

NUTRITIONAL SCIENCE

2020/2021 Four-Year Plan

This document is for planning purposes only. For official degree information, refer to Degree Audit and speak with your advisor.

YEAR 1 • FALL	MATH 143 or 170 Math Core (Test Scores, MATH 108)	3	YEAR 1 • SPRING	CHEM 275 Carbon Compounds (CHEM 101 or 111)	3
	CHEM 101 Intro to Chemistry	4		SOC 101 Intro to Sociology	3
	FCS 205 Concepts in Human Nutrition	3		ENGL 102 College Writing & Rhetoric (Test Scores/ENGL 101)	3
	ELECTIVE Humanities	3		ELECTIVE Humanities	3
	PSYC 101 Intro to Psychology	3		BIOL 102 Biology & Society	4
	TOTAL CREDITS	16		TOTAL CREDITS	16
YEAR 2 • FALL	FCS 105 (F) Individual & Family Development	3	YEAR 2 • SPRING	EPPN 154/155 Microbiology & the World Around Us/Lab	4
	COMM 101 Fundamentals of Oral Communication	3		BIOL 228 (S) Anatomy & Physiology II (BIOL 227)	4
	BIOL 227 (F) Anatomy & Physiology I	4		FCS 275 Experimental Foods (FCS 270)	2
	ELECTIVE FCS	6		ELECTIVE General Education	3
				FCS 270 (F) Scientific Principles of Food Prep	3
	TOTAL CREDITS	16		TOTAL CREDITS	16
YEAR 3 • FALL	BIOL 300 (F) Survey of Biochemistry (CHEM 275)	3	YEAR 3 • SPRING	ELECTIVE FCS	6
	FCS 370 Meal Management (FCS 275)	3		FCS 361 Advanced Nutrition (FCS 205, BIOL 300, BIOL 120 & 121)	3
	STAT 251 Statistical Methods (MATH 108, 143, 160 or 170)	3		ACCT 201 Accounting	3
	ELECTIVE General Education	6		FCS 375 Recipe Development	3
	TOTAL CREDITS	15		TOTAL CREDITS	15
YEAR 4 • FALL	FCS 382/383L Quantity Food Production & Equipment (FCS 370, 375)	5	YEAR 4 • SPRING	FCS 362/389 Introduction to Clinical Nutrition/Lab	4
	FCS 491 Research Methods in Food Nutrition (FCS 205, STAT 251)	3		FCS 492 (S) Nutrition Education in the Life Cycle (FCS 205, 275, 486)	3
	FCS 463 Helping Skills in Dietetics	3		STAT 431 Statistical Analysis (STAT 251 or 301)	3
	FCS 486 (F) Nutrition in the Life Cycle (FCS 205)	2		FCS 473 Community Nutrition (FCS 270)	3
	TOTAL CREDITS	13		TOTAL CREDITS	13

COURSE # Course Name (Prerequisites, Co-Requisites)

F = FALL, S = SPRING



University of Idaho
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