## 2020/2021 Four-Year Plan

This document is for planning purposes only. For official degree information, refer to Degree Audit and speak with your advisor.

### COURSE #  Course Name (Prerequisites, Co-Requisites)

#### YEAR 1 • FALL

- **MATH 143 or 170** Math Core (Test Scores, MATH 108)  
- **CHEM 101** Intro to Chemistry  
- **FCS 205** Concepts in Human Nutrition  
- **ELECTIVE** Humanities  
- **PSYC 101** Intro to Psychology  

**TOTAL CREDITS: 16**

#### YEAR 1 • SPRING

- **CHEM 275** Carbon Compounds (CHEM 101 or 111)  
- **SOC 101** Intro to Sociology  
- **ENGL 102** College Writing & Rhetoric (Test Scores/ENGL 101)  
- **ELECTIVE** Humanities  
- **BIOL 102** Biology & Society  

**TOTAL CREDITS: 16**

#### YEAR 2 • FALL

- **FCS 105 (F)** Individual & Family Development  
- **COMM 101** Fundamentals of Oral Communication  
- **BIOL 227 (F)** Anatomy & Physiology I  
- **ELECTIVE** FCS  

**TOTAL CREDITS: 16**

#### YEAR 2 • SPRING

- **EPPN 154/155** Microbiology & the World Around Us/Lab  
- **BIOL 228 (S)** Anatomy & Physiology II (BIOL 227)  
- **FCS 275** Experimental Foods (FCS 270)  
- **ELECTIVE** General Education  
- **FCS 270 (F)** Scientific Principles of Food Prep  

**TOTAL CREDITS: 16**

#### YEAR 3 • FALL

- **BIOL 300 (F)** Survey of Biochemistry (CHEM 275)  
- **FCS 370** Meal Management (FCS 275)  
- **STAT 251** Statistical Methods (MATH 108, 143, 160 or 170)  
- **ELECTIVE** General Education  

**TOTAL CREDITS: 15**

#### YEAR 3 • SPRING

- **ELECTIVE** FCS  
- **FCS 361** Advanced Nutrition (FCS 205, BIOL 300, BIOL 120 & 121)  
- **ACCT 201** Accounting  
- **FCS 375** Recipe Development  

**TOTAL CREDITS: 15**

#### YEAR 4 • FALL

- **FCS 382/383L** Quantity Food Production & Equipment (FCS 370, 375)  
- **FCS 491** Research Methods in Food Nutrition (FCS 205, STAT 251)  
- **FCS 463** Helping Skills in Dietetics  
- **FCS 486 (F)** Nutrition in the Life Cycle (FCS 205)  

**TOTAL CREDITS: 13**

#### YEAR 4 • SPRING

- **FCS 362/389** Introduction to Clinical Nutrition/Lab  
- **FCS 492 (S)** Nutrition Education in the Life Cycle (FCS 205, 275, 486)  
- **STAT 431** Statistical Analysis (STAT 251 or 301)  
- **FCS 473** Community Nutrition (FCS 270)  

**TOTAL CREDITS: 13**

*F = FALL, S = SPRING*