

# CURRICULUM VITAE FOR EXTENSION EDUCATOR FACULTY

University of Idaho

**NAME:** Lance J. Hansen

**DATE:** November 1, 2021

**RANK OR TITLE:** Assistant Extension Professor

**DEPARTMENT:** University of Idaho Extension, Eastern District

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**DATE OF FIRST EMPLOYMENT AT UI:** December 1, 2017

**DATE OF TENURE:** Untenured

**DATE OF PRESENT RANK OR TITLE:** December 1, 2017

## EDUCATION BEYOND HIGH SCHOOL:

### Degrees:

M.B.A., 2017, Business Administration, Western New Mexico University, Silver City, New Mexico.  
B.A., 2004, Family Consumer Sciences-Emphasis Family Finance, Utah State University, Logan, Utah.

### Certificates and Licenses:

Mental Health First Aid (MHFA), Youth Mental Health First Aid Instructor, 2021.  
Mental Health First Aid (MHFA), Adult Mental Health First Aid Instructor, 2020.  
National Nutrition Certification Program (NNCP), 2020.  
Michigan State University Extension, Farm Stress Management Programs, 2019.  
Collaborative Institutional Training Initiative (CITI), Investigators, IRB Investigators and Student Researchers Certificate, 2018.  
Collaborative Institutional Training Initiative (CITI), Conflicts of Interest, Primary Investigator Certificate, 2018.  
Collaborative Institutional Training Initiative (CITI), Conflicts of Interest, Named Investigators Certificate, 2018.  
Collaborative Institutional Training Initiative (CITI), Conflicts of Interest, All Other Faculty and Staff Involved in The Project Certificate, 2018.

## EXPERIENCE:

### Teaching, Extension and Research Appointments:

Assistant Extension Professor and Extension Educator, University of Idaho, Madison County, Rexburg, Idaho, 2017-present.

### Academic Administrative Appointments:

County Chair, University of Idaho Extension, Madison County, Rexburg, Idaho, 2017-present.

**Non-Academic Employment including Armed Forces:**

Self-Reliance Specialist, Idaho Department of Health and Welfare, Pocatello, Idaho, 2005-2017.  
Credit Manager, Wells Fargo Financial, Pocatello, Idaho, 2004-2005.

**TEACHING ACCOMPLISHMENTS:****Areas of Specialization:**

Personal Finance  
Health and Food Safety  
4-H Youth Development

**Materials Developed:****Video Productions:**

Hansen, L. Cooking Under Pressure Indian Food. YouTube video.  
<https://www.youtube.com/watch?v=3kRIJTyOKUE>. 2020.

Hansen, L. Credit Freeze Mealtime Inspirations. YouTube video.  
<https://www.youtube.com/watch?v=XJXvzURxyo&list=PLEaOqsoYB536eQfEgwgJzB0WX083n5M&index=4&t=0s>. 2018.

**Non-Credit Classes, Presentations, Workshops, Seminars, Invited Lectures, etc.:****Personal Finance and Family Economics:**

## Basic Financial Management:

Hansen, L. and L. Ellis. Farm stress management, Zoom presentation, June 1, 2021.  
Hansen, L. and L. Ellis. Farm stress management, Zoom presentation, February 19, 2021.  
Hansen, L. and L. Ellis. Farm stress management, Zoom presentation, February 12, 2021.  
Hansen, L. Money management, Zoom presentation, October 21, 2020.  
Hansen, L. and L. Erickson. Financial apps, Zoom presentation, October 2, 2020.  
Hansen, L. and L. Ellis. Farm stress management, Pocatello, Idaho, September 23, 2020.  
Hansen, L. Don't corona my cash getting back to normal, Zoom presentation, May 28, 2020.  
Hansen, L. Don't corona my cash stretch your dollars part 1, Zoom presentation, May 14, 2020.  
Hansen, L. Credit score millionaire, Rexburg, Idaho, March 3, 2020.  
Hansen, L. and L. Ellis. Farm stress management, Ashton, Idaho, February 7, 2020.  
Hansen, L. and L. Ellis. Farm stress management, Idaho Falls, Idaho, February 5, 2020.  
Hansen, L. and L. Ellis. Farm stress management, Pocatello, Idaho, February 4, 2020.  
Hansen, L. and L. Ellis. Farm stress management, Burley, Idaho, February 3, 2020.  
Hansen, L. Credit score millionaire, Pocatello, Idaho, January 26, 2020.  
Hansen, L. Credit score millionaire, Idaho Falls, Idaho, January 26, 2020.  
Hansen, L. and L. Ellis. Farm stress management, Pocatello, Idaho, January 22, 2020.  
Hansen, L. Financial preparedness in emergencies, Rexburg, Idaho, January 2, 2020.  
Hansen, L. Smart choice insurance basics, Zoom presentation, October 17, 2019.  
Hansen, L. Smart choice insurance basics, Zoom presentation, September 17, 2019.  
Hansen, L. Smart choice insurance basics, Zoom presentation, August 22, 2019.  
Hansen, L. Credit score millionaire, Rexburg, Idaho, January 31, 2019.  
Hansen, L. Smart choice insurance basics, Twin Falls, Idaho, December 7, 2018.  
Hansen, L. Smart choice insurance basics, Jerome, Idaho, November 30, 2018.  
Hansen, L. Smart choice insurance basics, Twin Falls, Idaho, November 29, 2018.  
Hansen, L. Credit freeze, Blackfoot, Idaho, November 6, 2018.

Hansen, L. Credit freeze, Mackay, Idaho, November 5, 2018.  
 Hansen, L. Financial preparedness in emergencies, St. Anthony, Idaho, May 16, 2018.  
 Hansen, L. and L. Erickson. Credit score millionaire, Rupert, Idaho, February 15, 2018.  
 Hansen, L. and L. Erickson. Night of the living debt, Rexburg, Idaho, February 13, 2018.  
 Hansen, L. Credit score millionaire, Preston, Idaho, February 8, 2018.  
 Hansen, L. Credit score millionaire, Rexburg, Idaho, February 7, 2018.  
 Hansen, L. Credit score millionaire, American Falls, Idaho, February 6, 2018.

#### Financial Security in Later Life:

Hansen, L. Retirement for farmers, Blackfoot, Idaho, February 18, 2020.  
 Hansen, L. Retirement for farmers, Preston, Idaho, February 8, 2018.  
 Hansen, L. Retirement for farmers, Rexburg, Idaho, February 7, 2018.  
 Hansen, L. Retirement for farmers, American Falls, Idaho, February 6, 2018.

#### Youth Financial Literacy:

Hansen, L. Welcome to the real world workbook, Ammon, Idaho, 2 sessions, May 11, 2021.  
 Hansen, L. Employment feud, Ammon, Idaho, 2 sessions, May 7, 2021.  
 Hansen, L. Welcome to the real world workbook, Rexburg, Idaho, April 21, 2021.  
 Hansen, L. Employment feud, Rexburg, Idaho, April 20, 2021.  
 Hansen, L. Night of the living debt, Rexburg, Idaho, April 19, 2021.  
 Hansen, L. Employment feud, Ammon, Idaho, 3 sessions, March 2, 2021.  
 Hansen, L. Welcome to the real world workbook, Ammon, Idaho, March 2, 2021.  
 Hansen, L. Employment feud, Rexburg, Idaho, 4 sessions, February 25, 2021.  
 Hansen, L. Welcome to the real world workbook, Rexburg, Idaho, February 24, 2021.  
 Hansen, L. Employment feud, Rexburg, Idaho, February 23, 2021.  
 Hansen, L. Night of the living debt, Rexburg, Idaho, February 22, 2021.  
 Hansen, L. Welcome to the real world workbook, Rexburg, Idaho, 4 sessions, February 18, 2021.  
 Hansen, L. Welcome to the real world workbook, Ammon, Idaho, 3 sessions, January 12, 2021.  
 Hansen, L. Welcome to the real world workbook, Rexburg, Idaho, February 21, 2020.  
 Hansen, L. Employment feud, Rexburg, Idaho, February 20, 2020.  
 Hansen, L. Levy gulch, Rexburg, Idaho, February 19, 2020.  
 Hansen, L. Night of the living debt, Rexburg, Idaho, February 13, 2020.  
 Hansen, L. Pirate loot, Rexburg, Idaho, February 11, 2020.  
 Hansen, L. Welcome to the real world workbook, Rexburg, Idaho, November 15, 2019.  
 Hansen, L. Employment feud, Rexburg, Idaho, November 14, 2019.  
 Hansen, L. Levy gulch, Rexburg, Idaho, November 13, 2019.  
 Hansen, L. Pirate loot, Rexburg, Idaho, November 12, 2019.  
 Hansen, L. Night of the living debt, Rexburg, Idaho, November 11, 2019.  
 Hansen, L. Welcome to the real world workbook, Rexburg, Idaho, May 16, 2019.  
 Hansen, L. Hot budget game, Rexburg, Idaho, May 16, 2019.  
 Hansen, L. Employment feud, Rexburg, Idaho, May 15, 2019.  
 Hansen, L. and L. Erickson. Levy gulch, Rexburg, Idaho, May 14, 2019.  
 Hansen, L. and L. Erickson. Night of the living debt, Rexburg, Idaho, May 13, 2019.  
 Hansen, L. Welcome to the real world workbook, Malad, Idaho, March 20, 2019.  
 Hansen, L. Hot budget game, Malad, Idaho, March 20, 2019.  
 Hansen, L. and J. Rickman. Employment feud, Malad, Idaho, March 19, 2019.  
 Hansen, L. Saving for the future time value of money, Rexburg, Idaho, February 23, 2019.  
 Hansen, L. Hot budget game, Ariom, Idaho, February 20, 2019.  
 Hansen, L. Welcome to the real world workbook, Arimo, Idaho, February 20, 2019.  
 Hansen, L. and L. Foist. Employment feud, Arimo, Idaho, February 13, 2019.  
 Hansen, L. Hot budget game, Rexburg, Idaho, 2 sessions, February 5, 2019.  
 Hansen, L. Employment feud, Rexburg, Idaho, 2 sessions, February 4, 2019.  
 Hansen, L. Welcome to the real world workbook, Rexburg, Idaho, 2 sessions, February 5, 2019.  
 Hansen, L. Welcome to the real world workbook, Pocatello, Idaho, June 27, 2018.

Hansen, L. Hot budget game, Pocatello, Idaho, June 27, 2018.  
 Hansen, L. Welcome to the real world workbook, Rexburg, Idaho, May 10, 2018.  
 Hansen, L. Hot budget game, Rexburg, Idaho, May 10, 2018.  
 Hansen, L. Teen credit card, Rexburg, Idaho, May 9, 2018.  
 Hansen, L. Teen credit card, Inkom, Idaho, April 21, 2018.  
 Hansen, L. Welcome to the real world workbook, Inkom, Idaho, April 21, 2018.  
 Hansen, L. Hot budget game, Inkom, Idaho, April 21, 2018.  
 Hansen, L. Welcome to the real world, Rexburg, Idaho, March 1, 2018.

#### Business:

Hansen, L. Enterprise budgets, Rexburg, Idaho, February 14, 2019.  
 Hansen, L. Sweet 16 financial ratios, Rexburg, Idaho, February 14, 2019.  
 Hansen, L. Marketing, Preston, Idaho, February 1, 2019.  
 Hansen, L. QuickBooks online, Montpelier, Idaho, April 10-11, 2018.  
 Hansen, L. Marketing, Rexburg, Idaho, January 31, 2018.  
 Hansen, L. Marketing, American Falls, Idaho, January 30, 2018.  
 Hansen, L. Employee compensation, Rexburg, Idaho, January 17, 2018.

#### **4-H Youth Development and Volunteer Development**

Hansen, L. Drone camp, Rexburg, Idaho, October 4,6,11,13,19,20, 2021.  
 Hansen, L. Introduction to drones, St Anthony, Idaho, July 21, 2021.  
 Hansen, L. WeDo Lego Robotics Level 2, Rexburg, Idaho, July 15, 2021.  
 Hansen, L. WeDo Lego Robotics Level 1, Rexburg, Idaho, July 13, 2021.  
 Hansen, L. Hiking camp, Rexburg, Idaho, July 12,14,16, 2021.  
 Hansen, L. Drone camp, Rexburg, Idaho, June 21 -25, 2021.  
 Hansen, L. Camping Fire Safety, Alpine, Wyoming, June 17, 2021.  
 Hansen, L. LifeSmarts, Zoom presentation, October 14, 2020.  
 Hansen, L. Drone video editing, Rexburg, Idaho, July 22, 2020.  
 Hansen, L. Introduction to drones, St Anthony, Idaho, July 16, 2020.  
 Hansen, L. Drone in action, Rexburg, Idaho, July 2, 2020.  
 Hansen, L. Drone safety, Rexburg, Idaho, July 1, 2020.  
 Hansen, L. Introduction to drones, Rexburg, Idaho, June 30, 2020.  
 Hansen, L. Conflict resolution control your story, February 29, 2020.  
 Hansen, L. LifeSmarts, Idaho Falls, Idaho, January 29, 2019.  
 Hansen, L. Drone video editing, Rexburg, Idaho, November 7, 2019.  
 Hansen, L. Drone video editing, Rexburg, Idaho, November 6, 2019.  
 Hansen, L. Drone in action, Rexburg, Idaho, November 5, 2019.  
 Hansen, L. Drone in action, Rexburg, Idaho, November 4, 2019.  
 Hansen, L. Introduction to drones, Rexburg, Idaho, October 28, 2019.  
 Hansen, L. Introduction to drones, Rexburg, Idaho, October 7, 2019.  
 Hansen, L. Conflict resolution control your story, Archer, Idaho, June 27, 2019.  
 Hansen, L. Hiking safety, Rexburg, Idaho, June 24 and 26, 2019.  
 Hansen, L. Coding for beginners, Rexburg, Idaho, June 15-17, 2019.  
 Hansen, L. Drone video editing, Rexburg, Idaho, June 14, 2019.  
 Hansen, L. Drone in action, Rexburg, Idaho, June 12, 2019.  
 Hansen, L. Drone safety, Rexburg, Idaho, June 11, 2019.  
 Hansen, L. Introduction to drones, Rexburg, Idaho, June 10, 2019.  
 Hansen, L. Coding for beginners, Rexburg, Idaho, June 3, 2019.  
 Hansen, L. Drone in action, Rexburg, Idaho, May 1, 2019.  
 Hansen, L. Drone safety, Rexburg, Idaho, April 3, 2019.  
 Hansen, L. Introduction to drones, Rexburg, Idaho, March 27, 2019.  
 Hansen, L. Junior achievement entrepreneurs, Menan, Idaho, November 5, 2018.  
 Hansen, L. Drone video editing, Rexburg, Idaho, July 10, 2018.  
 Hansen, L. Drone in action, Rexburg, Idaho, July 10, 2018.  
 Hansen, L. Introduction to drones, Rexburg, Idaho, July 9, 2018.  
 Hansen, L. Drone safety, Rexburg, Idaho, July 9, 2018.

Hansen, L. Coding for beginners, Rexburg, Idaho, June 22, 2018.  
 Hansen, L. Cyber security basics, Rexburg, Idaho, June 22, 2018.  
 Hansen, L. Introduction to drones, Alpine, Wyoming, 5 sessions, June 14, 2018.

### **Food Safety**

Hansen, L. Cooking under pressure for youth, Rexburg, Idaho, 6 sessions, April 7-8, 2021.  
 Hansen, L. Cooking under pressure for youth, Rexburg, Idaho, 4 sessions, February 9, 2021.  
 Hansen, L. Cooking under pressure for youth, Zoom presentation, Pennsylvania, February 2, 2021.  
 Hansen, L. Cooking under pressure for youth, Rexburg, Idaho, 8 sessions, January 19-20, 2021.  
 Hansen, L. Cooking under pressure for youth, Rexburg, Idaho, 6 sessions, October 19-20, 2020.  
 Hansen, L. Food preservation: jams and jellies, Zoom presentation, April 1, 2020.  
 Hansen, L. Cooking under pressure for youth, Rexburg, Idaho, 6 sessions, January 14-15, 2019.  
 Hansen, L. Mealtime inspiration quick and easy snacks, Rigby, Idaho, November 6, 2019.  
 Hansen, L. Cooking under pressure for youth, Rexburg, Idaho, 6 sessions, October 29-30, 2019.  
 Hansen, L. Cooking under pressure, Rexburg, Idaho, August 15, 2019.  
 Hansen, L., B. Hutchings, and J. Buck. Instant pot cooking class, Idaho Falls, Idaho, June 4, 2019.  
 Hansen, L. Cooking under pressure for youth, Rexburg, Idaho, 2 sessions, April 22, 2019.  
 Hansen, L., B. Hutchings, and J. Buck. Instant pot cooking class, Pocatello, Idaho, March 29, 2019.  
 Hansen, L. My plate, Rigby, Idaho, 4 sessions, March 5, 2019.  
 Hansen, L. Cooking under pressure for youth, Rexburg, Idaho, 4 sessions, January 29-30, 2019.  
 Hansen, L. Homemade, preparing meals at home, Rexburg, Idaho, January 29, 2019.  
 Hansen, L. Mealtime inspiration cooking under pressure, Mackay, Idaho, November 5, 2018.  
 Hansen, L. Cooking under pressure for youth, Rexburg, Idaho, 3 sessions, October 16-17, 2018.  
 Hansen, L. Cooking under pressure, Rexburg, Idaho, August 17, 2018.  
 Hansen, L. and L. Dye. Food preservation: jams and jellies, Salmon, Idaho, March 29, 2018.  
 Hansen, L. and L. Dye. Cooking under pressure, Rexburg, Idaho, 3 sessions, March 21, 2018.  
 Hansen, L. and L. Dye. Cooking under pressure, Rigby, Idaho, January 24, 2018.

### **Health and Wellness**

Hansen, L. and L. Ellis. Choosing and growing healthy vegetables, Zoom presentation, February 17, 2021.

## **SCHOLARSHIP ACCOMPLISHMENTS:**

### **Publications, Exhibitions, Performances, Recitals:**

#### **Refereed:**

#### **Extension Publications:**

#### **Bulletins/Pacific Northwest (PNW) Publications:**

Hutchings, B., J. Buck, S. Greenway, **L. Hansen**, and A. Robertson. 2021. Guide to Using and Caring for Your Electric Programmable Pressure Cooker. University of Idaho Extension. PNW 747.

<https://www.extension.uidaho.edu/publishing/html/PNW747-Electric-Programmable-Pressure-Cooker.aspx?title=Recent&category1=Recent&category2=NULL#Authors>.

(2,3,4,5,6)

Hansen, L.\* and A. Bingham. 2020. Being financially aware when divorce occurs: an Idaho guide. University of Idaho Extension. BUL 977.

<https://www.extension.uidaho.edu/publishing/html/BUL977-Being-Financially-Aware-When-Divorce-Occurs.aspx?title=Recent&category1=Recent&category2=NULL#Authors>.

(1,2,3,4,5,6)

#### **Other:**

### University of Idaho Extension Impact Statements:

- Hansen, L. and K. Boice. 2021. 4-H youth learn how they will influence the future of drones. <https://www.uidaho.edu/-/media/UIDaho-Responsive/Files/Extension/admin/Impacts/2021/38-21-lhansen-drones-4h.pdf?la=en&hash=EDCE28AB5E7F8721085F59042D7DB1452C256DA6>
- Ellis, L., **L. Hansen**, and J. Hogge. 2020. Farm stress management skills for Idaho agriculture producers. <https://www.uidaho.edu/-/media/UIDaho-Responsive/Files/Extension/admin/Impacts/2020/38-20-lellis-farm-stress.pdf?la=en&hash=4B8DA53502A577B343A6532D01D461B695EF819F>
- Foist, L., L. Blanch, J. Buck, L. Dye, **L. Hansen**, K. Hoffman, and L. Sant. 2020. Mealtime inspirations provides new ideas to save time and money. <https://www.uidaho.edu/-/media/UIDaho-Responsive/Files/Extension/admin/Impacts/2020/24-20-lfoist-mealtime-inspirations.pdf?la=en&hash=E834B520E69229665D2E6837476DC4F0C571DDE8>
- Hogge, J. and **L. Hansen**. 2020. Homeowners learn winterization techniques for their landscape. <https://www.uidaho.edu/-/media/UIDaho-Responsive/Files/Extension/admin/Impacts/2020/12-20-jhogge-winterization.pdf?la=en&hash=714E7C8DCDA64C751B0026C9BC7AB8DA0BE0B096>
- Hutchings, B., **L. Hansen**, J. Buck, S. Greenway, A. Robertson, and N. Ghimire. 2020. Statewide trainings help Idahoans realize the benefits of cooking at home. <https://www.uidaho.edu/-/media/UIDaho-Responsive/Files/Extension/admin/Impacts/2020/3-20-bhutchings-cooking-home.pdf?la=en&hash=F3FB0CE8D261E996DDC84264BD5FACF5267A2C31>
- Hansen, L., S. Greenway, A. Robertson, J. Buck, B. Hutchings, and S. Martinez. 2020. Youth cooking program builds knowledge and instills confidence in participants. <https://www.uidaho.edu/-/media/UIDaho-Responsive/Files/Extension/admin/Impacts/2020/1-20-lhansen-cooking-program.pdf?la=en&hash=47B42BA66FE1CFE83CD30E83EDF789C15AC822F9>
- Sant, L., J. Buck, L. Dye, K. Hoffman, **L. Hansen**, L. Foist, and L. Blanch. 2019. Mealtime inspirations improves participant knowledge and projected behaviors. <https://www.uidaho.edu/-/media/UIDaho-Responsive/Files/Extension/admin/Impacts/2019/17-19-lsant-mealtimes.pdf?la=en&hash=C985795FD6F30C8D2ADE4F8E5CDE2AA24FE4F095>

### Abstract and Proceedings:

- Hansen, L., L. Erickson, A. Bingham, and K. Richel. 2020. Don't Corona My Cash, Association for Financial Counseling & Planning Education, Symposium, Virtual Symposium.
- Hansen, L., S. Greenway, A. Robertson, B. Hutchings, J. Buck, and S. Martinez. 2020. Cooking under pressure for youth, National Association of Extension 4-H Youth Development Professionals, Conference, Virtual Conference.
- Martinez, S., **L. Hansen**, S. Greenway, A. Robertson, J. Buck, and B. Hutchings. 2020. Cooking Under Pressure for Youth. Idaho Out-of-School Network Annual Power Up Summit: emPower Up, Virtual Conference.
- Hansen, L., S. Greenway, A. Robertson, B. Hutchings, J. Buck, and S. Martinez. 2020. Cooking under pressure for youth, National Extension Association of Family and Consumer Sciences, Annual Session, Virtual Session.
- Bingham, A., L. Erickson, **L. Hansen**. 2020. Escape the ordinary: Educating through escape rooms, National Extension Association of Family and Consumer Sciences, Annual Session, Virtual Session.

Hansen, L. 2020. Employment feud, Idaho 4-H State Teen Association Convention, Virtual Convention.

Hansen, L. 2020. LifeSmarts, Idaho 4-H State Teen Association Convention, Virtual Convention.

Ghimire, N., J. Hogge, S. Hines, **L. Hansen**, T. Ewers, B. Glaze, J. Buck, N. Dalton, M. De Haro Marti, K. Hart, R. Norell, N. Olsen, A. Ruth, A. Roe. 2020. Program reporting in the Cooperative Extension: Focus, expectations, practices, and views, Extension Leadership Conference, San Antonio, Texas.

### **Scholarly Presentations and Other Creative Activities:**

#### **Displays and Posters:**

Hansen, L., S. Greenway, and J. Buck. 2021. Cooking under pressure for youth, Extension Leadership Conference, Conference, Virtual Conference.

Hansen, L. and L. Ellis. 2019. Farm stress management. University of Idaho Extension Annual Conference, Idaho Falls, Idaho.

#### **Professional Meeting Papers, Workshops:**

Hansen, L., L. Erickson, A. Bingham, and K. Richel. 2020. Don't Corona My Cash, Association for Financial Counseling & Planning Education, Symposium, Virtual Symposium.

Hansen, L., S. Greenway, A. Robertson, B. Hutchings, J. Buck, and S. Martinez. 2020. Cooking under pressure for youth, National Association of Extension 4-H Youth Development Professionals, Conference, Virtual Conference.

Martinez, S., **L. Hansen**, S. Greenway, A. Robertson, J. Buck, and B. Hutchings. 2020. Cooking Under Pressure for Youth. Idaho Out-of-School Network Annual Power Up Summit: emPower Up, Virtual Conference.

Hansen, L., S. Greenway, A. Robertson, B. Hutchings, J. Buck, and S. Martinez. 2020. Cooking under pressure for youth, National Extension Association of Family and Consumer Sciences, Annual Session, Virtual Session.

Bingham, A., L. Erickson, **L. Hansen**. 2020. Escape the ordinary: Educating through escape rooms, National Extension Association of Family and Consumer Sciences, Annual Session, Virtual Session.

Hansen, L. 2020. Employment feud, Idaho 4-H State Teen Association Convention, Virtual Convention.

Hansen, L. 2020. LifeSmarts, Idaho 4-H State Teen Association Convention, Virtual Convention.

Ghimire, N., J. Hogge, S. Hines, **L. Hansen**, T. Ewers, B. Glaze, J. Buck, N. Dalton, M. De Haro Marti, K. Hart, R. Norell, N. Olsen, A. Ruth, A. Roe. 2020. Program reporting in the Cooperative Extension: Focus, expectations, practices, and views, Extension Leadership Conference, San Antonio, Texas.

### **Grants and Contracts Awarded:**

Hansen, L., J. Lindstrom. LifeSmarts. Melaleuca, 2021, \$10,000 (\$5,000 spending authority).

Hansen, L., J. Lindstrom. LifeSmarts. Melaleuca, 2020, \$10,000 (\$5,000 spending authority).

Hansen, L., J. Lindstrom. LifeSmarts. Melaleuca, 2019, \$10,000 (\$5,000 spending authority).

**Internal Funding Awarded:**

Hansen L. Extension Video Proposal. University of Idaho Extension Innovative Projects, 2021, \$500 (\$500 spending authority).

Hansen L. Enhancement of Virtual and Online Program Delivery. University of Idaho Extension Innovative Projects, 2021, \$4,430 (\$4,430 spending authority).

Hansen L. Mental Health First Add. University of Idaho Extension, Smith Lever Federal Funding, 2020, \$1000 (\$1,000 spending authority).

Hansen, L. Smart Choice Basic Insurance. University of Idaho Extension Innovative Projects, 2018, \$2,550 (\$2,550 spending authority).

Hansen, L. Mildred Haberly Endowment Award, School of Family and Consumer Sciences, 2018, \$1,806 (\$1,806 spending authority).

Hansen, L. Hepworth Scholar Endowment Award, School of Family and Consumer Sciences, 2018, \$500 (\$500 spending authority).

**In-kind and Industry Support:**

Hutchings, B., L. Hansen, and J. Buck. Cooking Under Pressure Cooking School. Post Register, 2019, \$6,995.

Hutchings, B., L. Hansen, and J. Buck. Cooking Under Pressure Cooking School. Broulim's Fresh Foods, 2019, \$450.

Hutchings, B., L. Hansen, and J. Buck. Cooking Under Pressure Cooker School. Idaho State Journal, 2019, \$6,995.

Hutchings, B., L. Hansen, and J. Buck. Cooking Under Pressure Cooker School. Bed Bath and Beyond, 2019, \$251.95.

Hansen, L. Smart Choice Basic Insurance. St Luke's 2018, \$560.

**Scholarship Honors and Awards:**

Hansen, L. Greenwood Frysinger Award. National Extension Association of Family and Consumer Sciences, Second Place National, and Western Regional Winner, 2020.

Hansen, L., S. Greenway, A. Robertson, B. Hutchings, J. Buck, and S. Martinez. Innovative Youth Development Programming Award for Cooking Under Pressure for Youth. National Extension Association of Family and Consumer Sciences, Second Place Western Regional Winner, 2020.

Hansen, L., S. Greenway, A. Robertson, B. Hutchings, J. Buck, and S. Martinez. Excellence in Healthy Living Award for Cooking Under Pressure for Youth. Idaho Association of Extension 4-H Professionals, State Winner, 2020.

Hansen, L. Excellent leadership and Creativity Through Programming, R.W. Schermerhorn Extension Award for Cooking Under Pressure for Youth. University of Idaho Extension Faculty, 2020.

**SERVICE:**



**Major Committee Assignments:****Regional:**

Western Region Agricultural Stress Assistance Program Committee, 2020-present

**College:**

College of Agricultural & Life Sciences Hiring Committee for Mental Health Program Coordinator, 2021

**Extension:**

University of Idaho Extension Health and Wellness Priority Extension Theme, 2020-present  
 University of Idaho Extension 4-H Youth Development Priority Extension Theme, 2020-present  
 University of Idaho Extension Farm Stress Management Team, 2020-present  
 University of Idaho LifeSmart's State Coordinator, 2019-present  
 University of Idaho Digital Measures team, 2019-2020

**District:**

Alpine Youth 4-H Camp Board Member, 2021-present  
 Eastern Idaho State Fair Awards Chair, 2021  
 Eastern District Hiring Committee for Community Nutrition Advisor, 2021  
 Eastern District Family and Consumer Sciences Working Group Secretary, 2019-present  
 Eastern District Audit Committee, 2018-present, Committee Chair, 2019-present  
 Eastern District Enhancement Grant Committee, 2018-present  
 Eastern Idaho State Fair Dog Show Committee, 2018-present  
 Eastern District Promotion and Tenure Committee, 2019  
 Eastern Idaho State Fair Super Shopper Contest Chair, 2018-2019  
 Eastern District Hiring Committee for Bonneville Family and Consumer Sciences position, 2018

**County/Local:**

Madison County Census Committee, Rexburg, Idaho, 2019-2020  
 Resilient Madison Committee, Rexburg, Idaho, 2019-2020  
 Economic Development Committee, Rexburg, Idaho, 2019-2020  
 Inspire Idaho Expert, 2018-2020

**Professional and Scholarly Organizations:**

Epsilon Sigma Phi, 2021-present  
 Idaho Theta Chapter of Epsilon Sigma Phi, 2021-present  
 National Association of Extension 4-H Youth Development Professionals, 2020-present  
 Idaho Association of Extension 4-H Professionals, 2020-present  
 National Extension Association of Family and Consumer Sciences, 2018-present  
 Idaho Affiliate of the National Extension Association of Family and Consumer Sciences, 2018-present  
 VP of Awards and Recognition, 2022-present  
 VP of Professional Development, 2020-2021  
 Association for Financial Counseling and Planning Education, 2018-present

**Outreach Service:****Classes, Workshops, Seminars, Share Fairs and Tours Organized:**

Eastern Idaho State Fair 4-H Dog Show, Blackfoot, Idaho, September 3, 2021.  
 Tri County 4-H Dog Show, Rigby, Idaho, July 29, 2021.  
 Madison County 4-H Camp, Alpine, Wyoming, June 16-18, 2021.

Winter Livestock Meeting, Virtual Training, February 20, 2021.  
 Eastern Idaho State Fair 4-H Dog Show, Blackfoot, Idaho, September 4, 2020.  
 Don't Corona my Cash, Zoom presentations, May 2020.  
 Eastern Idaho State Fair Super Shopper Contest, Blackfoot, Idaho, September 7, 2019.  
 Eastern Idaho State Fair 4-H Dog Show, Blackfoot, Idaho, August 30, 2019.  
 Madison County 4-H Camp, Alpine, Wyoming, June 19-21, 2019.  
 4-H Awards Night, Rexburg, Idaho, October 16, 2018.  
 Eastern District Fall Professional Development Meeting, Island Park, Idaho, September 20-21, 2018.  
 Eastern Idaho State Fair Super Shopper Contest, Blackfoot, Idaho, September 8, 2018.  
 Eastern Idaho State Fair 4-H Dog Show, Blackfoot, Idaho, August 31, 2018.  
 Madison County 4-H Camp, Alpine, Wyoming, June 13-15, 2018.

#### **Miscellaneous Extension Publications:**

Madison County Extension Newsletter:  
 LifeSmarts in Idaho. October 2020.  
 What is a Credit Freeze, and why it is important? April 2019.

#### **Popular Press:**

Signs you may be stressed and 3 healthy ways to deal with it. East Idaho News, March 28, 2021.  
 Farm Stress Management. Idaho Grain Producers Association Magazine, pages 26-29, Summer, 2020.  
 Cooking Under Pressure Cooking School. Post Register, September 10, 2019.  
 Cooking Under Pressure Cooking School. Idaho Press Tribune News Website, August 28, 2019.  
 Cooking Under Pressure Cooking School. Idaho Press Tribune News, August 12, 2019.  
 Cooking Under Pressure Cooking School. Post Register, August 10, 2019.  
 Cooking Under Pressure Cooking School. Idaho Press Tribune News Website, August 1, 2019.  
 Cooking Under Pressure Cooking School. Post Register, June 4, 2019.  
 Cooking Under Pressure Cooking School. Post Register, May 3, 2019.  
 Cooking Under Pressure Cooking School. Idaho State Journal, March 28, 2019.  
 Cooking Under Pressure Cooking School. Bingham County Chronicle, March 28, 2019.

#### **Interview Articles:**

Hansen, L. and L. Ellis. Addressing Stress. University of Idaho Extension, December, 2020.

#### **Media Presentation:**

Financial decision challenges in a divorce proceeding. U.S. Department of Agriculture, USDA Radio, January 26, 2021.  
 Insurance considerations after a divorce. U.S. Department of Agriculture, USDA Radio, October 9, 2020.  
 Financial awareness and support during divorce. U.S. Department of Agriculture, USDA Radio, October 2, 2020.  
 Document dilemma after divorce. U.S. Department of Agriculture, USDA Radio, September 22, 2020.

#### **Web Pages/Social Media:**

University of Idaho Extension and 4-H Madison County Facebook, 2019-Present.  
 University of Idaho Extension Personal Finance Facebook, 2020-Present.

#### **Applied Research/Demonstration Trials:**

##### **Judging:**

State 4-H horse competition, Idaho Falls, Idaho, June 14, 2021.  
 4-H youth demonstration contest, Rexburg, Idaho, August 21, 2020.  
 State FFA job interview skills competition, Rigby, Idaho, February 25, 2020.  
 State 4-H horse competition, Rigby, Idaho, July 1, 2019.  
 National Conservation Foundation Environthon, Pocatello, Idaho, July 27, 2018.

**Review Activities:**

University of Idaho Publishing, FastTrack subeditor, 2019-present.  
 University of Idaho Publishing, FastTrack reviewer, 2019-present.  
 2020, two publication.  
 2021, two publication.

**PROFESSIONAL DEVELOPMENT:****Outreach:**

University of Idaho Extension, You Got Funded: Now What?, Virtual Training, May 3, 2021.  
 University of Idaho Extension Annual Conference, Virtual Conference, April 13-16, 2021.  
 Extension Leadership Conference, Virtual Conference, February 10-12, 2021.  
 Horticulture & Small Farm In-Service, Caldwell, Idaho, July 19-20, 2021.  
 Mental Health First Aid (MHFA), Youth Mental Health First Aid Instructor, Virtual Training, May 5-6, 2021.  
 Association for Financial Counseling and Planning Education Symposium, Virtual Symposium, November 16-20, 2020.  
 National Association of Extension 4-H Youth Development Professionals, Virtual Conference, October 19-22, 2020.  
 Idaho Out-of-School Network, Power Up Summit, Virtual Conference, October 14-16, 2020.  
 Mental Health First Aid (MHFA), Adult Mental Health First Aid Instructor, Virtual Training, September 28-30, 2020.  
 National Extension Association of Family and Consumer Sciences Conference, Virtual Session, September 14-16, 2020.  
 Drone Designers, Remote Online Training, August 3-5, 2020.  
 University of Idaho Extension Annual Conference, Virtual Conference, April 14-17, 2020.  
 Association for Financial Counseling and Planning Education Symposium, Portland, Oregon, November 19-21, 2019.  
 Coming Together for Racial Understanding, Boise, Idaho, October 24-25, 2019.  
 University of Idaho State 4-H Leaders Forum, Boise, Idaho, October 21-23, 2019.  
 University of Idaho Extension Annual Conference, Idaho Falls, Idaho, March 25-28, 2019.  
 Mental Health First Aid, Ogden, Utah, January 15, 2019.  
 Farm Stress Management Summit, Lansing, Michigan, January 23-25, 2019.  
 Association for Financial Counseling and Planning Education Symposium, Norfolk, Virginia, November 14-16, 2018.  
 University of Idaho State 4-H Leaders Forum, Boise, Idaho, October 22-24, 2018.  
 National Extension Association of Family and Consumer Sciences Conference, San Antonio, Texas, September 24-27, 2018.  
 University of Idaho Extension Annual Conference, Moscow, Idaho, April 2-5, 2018.  
 Inspire Idaho Expert Training with Apple Computers for Swift Coding, Coeur d'Alene, Idaho, February 19-23, 2018.  
 Sitecore Training: Learning How to Update your County Webpage, Zoom Meeting, January 12, 2018.

**Administration/Management:**

University of Idaho Extension County Chair Training, Navigating difficult situations, Budget requests, MOU's, Virtual Training, May 24, 2021.  
 University of Idaho Extension County Chair Training, MOU's, Budget planning, Virtual Training, April 28, 2020.  
 University of Idaho Extension County Chair Training, Hiring, Onboarding, and Supervising Dos and Don'ts, Jerome, Idaho, June 5, 2019.  
 University of Idaho Extension County Chair Training, Caldwell, Idaho, May 14-15, 2018.