

# CURRICULUM VITAE FOR EXTENSION FACULTY

## University of Idaho

**NAME:** Marnie Ricks Spencer

**DATE:** October 31, 2021

**RANK OR TITLE:** Extension Professor, Eastern District Director

**DEPARTMENT:** University of Idaho Extension Eastern District

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**DATE OF FIRST EMPLOYMENT AT UI:** March 6, 2000

**DATE OF TENURE:** July 1, 2006

**DATE OF PRESENT RANK OR TITLE:** February 27, 2017

### EDUCATION BEYOND HIGH SCHOOL:

#### Degrees:

M.S., 1992, Nutrition and food science, Utah State University, Logan, Utah.

B.S., 1991, Nutrition and food science with an emphasis in dietetics, minor in chemistry, Utah State University, Logan, Utah.

A.A.S., 1989, Ricks College, Rexburg, Idaho.

#### Certificates and Licenses:

**Mental Health First Aid, 2020-2022.**

Collaborative Institutional Training Initiative (CITI) program, responsible conduct of researchers, certificate of completion (#15225164), 2019.

Collaborative Institutional Training Initiative (CITI) program, institutional review board investigators and student researchers, certificate of completion (#30517192), 2016, 2019.

National Institutes of Health protecting human research participants, certificate of completion (#288719), 2009.

**Registered dietitian/Registered dietitian nutritionist (through the Commission on Dietetic Registration, Academy of Nutrition and Dietetics), 1991-present.**

### EXPERIENCE:

#### Teaching, Extension and Research Appointments:

Eastern District Director, 2017-present. Provide overall Extension administrative and program leadership for the Eastern District; manage hiring, supervision, evaluation, salary recommendations, and promotion and tenure of county faculty and administrative support personnel; manage district budgets and assist county chairs in development and support of Standardized Extension Agreements; develop working relationships with county commissioners, other local elected officials and regional higher education units; represent University of Idaho Extension on state and regional committees and serve as an administrative liaison.

Extension professor, Extension educator, 2013-2017; Associate Extension professor, Extension educator, 2006-2013; Assistant Extension professor, Extension educator, 2000-2006; University of Idaho.

Teaching Assistant, Utah State University, Logan, Utah, 1991-93.

#### Academic Administrative Appointments:

**Interim county chair, University of Idaho Extension office in Fremont County, St. Anthony, Idaho, 2021.**

Interim county chair, University of Idaho Extension office in Bear Lake County, Montpelier, Idaho, 2020.

**Eastern District Director, University of Idaho, Idaho Falls, Idaho, 2017-present.**

County chair, University of Idaho Extension office in Bingham County, Blackfoot, Idaho, 2015-2017.

**EXPERIENCE (cont.):****Non-Academic Employment:**

Clinical nutritionist, St. Peter's University Hospital, New Brunswick, New Jersey, 1997-2000.

Clinical dietitian, John F. Kennedy Medical Center, Edison, New Jersey, 1993-97.

**TEACHING ACCOMPLISHMENTS:****2017-present:**

Horrillo, S. and M. Spencer. Western Region Health and Nutrition overview, Western Region Extension Directors Association Zoom presentation, June 1, 2021.

Horrillo, S. and M. Spencer. Western Region Health and Nutrition overview, Western Region Extension Directors from Arizona and Idaho Zoom presentation, March 22, 2021.

Spencer, M. and L. Hansen. Creating and maintaining an excellent University of Idaho Extension curriculum vitae, UI Extension Zoom training, October 8, 2020.

Hansen, L. and M. Spencer. Running effective advisory committees, UI Extension Zoom training, October 5, 2020.

Spencer, M. Annual evaluation best practices, Eastern District Zoom training, October 18, 2019.

Spencer, M. Standardized Extension agreements, Eastern District county chair Zoom training, August 29, 2019.

Spencer, M. Navigating CALSPlan, University of Idaho new Extension employee Zoom training, August 21, 2019.

Spencer, M. Finding the top of your desk without losing your sanity, University of Idaho Extension professional development Zoom training, May 6, 2019.

Spencer, M. Navigating CALSPlan, University of Idaho new Extension Employee Zoom training, August 15, 2018.

Spencer, M. Overseeing the county budget, UI Extension county chair training, Caldwell, Idaho, May 14, 2018.

Spencer, M. Navigating CALSPlan, University of Idaho new Extension employee Zoom training, August 16, 2017.

**2000-2017:**

**2703 Non-credit Classes, Workshops, and Seminars:** 1,623 in health and nutrition, 544 in family and personal finance, 448 in 4-H youth development, 88 in food safety/preservation.

**SCHOLARSHIP ACCOMPLISHMENTS:****2000-2017:**

**120 Publications:** 4 refereed journal articles, 2 peer reviewed Extension publications, 8 peer reviewed journal articles, 53 abstracts and proceedings, 3 curricula, 48 UI Extension impact statements, 2 research reports

**Thesis:** Spencer, M. 1992. Changes over time in sensory thresholds of individuals with diabetes mellitus and the relationship to food preference. Master's thesis, Utah State University, Logan, Utah.

**Sabbatical:** Spencer, M. November 2013-May 2014. Authored written content to support Eat Smart Idaho programming in the areas of Planning Smart, Shopping Smart, Cooking Smart, and Eating Smart. The information was published as the Eat Smart Idaho webpage and was published as four University of Idaho Bulletins.

**119 Scholarly Presentations and Other Creative Activities:** 1 webpage; 25 displays and posters; 25 professional meeting workshops; 50 grants totaling \$391,829; 18 scholarship honors and awards

**SERVICE:****2017-present:****Major Committee Assignments:****National:**

Family and Consumer Sciences Program Leader representing Idaho, 2018-present.

**Regional:**

Western Region Food Safety/Food Preservation Working Group, 2020-present.  
Chair, 2021-present.

**SERVICE (cont.):****2017-present (cont.):****Major Committee Assignments (cont.):****Regional (cont.):**

Western Region Health and Nutrition Initiative Design Team, 2020-2021.  
 Western Region Family and Consumer Sciences Program Leader representing Idaho, 2018-present.  
 Chair, 2020-present.

**University of Idaho:**

University of Idaho, Idaho Falls Leadership Council, 2017-present.

**College:**

College of Agricultural and Life Sciences Leadership Team, 2017-present  
 Search Committee, CALS director of communications and strategic initiatives, 2017.  
 Promotion committee, Southern Extension District, 2017.

**Extension:**

Search committee, Extension educator, livestock/4-H, Oneida County, 2021.  
 University of Idaho Extension professional development training, co-chair, 2019-2021.  
 University of Idaho Extension Advisory Leadership Team, 2017-present.

**District:**

Search committee chair, Extension educator, livestock/community development/4-H, Bear Lake County, 2021.  
 Search committee chair, Extension educator, agronomy/community development/4-H, Butte County, 2019.  
 Search committee chair, Extension educator, associate Extension educator, family and consumer sciences, Bonneville County, 2018.  
 Search committee chair, Extension educator, horticulture/agriculture, Bonneville County, 2018.  
 Search committee chair, Extension educator, agriculture/4-H, Caribou County, 2018.  
 Search committee chair, Extension educator, horticulture/4-H, Franklin County, 2018.  
 Search committee chair, Extension educator, family and consumer sciences/Eat Smart Idaho, Bannock County, 2018.  
 Search committee chair, Extension educator, Eastern District management assistant, 2018.  
 Search committee chair, Extension educator, Eastern District administrative assistant, 2018.  
 Search committee chair, Extension educator, family and consumer sciences/4-H, Madison County, 2017.  
 Search committee chair, Extension educator, family and consumer sciences/4-H, Bingham County, 2017.  
 Search committee, Extension educator, livestock/4-H, Oneida County, 2017.

**Professional and Scholarly Organizations:**

National Extension Association of Family and Consumer Sciences, 2001-present.  
 Idaho Affiliate of the National Extension Association of Family and Consumer Sciences, 2001-present.  
 Academy of Nutrition and Dietetics (formerly American Dietetic Association), 1991-present.  
 Idaho Academy of Nutrition and Dietetics (formerly Idaho Dietetic Association), 2000-present.

**Outreach Service:****Classes, Workshops, Seminars, Share Fairs, and Tours Organized:**

University of Idaho Extension Eastern District professional development meeting, Challis, Idaho, September 28-29, 2021.  
 University of Idaho Extension Eastern District online meeting regarding vacant positions, September 22, 2021.  
 County chair training, University of Idaho Extension webinar, May 24, 2021.  
 University of Idaho Extension Eastern District professional development meeting, Idaho Falls, Idaho, April 27, 2021.

**SERVICE (cont.):****Outreach Service (cont.):****Classes, Workshops, Seminars, Share Fairs, and Tours Organized (cont.):**

University of Idaho Extension Eastern District online meeting, January 26, 2021.

2000-2017:

**94 Major Committee Assignments:** 18 national committees, 39 University/college committees, 34 district committees, 3 county committees

**6 Professional and Scholarly Organizations****Outreach Service**

Newsletter, *Bingham County Extension News*, monthly publication, 2000-2017, circulation 1,150. Published articles regarding health, nutrition, youth development and 4-H, family resource management, food safety and preservation.

235 Classes, Workshops, Seminars, and Tours Organized, 11 Miscellaneous Extension Publications, 10 popular press articles, 33 interview articles, 3 media presentations, 2 applied research/demonstration trials, 30 judging opportunities, 7 review activities.

**PROFESSIONAL DEVELOPMENT:**

2017-present:

**Outreach:**

Civil rights and diversity: know your civil rights, University of Idaho webinar, accessed October 29, 2021.

Robert's Rules made simple, Idaho 4-H webinar, October 27, 2021.

Smart collaboration: how professionals and their firms succeed by breaking down silos, University of Idaho leadership forum online, October 25, 2021.

Idaho 4-H new staff orientation and 4-H professionals' in-service, Boise, Idaho, October 12-16, 2021.

*Atomic Habits*, UI Extension Eastern District book club webinar, October 6, 2021.

Digital Measures data entry online training, October 5, 2021.

University of Idaho brand guidelines and resources for UI Extension, UI Extension professional development webinar, September 13, 2021.

Digital Measures report online training, August 31, 2021.

*Essentialism*, UI Extension Eastern District book club webinar, July 21, 2021.

Get outdoors—learn and love the world around you, U&I Together webinar, June 22, 2021.

Becoming better after experiencing the bitter, Idaho Professional Development Network webinar, June 16, 2021.

How do bees make honey? U&I Together webinar, June 15, 2021.

Extension framework for health equity and wellbeing webinar, May 25, 2021.

University of Idaho Extension Eastern District 4-H professional development training, Rigby, Idaho, April 26, 2021.

University of Idaho Extension virtual annual conference, April 13-15, 2021.

How to build motivation and keep it, Idaho State University wellness webinar, March 30, 2021.

Healthy mind toolkit: boosting your mental health, Kepro webinar, March 23, 2021.

Value-based decision making, Idaho State University wellness webinar, March 23, 2021.

Emotions 101, Idaho State University wellness webinar, March 16, 2021.

Wellness 101, Idaho State University wellness webinar, February 23, 2021.

Extension leadership conference, Joint Council of Extension Professionals virtual conference, February 10-12, 2021.

Tolerating distress, Idaho State University wellness webinar, February 9, 2021.

Navigating mental aspects of unhealthy eating habits, Pocatello Dietitians webinar, January 27, 2021.

COVID-19 vaccine implementation for food and agricultural workers, Center for Disease Control webinar, January 21, 2021.

**PROFESSIONAL DEVELOPMENT (cont.):****2017-present (cont.):****Outreach (cont.):**

State of health: outlook for Cooperative Extension System's Health Initiative, Association of Public and Land-grant Universities webinar, January 13, 2021

Vaccines, public health, and the media, Northwest Center for Public Health Practice webinar, accessed January 13, 2021 (from December 15, 2020 recording).

University of Idaho Extension Eastern District 4-H professional development webinar, January 11, 2021.

Idaho Agricultural Outlook webinar, December 17, 2021.

Food, food insecurity, and mental health, Hunter College New York City Food Policy Center webinar, December 9, 2020.

Mental health first aid training, University of Idaho webinar, December 1 and 3, 2020.

Mindfully maintaining your emotional health, Life in a pandemic webinar, November 18, 2020.

Help for the helpers: accepting support and adjusting expectations, Life in a pandemic webinar, November 11, 2020.

Parenting in pandemic times, Life in a pandemic webinar, November 4, 2020.

The significant seven: balancing your work and personal lives during a pandemic, Life in a pandemic webinar, October 28, 2020.

Igniting agricultural innovation, Celebrating Idaho Agriculture webinar, Dr. Scott Hutchins, USDA Deputy Under Secretary for Research, Education, and Economics, October 9, 2020.

National family and consumer sciences virtual program leaders' meeting, September 16-17, 2020.

Taking care of you: body, mind, spirit, National Extension Association of Family and Consumer Sciences webinar, August 12, 2020.

Key findings from the 4-H youth mental health survey, National 4-H Council webinar, July 16, 2020.

Rural stress, mental health and wellness, Extension Committee on Organization and Policy webinar, June 11, 2020.

Making Zoom more fun and engaging, UI Extension professional development webinar, May 26, 2020.

Using One Drive, Microsoft Teams, and other UI information technology tools, UI Extension professional development webinar, May 4, 2020.

Question, persuade, and refer, suicide prevention, University of Idaho webinar, April 22, 2020.

Diet Dilemmas 2: Hot topics in inflammation and disease webinar—diet and chronic inflammation, April 21, 2020.

University of Idaho Extension virtual annual conference, April 13, 15, and 16, 2020.

Focusing on your well-being, University of Idaho webinar, April 8, 2020.

Communicating effectively using Zoom, Professional Development Network of Idaho Extension webinar, March 17, 2020.

Preparing for remote work webinar, March 17, 2020.

Gold standard of customer relations, UI Extension professional development webinar, March 2, 2020.

Diet dilemmas 2: hot topics in inflammation and disease webinar—inflammation, health, and disease, February 18, 2020.

University of Idaho Extension publications through FastTrack, UI Extension professional development webinar, February 3, 2020.

Communicating Extension's public value, Professional Development Network of Idaho Extension webinar, December 13, 2019.

Idaho agriculture outlook seminar, Idaho Falls, Idaho, December 10, 2019.

Pesticide applicator training, Blackfoot, Idaho, December 6, 2019.

Can modifying dietary behaviors modify brain health? University of Florida webinar, November 19, 2019.

Generational differences in the workplace, UI Extension professional development webinar, November 4, 2019.

Physical activity and brain health, University of Florida webinar, October 15, 2019.

Coming together for racial understanding, Boise, Idaho, October 24-25, 2019.

Professionalism in the workplace, UI Extension professional development webinar, October 7, 2019.

National family and consumer sciences program leaders' meeting and Western Region family and consumer sciences program leaders' meeting in conjunction with National Extension Association of Family and Consumer Sciences conference, Hershey, Pennsylvania, September 30-October 3, 2019.

Preventing cognitive decline and dementia, University of Florida webinar, September 17, 2019.

**PROFESSIONAL DEVELOPMENT (cont.):****2017-present (cont.):****Outreach (cont.):**

Branding resources, UI Extension professional development webinar, September 16, 2019.  
 Handling difficult conversations and managing stress, UI Extension professional development Zoom training, July 1, 2019.  
 Understanding personality using the Color Code, UI Extension professional development Zoom training, June 3, 2019.  
 Collaborative Institutional Training Initiative responsible conduct of research basic course, May 16, 2019.  
 Collaborative Institutional Training Initiative investigators institutional review board refresher course, May 16, 2019.  
 Thinking evaluatively right from the needs assessment. How does it affect the success of your program? Rupert, Idaho, April 25, 2019.  
 University of Idaho Extension annual conference, Idaho Falls, Idaho, March 25-28, 2019.  
 Coming together for racial understanding, Idaho Falls, Idaho, March 25, 2019.  
 Using Qualtrics in Extension evaluation, UI Extension prof. development webinar, March 4, 2019.  
 Effective program evaluation, UI Extension professional development webinar, February 4, 2019.  
 Cooking under pressure, eXtension webinar, September 13, 2018.  
 UI Extension cereal field day, Ashton, Idaho, July 19, 2018.  
 Color Code training, Idaho Falls, Idaho, April 18, 2018.  
 University of Idaho Extension annual conference, Moscow, Idaho, April 2-6, 2018.  
 University of Idaho Extension annual conference, Burley, Idaho, April 3-6, 2017.

**Administration/Management:**

Creating a respectful community, University of Idaho online training, October 5, 2021.  
 Diversity and inclusion, University of Idaho online training, October 5, 2021.  
 IT security awareness, University of Idaho online training, October 5, 2021.  
 Fire safety in the workplace, University of Idaho online training, October 5, 2021.  
 Stewardship of resources and ethical conduct, University of Idaho online training, October 5, 2021.  
 University of Idaho promotion and tenure training for unity administrators, webinar, September 1, 2021.  
 You got funded: now what? UI Extension professional development webinar, May 3, 2021.  
 Creating an inclusive team and promoting a culture of respect, Kepro webinar, April 12, 2021.  
 The importance of ethical decision-making in today's economy, Brigham Young University Management Society webinar (from February 5, 2021 recording), March 11, 2021.  
 Vandal hybrid budget model, University of Idaho Leadership Forum webinar, March 8, 2021.  
 Grants and gifts do's and don'ts, UI Extension professional development webinar (from February 8, 2021 recording), March 8, 2021.  
 Effective performance management and performance evaluation, University of Idaho Human Resources webinar, January 13, 2021.  
 Self-care for supervisors and looking to spring 2021, University of Idaho Provost's office supervising in the time of COVID webinar, December 8, 2020.  
 Giving and receiving constructive feedback, Idaho Professional Development Network webinar, November 18, 2020.  
 Promoting a positive workplace environment and navigating conflict, University of Idaho Provost's office supervising in the time of COVID webinar, November 10, 2020.  
 Faculty annual evaluations, performance tools, COVID, and you, University of Idaho Provost's office supervising in the time of COVID webinar, November 2, 2020.  
 Managing employee stress and workplace morale, University of Idaho Provost's office supervising in the time of COVID webinar (from September 29, 2020 recording), October 27, 2020.  
 Difficult COVID-related topics, evaluations, leave, and furlough; University of Idaho Provost's office supervising in the time of COVID webinar, October 27, 2020.  
 Managing a team from a distance, University of Idaho Provost's office supervising in the time of COVID webinar, October 13, 2020.  
 Policies for workplace, University of Idaho Provost's office supervising in the time of COVID webinar, September 15, 2020.  
 University of Idaho promotion and tenure training for unity administrators, webinar, September 3, 2020.

**PROFESSIONAL DEVELOPMENT (cont.):****2017-present (cont.):****Administration/Management (cont.):**

- Working with challenging volunteers, Professional Development Network of Idaho Extension webinar, June 4, 2020.
- Creating a respectful community, University of Idaho online training, May 21, 2020.
- Diversity and inclusion, University of Idaho online training, May 21, 2020.
- IT security awareness, University of Idaho online training, May 21, 2020.
- Fire safety in the workplace, University of Idaho online training, May 21, 2020.
- University of Idaho search committee training, online training, February 24, 2020.
- Time management: a disciplined approach to priority-setting, University of Idaho department administrators training webinar, November 18, 2019.
- Western Region administrators' meeting, Las Vegas, Nevada, November 12-14, 2019.
- Annual evaluations and other performance tools, University of Idaho department administrators training webinar, November 11, 2019.
- Managing difficult faculty, University of Idaho dept. administrators training webinar, October 21, 2019.
- 21<sup>st</sup> Century plagiarism—how do we respond? University of Idaho department administrators training webinar, October 14, 2019.
- Everything administrators should know about the Center for Disability Access and Resources, University of Idaho department administrators training webinar, October 7, 2019.
- Leadership vs. management by University of Idaho Ombuds, Pocatello, Idaho, September 24, 2019.
- Central District administrative staff professional development workshop, Twin Falls, Idaho, September 18, 2019.
- Hiring, onboarding, and supervising dos and don'ts, county chair training, Jerome, Idaho, June 5, 2019.
- Management time: who's got the monkey? UI Extension professional development webinar, April 1, 2019.
- UI Extension overview of Sponsored Projects, UI Extension professional development webinar, July 20, 2018.
- UI Extension county chair training, Caldwell, Idaho, May 14-15, 2018.
- University of Idaho Leadership Academy and celebration, Moscow, Idaho, April 16, 2018.
- Title IX, UI President's leadership meeting, April 10, 2018.
- Supporting faculty Success, University of Idaho dept. administrators training webinar, February 7, 2018.
- University of Idaho Leadership Academy via Zoom, January 29, February 5, 12, 26, March 5, 19, 26, and April 9, 2018.
- Managing difficult discussions, University of Idaho dept. administrators training webinar, January 23, 2018.
- University of Idaho Leadership Academy, Moscow, Idaho, January 17-18, 2018.
- University budgets, University of Idaho department administrators training webinar, November 15, 2017.
- University of Idaho recruitment and selection, human resources/workforce diversity training webinar, November 3, 2017.
- University of Idaho search committee training webinar, November 3, 2017.
- Recruitment and retention of students, University of Idaho department administrators training webinar, November 2, 2017.
- Western Region administrators' meeting, Coeur d'Alene, Idaho, September 13-15, 2017.
- University of Idaho Leadership Academy webinar, September 11, 25, October 2, 9, 18, 23, 30, and November 6, 2017.
- University of Idaho Leadership Academy, Moscow, Idaho, September 6-7, 2017.
- University of Idaho department administrators training webinar, October 4, 2017.
- University of Idaho recruitment and selection, Human Resources/Workforce Diversity online training, October 3, 2017.
- The coming storm, Federal Bureau of Investigation active shooter training video, August 24, 2017.
- University of Idaho department administrators' orientation webinar, August 10 and 11, 2017.
- What can be published—turning the non-publishable into publishable, empowered to share: telling your data-based Extension story, National Association of Extension Program and Staff Development Professionals, University of Arkansas Division of Agriculture Research and Extension webinar, August 7, 2017.
- Supervisor's meeting for compensation factors, University of Idaho human resources webinar, June 13, 2017.
- Navigating the employment legal landscape resources and training part 2, University of Idaho online training, May 23, 2017.

**PROFESSIONAL DEVELOPMENT (cont.):**

**2017-present (cont.):**

**Administration/Management (cont.):**

- Navigating the employment legal landscape resources and training part 1, University of Idaho online training, May 23, 2017.
- Performance evaluation resources and training, University of Idaho online training, May 23, 2017.
- Cultural literacy and competence symposium, Moscow, Idaho, April 24, 2017.
- Safety and security awareness at the University of Idaho, online training, April 20, 2017.
- IT security at the University of Idaho, online training, April 20, 2017.
- Diversity and inclusion at the University of Idaho, online training, April 19, 2017.
- University of Idaho stewardship of resources and ethical conduct, online training, April 19, 2017.
- University of Idaho mission and goals, online training, April 19, 2017.
- Our inclusive workplace, discrimination and harassment prevention training for University of Idaho employees, online training, April 18, 2017.
- Strategies for selection and hiring success resources and training, University of Idaho online training, April 12, 2017.
- Performance management resources and training, University of Idaho online training, April 7, 2017.
- What's your conflict style? University of Idaho Ombuds training, Idaho Falls, Idaho, April 7, 2017.

**2000-2017**

- 59 Face-to-Face and 140 web-based outreach conferences and seminars
- 5 Face-to-Face and 14 web-based administration/management conferences and seminars