



# University of Idaho Extension



HEAD



HEART



HANDS



HEALTH

## January 2021

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# LATAH COUNTY 4-H NEWSLETTER

“To Make the Best Better”

## LATAH COUNTY 4-H OFFICE

Happy New Year! I hope everyone had a restful winter break and were able to find a creative way to connect with loved ones if you were unable to travel or have company this year. Looking back at the past year, know that you should be proud of how you have grown from the challenges you faced in 2020. 4-H youth and volunteers stepped up and developed creative solutions, and we learned how to be patient and adaptable.

As we look into the 2021 year, COVID will continue to limit our in-person meeting opportunities for the time being, but it is exciting to see more 4-H clubs stepping into virtual meetings and connecting with one another in a new format. Youth who have the opportunity to experience, participate in, and play a leadership role in a virtual meeting is a valuable skill set worth building.

As we roll out of winter and into spring, we remain optimistic that we will be able to plan and implement in-person activities, and in the meantime, there are many virtual opportunities available in the coming weeks, especially for livestock projects, so be sure to read more about how to participate in these virtual events in this newsletter.

Here’s to a happy and healthy 2021 full of personal growth, service to others, overcoming challenges, and accomplishing big goals!

**Sara Fluer**  
 Associate Extension Educator  
 UI Extension, Latah County

## COVID-19 & 4-H PROGRAM PROTOCOLS

### ANNEX ACCESS RESTRICTED

Access to the Latah County Annex building is currently by appointment only. If you need to visit us in-person, please call in advance to setup an appointment at 208-883-2267. Building policy requires face coverings for entry.

### RESTRICTIONS ON GATHERING SIZE

Idaho is in Stage 2 of the Idaho Rebounds Plan in response to COVID:

- Gatherings of more than 10 people are prohibited.
- Any groups of 10 or fewer must adhere to physical distancing and sanitation protocol: Wash hands with soap and water for 20+ seconds; Cover coughs and sneezes; Regularly clean high-touch surfaces and avoid shaking hands; Stay home if you are

sick; Wear a face covering in public.

- The emergency health order for the City of Moscow requiring face coverings and physical distancing of 6' remains in effect.

This statewide order is in effect until further notice. Please do your part to keep you, your family, and your community healthy so 4-H can resume group activities of more than 10 people in the weeks to come.

Leaders, if your club has an upcoming meeting, **do not assume** you will be able to meet in person. Make a plan now for an alternative or virtual meeting format. We highly recommend maintaining your meeting schedule and make modifications to your meeting format, rather than canceling.

# GENERAL 4-H NEWS

## ANNUAL ENROLLMENT

It's time to enroll! Reminder: you are not considered a 4-H member until you complete enrollment through 4-H Online.

- Go to <https://v2.4honline.com>. Bookmark this page for future access.
- Login to your 4-H Online account with your existing credentials. Do not create a new account if you are a returning member or leader.
- With the 2.0 upgrade, you may be asked to reset your password.
- Update your contact information.
- Update your project list! This helps us plan for fair each year. Be sure to add any new projects to your profile and drop any projects you are no longer doing.
- **ACTIVATE your enrollment by paying your dues via check, cash, or credit card over the phone:**

General Members: \$25

Horse Members: \$30

Leaders: \$5

Family Cap (3+ members): \$75

**\*Members are not covered by 4-H accident insurance until dues are paid!**

Need help? Stop by the Extension office and we will walk you through the process, or visit <https://www.uidaho.edu/extension/4h/4honline/help> for step-by-step guides and a video tutorial.

## 4-H RESOURCES, DOCUMENTS & RECORDS

This is a great time to refresh yourself on the resources available to 4-H. Check out the UI Extension 4-H Youth Development website for more! <https://www.uidaho.edu/extension/4h/documents-records>

A few key items to make note of on the above website:

- [Idaho 4-H Policies & Procedures](#)—It is the responsibility of all members, leaders, and parents/guardians to follow these policies and procedures, which includes the 4-H Code of Conduct. You are asked to review and consent to this each year during enrollment in 4-H Online.
- [Idaho 4-H Project Requirements Handbook](#)—not sure what is required of your specific project? Use

the project requirement handbook throughout the year to answer your questions!

- Club documents & resources—annual plan templates, financial summary forms, Parliamentary Procedure, officer handbooks, etc.
- Information for major statewide events such as STAC, KYG, Ambassadors, National 4-H Congress, and more!

## HOW TO STAY UP TO DATE

- ✓ Check your email regularly. Email is the quickest and most efficient way to reach 4-H families. Not sure who to expect emails from?
  - 1) 4-H Online bulk email list serve
  - 2) UI Extension 4-H Educator, Sara Fluer
  - 3) Your 4-H club and project leaders
- ✓ Keep your project list up to date in 4-H Online. Much of our communication is project-based. If you haven't enrolled in a certain project, you will not receive updates from the Extension office and may miss information from your leader(s).
- ✓ Read the 4-H Newsletter. Find previous editions on our website: <https://www.uidaho.edu/extension/county/latah/4-h>
- ✓ Follow [Latah County 4-H](#) on Facebook.

## KNOW YOUR GOVERNMENT CONFERENCE



Latah County will be represented by several youth at the 2021 KYG conference on President's Day weekend! This conference is for 8th-9th graders interested in learning more about government and how it works, plus youth have the opportunity to step into leadership roles as Steering Committee

members after participating as delegates for two years. Registration has closed, but if you are interested in this event in the future, contact our office or visit with a Latah County youth delegate about their experience!

## ANIMAL OWNERSHIP

Reminder that as you select animal projects for the year that all animal projects, large livestock and small animals, require ownership and/or providing primary care for a specific number of days.

Plan ahead and make sure you are enrolled in 4-H and have your animals secured well in advance.

Days of possession are set at the state level. Refer to the [Idaho Project Requirements Handbook](#) for more information.

- 150 days—Market Beef
- 100 days—Market Swine
- 70 days – Market Goat and Market Sheep
- 90 days—Llama/Alpaca, Breeding Beef, Pullets/Laying Hens, Family Flock, Cat, Cavy, Dairy Cattle, Dog, Breeding meat Goat, Dairy Goat, Pack Goat, Pet Goat, Horse, Breeding Rabbit, Pet Rabbit, Breeding Sheep.
- 60 days—Pocket Pet
- 8 weeks—Market Broiler and Market Rabbit

## CHIP GILLIAM MEMORIAL PROGRAM

In need of financial assistance for your market project? The Chip Gilliam Memorial Fund is a loan program through the Latah County Fair Office. Since 1997, the loan program has been available to help Latah County youth with financial assistance for their 4-H and FFA market animal projects.

Loan applications are due to the Fair Office by March 31, but applications are reviewed on an ongoing basis as funds are available—so when in doubt, apply!

Applications may only be submitted by Latah County 4-H or FFA members, with approval of their 4-H leader or FFA Advisor.

Applications are found on the Latah County Fair & Events Center [website](#). Questions can be directed to the Latah County Fair Office at 208-883-5722.



## Check out all the upcoming educational opportunities for youth & leaders!

We may not be able to meet in groups of larger than 10 right now, but North-Central Idaho 4-H offices have been hard at work organizing multiple virtual learning opportunities for youth with livestock projects. Be sure to register and tune in!

### > WEBINAR: INTRO TO 4-H MARKET ANIMALS

Benewah County will be hosting an introductory webinar on market animals, all area 4-H'ers are welcome!

- **Date: Saturday, January 23, 9:00 am—12:00 pm.**

Guest speakers will be addressing topics on budgeting, selection, ISDA/WSDA regulations, facilities, health, and nutrition. If you are interested in getting started with a market animal project this year or just want to add to your existing knowledge, don't miss out! This session will be offered via Zoom. Register at <http://bit.ly/01232021registration> no later than Friday, January 22, at 5:00 pm.

### > LIVESTOCK FIELD DAYS

Save the date! Annual Livestock Field Days are scheduled for 2021. All four days will be held virtually. Youth and Leaders, whether you are new to livestock or are a seasoned pro, there will be a lot of valuable interactive content covered!

Livestock Field Days are the result of a partnership between WSU Extension and UI Extension, and bring in 4-H and FFA members, leaders, and advisors from all over the area. Leaders, these events count toward your annual training, too!

- **BEEF—March 20; 9:00 am—12:00 pm**
- **SWINE—March 27; 9:00 am—12:00 pm**
- **SHEEP—April 3; 9:00 am—12:00 pm**
- **GOAT—April 10; 9:00 am—12:00 pm**

All sessions will be held virtually. Registration fee \$5/person. Registration information TBA.

## SPRING HORSE EVENTS

With the current group size restrictions limited to gatherings of 10 or fewer, these events may need to be postponed for a later date. We will update you ASAP.

- Model Horse Show—*tentatively* scheduled for 2/21.
- Horse Bowl—*tentatively* scheduled for 3/6.

## HORSE IDENTIFICATION PAPERS

Due to Latah County Extension office **April 15**. Every odd-numbered year, all members are required to turn in new/updated papers on their project animal(s). This year ALL horse members are expected to turn in new forms.

If your family has multiple horses that you may ride, we *strongly* encourage turning in identification papers for all horses by the above deadline. Minimum ownership/lease for horses is 90 days, so you need to have all possible project animals owned and identified with our office by April 15.

**\*\*Identification papers will be emailed out to all enrolled horse members and leaders later this month.\*\***

## REMINDERS



**Safety Reminder!** 4-H members participating in any 4-H equestrian activity must wear an approved helmet whenever they are mounted on an equine or are in a vehicle (cart, wagon, buggy, etc.) being pulled by an equine. An approved helmet meets the minimum performance standards imposed by the American Society for Testing Materials (ASTM) F1163 and includes certification and labeling required by the Safety Equipment Institute (SEI).

**PNW 4-H Horse Contest Guide**—Idaho uses the PNW 4-H Horse Contest Guide. It is a good idea to review this guide every year so you are familiar with the rules and expectations of participating in 4-H Horse Contests. Hard copies are available at Latah County Extension or you can access it on UI Extension's [website](#).

**Horse Project Resources**—check out UI Extension's website for horse project resources, including project

requirements, permanent identification and health record, project manual, and more! <https://www.uidaho.edu/extension/4h/projects/horse>.

## 2021 UI EXTENSION 4-H & BLM WILD HORSE PROGRAM

In 2020, Moscow Mustangs took on a mustang project and we are hopeful to see this project again in Latah County in 2021!

4-H members must be at least 12 years old to be considered to train a weanling or 14 years old to train a yearling. Contact Latah County Extension for an application.

There will be two opportunities to apply in 2021:

### **Event: Idaho Horse Expo\***

- Application deadline — Jan. 27, 2021
- Pick-up — Feb. 6, 2021
- Trail Challenge — March 20, 2021
- Idaho Horse Expo display — April 9-11, 2021
- Sale — April 11, 2021

### **Event: Western Idaho Fair\***

- Application deadline — June 16, 2021
- Pick-up — June 26, 2021
- Trail Challenge — Aug. 27, 2021
- Western Idaho Fair display — Aug. 27-29, 2021
- Sale — Aug. 29, 2021

\*Events will be modified as-needed to meet COVID-19 protocol.



# LEADER'S CORNER

## LEADERSHIP OPPORTUNITIES FOR 4-H LEADERS

4-H Leaders are essential to a healthy and sustainable 4-H program not only at the club and project level, but also at the county level. Play a larger role in providing input and ideas that enhance the 4-H program, get involved with fundraising, event coordination, and more. We need certified 4-H leaders willing to serve in the roles listed below. Consider taking your service to 4-H a step further!

### **Livestock Market Animal Sale (LMAS) Committee**

- 4-H Leader's Council Representative (3-year term)
- 4-H Livestock Leader Representative (3-year term)

The next scheduled LMAS meeting is February 22, 2021 at 5:30 pm at the Latah County Fairgrounds. Contact any current member of LMAS for more information.

**Latah County Leader's Council:** Vice President (3-year term serving as Vice President, President, Past President) If you are interested in Vice President or would like to discuss the opportunity further, please contact me at [sfluer@uidaho.edu](mailto:sfluer@uidaho.edu) or 208-883-2267. Nominations and elections for this position will occur at the January 25, 2021 Leader's Council meeting.

## LEADER TRAINING

Returning leaders, to maintain your certification for the 2020-2021 4-H year, you must:

- Enroll in the new 4-H year in 4-H Online.
- Complete the 20-minute Protecting Minors Training in 4-H Online during enrollment.
- We recommend a minimum of 2 additional hours of continuing education related to 4-H, youth development, or your project area. Some ideas:
  - \* CALS Speaker Series—[Temple Grandin](#) lecture. Found on UI website.
  - \* [Stewards of Children](#)—offered through Gritman Medical Center. We will reimburse you the cost of the class if you provide proof of attendance.
  - \* Super Saturday Leader Training in cooperation with Clearwater, Nez Perce, Idaho and Lewis Counties—TBA Spring 2021.
  - \* Livestock Field Days 2021— Beef 3/20; Swine 3/27; Sheep 4/3; Goat 4/10. All sessions will be held virtually.
  - \* More opportunities TBA.

## **Upcoming meetings for Horse Leaders, Livestock Leaders, & Leader's Council:**

- **January 25**
- **March 22**
- **May 24**
- **July 26**
- **September 27**

Meetings will be held at the Latah County Fairgrounds unless otherwise noted. Groups meet as follows:

- Horse Leaders—5:30 pm
- Livestock Leaders—6:00 pm
- Leaders Council—6:30 pm



# 4-H CALENDAR

## JANUARY

- ~~16-18—Northern District Ambassador Retreat~~ **Ambassador Retreat Postponed.**
- 18—Holiday, Latah County Extension closed—Martin Luther King, Jr. Day
- 25—Leader's Council Meeting

## FEBRUARY

- 13-15—Know Your Government Conference
- 15—Holiday, Latah County Extension closed—President's Day
- 21—Model Horse Show (tentative)

## MARCH

- 6—Horse Bowl (tentative)
- 22—Leader's Council Meeting

## APRIL

- 15—Horse Identification Sheets Due
- TBA—Market Beef Tagging/Weigh-in

## MAY

- 24—Leader's Council Meeting
- 31—Holiday, Latah County Extension closed—Memorial Day

## JUNE

- 1—Market Swine Possession Deadline
- 15—UI Dairy Cattle lease forms due to Extension office
- TBA—State Teen Association Convention (STAC)

## JULY

- 5—Holiday, Latah County Extension closed—Independence Day (observed)
- TBA—Market Sheep and Goat Tagging/Weigh-In
- 24—Latah County Horse Show
- 26—Leader's Council Meeting

## SEPTEMBER

- 6—Holiday, Latah County Extension closed—Labor Day
- 16-19—Latah County Fair