

Community Wellness Volunteer 2022 Core Training Schedule

Week #	Content Topic	Live* Class Date/Time	Self-paced Online
Week 0	Introduction to the program and online platform	Not applicable	Self-paced Due prior to the first day of live instruction: Wed. February 23
Week 1	Access to Health Care	Wed., February 23 5:30-8:00 PM (MST)	Self-paced Due prior to Wed. March 2
Week 2	Food Access	Wed., March 2 5:30-8:00 PM (MST)	Self-paced Due prior to Wed. March 9
Week 3	Mental Health	Wed., March 9 5:30-8:00 PM (MST)	Self-paced Due prior to Wed. March 16
Week 4	Housing	Wed., March 16 5:30-8:00 PM (MST)	Self-paced Due prior to Wed. March 23
Week 5	Built Environment	Wed., March 23 5:30-8:00 PM (MST)	Self-paced Due prior to Wed. March 30
Week 6	Communication & Program Completion	Wed., March 30 5:30-8:00 PM (MST)	Not applicable

****Live class instruction is offered in a hybrid format. Participants can choose to join the class in-person at the Canyon County Extension Office (501 Main St., Caldwell, ID 83605) or join virtually via Zoom (Zoom information will be sent out prior to class).***

