HUMAN **DEVELOPMENT & FAMILY STUDIES**

2023/2024 Four-Year Plan This document is for planning purposes only. For official degree information, refer to Degree

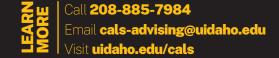
Audit and speak with your advisor.

	MATH CORE Varies (Test Scores)	3	(5)	ECDE 234 (S) Infancy & Early Childhood	3
YEAR 1 • FALL	COMM 101 Public Speaking	2	• SPRING	ELECTIVE Science	4
	HDFS 105 (F) Individual & Family Development	3		ENGL 102 College Writing & Rhetoric (Test Scores/ENGL 101)	3
	PSYC 101 Intro to Psychology	3		ELECTIVE Humanties	3
	ENGL 101 Introduction to College Writing (Test Scores, ENGL 109)	3	AR 1	SOC 101 Intro to Sociology	3
	FCS 251 Introduction to FCS	1	U		
	TOTAL CREDITS	15		TOTAL CREDITS	16
YEAR 2 • FALL	FN 205 Concepts in Human Nutrition	3	<u> </u>	HDFS 240 (S) Intimate Relationships	3
	ECDE 254 Middle Childhood Development	3	SPRING	COMM 335 or SOC 201 Social Diversity Elective	3
	ELECTIVE Humanties	3	SP	ELECTIVE General Education	3
	ELECTIVE Science	4	2	ELECTIVE Science	4
	ELECTIVE General Education	3	2	STAT 251 Statistical Methods (MATH 143, 160 or 170)	3
	TOTAL CREDITS	16	YEA	TOTAL CREDITS	16
YEAR 3 • FALL					
	SOC 416, 417 or PSYC 218 or ORGS 444 Social Science Research Elective	3	3 · SPRING	HDFS 440 (S) Contemporary Family Relationships (PSYC 101 or SOC 101)	3
	HDFS 334 (F) Adolescence & Emerging Adulthood (HDFS 105)	3		FCS 428 (S) Housing America's Families	3
	ELECTIVE General Education	3		HDFS 434 Adulthood & Aging	3
	ELECTIVE Focus Area	2		FCS 346 (S) Personal & Family Finance & Management	4
	HDFS 360 Sexuality Across the Lifespan (HDFS 105 and 240)	3	AR	ELECTIVE Focus Area	2
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	TOTAL CREDITS	14		TOTAL CREDITS	15
AR 4 • FALL	ATD 349 or 449 History of Western Dress or Dress & Culture	3	ΩN	FCS 498 Internship	6
	ECDE 340 (F) Parent Child Relationships in Family & Community (ECDE 234 or 334)	3	SPRIN	HDFS 431 Certified Family Life Educator Methodology (HDFS 240, 440 or ECDE 340)	3
	ELECTIVE Focus Area	3	•	HDFS 401 Professional Ethics	1
	HDFS 445 Issues in Work and Family Life (HDFS 105)	3	⊼	ECDE 436 (S) Theories of Child & Family Development	3
YEAR	FN 490 Community Nutrition (FN 205)	3	EAR		
	TOTAL CREDITS	15	>	TOTAL CREDITS	13

COURSE # Course Name (Prerequisites, Co-Requisites)

F = FALL, S = SPRING







HUMANDEVELOPMENT& FAMILYSTUDIES

Explore family and relationship dynamics across the lifespan to help teens, adults, couples, families and older adults lead better, more fulfilling lives. Learn to apply human development and family system concepts to understand social-emotional, physical and cognitive factors that contribute to healthy patterns of individual development, intimate relationships and family funtioning in diverse environments.

Career Options

- Social and Community Service Manager
- Social Worker
- Social and Human Service Coordinator
- Family Advocate
- Domestic Violence Services Coordinator
- Family Services Consultant
- Youth Support Specialist



Fast Facts

- Prepare for an advanced degree in individual, couples or family counseling.
- Explore minors in aging, women, gender and sexuality studies, communication, and community engagement.
- Participate in an undergraduate research project to expand your knowledge.
- Intern at a hospital, senior center or family services agency.
- Join student clubs, participate in events and network with potential employers.



