

# **CURRICULUM VITAE FOR EXTENSION EDUCATOR FACULTY**

University of Idaho

**NAME:** Alaena K. Ruth (formerly Wilfong)

**DATE:** October 2020

**RANK OR TITLE:** Assistant Extension Professor

**DEPARTMENT:** University of Idaho Extension, Eastern District

**OFFICE LOCATION:**

University of Idaho Extension, Bonneville County  
1542 East 73rd South  
Idaho Falls, Idaho 83404

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**DATE OF FIRST EMPLOYMENT AT UI:** June 6, 2016

**DATE OF TENURE:** Untenured

**DATE OF PRESENT RANK OR TITLE:** June 6, 2016

**EDUCATION BEYOND HIGH SCHOOL:**

**Degrees:**

M.S., 2016, Animal Science and Industry – Meat Science, Kansas State University, Manhattan, Kansas.  
B.S., 2014, Animal Science – Production, University of Idaho, Moscow, Idaho.

**Certificates and Licenses:**

National Beef Council, Master of Beef Advocacy, 2020.  
Collaborative Institutional Training Initiative (CITI Program) Research Ethics and Compliance Training, 2018.  
Kansas State University Artificial Insemination Training and Certification, 2015.  
Human Subjects in Research Training, Kansas State University, URCO, 2015.

**EXPERIENCE:**

**Teaching, Extension and Research Appointments:**

Assistant Extension Professor and 4-H Youth Development Extension Educator, University of Idaho, Bonneville County Office, Idaho Falls, Idaho, 2016 – present.  
Graduate Research Assistant, Kansas State University, Manhattan, Kansas, 2015 – 2016.

**TEACHING ACCOMPLISHMENTS:**

**Areas of Specialization:**

4-H Youth Development

**Undergraduates:**

Kimberly Berg, Utah State University, Animal Science, 2020.  
Kimberly Berg, College of Southern Idaho, Agri-Business, 2019.  
Emily Schneringer, Brigham Young University-Idaho, Family and Consumer Sciences, 2018.

**Materials Developed:**

**Powerpoint/Slide Presentations:**

Wilfong, A.K. Swine Nutrition, for Jefferson County Swine Camp. 2017.  
Wilfong, A.K. Meat Labeling and Marketing – What does it all mean?, for Associate Foods Retail Cutter Program. 2016

**Non-Credit Classes, Presentations, Workshops, Seminars, Invited Lectures, etc.:**

**4-H Youth Development and Volunteer Development:**

Animal and Life Science

- Berg, K., **A.K. Ruth**. Dabble in Dissection. Bonneville County Fairgrounds, Idaho Falls, Idaho, 5 sessions, June 13-17, 2020.
- Ruth, A.K. Biosecurity on the Farm. Bonneville County Fairgrounds, Idaho Falls, Idaho, July 1, 2020.
- Ruth, A.K. Meat Labeling and Cutting in the Grocery Store, Broulim's Fresh Foods, Ammon, Idaho, February 24, 2020.
- Ruth, A.K. Ultrasound Education for Market Animals, Bingham County Extension Office, Blackfoot, Idaho February 11, 2020.
- Berg, K., **A.K. Ruth**. Dabble in Dissection, White Pine Charter School 6<sup>th</sup> grade, Idaho Falls, Idaho, 8 sessions, October 14-December 15, 2019.
- Ruth, A.K. Retail and Wholesale Cuts of Meat, Summer 4-H Livestock Day Camps, one presentation and activity given at the following locations:  
Downey, Idaho, June 4, 2019.  
Idaho Falls, Idaho, June 4, 2019.
- Ruth, A.K. Nutrition and Weights for Market Animals, Bonneville County Fairgrounds, Idaho Falls, Idaho, February 25, 2019.
- Ruth, A.K. Livestock Meat Quality, Lemhi County Super 4-H Meeting, Salmon, Idaho, July 22, 2018.
- Ruth, A.K.**, and S. Nash. Meat Cuts: Nutrition, Preparation, and Tasting, State Teen Association Convention (STAC), Moscow, Idaho, June 27, 2018.
- Ruth, A.K.**, and S. Nash. What's on the inside? Ultrasound Education, Summer 4-H Livestock Day Camps, one presentation and activity given at the following locations:  
Soda Springs, Idaho, June 25, 2018.  
Malad, Idaho, June 25, 2018.  
Downey, Idaho, July 3, 2018.  
Blackfoot, Idaho, July 3, 2018.  
American Falls, Idaho, July 10, 2018.  
Montpelier, Idaho, July 10, 2018.  
Arco, Idaho, July 12, 2018.  
Idaho Falls, Idaho, July 12, 2018.
- Ruth, A.K. Bee Wise with Honey, Summer Family and Consumer Science Blitz Week, Idaho Falls, Idaho, June 12-15, 2018.
- Wilfong, A.K.**, and S. Nash. Ultrasound Education, Bonneville County Extension Office, Idaho Falls, Idaho, May 17, 2018.
- Frey, K., and **A.K. Wilfong**. 4-H Afterschool for Beyond the Bell Science Classes, Dora Erickson Elementary, Idaho Falls, Idaho, 15 sessions, February 5-May 7, 2018.
- Wilfong, A.K.**, and M. Small. Sheep and Goat Quality Assurance and Carcass Quality, Bingham County Extension Office, Blackfoot, Idaho, April 21, 2018.
- Wilfong, A.K.**, and M. Small. Pork Quality Assurance and Carcass Quality, Bingham County Extension Office, Blackfoot, Idaho, March 17, 2018.
- Wilfong, A.K.**, and M. Small. Beef Quality Assurance and Carcass Quality, Bingham County Extension Office, Blackfoot, Idaho, February 17, 2018.
- Wilfong, A.K. Basic Needs of all Living Things, Falls Valley 2<sup>nd</sup> grade, Idaho Falls, Idaho, October 18, 2017.
- Wilfong, A.K. The Incredible Journey of Water, Falls Valley 2<sup>nd</sup> grade, Idaho Falls, Idaho, October 11, 2017.
- Wilfong, A.K. Animal Byproducts, Summer 4-H Livestock Day Camps, one presentation and activity given for the following locations:  
Downey, Idaho, July 5, 2017.  
Blackfoot, Idaho, July 5, 2017.  
Idaho Falls, Idaho, July 13, 2017.
- Wilfong, A.K. Where's the Beef, Summer Family and Consumer Science Blitz Week, Idaho Falls, Idaho, June 12-15, 2017.

Wilfong, A.K. Swine Nutrition Camp, Rigby, Idaho, June 21, 2017.

Wilfong, A.K. Elementary Embryology: Chicken Embryology, presentation and activity given for the following locations:

White Pine Charter School 4<sup>th</sup> grade, Idaho Falls, Idaho, 7 sessions, March 2-April 1, 2019.

Rimrock Elementary 4<sup>th</sup> grade, Ammon, Idaho, 10 sessions, April 4-May 3, 2018.

Rimrock Elementary 4<sup>th</sup> grade, Ammon, Idaho, 10 sessions, April 25-May 23, 2017.

Wilfong, A.K. Beef Quality Assurance and Food Safety, Southern Idaho Beef Camp, Gooding, Idaho, April 29, 2017.

Wilfong, A.K., Meat Animal Carcass and Grading informational program:

Bonneville County Extension Office, Idaho Falls, Idaho, August 11, 2016.

#### Science, Technology, Math and Engineering

**Ruth, A.K.**, K. Weiland. Cookies, cookies, cookies, Bonneville County Fairgrounds, Idaho Falls, Idaho, June 12, 2019.

Weiland, K., **A.K. Ruth**. Water Bath Canning, Bonneville County Extension Office, Idaho Falls, Idaho, 2 sessions, June 3-5, 2019.

**Wilfong, A.K.**, and K. Kunz. Summer Science Camps, Idaho Falls Public Library, Idaho Falls, Idaho, 4 sessions, July 6-27, 2017.

Wilfong, A.K. Afterschool Robotics: WeDo 2.0 Lego Robotics, presentation and activity given for the following locations:

Bridgewater Elementary 3<sup>rd</sup> grade, Idaho Falls, Idaho, 4 sessions, February 21-March 14, 2018.

Bridgewater Elementary 3<sup>rd</sup> and 4<sup>th</sup> grade, Idaho Falls, Idaho, 7 sessions, April 12-May 24, 2017.

Wilfong, A.K. Elementary Robotics: WeDo 2.0 Lego Robotics, presentation and activity given for the following locations:

Rimrock 2<sup>nd</sup> grade, Ammon, Idaho, 12 sessions, April 9-April 30, 2018.

Mountain Valley 3<sup>rd</sup> grade, Idaho Falls, Idaho, 12 sessions, March 5- April 5, 2018.

Gooding County Library, Gooding, Idaho, 1 session, March 28, 2018.

Bingham County Extension Office, Blackfoot, Idaho, 1 session, March 23, 2018.

Bonneville County Extension Office, Idaho Falls, Idaho, 5 sessions, March 19-22, 2018.

Falls Valley 2<sup>nd</sup> grade, Idaho Falls, Idaho, 4 sessions, February 7-February 28, 2018.

Falls Valley 3<sup>rd</sup> grade, Idaho Falls, Idaho, 12 sessions, October 25-November 20, 2017.

Montessori School, Idaho Falls, Idaho, 4 sessions, July 17-20, 2017.

Blaine County CSI Campus, Hailey, Idaho, 3 sessions, June 14-16, 2017.

Bonneville County Extension Office, Idaho Falls, Idaho, 5 sessions, March 20-24, 2017.

Rimrock Elementary 2<sup>nd</sup> grade, Ammon, Idaho, 12 sessions, April 10-28, 2017.

Rimrock Elementary 3<sup>rd</sup> grade, Ammon, Idaho, 17 sessions, October 31-December 9, 2016.

Wilfong, A.K., and L. Blanch. Healthy Snacks, Rimrock Elementary 3<sup>rd</sup> grade, Ammon, Idaho, February 9, 2017.

#### 4-H Leadership, Recruitment and Development

**Ruth, A.K.**, K. Berg. Communication CAR Chat, Quaker Hill Conference Center, McCall, Idaho, November 16, 2020.

**Ruth, A.K.**, K. Weiland. Zingbooks Recordbook Training, Bonneville County Fairgrounds, Idaho Falls, Idaho, January 29, 2020.

Ruth, A.K. Leaders Training on Personality Compass, Bonneville County Fairgrounds, Idaho Falls, Idaho, January 29, 2020.

Ruth, A.K. Communication and Military Service Project, 4-H Alpine Camp, Alpine, Wyoming, 2 sessions, June 17-18, 2019.

White, D., H. Strupp, **A.K. Ruth**, J. Buck, and M. Small. Alpine Camp Counselor Training, Bingham County Extension Office, Blackfoot, Idaho, 2 sessions, June 6-7, 2018.

Ruth, A.K. Beef Consumer Education on Nutrition and Food Safety, Bonneville County Fairgrounds, Idaho Falls, Idaho, May 18, 2019.

- Ruth, A.K. Record Books Worknight, Bonneville County Fairgrounds, Idaho Falls, Idaho, May 2, 2019.
- Ruth, A.K. Ambassador Summit Communication Activity, Rexburg, Idaho, April 27, 2019.
- Ruth, A.K. LEGO Robotics Train the Trainer, one presentation given in successive days for each of the following locations:
- Bonneville County Fairgrounds, Idaho Falls, Idaho, April 1, 2019.
  - Rimrock Elementary School, Ammon, Idaho, May 13, 2019.
- Ruth, A.K. Completing High Quality Record Books, Bonneville County Fairgrounds, Idaho Falls, Idaho, March 28, 2019.
- Ruth, A.K. Leaders Training on The Art of Teaching Kids, Bonneville County Fairgrounds, Idaho Falls, Idaho, February 18, 2019.
- Ruth, A.K. District 4-H Training Communication Welcome Activity, Jefferson County Fairgrounds, Rigby, Idaho, January 24, 2019.
- White, D., H. Strupp, **A.K. Ruth**, J. Buck, and M. Small. Alpine Camp Counselor Training, Bingham County Extension Office, Blackfoot, Idaho, 5 sessions, May 10-June 11, 2018.
- Wilfong, A.K. FCS Judges Training, Bonneville County Extension Office, Idaho Falls, Idaho, May 16, 2018.
- Wilfong, A.K. Leaders Training, Bonneville County Extension Office, Idaho Falls, Idaho, January 31, 2018.
- Wilfong, A.K. Family and Consumer Science Judges Training, Bonneville County Extension Office, Idaho Falls, Idaho, May 16, 2017.
- Wilfong, A.K.**, and S. Nash. Leaders Training, Bonneville County Extension Office, Idaho Falls, Idaho, March 21, 2017.
- Wilfong, A.K. WeDo 2.0 LEGO Robotics teacher training, Solo Cup Factory, Twin Falls, Idaho, January 21, 2017.
- Wilfong, A.K. Meat Labeling and Marketing – What does it all mean?, Bingham County Beef School, Blackfoot, Idaho, January 2017.
- Wilfong, A.K. Meat Labeling and Marketing – What does it all mean?, Associated Foods Retail Cutters Program, one presentation given in successive days for each of the following locations:
- Bonneville County Extension Office, Idaho Falls, Idaho, October 2016.
  - Associated Foods Headquarters, Salt Lake City, Utah, October 2016.
  - Marriot Hotel, Grand Junction, Colorado, November 2016.
- Dolecheck, S., and **A.K. Wilfong**. Gear Up: Adult Robotics Session, Bonneville County Extension Office, Idaho Falls, Idaho, September 24, 2016.

## SCHOLARSHIP ACCOMPLISHMENTS:

Description of personal contributions

a. Graduate work

\* Corresponding author

1. Developed project idea
2. Obtained or provided project funding/resources
3. Collected data
4. Analyzed data
5. Contributed significantly to writing
6. Contributed significantly to editing

## Publications, Exhibitions, Performances, Recitals:

### Refereed:

#### Journals:

Ewers, T., S. Nash, **A.K. Ruth\***, J. Piaskowski. 2020. Lesson Plan Helps Volunteers Improve Learning Among 4-H Youths in Animal Projects. Journal of Extension. V58, n3 (v58-3rb3) Online. <https://www.joe.org/joe/2020june/rb3.php> (2,4,5)

#### Extension Publications:

Ruth, A.K. et al. 2019. University of Idaho 4-H Youth Development Animal Science Lesson Plans: Level 1. University of Idaho Extension. PNW 726.  
<https://www.extension.uidaho.edu/publishing/pdf/PNW/PNW726.pdf> (2,5,6)

**Peer Reviewed/Evaluated:**

**Extension Publications:**

K. McKillip, **A.K. Wilfong\***, and T.G. O'Quinn. 2018. How much meat will you get from your animal? Kansas State University Agricultural Experiment Station and Cooperative Extension Service.  
<https://www.bookstore.ksre.ksu.edu/Item.aspx?catId=388&pubId=20969> (1,3,5,6)

**Wilfong, A. K.\***, K. McKillip, and T.G. O'Quinn. 2018. Beef Processing Options for Consumers. Kansas State University Agricultural Experiment Station and Cooperative Extension Service. <https://www.bookstore.ksre.ksu.edu/Item.aspx?catId=388&pubId=20970> (1,3,5,6)

**Wilfong, A. K.\***, K. McKillip, and T.G. O'Quinn. 2018. Pork Processing Options for Consumers. Kansas State University Agricultural Experiment Station and Cooperative Extension Service. <https://www.bookstore.ksre.ksu.edu/Item.aspx?catId=388&pubId=20971> (1,3,5,6)

**Wilfong, A. K.\***, K. McKillip, and T.G. O'Quinn. 2018. Lamb Processing Options for Consumers. Kansas State University Agricultural Experiment Station and Cooperative Extension Service.  
<https://www.bookstore.ksre.ksu.edu/Item.aspx?catId=388&pubId=20972> (1,3,5,6)

**Abstracts and Proceedings:**

**Ruth, A.K.\***, M. Small. 2019. Meat! It's What's for Dinner. National Association of Extension 4-H Agents, White Sulphur Springs, West Virginia. (1,2,3,4,5,6)

Nash, S., **A.K. Ruth\***, N. Dalton. Animal Science Lesson Plans. 2019. National Association of Extension 4-H Agents Meeting, Greenbrier, WV. (2,5,6)

**Ruth, A.K.\***, S. Nash, C. Kinder, C. Wilmore. 2019. Youth demonstrate knowledge of animal science at Statewide Livestock Skill-a-thon. PNW Tri-State Conference, Bend, Oregon. (1,2,3,4,5,6)

Small, M., R. Findlay, and **A.K. Wilfong\***. 2017. Winter Beef School: Encouraging cattle producers to consider preconditioning. National Association of County Agriculture Agents. (2,3)

**Wilfong, A.K.\***, and S. Dolecheck. Hands-on fun with WeDo 2.0 Lego Robotics. 2017. CSI P20 Conference, Twin Falls, Idaho. (1,2,3,4,5,6)

Dolecheck, S., and **A.K. Wilfong\***. What 4-H can do for you. 2017. CSI P20 Conference, Twin Falls, Idaho. (2,5,6)

**Other:**

**University of Idaho Extension Impact Statements:**

Patterson, R., **A.K. Ruth**, L. Blanch. 2020. Bonneville County volunteers extend University of Idaho Extension services. University of Idaho Cooperative Extension System. Impact Statement. <https://www.uidaho.edu/-/media/UIDaho-Responsive/Files/Extension/admin/Impacts/2020/23-20-rpatterson-volunteers-services.pdf>.

**Ruth, A.K.**, S. Dolecheck, N. Dalton, T. Ewers, L. Hosking, E. Lampe. 2020. Youth in Idaho and Oregon are learning to “Dabble in Dissection”. University of Idaho Cooperative Extension System. Impact Statement. <https://www.uidaho.edu/-/media/UIIdaho-Responsive/Files/Extension/admin/Impacts/2020/11-20-aruth-dissection.pdf>.

**Ruth, A.K.**, M. Small, S. Nash, S. Baker, M. Ellison, L. Nunn, J. Lancaster. 2019. Workshop teaches consumers why beef should be what’s for dinner. University of Idaho Cooperative Extension System. Impact Statement. <https://www.uidaho.edu/-/media/UIIdaho-Responsive/Files/Extension/admin/Impacts/2019/31-19-aruth-cooking-beef.pdf>.

Small, M., and **A.K. Wilfong**. 2018. Meat quality camps help youth understand eating quality of livestock products. University of Idaho Cooperative Extension System. Impact Statement. <https://www.uidaho.edu/-/media/UIIdaho-Responsive/Files/Extension/admin/Impacts/2018/11-18-msmall-meat-camps.pdf>.

**Wilfong, A.K.**, C. Kinder, S. Nash, C. Wilmore, and S. Baker. 2018. Youth demonstrate knowledge of animal science at statewide Livestock Skill-a-thon. University of Idaho Cooperative Extension System. Impact Statement. <https://www.uidaho.edu/-/media/UIIdaho-Responsive/Files/Extension/admin/Impacts/2018/9-18-awilfong-skillathon.pdf>.

Willmore, C., C. Kinder, **A. K. Wilfong**, G. Manker, and M. Barlow. 2017. Youth Beef Education Day links livestock production, food quality and safety. University of Idaho Cooperative Extension System. Impact Statement. <https://www.uidaho.edu/-/media/UIIdaho-Responsive/Files/Extension/admin/Impacts/2017/31-17cwillmore-beef-education.pdf>.

Harrison, S., M. Small, **A.K. Wilfong**, and T. Sorenson. 2017. Eastern Idaho swine camp provides youth with hands-on experience. University of Idaho Cooperative Extension System. Impact Statement. <https://www.uidaho.edu/-/media/UIIdaho-Responsive/Files/Extension/admin/Impacts/2017/19-17sharrison-swine-camp.pdf>.

Dalton, N., M. Small, S. Harrison, S. Nash, **A.K. Wilfong**, T. Sorensen, and L. Nunn. 2017. Livestock day camps increase industry understanding. University of Idaho Cooperative Extension System. Impact Statement. <https://www.uidaho.edu/-/media/UIIdaho-Responsive/Files/Extension/admin/Impacts/2017/17-17ndalton-day-camps.pdf>.

#### **Abstracts and Proceedings:**

**Ruth, A.K.**, S. Dolecheck. 2018. Grant Packet Info. Idaho Statewide 4-H Training: Communication in 4-H, Boise, Idaho.

#### **Thesis and Dissertations:**

Wilfong, A. K. 2016. Determination of the effect of branding on consumer palatability traits of ground beef and beef strip loin steaks. Kansas State University. Master of Science. 147 pages. (a)

#### **Scholarly Presentations and Other Creative Activities:**

##### **Displays and Posters:**

**Ruth, A.K.**, M. Small. Meat! It’s What’s for Dinner. 2019. National Association of Extension 4-H Agents, White Sulphur Springs, West Virginia.

**Ruth, A.K.**, S. Nash, C. Kinder, C. Wilmore. 2019. Youth demonstrate knowledge of animal science at Statewide Livestock Skill-a-thon. PNW Tri-State Conference, Bend, Oregon.

Small, M., R. Findlay, and **A.K. Wilfong**. 2017. Winter Beef School: Encouraging cattle producers to consider preconditioning. National Association of County Agriculture Agents.

**Professional Meeting Papers, Workshops:**

Nash, S., **A.K. Ruth**, N. Dalton. 2019. Animal Science Lesson Plans. National Association of Extension 4-H Agents Meeting, White Sulfur Springs, West Virginia.

**Ruth, A.K.**, S. Dolecheck. 2018. Grant Packet Info. Idaho Statewide 4-H Training: Communication in 4-H, Boise, Idaho.

**Wilfong, A.K.**, and S. Dolecheck. 2017. Hands-on fun with WeDo 2.0 Lego Robotics. CSI P20 Conference, Twin Falls, Idaho.

Dolecheck, S., and **A.K. Wilfong**. 2017. What 4-H can do for you. CSI P20 Conference, Twin Falls, Idaho.

**Grants and Contracts Awarded:**

**Ruth, A.K.**, and B. Prudent. Expand muzzle loading & Hunting resources for 4-H Shooting Sports. National Rifle Association Foundation Grant, 2020, \$2,800.

Small, M., **A.K. Ruth**. Meat Quality camps for youth. Idaho Beef Council Grant, 2019, \$150.

**Ruth, A.K.**, and B. Prudent. Expansion of Muzzleloader materials and storage unit in Bonneville County. National Rifle Association Foundation Grant, 2019, \$8,123.84.

Ruth, A.K. Retail Meat I.D. Station at the Idaho Statewide Skill-a-thon. Idaho Beef Quality Assurance, 2019, \$300.

**Wilfong, A.K.**, and B. Prudent. Expansion of Shotgun materials in Bonneville County. National Rifle Association Foundation Grant, 2018, \$14,000.

Wilfong, A.K. Retail Meat I.D. Station at the Idaho Statewide Skill-a-thon. Idaho Beef Quality Assurance, 2018, \$300.

Wilfong, A.K. Retail Meat I.D. Station at the Idaho Statewide Skill-a-thon. Idaho Pork Producers, 2018, \$100.

Wilfong, A.K. First Timer Scholarship. National Association of Extension Professionals, 2017, \$575.

Wilfong, A.K. We-Do 2.0 Robotics computer materials. PK12 Innovative STEM Grant. STEM Action Center, 2017, \$2,500.

**Internal Funding Awarded:**

Ruth, A.K. University of Idaho Extension Summer Intern Award, 2020, \$5,000.

Dolecheck, S., **A.K. Ruth**, N. Dalton, S. Wilson, T. Ewers, E. McDonald-Williams, L. Hosking. Dabble in Dissection Curriculum Development. University of Idaho Innovative Project Grant, 2019, \$10,000 (\$1,100 spending authority).

Ruth, A.K. Joint Council of Extension Professionals Scholarship Award to attend PNW Tri-State Conference, 2019, \$200.

Ruth, A.K. University of Idaho Extension Summer Intern Award, 2019, \$5,000.

Ruth, A.K. University of Idaho Extension Summer Intern Award, 2018, \$5,000.

Wilfong, A.K. Joint Council of Extension Professionals Scholarship Award to attend the National Association of Extension 4-H Agents Conference, 2017, \$300.

**In-Kind and Industry Support:**

Ruth, A.K. Pay It Forward to 4-H, Local News 8 – KIFI, 2018, \$300.

Wilfong, A.K. Where's the Beef meat and material purchase. Bonneville County Cattleman's Association, 2017, \$225.

**Scholarship Honors and Awards:**

**Ruth, A.K.**, S. Nash, Ewers, T. Excellence in Volunteerism for Animal Science Lesson Plans, National Association of Extension 4-H Youth Development Professionals, First Place Western Regional, and First Place State Winner, 2020.

Ruth, A.K. National Association of Extension 4-H Agents, Achievement in Service Award, 2019.

Nash, S., **A.K. Ruth**, Ewers, T. Excellence in Club Support for Animal Science Lesson Plans, National Association of Extension 4-H Agents, First Place Western Regional, and First Place State Winner, 2019.

Ruth, A.K. Excellence in Educational Technology for We-Do 2.0 Robotics, National Association of Extension 4-H Agents, First Place State Winner, 2019.

Ruth, A.K. R.W. Schermerhorn Outstanding Extension Faculty Member, University of Idaho Extension, 2018.

**SERVICE:**

**Major Committee Assignments:**

National:

National Association of Extension 4-H Youth Development Professionals Planning Committee, Hospitality Chair, 2020.

National Association of Extension 4-H Youth Development Professionals Proposal Reviewer, 2020.

National Association of Extension 4-H Agents Proposal Reviewer, 2019.

National Association of Extension 4-H Agents Animal Science Working Group, 2017- 2019.

Regional:

PNW Tri-State 4-H Conference Proposal Reviewer, 2019

State:

STEM Action Awards Proposal Reviewer, 2018-2019.

University of Idaho:

College:

Extension:

University of Idaho Planning and Reporting Team, 2018-present.

Statewide Ambassadors Steering Committee, 2018-present.

Scholarly Writer's Retreat Planning Committee, 2018-present.

Statewide 4-H Training Planning Committee, 2017, 2018, 2019.

4-H College Scholarship Selection Committee, 2016, 2018, 2019.

District:

Eastern Idaho State Fair Jr. Market Swine Show Chair, 2018-present.

Eastern District Promotion and Tenure Committee, 2017.

Eastern Idaho State Fair Jr. Livestock Committee, 2016 - present.

County/Local:



Bonneville County Livestock Committee Ex-Officio Member, 2016 – present.  
Bonneville County Horse Committee Ex-Officio Member, 2016 – present.  
Bonneville County Advisory Committee Ex-Officio Member, 2016 – present.  
Bonneville County Family and Consumer Science Committee Ex-Officio Member, 2016 – present.  
Bonneville County Fair Board Member, 2016 – present.

**Professional and Scholarly Organizations:**

National Association of Extension 4-H Youth Development Professionals, 2017 – present.  
Idaho Association of Extension 4-H Professionals, 2017 – present.  
    Eastern District Representative, 2018-2019.  
American Meat Science Association, 2014 – 2017.

**Outreach Service:**

**Classes, Workshops, Seminars, Share Fairs and Tours Organized:**

Bonneville County Recognition Night, Idaho Falls, Idaho, September 28, 2020.  
Bonneville County Fair, Idaho Falls, Idaho, August 3-8, 2020.  
Statewide Animal Science Skill-a-thon, Jerome, Idaho, January 18, 2020.  
FIRST LEGO League Qualifying Tournament, Idaho Falls, Idaho, December 14, 2020.  
Statewide Ambassadors Retreat, McCall, Idaho, November 15-17, 2019.  
Joint Extension Advisory Council, Idaho Falls, Idaho, November 13, 2019.  
Statewide 4-H Training, Boise, Idaho, October 21-23, 2019.  
Idaho AgFest (booth), Idaho Falls, Idaho, October 19, 2019.  
Artitorium Harvestfest (booth), Idaho Falls, Idaho, September 28, 2019.  
Bonneville County Recognition Night, Idaho Falls, Idaho, September 23, 2019.  
Bonneville County Fair, Idaho Falls, Idaho, August 5-8, 2019.  
Family Swim and Picnic, Idaho Falls, Idaho, July 16, 2019.  
Bonneville and Bingham County Alpine 4-H Camp, June 17-19, 2019.  
Consumer Beef Education Workshop, Idaho Falls, Idaho, May 18, 2019.  
Discover Idaho Falls Event, Idaho Falls, Idaho, May 11, 2019.  
Statewide Animal Science Skill-a-thon, Jerome, Idaho, January 26, 2019.  
District 4-H Training, Rigby, Idaho, January 24, 2019  
FIRST LEGO League Qualifying Tournament, Idaho Falls, Idaho, December 1, 2018.  
Advisory Committee Meetings, 2019, Idaho Falls, Idaho, April 10, January 9, July 3, October 9.  
Statewide 4-H Training, Boise, Idaho, October 22-24, 2018.  
Idaho AgFest (booth), Idaho Falls, Idaho, October 20, 2018.  
Artitorium Harvestfest (booth), Idaho Falls, Idaho, September 29, 2018.  
Scholarly Writer's Retreat, McCall, Idaho, September 17-19, 2018.  
Bonneville County Recognition Night, Idaho Falls, Idaho, September 26, 2018.  
Bonneville County Fair, Idaho Falls, Idaho, August 6-9, 2018.  
Family Swim and Picnic, Idaho Falls, Idaho, July 26, 2018.  
Bonneville and Bingham County Alpine 4-H Camp, June 18-20, 2018.  
Bonneville County Blitz Week, Idaho Falls, Idaho, June 11-15, 2018.  
Advisory Committee Meetings, 2018, Idaho Falls, Idaho, April 11, January 3, June 13, October 3.  
Idaho Animal Science Skillathon, Jerome, Idaho, January 27, 2018.  
FIRST LEGO League Qualifying Tournament, Idaho Falls, Idaho, December 2, 2017.  
Statewide 4-H Training, Boise, Idaho, October 23-25, 2017.  
Advisory Committee Meetings, 2017, Idaho Falls, Idaho, November 8, October 11, June 7, May 3,  
    April 12, March 1, February 1, January 11.  
Bonneville County Recognition Night, Idaho Falls, Idaho, September 18, 2017.  
Bonneville County Fair, Idaho Falls, Idaho, August 7-10, 2017.  
Family Swim and Picnic, Idaho Falls, Idaho, July 25, 2017.  
Livestock Day Camp, Idaho Falls, Idaho, July 13, 2017.  
Bonneville County Blitz Week, Idaho Falls, Idaho, June 12-16, 2017.  
Animal Safety and Food Safety booths at Kids Safety Fair, Idaho Falls, Idaho, May 20, 2017.  
Horse Clinic, Idaho Falls, Idaho, April 15, 2017.

Stones Kia Kids Safety Fair (two booths), Idaho Falls, Idaho. May 20, 2017.  
Bonneville County Recognition Night, Idaho Falls, Idaho, September 12, 2016.  
Bonneville County Fair, Idaho Falls, Idaho, August 8-11, 2016.  
Family Swim and Picnic, Idaho Falls, Idaho, July 19, 2016.  
Advisory Committee Meetings, 2016, Idaho Falls, Idaho, December 7, November 2, October 11, September 7, June 8.

**Miscellaneous Extension Publications:**

Ruth, A.K. Alpine Camp Summary, Bonneville County Quarterly Newsletter, July 2018.  
Wilfong, A.K. Fair Wrap-up, Bonneville County Quarterly Newsletter, October 2017.  
Wilfong, A.K. Fair Wrap-up, Bonneville County Quarterly Newsletter, October 2016.

**Interview Articles:**

Kauffman, B. "Masks and online streaming come to Bonneville County Fair". Post Register, June, 17, 2020.  
NeVile, K. "Bonneville County Fair held at new fairgrounds." Post Register, July 15, 2019.  
NeVile, K. "Fair to recall old, celebrate new." Farm and Ranch, August 3, 2018.  
Bonneville County Fairboard. "2018 Bonneville County Fair '4-H Roots Run Deep'." Post Register, August 3, 2018.  
"Youth build robots at 4-H Day Camps" Morning News, March 27, 2018.  
Snider, C. "Bonneville Extension Office can help you find your passion. Here's how." East Idaho News, October 9, 2017.  
"4-H'ers get helping hand with specialty plates." Post Register, September 29, 2017.  
NeVile, K. "4-H rising above the rest." Post Register, August 4, 2017.  
NeVile, K. "4-H reaches beyond the farm with Lego robotics." Post Register, March 24, 2017.  
NeVile, K. "4-H'ers get to discover drones." Post Register, September 30, 2016.  
NeVile, K. "Bonneville County Fair draws 4-H crowd." Post Register, August 11, 2016.  
NeVile, K. "County fair opens today with horse show." Post Register, August 5, 2016.

**Media Presentations:**

Bonneville County Fair holds new, sweet competition, KIDK 3- Eyewitness News, Aired August 8, 2019 6:30 pm and 10:00 pm.  
Pay It Forward: 4-H, KIDK 3- Eyewitness News, Aired August 8, 2018 6:30 pm and 10:00 pm.  
4-H helps teach Eastern Idaho kids life skills, Local News 8, Aired August 3, 2018 6:30 pm.  
How 4-H impacts youth, 5-minute segment, Local News 8, Aired August 8, 2017 6:30 pm.

**Judging:**

Statewide Horse Bowl, Rigby, Idaho, July 1, 2019.  
Eastern District Horse Contest, Blackfoot, Idaho, June 9, 2017.  
Holy Rosary Elementary School Science Fair, February 28, 2017.  
Southern First Lego League Robotics State Tournament, Twin Falls, Idaho, February 11, 2017.  
Eastern Idaho State Fair 4-H Livestock Judging Contest, Blackfoot, Idaho, September 10, 2016.

**PROFESSIONAL DEVELOPMENT:**

**Teaching:**

CALS TEAMS Training, University of Idaho CALS, online training, October 29, 2020.  
Animal Science Common Measures Training, National 4-H Council, online training, July 22, 2020.  
Offering 4-H Programs & Care During Covid-19, National Association of Extension 4-H Youth Development Professionals, online training, June 26, 2020.  
Tips for Teaching on Zoom, University of Idaho 4-H Youth Development, online training, March 26, 2020.  
Best Practices, Tips, and Tricks for Hosting Professional Webinars, Professional Development Network of Idaho Extension, online training, March 17, 2020.  
University of Idaho 4-H Staff Development Orientation Series, 8 sessions, online training, February 2 - October 31, 2019.

University of Idaho 4-H Staff Development Orientation Series, 8 sessions, online training, February 28-October 31, 2018.

**Scholarship:**

Fast-Track Training, University of Idaho Extension, online training, February 3, 2020.  
Faculty Success Seminar: Find Funding Opportunities: Introduction to Pivot, online training, University of Idaho Communications and Marketing, October 7, 2020.

**Outreach:**

National Association of Extension 4-H Youth Development Professionals, Boise, Idaho, online, October 19-22, 2020.  
Extension Faculty Fall Meeting, online, October 6-7, 2020.  
Extension Faculty Spring Meeting, online, April 8, 2020.  
Statewide 4-H Training, Boise, Idaho, October 21-23, 2019.  
National Association of Extension 4-H Agents, White Sulphur Spring, West Virginia, November 4-8, 2019.  
Extension Faculty Fall Meeting, Pocatello, Idaho, September 24, 2019.  
Extension Faculty Spring Meeting, Rigby, Idaho, April 30, 2019.  
PNW Tri-State 4-H Conference, Bend, Oregon, April 15-18, 2019.  
Extension Faculty Annual Conference, Idaho Falls, Idaho, March 25-28, 2019.  
Eastern District 4-H Training, Rigby, Idaho, January 24, 2019.  
Statewide 4-H Training, Boise, Idaho, October 22-24, 2018.  
Extension Faculty Fall Meeting, Island Park, Idaho, September 20-21, 2018.  
Extension Faculty Spring Meeting, Idaho Falls, Idaho, April 24, 2018.  
Extension Faculty Annual Conference, Moscow, Idaho, April 2-6, 2018.  
Eastern District 4-H Training, Pocatello, Idaho, January 25, 2018.  
National Association of Extension 4-H Agents, Indianapolis, Indiana, November 10-17, 2018.  
Statewide 4-H Training, Boise, Idaho, October 23-25, 2017.  
Eastern District Curriculum Update, Idaho Falls, Idaho, September 26, 2017.  
Extension Faculty Fall Meeting, Bear Lake, Idaho, September 21-22, 2017.  
Extension Faculty Annual Conference, Burley, Idaho, April 3-6, 2017.  
Statewide 4-H Training, Boise, Idaho, October 24-26, 2016.  
Extension Faculty Fall Meeting, Idaho Falls, Idaho, October 18, 2016.  
Scholarly Writer's Retreat, McCall, Idaho, September 26-28, 2016.  
New Faculty Orientation, Moscow, Idaho, August 15-19, 2016.

**Administration/Management:**

Life in a Pandemic: Finding Balance between Personal and Professional Lives, National Association of Extension 4-H Youth Development Professionals, online training, October 28, 2020.  
Professional Development on Running Effective Advisory Meetings, University of Idaho Extension, online training, October 5, 2020.  
Supervisory Excellence Program: Managing Employee Stress, University of Idaho Employee Development and Learning, online training, September 29, 2020.  
AmeriCorps Supervisory Training, University of Idaho AmeriCorps Program, online training, September 24, 2020.  
Suicide Prevention Fundamentals Instruction, Idaho Commerce, online training, September 22, 2020.  
Work Life Balance, National Association of Extension 4-H Youth Development Professionals, online training, September 17, 2020.  
Volunteer Support during the Changing Times of COVID-19, National Association of Extension 4-H Youth Development Professionals, online training, July 15, 2020.  
Creating Effective Living and Workspaces during a Worldwide Pandemic, National Association of Extension 4-H Youth Development Professionals, online training, July 10, 2020.  
Dealing with Difficult Volunteers and Customers in Extension, Professional Development Network of Idaho Extension Training, online training, June 4, 2020.  
Maintaining Your County Extension Civil Rights File Training, University of Idaho Extension, online training, May 28, 2020.

Crucial Conversations, University of Idaho 4-H Youth Development, online training, April 17, 2020.