Coconut |
| 28. Lilac | 29. Raspberry | 30. Sage |

Each participant will be asked to identify 5 different aromas from vials provided at each station and record the answer on the sheet provided. A list of possible aromas will be provided to each person. Each station is worth 10 points for a total of 50 points per individual (200 points per team).

2. Triangle Tests:

Three different triangle tests will be conducted. Participants will be provided with three samples, two of which are alike. Participants are expected to identify the different sample through aroma, visual cues, or textual differences. Participants will be asked to record their answers on the answer sheet provided. Each triangle test is worth 15 points for a total of 45 points per individual (180 points per team).

Allergy information: food products used in this event may contain or come in contact with potential allergens. Advisors must submit a special needs request form for participants with any allergies with certification at least a week prior to the event. The event committee will make all reasonable efforts to accommodate with food allergies.

| Event Scoring | Individual | Team |
|-----------------------------|-------------------|-------------|
| Team Activity | | 400 |
| Objective Test | 100 | 400 |
| Complaint Letter | 50 | 200 |
| Aroma Identification | 50 | 200 |
| Triangle Test | 45 | 180 |
| Total | 245 | 1380 |

Tiebreakers

Should a tie occur in the overall team placing, the tie will be broken by the highest number of total points earned from the objective test (adding all four team member scores) will break the tie. If a second tiebreaker is needed, the combined team score on the complaint letter will be used. To identify the high individual for this event in case of a tie, the highest examination score will be used as the first tiebreaker, followed by the highest individual score on the complaint letter.

Awards

Awards are presented to teams as well as individuals based upon their rankings. The top 10 teams and individuals will be recognized. Individuals from 1st through 5th place will receive medals. Teams from 1st through 5th place will receive plaques.

References

Food Science: The Biochemistry of Food and Nutrition, 2006, Mehas & Rogers.

This curriculum contains a student text, student lab manual, teacher's annotated lab manual, and teacher's resource binder. All materials are available through the Glencoe Secondary Catalog: Family & Consumer Sciences.

Food Science and Safety, 1998, Seperich, Interstate Publishers, Inc.

Principles of Food Sanitation, 1999, Marriott, Aspen Publishers, Inc.

Principles of Food Science 4th Edition, 2015, Gard, Goodheart-Wilcox Publisher.

National FFA Food Science and Technology Career Development Event Exams from the previous five years period.

Team Product Development Project Scorecard (400 Points)

| CHAPTER | STATE | TEAM NUMBER | |
|--|-------|----------------|------------|
| | | Possible Score | Team Score |
| Package Display Components | | | |
| Use and development of nutrition label | | | |
| • Required information present | | 10 | |
| • Correct calculations | | 10 | |
| • Correct organization | | 10 | |
| Use and development of the ingredient statement | | | |
| • Present | | 10 | |
| • Correct order and all ingredients included | | 10 | |
| • Location on package | | 10 | |
| Use of principle display panel to convey information | | | |
| • All required components | | 15 | |
| • Correct information | | 15 | |
| • Location on package | | 10 | |
| PACKAGE DESIGN SUBTOTAL | | 100 | |
| Product Development Oral Presentation | | | |
| Cost of goods sold | | | |
| • Costing | | 20 | |
| • Accuracy | | | |
| Nutrition | | | |
| • Communicate nutritional quality of product | | 20 | |
| • Apply nutritional quality to health benefits | | | |
| Target audience | | | |
| • Identification of key consumer | | 20 | |
| Quality control | | | |
| • Key quality attribute of consistent product | | 20 | |
| • Examples: flavor, color, texture, net weight, size, etc. | | | |
| Marketing and sales | | | |
| • Communicated with future users | | 20 | |
| • Promotions | | | |
| • Market location | | | |
| Product | | | |
| • Appearance | | 20 | |
| • Texture | | | |
| • Shelf-life | | | |
| • Interaction of ingredients | | | |
| • Creativity | | | |

| | | |
|--|------------|--|
| Processing <ul style="list-style-type: none"> • Description of how to make product • Equipment • Flow diagram, unit operations • People | 20 | |
| Packaging <ul style="list-style-type: none"> • Materials used • Appropriate for use of product • Creativity | 20 | |
| Food Safety <ul style="list-style-type: none"> • Discussed potential hazards/concerns associated with products | 20 | |
| Formulation Concepts | | |
| <ul style="list-style-type: none"> • How well did product match concept/product development scenario | 30 | |
| <ul style="list-style-type: none"> • Category | 5 | |
| <ul style="list-style-type: none"> • Platform | 5 | |
| Quality of Presentation | | |
| <ul style="list-style-type: none"> • Equitable participation of team members | 5 | |
| <ul style="list-style-type: none"> • Organization | 5 | |
| <ul style="list-style-type: none"> • Use of time allowed | 5 | |
| <ul style="list-style-type: none"> • Professionalism | 5 | |
| <ul style="list-style-type: none"> • Presence & enthusiasm | 5 | |
| <ul style="list-style-type: none"> • Mannerisms | 5 | |
| Product Development Oral Presentation Subtotal | 250 | |
| Response to Judges' Questions | | |
| Team Participation in Question Response <ul style="list-style-type: none"> • All team members contributed | 25 | |
| Quality of Response Accuracy Ability to answer Originality Knowledge | 25 | |
| Response to Judges' Questions Subtotal | 50 | |
| TOTAL POINTS | 400 | |

FOOD SCIENCE AND TECHNOLOGY CAREER DEVELOPMENT EVENT

FOOD SAFETY AND SANITATION PRACTICUM

Customer Complaint Letter

Assume you are responsible for the Food Safety and Food Quality at a major Food Company. Each team member will review five different consumer complaint letters received by a food processing company. You have 15 minutes to study the letters and answer the questions below for each letter.

Questions #1 and #2 relate to “Identification of a Food Safety or Food Quality problem.” Question #1 will count for 5 points and Question #2 will count for 5 points. Therefore, each letter will count for a total of 10 points. The total point value for all 5 letters will be 50 points. Before you begin, make sure you write your name and chapter at the top of this sheet. Also, make sure you select the appropriate response for each question below

LETTER # 1

Question #1: Does the complaint indicate a: (select one)
 a. Food Safety Problem
 b. Food Quality Problem

Question #2: Is the problem primarily:
 (select one)

- a. Biological
- b. Chemical
- c. Physical
- d. None of the above

LETTER # 2

Question #3: Does the complaint indicate a: (select one)
 a. Food Safety Problem
 b. Food Quality Problem

Question #4: Is the problem primarily: (select one)

- a. Biological
- b. Chemical
- c. Physical
- d. None of the above

LETTER # 3

Question #5: Does the complaint indicate a: (select one)
 a. Food Safety Problem
 b. Food Quality Problem

Question #6: Is the problem primarily: (select one)

- a. Biological
- b. Chemical
- c. Physical
- d. None of the above

LETTER # 4

Question #7: Does the complaint indicate a: (select one)

- a. Food Safety Problem
- b. Food Quality Problem

Question #8: Is the problem primarily: (select one)

- a. Biological
- b. Chemical
- c. Physical
- d. None of the above

LETTER # 5

Question #9: Does the complaint indicate a: (select one)

- a. Food Safety Problem
- b. Food Quality Problem

Question #10: Is the problem primarily: (select one)

- a. Biological
- b. Chemical
- c. Physical
- d. None of the above

Name

Chapter

Food Science and Technology Career Development Event
Sensory Evaluation Practicum

Part 1: Aromas

DIRECTIONS: Write the name of the aroma in the space provided.

- 1.
- 2.
- 3.
- 4.
- 5.

Part 2: Triangle Tests

DIRECTIONS: Write a description of each product (i.e. beverage, cereal, etc.) and the three sample numbers for each product in the spaces provided. For each product, circle the number of the one sample that is different from the other two.

Product Description

Sample Numbers

- 1.
- 2.
- 3.

Team Tabulation Sheet

School _____

| Participant Number | Team Activity (400) | Objective Test (100) | Complaint Letter (50) | Aroma Identification (50) | Triangle Test (45) | Individual Total (245) |
|--------------------|---------------------|----------------------|-----------------------|---------------------------|--------------------|------------------------|
| 1 | | | | | | |
| 2 | | | | | | |
| 3 | | | | | | |
| 4 | | | | | | |
| Team Total | | | | | | |

Team Tabulation Sheet

School _____

| Participant Number | Team Activity (400) | Objective Test (100) | Complaint Letter (50) | Aroma Identification (50) | Triangle Test (45) | Individual Total (245) |
|--------------------|---------------------|----------------------|-----------------------|---------------------------|--------------------|------------------------|
| 1 | | | | | | |
| 2 | | | | | | |
| 3 | | | | | | |
| 4 | | | | | | |
| Team Total | | | | | | |

