

HUMAN DEVELOPMENT & FAMILY STUDIES

2021/2022 Four-Year Plan

This document is for planning purposes only. For official degree information, refer to Degree Audit and speak with your advisor.

YEAR 1 • FALL	MATH CORE Varies (Test Scores)	3	YEAR 1 • SPRING	FCS 234 (S) Infancy & Early Childhood	3
	COMM 101 Public Speaking	2		ELECTIVE Science	4
	FCS 105 (F) Individual & Family Development	3		ENGL 102 College Writing & Rhetoric (Test Scores/ENGL 101)	3
	PSYC 101 Intro to Psychology	3		FCS 123 Textiles	3
	ENGL 101 Introduction to College Writing (Test Scores, ENGL 109)	3		SOC 101 Intro to Sociology	3
	FCS 251 Introduction to FCS	1			
	TOTAL CREDITS	15		TOTAL CREDITS	16
YEAR 2 • FALL	FCS 205 Concepts in Human Nutrition	3	YEAR 2 • SPRING	FCS 240 (S) Intimate Relationships	3
	FCS 254 Middle Childhood Development	3		COMM 335 or SOC 301 Social Diversity Elective	3
	ELECTIVE Humanities	6		ELECTIVE General Education	3
	ELECTIVE Science	4		ELECTIVE Science	4
				STAT 251 Statistical Methods (MATH 143, 160 or 170)	3
	TOTAL CREDITS	16		TOTAL CREDITS	16
YEAR 3 • FALL	SOC 416, 417 or PSYC 218 or ORGS 444 Social Science Research Elective	3	YEAR 3 • SPRING	FCS 440 (S) Contemporary Family Relationships (PSYC 101 or SOC 101)	3
	FCS 334 (F) Adolescence & Emerging Adulthood (FCS 105)	3		FCS 428 (S) Housing America's Families	3
	ELECTIVE General Education	3		FCS 434 Adulthood & Aging	3
	ELECTIVE Focus Area	2		FCS 346 (S) Personal & Family Finance & Management	4
	FCS 360 Sexuality Across the Lifespan (FCS 105 and 240)	3		ELECTIVE Focus Area	2
	TOTAL CREDITS	14		TOTAL CREDITS	15
YEAR 4 • FALL	FCS 329 or 419 History of Western Dress or Dress & Culture	3	YEAR 4 • SPRING	FCS 498 Internship	6
	FCS 340 (F) Parent Child Relationships in Family & Community (FCS 234 or 334)	3		FCS 431 Certified Family Life Educator Methodology (FCS 240, 340 or 440)	3
	ELECTIVE Focus Area	3		FCS 401 Professional Ethics	1
	FCS 445 Issues in Work and Family Life (FCS 105, 346, FCS major)	3		FCS 436 (S) Theories of Child & Family Development	3
	FCS 486 Nutrition in the Lifecycle (FCS 205, FCS major)	3			
	TOTAL CREDITS	15		TOTAL CREDITS	13

COURSE # Course Name (Prerequisites, Co-Requisites)

F = FALL, S = SPRING



HUMAN DEVELOPMENT & FAMILY STUDIES

Explore family and relationship dynamics across the lifespan to help teens, adults, couples, families and older adults lead better, more fulfilling lives. Learn to apply human development and family system concepts to understand social-emotional, physical and cognitive factors that contribute to healthy patterns of individual development, intimate relationships and family functioning in diverse environments.

Career Options

- Social and Community Service Manager
- Social Worker
- Social and Human Service Coordinator
- Family Advocate
- Domestic Violence Services Coordinator
- Family Services Consultant
- Youth Support Specialist



Fast Facts

- Prepare for an advanced degree in individual, couples or family counseling.
- Explore complementary minors in aging, women, gender and sexuality studies, communication, and community engagement.
- Participate in an undergraduate research project to expand your knowledge.
- Intern at a hospital, senior center or family services agency.
- Join student clubs, participate in events and network with potential employers.



University of Idaho

College of Agricultural
and Life Sciences

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MORE**

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