## Guidelines Family & Consumer Sciences: Foods Achievement Award

- 1. 4-H'ers must be currently enrolled in their 5<sup>th</sup> year (or more) of a 4-H foods project.
- 2. 4-H'ers must at least be entering their sophomore year of High School.
- 3. 4-H'er must not have won this award previously.
- 4. 4-H'er must have completed entry form submitted to Nez Perce County Extension Office by October 1.
- 5. 4-H foods project must have received a blue ribbon during the year of application.
- 6. Individuals selecting the winner will not have judged the foods projects in the year of application.
- 7. Winner will receive a KitchenAid® standing mixer.
- 8. If less than 3 applications are received, there may be no award presented for that given year.

## Entry Form Advanced Foods Award

Name: \_\_\_\_\_

Grade (entering) in School: \_\_\_\_\_

Total Number of Years in 4-H Foods Projects: \_\_\_\_\_

Year of project (ex: 2004)	Project Name (ex: Let's Get Cooking)	Award Received	Title of Demonstration	

1. By year, list each 4-H foods project you have completed, a brief description of your Fair exhibit for that project, and your ribbon placing that year.

Year \_\_\_\_\_

Year \_\_\_\_\_

Year	-		
Year	_		
Year	_		

2. On a separate sheet of paper; in 500 words, or less, describe what you have done with the knowledge and skills you gained through your 4-H foods project.